## ENGROSSED SUBSTITUTE SENATE BILL 5370

## AS AMENDED BY THE HOUSE

Passed Legislature - 2021 Regular Session

## State of Washington 67th Legislature

2021 Regular Session

 ${\bf By}$  Senate Behavioral Health Subcommittee to Health & Long Term Care (originally sponsored by Senators Keiser, Dhingra, Saldaña, and Wilson, C.)

READ FIRST TIME 02/15/21.

- AN ACT Relating to updating mental health advance directive laws; amending RCW 71.32.010, 71.32.020, 71.32.020, 71.32.030, 71.32.040, 71.32.050, 71.32.060, 71.32.070, 71.32.100, 71.32.110, 71.32.130, 71.32.170, 71.32.180, 71.32.210, 71.32.220, 71.32.250, and 71.34.755; reenacting and amending RCW 71.32.020, 71.32.140, and 71.32.260; adding a new section to chapter 71.32 RCW; providing effective dates; and providing expiration dates.
- 8 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 9 **Sec. 1.** RCW 71.32.010 and 2003 c 283 s 1 are each amended to 10 read as follows:
- 11 (1) The legislature declares that an individual with capacity has 12 the ability to control decisions relating to his or her own 13 ((mental)) behavioral health care. The legislature finds that:
- 14 (a) Some ((mental illnesses)) behavioral health disorders cause 15 individuals to fluctuate between capacity and incapacity;
- 16 (b) During periods when an individual's capacity is unclear, the 17 individual may be unable to access needed treatment because the 18 individual may be unable to give informed consent;
- 19 (c) Early treatment may prevent an individual from becoming so 20 ill that involuntary treatment is necessary; and

- 1 (d) ((Mentally ill individuals)) Individuals with behavioral
  2 health disorders need some method of expressing their instructions
  3 and preferences for treatment and providing advance consent to or
  4 refusal of treatment.
  - (2) The legislature recognizes that a mental health advance directive can be an essential tool for an individual to express his or her choices at a time when the effects of ((mental illness)) a behavioral health disorder have not deprived him or her of the power to express his or her instructions or preferences.

 $((\frac{(2)}{(2)}))$  (3) The legislature further finds that:

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- 11 (a) A mental health advance directive must provide the individual with a full range of choices;
- 13 (b) ((Mentally ill individuals)) Individuals with behavioral
  14 health disorders have varying perspectives on whether they want to be
  15 able to revoke a directive during periods of incapacity;
  - (c) For a mental health advance directive to be an effective tool, individuals must be able to choose how they want their directives treated during periods of incapacity; and
- 19 (d) There must be clear standards so that treatment providers can 20 readily discern an individual's treatment choices.
- Consequently, the legislature affirms that, pursuant to other provisions of law, a validly executed mental health advance directive is to be respected by agents, guardians, and other surrogate decision makers, health care providers, professional persons, and health care facilities.
- 26 **Sec. 2.** RCW 71.32.020 and 2016 c 209 s 407 are each amended to read as follows:

The definitions in this section apply throughout this chapter unless the context clearly requires otherwise.

- 30 (1) "Adult" means any individual who has attained the age of 31 majority or is an emancipated minor.
- 32 (2) "Agent" has the same meaning as an attorney-in-fact or agent 33 as provided in chapter 11.125 RCW.
- 34 (3) "Capacity" means that ((an adult)) a person has not been 35 found to be incapacitated pursuant to this chapter or RCW 36 11.88.010(1)(e).
  - (4) "Court" means a superior court under chapter 2.08 RCW.
- 38 (5) "Health care facility" means a hospital, as defined in RCW 39 70.41.020; an institution, as defined in RCW 71.12.455; a state

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- hospital, as defined in RCW 72.23.010; a nursing home, as defined in RCW 18.51.010; or a clinic that is part of a community mental health service delivery system, as defined in RCW 71.24.025.
- 4 (6) "Health care provider" means an osteopathic physician or osteopathic physician's assistant licensed under chapter 18.57 or 18.57A RCW, a physician or physician's assistant licensed under chapter 18.71 or 18.71A RCW, or an advanced registered nurse practitioner licensed under RCW 18.79.050.

- (7) "Incapacitated" means ((an adult)) a person who: (a) Is unable to understand the nature, character, and anticipated results of proposed treatment or alternatives; understand the recognized serious possible risks, complications, and anticipated benefits in treatments and alternatives, including nontreatment; or communicate his or her understanding or treatment decisions; or (b) has been found to be incompetent pursuant to RCW 11.88.010(1)(e).
- (8) "Informed consent" means consent that is given after ((the)) a person: (a) Is provided with a description of the nature, character, and anticipated results of proposed treatments and alternatives, and the recognized serious possible risks, complications, and anticipated benefits in the treatments and alternatives, including nontreatment, in language that the person can reasonably be expected to understand; or (b) elects not to be given the information included in (a) of this subsection.
- 24 (9) "Long-term care facility" has the same meaning as defined in 25 RCW 43.190.020.
  - (10) "Mental disorder" means any organic, mental, or emotional impairment which has substantial adverse effects on an individual's cognitive or volitional functions.
    - (11) "Mental health advance directive" or "directive" means a written document in which the principal makes a declaration of instructions or preferences or appoints an agent to make decisions on behalf of the principal regarding the principal's mental health treatment, or both, and that is consistent with the provisions of this chapter.
    - (12) "Mental health professional" means a psychiatrist, psychologist, psychiatric nurse, or social worker, and such other mental health professionals as may be defined by rules adopted by the secretary pursuant to the provisions of chapter 71.05 RCW.
- 39 (13) "Principal" means ((an adult)) a person who has executed a 40 mental health advance directive.

- 1 (14) "Professional person" means a mental health professional and 2 shall also mean a physician, registered nurse, and such others as may 3 be defined by rules adopted by the secretary pursuant to the 4 provisions of chapter 71.05 RCW.
- 5 (15) "Social worker" means a person with a master's or further 6 advanced degree from a social work educational program accredited and 7 approved as provided in RCW 18.320.010.
- 8 (16) "Behavioral health disorder" means a mental disorder, a
  9 substance use disorder, or a co-occurring mental health and substance
  10 use disorder.
- 11 (17) "Substance use disorder" means a cluster of cognitive,
  12 behavioral, and physiological symptoms indicating that an individual
  13 continues using the substance despite significant substance-related
  14 problems. The diagnosis of a substance use disorder is based on a
  15 pathological pattern of behaviors related to the use of the
  16 substances.
- 17 **Sec. 3.** RCW 71.32.020 and 2020 c 312 s 732 are each amended to 18 read as follows:
- The definitions in this section apply throughout this chapter unless the context clearly requires otherwise.
- 21 (1) "Adult" means any individual who has attained the age of 22 majority or is an emancipated minor.
- 23 (2) "Agent" has the same meaning as an attorney-in-fact or agent 24 as provided in chapter 11.125 RCW.
  - (3) "Capacity" means that ((an adult)) a person has not been found to be incapacitated pursuant to this chapter or subject to a guardianship under RCW 11.130.265.
    - (4) "Court" means a superior court under chapter 2.08 RCW.

