SENATE BILL 6050

State of Washington 68th Legislature 2024 Regular Session

By Senators Dhingra and Warnick

AN ACT Relating to supporting young adults following inpatient behavioral health treatment; adding a new section to chapter 74.09 RCW; and creating a new section.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

5 <u>NEW SECTION.</u> Sec. 1. (1) The legislature has committed to and 6 invested in ensuring that young people exiting the system of care do 7 so with safe housing and developmentally responsive services through 8 the enactment of Substitute Senate Bill No. 6560 (2018) and Second 9 Substitute House Bill No. 1905 (2022).

10 (2) The legislature finds that young people who exit behavioral 11 health inpatient treatment are the largest group of people who become 12 homeless within three to 12 months of all the young people who exit 13 any publicly funded system of care, as identified in a 2023 report 14 produced by the research and data analysis division of the department 15 of social and health services.

16 (3) The legislature has invested significant funding in the 17 behavioral health system and finds that ensuring a person's safe 18 return to the community postinpatient treatment is a high priority 19 and a major opportunity to end their experience with homelessness. In 20 addition, the legislature finds that a young person who enters 21 treatment demonstrates the courage to engage in their personal health

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and creates the opportunity for family and community reunification,
 career development, and a full life.

3 (4) The legislature further finds that it often takes more time 4 and resources than expected during a person's inpatient treatment 5 episode to identify a return to community plan that includes long-6 term, safe housing and a developmentally and culturally responsive 7 support system that includes relationships, services, and passions.

8 (5) For these reasons, the legislature finds that having an 9 interim housing option that provides a safe and soft landing 10 postinpatient treatment, located on each side of the state, that has 11 well-trained staff and peers who have behavioral health expertise, is 12 a sound investment in our young people and our collective goals to 13 prevent and end homelessness.

14 <u>NEW SECTION.</u> Sec. 2. A new section is added to chapter 74.09
15 RCW to read as follows:

(1) Subject to the availability of amounts appropriated for this specific purpose, the postinpatient housing program for young adults is established to provide supportive transitional housing with behavioral health support focused on securing long-term housing for young adults exiting inpatient behavioral health treatment.

(2) To be eligible for the postinpatient housing program for young adults created under this section, a person must:

23 (a) Be 18 through 24 years of age;

24 (b)(i) Be exiting inpatient behavioral health treatment; or

(ii) Have exited inpatient behavioral health treatment within the last month and be engaged in a recovery plan; and

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(c) Not have secured long-term housing.

(3) Subject to the availability of amounts appropriated for this
 specific purpose and to fulfill the requirements of this section, the
 authority shall:

31 (a) Provide funding to a community-based organization or organizations with expertise in working with 32 young people experiencing unaccompanied homelessness, behavioral 33 health conditions, or both, to operate a residential program or programs as 34 described in this subsection (3)(a). The organization selected to 35 operate a residential program or programs in this subsection (3)(a) 36 may choose whether or not to serve individuals eligible according to 37 38 the criteria established in subsection (2) of this section. In addition, the authority shall consult with a transition support 39

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1 provider when soliciting and selecting a community-based organization 2 or organizations under this subsection. The funding provided under 3 this subsection must be used to:

4 (i) Establish at least two residential programs with six to 10 5 beds with one program on either side of the Cascade mountain range;

6 (ii) Establish a developmentally and culturally responsive 7 environment that values healing and recovery;

8 (iii) Engage peers with behavioral health experience in the 9 support and recovery of individuals served by the program;

10 (iv) Serve individuals determined eligible according to the 11 criteria established in subsection (2) of this section for up to 90 12 days; and

(v) Support and strengthen the ongoing healing and learning that occurred for those served by the program during their inpatient treatment;

16 (b) Provide additional funding to the transition support provider 17 for:

(i) Consultation and training services to the residential programor programs selected under (a) of this subsection;

20 (ii) Return-to-community planning for the individuals served by 21 the residential programs described under (a) of this subsection; and

(iii) To the extent possible, making contact with individuals served by the residential programs described under (a) of this subsection at regular intervals after those individuals leave the residential program and reporting this information to the authority;

(c) Provide flexible funding to support individuals served by the residential programs described under (a) of this subsection. The flexible funding provided under this subsection may be provided to support the immediate needs of the individual. Uses of the flexible funding provided under this subsection may include, but are not limited to, the following:

(i) Car repair or other transportation assistance;

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33 (ii) Rental application fees, a security deposit, or short-term 34 rental assistance; or

35 (iii) Other uses that will help support the person's housing 36 stability, education, or employment, or meet immediate basic needs; 37 and

(d) Provide funding to contract with individuals or entities thatprovide behavioral health support to individuals determined eligible

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1 according to the criteria established in subsection (2) of this 2 section, which may include, but are not limited to:

3 (i) On-site and community-based behavioral health supports;

4 (ii) Peer supports; and

5 (iii) Medication management.

6 (4) For purposes of this section, "transition support provider" 7 means a community-based organization selected by the authority that 8 continues to:

9 (a) Provide information and support services related to safe 10 housing and support services for youth exiting inpatient behavioral 11 health treatment; and

12 (b) Organize a coalition of community housing providers, 13 inpatient behavioral health discharge planners, and young people with 14 lived experience of behavioral health conditions or unaccompanied 15 homelessness.

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