

# State of Wisconsin



## 2019 Assembly Joint Resolution 3

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### ENROLLED JOINT RESOLUTION

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**Relating to:** proclaiming February 2019 to be American Heart Month in Wisconsin.

Whereas, cardiovascular diseases are the number one killer of women in Wisconsin and in the United States; and

Whereas, cardiovascular disease kills approximately one woman every hour in Wisconsin and one woman almost every 80 seconds in the United States; and

Whereas, about 80 percent of cardiovascular diseases may be prevented; and

Whereas, some risk factors such as blood pressure, smoking, cholesterol, and lack of regular physical activity can be controlled; and

Whereas, the American Heart Association's Go Red For Women movement motivates women to learn their family history and to meet with a health care provider to determine their risk for cardiovascular diseases and stroke; and

Whereas, Go Red For Women encourages women to take control of their heart health by knowing the following five numbers that can be life changing:

1. Total Cholesterol
2. HDL (good) Cholesterol
3. Blood Pressure
4. Blood Sugar
5. Body Mass Index (BMI); now, therefore, be it

***Resolved by the assembly, the senate concurring, That*** the legislature, in recognition of the importance of the ongoing fight against heart disease and stroke, does hereby proclaim February 2019 to be American Heart Month in Wisconsin.

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Senator Roger Roth  
President of the Senate

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Representative Robin J. Vos  
Speaker of the Assembly

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Date

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Patrick E. Fuller  
Assembly Chief Clerk