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- (5) "Health care facility" means a hospital, as defined in RCW 70.41.020; an institution, as defined in RCW 71.12.455; a state hospital, as defined in RCW 72.23.010; a nursing home, as defined in RCW 18.51.010; or a clinic that is part of a community ((mental)) behavioral health service delivery system, as defined in RCW 71.24.025.
- 35 (6) "Health care provider" means an osteopathic physician or osteopathic physician's assistant licensed under chapter 18.57 or 18.57A RCW, a physician or physician's assistant licensed under chapter 18.71 or 18.71A RCW, or an advanced registered nurse practitioner licensed under RCW 18.79.050.

(7) "Incapacitated" means ((an adult)) a person who: (a) Is unable to understand the nature, character, and anticipated results of proposed treatment or alternatives; understand the recognized serious possible risks, complications, and anticipated benefits in treatments and alternatives, including nontreatment; or communicate his or her understanding or treatment decisions; or (b) has been found to be subject to a guardianship under RCW 11.130.265.

- (8) "Informed consent" means consent that is given after ((the)) (a) person: (a) Is provided with a description of the nature, character, and anticipated results of proposed treatments and alternatives, and the recognized serious possible risks, complications, and anticipated benefits in the treatments and alternatives, including nontreatment, in language that the person can reasonably be expected to understand; or (b) elects not to be given the information included in (a) of this subsection.
- 16 (9) "Long-term care facility" has the same meaning as defined in 17 RCW 43.190.020.
  - (10) "Mental disorder" means any organic, mental, or emotional impairment which has substantial adverse effects on an individual's cognitive or volitional functions.
  - (11) "Mental health advance directive" or "directive" means a written document in which the principal makes a declaration of instructions or preferences or appoints an agent to make decisions on behalf of the principal regarding the principal's mental health treatment, or both, and that is consistent with the provisions of this chapter.
  - (12) "Mental health professional" means a psychiatrist, psychologist, psychiatric nurse, or social worker, and such other mental health professionals as may be defined by rules adopted by the secretary pursuant to the provisions of chapter 71.05 RCW.
- 31 (13) "Principal" means ((an adult)) a person who has executed a 32 mental health advance directive.
  - (14) "Professional person" means a mental health professional and shall also mean a physician, registered nurse, and such others as may be defined by rules adopted by the secretary pursuant to the provisions of chapter 71.05 RCW.
- 37 (15) "Social worker" means a person with a master's or further 38 advanced degree from a social work educational program accredited and 39 approved as provided in RCW 18.320.010.

- 1 (16) "Behavioral health disorder" means a mental disorder, a 2 substance use disorder, or a co-occurring mental health and substance 3 use disorder.
- 4 (17) "Substance use disorder" means a cluster of cognitive,
  5 behavioral, and physiological symptoms indicating that an individual
  6 continues using the substance despite significant substance-related
  7 problems. The diagnosis of a substance use disorder is based on a
  8 pathological pattern of behaviors related to the use of the
  9 substances.
- 10 **Sec. 4.** RCW 71.32.020 and 2020 c 312 s 732 and 2020 c 80 s 53 11 are each reenacted and amended to read as follows:
- The definitions in this section apply throughout this chapter unless the context clearly requires otherwise.
- 14 (1) "Adult" means any individual who has attained the age of 15 majority or is an emancipated minor.
- 16 (2) "Agent" has the same meaning as an attorney-in-fact or agent 17 as provided in chapter 11.125 RCW.
- 18 (3) "Capacity" means that ((an adult)) a person has not been 19 found to be incapacitated pursuant to this chapter or subject to a 20 guardianship under RCW 11.130.265.
  - (4) "Court" means a superior court under chapter 2.08 RCW.

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- (5) "Health care facility" means a hospital, as defined in RCW 70.41.020; an institution, as defined in RCW 71.12.455; a state hospital, as defined in RCW 72.23.010; a nursing home, as defined in RCW 18.51.010; or a clinic that is part of a community ((mental [behavioral])) behavioral health service delivery system, as defined in RCW 71.24.025.
  - (6) "Health care provider" means an osteopathic physician licensed under chapter 18.57 RCW, a physician or physician's assistant licensed under chapter 18.71 or 18.71A RCW, or an advanced registered nurse practitioner licensed under RCW 18.79.050.
  - (7) "Incapacitated" means ((an adult)) a person who: (a) Is unable to understand the nature, character, and anticipated results of proposed treatment or alternatives; understand the recognized serious possible risks, complications, and anticipated benefits in treatments and alternatives, including nontreatment; or communicate his or her understanding or treatment decisions; or (b) has been found to be subject to a guardianship under RCW 11.130.265.

- 1 (8) "Informed consent" means consent that is given after ((the)) (a) Is provided with a description of the nature, 2 character, and anticipated results of proposed treatments 3 alternatives, and the recognized serious possible 4 complications, and anticipated benefits in the treatments and 5 6 alternatives, including nontreatment, in language that the person can 7 reasonably be expected to understand; or (b) elects not to be given the information included in (a) of this subsection. 8
- 9 (9) "Long-term care facility" has the same meaning as defined in 10 RCW 43.190.020.

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- (10) "Mental disorder" means any organic, mental, or emotional impairment which has substantial adverse effects on an individual's cognitive or volitional functions.
  - (11) "Mental health advance directive" or "directive" means a written document in which the principal makes a declaration of instructions or preferences or appoints an agent to make decisions on behalf of the principal regarding the principal's mental health treatment, or both, and that is consistent with the provisions of this chapter.
  - (12) "Mental health professional" means a psychiatrist, psychologist, psychiatric nurse, or social worker, and such other mental health professionals as may be defined by rules adopted by the secretary pursuant to the provisions of chapter 71.05 RCW.
- (13) "Principal" means ((an adult)) a person who has executed a mental health advance directive.
  - (14) "Professional person" means a mental health professional and shall also mean a physician, registered nurse, and such others as may be defined by rules adopted by the secretary pursuant to the provisions of chapter 71.05 RCW.
  - (15) "Social worker" means a person with a master's or further advanced degree from a social work educational program accredited and approved as provided in RCW 18.320.010.
- (16) "Behavioral health disorder" means a mental disorder, a substance use disorder, or a co-occurring mental health and substance use disorder.
- 36 (17) "Substance use disorder" means a cluster of cognitive,
  37 behavioral, and physiological symptoms indicating that an individual
  38 continues using the substance despite significant substance-related
  39 problems. The diagnosis of a substance use disorder is based on a

- 1 pathological pattern of behaviors related to the use of the
- 2 <u>substances</u>.
- 3 **Sec. 5.** RCW 71.32.030 and 2003 c 283 s 3 are each amended to 4 read as follows:
- 5 (1) The definition of informed consent is to be construed to be consistent with that term as it is used in chapter 7.70 RCW.
- 7 (2) The definitions of mental disorder, <u>behavioral health</u>
  8 <u>disorder</u>, mental health professional, and professional person are to
  9 be construed to be consistent with those terms as they are defined in
  10 RCW 71.05.020.
- 11 **Sec. 6.** RCW 71.32.040 and 2003 c 283 s 4 are each amended to 12 read as follows:
- For the purposes of this chapter, an adult is presumed to have capacity. A person who is at least 13 years of age but under the age
- 15 of majority is considered to have capacity for the purpose of
- 16 <u>executing a mental health advance directive if the person is able to</u>
- 17 <u>demonstrate that they are capable of making informed decisions</u>
- 18 <u>related to behavioral health care.</u>
- 19 **Sec. 7.** RCW 71.32.050 and 2016 c 209 s 408 are each amended to 20 read as follows:
- 21 (1) ((An adult)) A person with capacity may execute a mental 22 health advance directive.
- (2) A directive executed in accordance with this chapter is presumed to be valid. The inability to honor one or more provisions of a directive does not affect the validity of the remaining provisions.
- 27 (3) A directive may include any provision relating to ((mental))
  28 <u>behavioral</u> health treatment or the care of the principal or the
  29 principal's personal affairs. Without limitation, a directive may
  30 include:
- 31 (a) The principal's preferences and instructions for ((mental))
  32 behavioral health treatment;
- 33 (b) Consent to specific types of ((mental)) <u>behavioral</u> health 34 treatment:
- 35 (c) Refusal to consent to specific types of ((mental)) behavioral 36 health treatment;

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- 1 (d) Consent to admission to and retention in a facility for 2 ((mental)) behavioral health treatment for up to ((fourteen)) 14 days;
  - (e) Descriptions of situations that may cause the principal to experience a ((mental)) behavioral health crisis;
    - (f) Suggested alternative responses that may supplement or be in lieu of direct ((mental)) behavioral health treatment, such as treatment approaches from other providers;
    - (g) Appointment of an agent pursuant to chapter 11.125 RCW to make ((mental)) behavioral health treatment decisions on the principal's behalf, including authorizing the agent to provide consent on the principal's behalf to voluntary admission to inpatient ((mental)) behavioral health treatment; and
- (h) The principal's nomination of a guardian or limited guardian as provided in RCW 11.125.080 for consideration by the court if guardianship proceedings are commenced.
- 17 (4) A directive may be combined with or be independent of a 18 nomination of a guardian or other durable power of attorney under 19 chapter 11.125 RCW, so long as the processes for each are executed in 20 accordance with its own statutes.
- 21 **Sec. 8.** RCW 71.32.060 and 2016 c 209 s 409 are each amended to 22 read as follows:
  - (1) A directive shall:
- 24 (a) Be in writing;

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- 25 (b) Contain language that clearly indicates that the principal intends to create a directive;
- (c) Be dated and signed by the principal or at the principal's direction in the principal's presence if the principal is unable to sign;
  - (d) Designate whether the principal wishes to be able to revoke the directive during any period of incapacity or wishes to be unable to revoke the directive during any period of incapacity; and
  - (e) ((Be)) Have the signature acknowledged before a notary public or other individual authorized by law to take acknowledgments, or be witnessed in writing by at least two adults, each of whom shall declare that he or she personally knows the principal, was present when the principal dated and signed the directive, and that the principal did not appear to be incapacitated or acting under fraud, undue influence, or duress.

- 1 (2) A directive that includes the appointment of an agent 2 pursuant to a power of attorney under chapter 11.125 RCW shall 3 contain the words "This power of attorney shall not be affected by 4 the incapacity of the principal," or "This power of attorney shall 5 become effective upon the incapacity of the principal," or similar 6 words showing the principal's intent that the authority conferred 7 shall be exercisable notwithstanding the principal's incapacity.
- 8 (3) A directive is valid upon execution, but all or part of the 9 directive may take effect at a later time as designated by the 10 principal in the directive.
  - (4) A directive may:

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- 12 (a) Be revoked, in whole or in part, pursuant to the provisions 13 of RCW 71.32.080; or
- 14 (b) Expire under its own terms.
- 15 **Sec. 9.** RCW 71.32.070 and 2003 c 283 s 7 are each amended to 16 read as follows:
- 17 A directive may not:
- 18 (1) Create an entitlement to ((mental)) behavioral health or 19 medical treatment or supersede a determination of medical necessity;
- 20 (2) Obligate any health care provider, professional person, or 21 health care facility to pay the costs associated with the treatment 22 requested;
  - (3) Obligate any health care provider, professional person, or health care facility to be responsible for the nontreatment personal care of the principal or the principal's personal affairs outside the scope of services the facility normally provides;
- 27 (4) Replace or supersede the provisions of any will or 28 testamentary document or supersede the provisions of intestate 29 succession;
- 30 (5) Be revoked by an incapacitated principal unless that 31 principal selected the option to permit revocation while 32 incapacitated at the time his or her directive was executed; or
- 33 (6) Be used as the authority for inpatient admission for more than ((fourteen)) 14 days in any ((twenty-one)) 21 day period.
- 35 **Sec. 10.** RCW 71.32.100 and 2016 c 209 s 410 are each amended to 36 read as follows:

- (1) If a directive authorizes the appointment of an agent, the provisions of chapter 11.125 RCW and RCW 7.70.065 shall apply unless otherwise stated in this chapter.
- (2) The principal who appoints an agent must notify the agent in writing of the appointment.
  - (3) An agent must act in good faith.

- (4) An agent may make decisions on behalf of the principal. Unless the principal has revoked the directive, the decisions must be consistent with the instructions and preferences the principal has expressed in the directive, or if not expressed, as otherwise known to the agent. If the principal's instructions or preferences are not known, the agent shall make a decision he or she determines is in the best interest of the principal.
- (5) ((Except to the extent the right is limited by the appointment or any federal or state law, the agent has the same right as the principal to receive, review, and authorize the use and disclosure of the principal's health care information when the agent is acting on behalf of the principal and to the extent required for the agent to carry out his or her duties.)) A person authorized to act as an agent during periods when the principal is incapacitated may act as the principal's personal representative pursuant to the health insurance portability and accountability act, sections 1171 through 1179 of the social security act, 42 U.S.C. Sec. 1320d, as amended, and applicable regulations, to obtain access to the principal's health care information and communicate with the principal's health care provider. This subsection shall be construed to be consistent with chapters 70.02, 70.24, ((70.96Ar)) 71.05, and 71.34 RCW, and with federal law regarding health care information.
- (6) Unless otherwise provided in the appointment and agreed to in writing by the agent, the agent is not, as a result of acting in the capacity of agent, personally liable for the cost of treatment provided to the principal.
- (7) An agent may resign or withdraw at any time by giving written notice to the principal. The agent must also give written notice to any health care provider, professional person, or health care facility providing treatment to the principal. The resignation or withdrawal is effective upon receipt unless otherwise specified in the resignation or withdrawal.

- 1 (8) If the directive gives the agent authority to act while the 2 principal has capacity, the decisions of the principal supersede 3 those of the agent at any time the principal has capacity.
  - (9) An agent's authority terminates when an action is filed for the dissolution or annulment of the agent's marriage to the principal or for their legal separation, or an action is filed for dissolution or annulment of the agent's state registered domestic partnership with the principal or for their legal separation.
- 9 <u>(10)</u> Unless otherwise provided in the durable power of attorney, 10 the principal may revoke the agent's appointment as provided under 11 other state law.
- 12 **Sec. 11.** RCW 71.32.110 and 2016 c 155 s 13 are each amended to 13 read as follows:
- 14 (1) For the purposes of this chapter, a principal, agent, 15 professional person, or health care provider may seek a determination 16 whether the principal is incapacitated or has regained capacity.
  - (2) (a) For the purposes of this chapter, no adult may be declared an incapacitated person except by:
- 19 (i) A court, if the request is made by the principal or the 20 principal's agent;
- 21 (ii) One mental health professional <u>or substance use disorder</u> 22 <u>professional</u> and one health care provider; or
  - (iii) Two health care providers.

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- (b) One of the persons making the determination under (a) (ii) or (iii) of this subsection must be a psychiatrist, physician assistant working with a supervising psychiatrist, psychologist, or a psychiatric advanced registered nurse practitioner.
- (3) When a professional person or health care provider requests a capacity determination, he or she shall promptly inform the principal that:
  - (a) A request for capacity determination has been made; and
- (b) The principal may request that the determination be made by a court.
- (4) At least one mental health professional, substance use disorder professional, or health care provider must personally examine the principal prior to making a capacity determination.
- (5) (a) When a court makes a determination whether a principal has capacity, the court shall, at a minimum, be informed by the testimony of one mental health professional or substance use disorder

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<u>professional</u> familiar with the principal and shall, except for good cause, give the principal an opportunity to appear in court prior to the court making its determination.

- (b) To the extent that local court rules permit, any party or witness may testify telephonically.
- (6) When a court has made a determination regarding a principal's capacity and there is a subsequent change in the principal's condition, subsequent determinations whether the principal is incapacitated may be made in accordance with any of the provisions of subsection (2) of this section.
- **Sec. 12.** RCW 71.32.130 and 2003 c 283 s 13 are each amended to 12 read as follows:
  - (1) An initial determination of capacity must be completed within ((forty-eight)) 48 hours of a request made by a person authorized in RCW 71.32.110. During the period between the request for an initial determination of the principal's capacity and completion of that determination, the principal may not be treated unless he or she consents at the time or treatment is otherwise authorized by state or federal law.
  - (2)(a)(i) When an incapacitated principal is admitted to inpatient treatment pursuant to the provisions of his or her directive, his or her capacity must be reevaluated within ((seventy-two)) 120 hours or when there has been a change in the principal's condition that indicates that he or she appears to have regained capacity, whichever occurs first.
  - (ii) When an incapacitated principal has been admitted to and remains in inpatient treatment for more than ((seventy-two)) 120 hours pursuant to the provisions of his or her directive, the principal's capacity must be reevaluated when there has been a change in his or her condition that indicates that he or she appears to have regained capacity.
  - (iii) When a principal who is being treated on an inpatient basis and has been determined to be incapacitated requests, or his or her agent requests, a redetermination of the principal's capacity the redetermination must be made within ((seventy-two)) 120 hours.
  - (b) When a principal who has been determined to be incapacitated is being treated on an outpatient basis and there is a request for a redetermination of his or her capacity, the redetermination must be made within five days of the first request following a determination.

- 1 (3)(a) When a principal who has appointed an agent for ((mental))
  2 behavioral health treatment decisions requests a determination or
  3 redetermination of capacity, the agent must make reasonable efforts
  4 to obtain the determination or redetermination.
  - (b) When a principal who does not have an agent for ((mental)) behavioral health treatment decisions is being treated in an inpatient facility and requests a determination or redetermination of capacity, the mental health professional or health care provider must complete the determination or, if the principal is seeking a determination from a court, must make reasonable efforts to notify the person authorized to make decisions for the principal under RCW 7.70.065 of the principal's request.
- (c) When a principal who does not have an agent for ((mental))

  behavioral health treatment decisions is being treated on an

  outpatient basis, the person requesting a capacity determination must

  arrange for the determination.
- 17 (4) If no determination has been made within the time frames 18 established in subsection (1) or (2) of this section, the principal 19 shall be considered to have capacity.
- 20 (5) When an incapacitated principal is being treated pursuant to 21 his or her directive, a request for a redetermination of capacity 22 does not prevent treatment.
- 23 **Sec. 13.** RCW 71.32.140 and 2016 sp.s. c 29 s 424 and 2016 c 155 24 s 14 are each reenacted and amended to read as follows:
  - (1) A principal who:

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- 26 (a) Chose not to be able to revoke his or her directive during 27 any period of incapacity;
- 28 (b) Consented to voluntary admission to inpatient ((mental))
  29 behavioral health treatment, or authorized an agent to consent on the
  30 principal's behalf; and
- 31 (c) At the time of admission to inpatient treatment, refuses to 32 be admitted.
- 33 may only be admitted into inpatient ((mental)) behavioral health 34 treatment under subsection (2) of this section.
- 35 (2) A principal may only be admitted to inpatient ((mental))
  36 behavioral health treatment under his or her directive if, prior to
  37 admission, a member of the treating facility's professional staff who
  38 is a physician, physician assistant, or psychiatric advanced
  39 registered nurse practitioner:

(a) Evaluates the principal's mental condition, including a review of reasonably available psychiatric and psychological history, diagnosis, and treatment needs, and determines, in conjunction with another health care provider ((ex)), mental health professional, or substance use disorder professional, that the principal is incapacitated;

- (b) Obtains the informed consent of the agent, if any, designated in the directive;
- (c) Makes a written determination that the principal needs an inpatient evaluation or is in need of inpatient treatment and that the evaluation or treatment cannot be accomplished in a less restrictive setting; and
- (d) Documents in the principal's medical record a summary of the physician's, physician assistant's, or psychiatric advanced registered nurse practitioner's findings and recommendations for treatment or evaluation.
- (3) In the event the admitting physician is not a psychiatrist, the admitting physician assistant is not supervised by a psychiatrist, or the advanced registered nurse practitioner is not a psychiatric advanced registered nurse practitioner, the principal shall receive a complete ((psychological)) behavioral health assessment by a mental health professional or substance use disorder professional within ((twenty-four)) 24 hours of admission to determine the continued need for inpatient evaluation or treatment.
- (4) (a) If it is determined that the principal has capacity, then the principal may only be admitted to, or remain in, inpatient treatment if he or she consents at the time, is admitted for family-initiated treatment under chapter 71.34 RCW, or is detained under the involuntary treatment provisions of chapter 71.05 or 71.34 RCW.
- (b) If a principal who is determined by two health care providers or one mental health professional or substance use disorder professional and one health care provider to be incapacitated continues to refuse inpatient treatment, the principal may immediately seek injunctive relief for release from the facility.
- (5) If, at the end of the period of time that the principal or the principal's agent, if any, has consented to voluntary inpatient treatment, but no more than ((fourteen)) 14 days after admission, the principal has not regained capacity or has regained capacity but refuses to consent to remain for additional treatment, the principal

1 must be released during reasonable daylight hours, unless detained 2 under chapter 71.05 or 71.34 RCW.

- (6) (a) Except as provided in (b) of this subsection, any principal who is voluntarily admitted to inpatient ((mental)) behavioral health treatment under this chapter shall have all the rights provided to individuals who are voluntarily admitted to inpatient treatment under chapter 71.05, 71.34, or 72.23 RCW.
- (b) Notwithstanding RCW 71.05.050 regarding consent to inpatient treatment for a specified length of time, the choices an incapacitated principal expressed in his or her directive shall control, provided, however, that a principal who takes action demonstrating a desire to be discharged, in addition to making statements requesting to be discharged, shall be discharged, and no principal shall be restrained in any way in order to prevent his or her discharge. Nothing in this subsection shall be construed to prevent detention and evaluation for civil commitment under chapter 71.05 RCW.
- (7) Consent to inpatient admission in a directive is effective only while the professional person, health care provider, and health care facility are in substantial compliance with the material provisions of the directive related to inpatient treatment.
- **Sec. 14.** RCW 71.32.170 and 2003 c 283 s 17 are each amended to 23 read as follows:
  - (1) For the purposes of this section, "provider" means a private or public agency, government entity, health care provider, professional person, health care facility, or person acting under the direction of a health care provider or professional person, health care facility, or long-term care facility.
  - (2) A provider is not subject to civil liability or sanctions for unprofessional conduct under the uniform disciplinary act, chapter 18.130 RCW, when in good faith and without negligence:
  - (a) The provider provides treatment to a principal in the absence of actual knowledge of the existence of a directive, or provides treatment pursuant to a directive in the absence of actual knowledge of the revocation of the directive;
  - (b) A health care provider or mental health professional determines that the principal is or is not incapacitated for the purpose of deciding whether to proceed according to a directive, and acts upon that determination;

- 1 (c) The provider administers or does not administer ((mental)) behavioral health treatment according to the principal's directive in 2 good faith reliance upon the validity of the directive and the 3 directive is subsequently found to be invalid; 4
  - (d) The provider does not provide treatment according to the directive for one of the reasons authorized under RCW 71.32.150; or
- 7 (e) The provider provides treatment according to the principal's directive. 8

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- 9 Sec. 15. RCW 71.32.180 and 2016 c 209 s 411 are each amended to 10 read as follows:
  - (1) Where an incapacitated principal has executed more than one valid directive and has not revoked any of the directives:
  - (a) The directive most recently created shall be treated as the principal's ((mental)) behavioral health treatment preferences and instructions as to any inconsistent or conflicting provisions, unless provided otherwise in either document.
  - (b) Where a directive executed under this chapter is inconsistent with a directive executed under any other chapter, the most recently created directive controls as to the inconsistent provisions.
- 20 (2) Where an incapacitated principal has appointed more than one agent under chapter 11.125 RCW with authority to make ((mental)) 21 behavioral health treatment decisions, RCW 11.125.400 controls.
- 23 (3) The treatment provider shall inquire of a principal whether 24 the principal is subject to any court orders that would affect the 25 implementation of his or her directive.
- Sec. 16. RCW 71.32.210 and 2003 c 283 s 21 are each amended to 26 read as follows: 27
- 28 The fact that a person has executed a directive does not 29 constitute an indication of ((mental)) behavioral health disorder or that the person is not capable of providing informed consent. 30
- Sec. 17. RCW 71.32.220 and 2003 c 283 s 22 are each amended to 31 32 read as follows:
- 33 A person shall not be required to execute or to refrain from 34 executing a directive, nor shall the existence of a directive be used 35 as a criterion for insurance, as a condition for receiving ((mental)) behavioral or physical health services, or as a condition of 36

- 1 admission to or discharge from a health care facility or long-term 2 care facility.
  - Sec. 18. RCW 71.32.250 and 2016 c 155 s 15 are each amended to read as follows:

- (1) If a principal who is a resident of a long-term care facility is admitted to inpatient ((mental)) behavioral health treatment pursuant to his or her directive, the principal shall be allowed to be readmitted to the same long-term care facility as if his or her inpatient admission had been for a physical condition on the same basis that the principal would be readmitted under state or federal statute or rule when:
- (a) The treating facility's professional staff determine that inpatient ((mental)) behavioral health treatment is no longer medically necessary for the resident. The determination shall be made in writing by a psychiatrist, physician assistant working with a supervising psychiatrist, or a psychiatric advanced registered nurse practitioner, or (i) one physician and a mental health professional or substance use disorder professional; (ii) one physician assistant and a mental health professional or substance use disorder professional; or (iii) one psychiatric advanced registered nurse practitioner and a mental health professional or substance use disorder professional; or
- 23 (b) The person's consent to admission in his or her directive has 24 expired.
  - (2) (a) If the long-term care facility does not have a bed available at the time of discharge, the treating facility may discharge the resident, in consultation with the resident and agent if any, and in accordance with a medically appropriate discharge plan, to another long-term care facility.
  - (b) This section shall apply to inpatient ((mental)) behavioral health treatment admission of long-term care facility residents, regardless of whether the admission is directly from a facility, hospital emergency room, or other location.
  - (c) This section does not restrict the right of the resident to an earlier release from the inpatient treatment facility. This section does not restrict the right of a long-term care facility to initiate transfer or discharge of a resident who is readmitted pursuant to this section, provided that the facility has complied with the laws governing the transfer or discharge of a resident.

1	(3) The joint legislative audit and review committee shall
2	conduct an evaluation of the operation and impact of this section.
3	The committee shall report its findings to the appropriate committees
4	of the legislature by December 1, 2004.
5	Sec. 19. RCW 71.32.260 and 2016 c 209 s 413 and 2016 c 155 s 16
6	are each reenacted and amended to read as follows:
7	The directive shall be in substantially the following form:
8	((Mental Health Advance Directive
9	NOTICE TO PERSONS
10	CREATING A MENTAL HEALTH ADVANCE DIRECTIVE
11	This is an important legal document. It creates an advance directive for mental health treatment. Before signing this
12	document you should know these important facts:
13	(1) This document is called an advance directive and allows you to make decisions in advance about your mental health
14	treatment, including medications, short-term admission to inpatient treatment and electroconvulsive therapy.
15	YOU DO NOT HAVE TO FILL OUT OR SIGN THIS FORM.
16	IF YOU DO NOT SIGN THIS FORM, IT WILL NOT TAKE EFFECT.
17	If you choose to complete and sign this document, you may still decide to leave some items blank.
18	(2) You have the right to appoint a person as your agent to make treatment decisions for you. You must notify your agent
19	that you have appointed him or her as an agent. The person you appoint has a duty to act consistently with your wishes
20	made known by you. If your agent does not know what your wishes are, he or she has a duty to act in your best interest.
21	Your agent has the right to withdraw from the appointment at any time.
22	(3) The instructions you include with this advance directive and the authority you give your agent to act will only become
23	effective under the conditions you select in this document. You may choose to limit this directive and your agent's authority
24	to times when you are incapacitated or to times when you are exhibiting symptoms or behavior that you specify. You may
25	also make this directive effective immediately. No matter when you choose to make this directive effective, your treatment
26	providers must still seek your informed consent at all times that you have capacity to give informed consent.
27	(4) You have the right to revoke this document in writing at any time you have capacity.
28	YOU MAY NOT REVOKE THIS DIRECTIVE WHEN YOU HAVE BEEN FOUND TO BE
29	INCAPACITATED UNLESS YOU HAVE SPECIFICALLY STATED IN THIS DIRECTIVE THAT
30	YOU WANT IT TO BE REVOCABLE WHEN YOU ARE INCAPACITATED.
31	(5) This directive will stay in effect until you revoke it unless you specify an expiration date. If you specify an expiration
32	date and you are incapacitated at the time it expires, it will remain in effect until you have capacity to make treatment
33	decisions again unless you chose to be able to revoke it while you are incapacitated and you revoke the directive.
34	(6) You cannot use your advance directive to consent to civil commitment. The procedures that apply to your advance
35	directive are different than those provided for in the Involuntary Treatment Act. Involuntary treatment is a different
36	<del>process.</del>

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1	(7) If there is anything in this directive that you do not understand, you should ask a lawyer to explain it to you.
2	(8) You should be aware that there are some circumstances where your provider may not have to follow your directive.
3	(9) You should discuss any treatment decisions in your directive with your provider.
4	(10) You may ask the court to rule on the validity of your directive.
5	
6	<del>PART I.</del>
7	STATEMENT OF INTENT TO CREATE A
8	MENTAL HEALTH ADVANCE DIRECTIVE
9	I, being a person with capacity, willfully and voluntarily execute this mental health advance directive so that
10	my choices regarding my mental health care will be carried out in circumstances when I am unable to express my
11	instructions and preferences regarding my mental health care. If a guardian is appointed by a court to make mental health
12	decisions for me, I intend this document to take precedence over all other means of ascertaining my intent.
13	The fact that I may have left blanks in this directive does not affect its validity in any way. I intend that all completed
14	sections be followed. If I have not expressed a choice, my agent should make the decision that he or she determines is in
15	my best interest. I intend this directive to take precedence over any other directives I have previously executed, to the
16	extent that they are inconsistent with this document, or unless I expressly state otherwise in either document.
17	I understand that I may revoke this directive in whole or in part if I am a person with capacity. I understand that I cannot
18	revoke this directive if a court, two health care providers, or one mental health professional and one health care provider
19	find that I am an incapacitated person, unless, when I executed this directive, I chose to be able to revoke this directive
20	while incapacitated.
21	I understand that, except as otherwise provided in law, revocation must be in writing. I understand that nothing in this
22	directive, or in my refusal of treatment to which I consent in this directive, authorizes any health care provider, professional
23	person, health care facility, or agent appointed in this directive to use or threaten to use abuse, neglect, financial
24	exploitation, or abandonment to carry out my directive.
25	I understand that there are some circumstances where my provider may not have to follow my directive.
26	
27	PART II.
28	WHEN THIS DIRECTIVE IS EFFECTIVE
29	YOU MUST COMPLETE THIS PART FOR YOUR DIRECTIVE TO BE VALID.
30	I intend that this directive become effective (YOU MUST CHOOSE ONLY ONE):
31	Immediately upon my signing of this directive.
32	If I become incapacitated.
33	When the following circumstances, symptoms, or behaviors occur:
34	
35	PART III.

**DURATION OF THIS DIRECTIVE** 

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1	YOU MUST COMPLETE THIS PART FOR YOUR DIRECTIVE TO BE VALID.
2	I want this directive to (YOU MUST CHOOSE ONLY ONE):
3	Remain valid and in effect for an indefinite period of time.
4	Automatically expire years from the date it was created.
5	
6	PART IV.
7	WHEN I MAY REVOKE THIS DIRECTIVE
8	YOU MUST COMPLETE THIS PART FOR THIS DIRECTIVE TO BE VALID.
9	I intend that I be able to revoke this directive (YOU MUST CHOOSE ONLY ONE):
10	Only when I have capacity.
11	I understand that choosing this option means I may only revoke this directive if I have capacity. I further understand that if
12	I choose this option and become incapacitated while this directive is in effect, I may receive treatment that I specify in this
13	directive, even if I object at the time.
14	Even if I am incapacitated.
15	I understand that choosing this option means that I may revoke this directive even if I am incapacitated. I further
16	understand that if I choose this option and revoke this directive while I am incapacitated I may not receive treatment that I
17	specify in this directive, even if I want the treatment.
18	
19	PART V.
20	PREFERENCES AND INSTRUCTIONS ABOUT TREATMENT, FACILITIES, AND PHYSICIANS [,
21	PHYSICIAN ASSISTANTS, OR PSYCHIATRIC ADVANCED REGISTERED NURSE PRACTITIONERS
22	A. Preferences and Instructions About Physician(s), Physician Assistant(s), or Psychiatric Advanced Registered
23	Nurse Practitioner(s) to be Involved in My Treatment
24	I would like the physician(s), physician assistant(s), or psychiatric advanced registered nurse practitioner(s) named below
25	to be involved in my treatment decisions:
26	Dr., PA-C, or PARNP Contact information:
27	Dr., PA-C, or PARNP Contact information:
28	I do not wish to be treated by Dr. or PARNP.
29	B. Preferences and Instructions About Other Providers
30	I am receiving other treatment or care from providers who I feel have an impact on my mental health care. I would like the
31	following treatment provider(s) to be contacted when this directive is effective:
32	Name
33	Name Profession Contact information
34	C. Preferences and Instructions About Medications for Psychiatric Treatment (initial and complete all that apply)

1	I consent, and authorize my agent (if appointed) to consent, to the following
2	medications:
3	I do not consent, and I do not authorize my agent (if appointed) to consent, to the administration of the following
4	medications:
5	I am willing to take the medications excluded above if my only reason for excluding them is the side effects which
6	include
7	and these side effects can be eliminated by dosage adjustment or other means
8	I am willing to try any other medication the hospital doctor, physician assistant, or psychiatric advanced registered
9	nurse practitioner recommends
10	I am willing to try any other medications my outpatient doctor, physician assistant, or psychiatric advanced
11	registered nurse practitioner recommends
12	I do not want to try any other medications.
13	<b>Medication Allergies</b>
14	I have allergies to, or severe side effects from, the following:
15	
16	Other Medication Preferences or Instructions
17	I have the following other preferences or instructions about medications
18	
19	D. Preferences and Instructions About Hospitalization and Alternatives
20	(initial all that apply and, if desired, rank "1" for first choice, "2" for second choice, and so on)
21	In the event my psychiatric condition is serious enough to require 24-hour care and I have no physical conditions
22	that require immediate access to emergency medical care, I prefer to receive this care in programs/facilities designed as
23	alternatives to psychiatric hospitalizations.
24	I would also like the interventions below to be tried before hospitalization is considered:
25	Calling someone or having someone call me when needed.
26	Name: Telephone: Telephone:
27	Staying overnight with someone
28	Name: Telephone: Telephone:
29	Having a mental health service provider come to see me
30	Going to a crisis triage center or emergency room
31	Staying overnight at a crisis respite (temporary) bed
32	Seeing a service provider for help with psychiatric medications
33	Other, specify:

1	I consent, and authorize my agent (if appointed) to consent, to voluntary admission to inpatient mental health treatment
2	for days (not to exceed 14 days)
3	(Sign one):
4	If deemed appropriate by my agent (if appointed) and treating physician, physician assistant, or psychiatric
5	advanced registered nurse practitioner
6	<del></del>
7	(Signature)
8	<del>Of</del>
9	Under the following circumstances (specify symptoms, behaviors, or circumstances that indicate the need for
10	hospitalization)
11	<del></del>
12	(Signature)
13	I do not consent, or authorize my agent (if appointed) to consent, to inpatient treatment
14	<del></del>
15	(Signature)
16	Hospital Preferences and Instructions
17	If hospitalization is required, I prefer the following hospitals:
18	I do not consent to be admitted to the following hospitals:
19	E. Preferences and Instructions About Preemergency
20	I would like the interventions below to be tried before use of seclusion or restraint is considered
21	(initial all that apply):
22	"Talk me down" one-on-one
23	More medication
24	Time out/privacy
25	Show of authority/force
26	Shift my attention to something else
27	Set firm limits on my behavior
28	Help me to discuss/vent feelings
29	Decrease stimulation
30	Offer to have neutral person settle dispute
31	Other, specify
32	F. Preferences and Instructions About Seclusion, Restraint, and Emergency Medications

1	If it is determined that I am engaging in behavior that requires seelusion, physical restraint, and/or emergency use of
2	medication, I prefer these interventions in the order I have chosen (choose "1" for first choice, "2" for second choice, and
3	so on):
4	Seclusion
5	Seclusion and physical restraint (combined)
6	Medication by injection
7	Medication in pill or liquid form
8	In the event that my attending physician, physician assistant, or psychiatric advanced registered nurse practitioner decides
9	to use medication in response to an emergency situation after due consideration of my preferences and instructions for
10	emergency treatments stated above, I expect the choice of medication to reflect any preferences and instructions I have
11	expressed in Part III C of this form. The preferences and instructions I express in this section regarding medication in
12	emergency situations do not constitute consent to use of the medication for nonemergency treatment.
13	G. Preferences and Instructions About Electroconvulsive Therapy
14	(ECT or Shock Therapy)
15	My wishes regarding electroconvulsive therapy are (sign one):
16	I do not consent, nor authorize my agent (if appointed) to consent, to the administration of electroconvulsive
17	therapy
18	<del></del>
19	(Signature)
20	I consent, and authorize my agent (if appointed) to consent, to the administration of electroconvulsive therapy
21	<del></del>
22	(Signature)
23	I consent, and authorize my agent (if appointed) to consent, to the administration of electroconvulsive therapy, but
24	only under the following conditions:
25	
26	(Signature)
27	H. Preferences and Instructions About Who is Permitted to Visit
28	If I have been admitted to a mental health treatment facility, the following people are not permitted to visit me there:
29	Name:
30	Name:
31	Name:
32	I understand that persons not listed above may be permitted to visit me.
33	I. Additional Instructions About My Mental Health Care
34	Other instructions about my mental health care:
35	In ease of emergency, please contact:

1	Name:	Address:
2	Work telephone:	Home telephone:
3	Physician, Physician Assistant, or Psychiatric	Address:
4	Advanced Registered Nurse Practitioner:	
5	•	
6		1 <del> </del>
7		
8	Staff of the hospital or crisis unit can help me by doir	ng the following:
9	J. Refusal of Treatment	
10	I do not consent to any mental health treatment.	
11		
12	(Signature)	
13		
14		<del>PART VI.</del>
15	<del>DURABLE POWER OF ATT</del>	FORNEY (APPOINTMENT OF MY AGENT)
16	(Fill out this part only if you w	ish to appoint an agent or nominate a guardian.)
17	I authorize an agent to make mental health treatment	decisions on my behalf. The authority granted to my agent includes
18	the right to consent, refuse consent, or withdraw cons	sent to any mental health care, treatment, service, or procedure,
19	consistent with any instructions and/or limitations I h	ave set forth in this directive. I intend that those decisions should be
20	made in accordance with my expressed wishes as set	forth in this document. If I have not expressed a choice in this
21	document and my agent does not otherwise know n	ny wishes, I authorize my agent to make the decision that my agent
22	determines is in my best interest. This agency shall no	ot be affected by my incapacity. Unless I state otherwise in this
23	durable power of attorney, I may revoke it unless pro-	hibited by other state law.
24	A. Designation of an Agent	
25	I appoint the following person as my agent to make n	nental health treatment decisions for me as authorized in this document
26	and request that this person be notified immediately v	when this directive becomes effective:
27	Name:	Address:
28	Work telephone:	Home telephone:
29	Relationship:	
30	B. Designation of Alternate Agent	
31	If the person named above is unavailable, unable, or a	refuses to serve as my agent, or I revoke that person's authority to
32	•	rson as my alternate agent and request that this person be notified
33	immediately when this directive becomes effective or	r when my original agent is no longer my agent:
34	Name:	Address:
35	Work telephone:	Home telephone:

1	Relationship:
2	C. When My Spouse is My Agent (initial if desired)
3	If my spouse is my agent, that person shall remain my agent even if we become legally separated or our marriage is
4	dissolved, unless there is a court order to the contrary or I have remarried.
5	D. Limitations on My Agent's Authority
6	I do not grant my agent the authority to consent on my behalf to the following:
7	E. Limitations on My Ability to Revoke this Durable Power of Attorney
8	I choose to limit my ability to revoke this durable power of attorney as follows:
9	F. Preference as to Court-Appointed Guardian
10	In the event a court appoints a guardian who will make decisions regarding my mental health treatment, I nominate the
11	following person as my guardian:
12	Name:
13	Work telephone: Home telephone:
14	Relationship:
15	The appointment of a guardian of my estate or my person or any other decision maker shall not give the guardian or
16	decision maker the power to revoke, suspend, or terminate this directive or the powers of my agent, except as authorized by
17	law.
18	
19	(Signature required if nomination is made)
20	(Signature required it nomination is made)
21	<del>PART VII.</del>
22	OTHER DOCUMENTS
23	(Initial all that apply)
24 25	I have executed the following documents that include the power to make decisions regarding health care services for myself:
26	Health care power of attorney (chapter 11.125 RCW)
27	"Living will" (Health care directive; chapter 70.122 RCW)
28	I have appointed more than one agent. I understand that the most recently appointed agent controls except as stated
29	below:
30	
31	<del>PART VIII.</del>
32	NOTIFICATION OF OTHERS AND CARE OF PERSONAL AFFAIRS
33	(Fill out this part only if you wish to provide nontreatment instructions.)
34	I understand the preferences and instructions in this part are NOT the responsibility of my treatment provider and that no

treatment provider is required to act on them.

1	A. Who Should Be Notified	
2	I desire my agent to notify the following individuals a	as soon as possible when this directive becomes effective:
3	Name:	Address:
4	Day telephone:	Evening telephone:
5	Name:	Address:
6	Day telephone:	Evening telephone:
7	B. Preferences or Instructions About Personal Affa	<del>airs</del>
8	I have the following preferences or instructions about	my personal affairs (e.g., eare of dependents, pets, household) if I am
9	admitted to a mental health treatment facility:	
10	C. Additional Preferences and Instructions:	
11		
12		PART IX.
13		SIGNATURE
14	By signing here, I indicate that I understand the purpo	ose and effect of this document and that I am giving my informed
15	consent to the treatments and/or admission to which I	have consented or authorized my agent to consent in this directive. I
16	intend that my consent in this directive be construed a	is being consistent with the elements of informed consent under
17	ehapter 7.70 RCW.	
18	Signature:	Date:
19	Printed Name:	
20	This directive was signed and declared by the "Princip	pal," to be his or her directive, in our presence who, at his or her
21	request, have signed our names below as witnesses. W	We declare that, at the time of the creation of this instrument, the
22	Principal is personally known to us, and, according to	our best knowledge and belief, has capacity at this time and does not
23	appear to be acting under duress, undue influence, or	fraud. We further declare that none of us is:
24	(A) A person designated to make medical decisions of	n the principal's behalf;
25	(B) A health care provider or professional person dire	etly involved with the provision of care to the principal at the time the
26	directive is executed;	
27	(C) An owner, operator, employee, or relative of an o	wner or operator of a health care facility or long-term care facility in
28	which the principal is a patient or resident;	
29	(D) A person who is related by blood, marriage, or ad	option to the person, or with whom the principal has a dating
30	relationship as defined in RCW 26.50.010;	
31	(E) An incapacitated person;	
32	(F) A person who would benefit financially if the prin	neipal undergoes mental health treatment; or
33	(G) A minor.	
34	Witness 1: Signature:	Date:
35	Printed Name:	

1	Telephone: Address: Address:
2	Witness 2: Signature: Date:
3	Printed Name:
4	Telephone: Address:
5	
6	PART X.
7	RECORD OF DIRECTIVE
8	I have given a copy of this directive to the following persons:
9	DO NOT FILL OUT PART XI UNLESS YOU INTEND TO REVOKE
LO	THIS DIRECTIVE IN PART OR IN WHOLE
1	
L2	<del>PART XI.</del>
L3	REVOCATION OF THIS DIRECTIVE
L 4	(Initial any that apply):
L 5	I am revoking the following part(s) of this directive (specify):
L 6	I am revoking all of this directive.
L 7	By signing here, I indicate that I understand the purpose and effect of my revocation and that no person is bound by any
L8	revoked provision(s). I intend this revocation to be interpreted as if I had never completed the revoked provision(s).
L 9	Signature: Date:
20	Printed Name:
21	DO NOT SIGN THIS PART UNLESS YOU INTEND TO REVOKE THIS
22	DIRECTIVE IN PART OR IN WHOLE))
23	Mental Health Advance Directive of (client name)
24	With Appointment of (agent name) as
25	Agent for Mental Health Decisions
26	
27	PART I.
28	STATEMENT OF INTENT TO CREATE A
29	MENTAL HEALTH ADVANCE DIRECTIVE
30	I, (Client name), being a person with capacity, willfully and voluntarily execute this mental health advance directive so that
31	my choices regarding my mental health care will be carried out in circumstances when I am unable to express my
32	instructions and preferences regarding my mental health care

1	<u>PART II.</u>
2	MY CARE NEEDS – WHAT WORKS FOR ME
3	In order to assist in carrying out my directive I would like my providers and my agent to know the following information:
4	I have been diagnosed with (client illnesses both mental health and physical diagnoses) for which I take (list medications).
5	I am also on the following other medications: (list any other medications for other conditions).
6	The best treatment method for my illness is (give general overview of what works best for client).
7	I have/do not have a history of substance abuse. My preferences and treatment options around medication management
8	related to substance abuse are:
9	PART III.
LO	WHEN THIS DIRECTIVE IS EFFECTIVE
11	(You must complete this part for your directive to be valid.)
12	I intend that this directive become effective (YOU MUST CHOOSE ONLY ONE):
13	Immediately upon my signing of this directive.
L 4	If I become incapacitated.
15	When the following circumstances, symptoms, or behaviors occur:
16	PART IV.
L 7	<b>DURATION OF THIS DIRECTIVE</b>
18	(You must complete this part for your directive to be valid.)
L 9	I want this directive to (YOU MUST CHOOSE ONLY ONE):
20	Remain valid and in effect for an indefinite period of time.
21	Automatically expire years from the date it was created.
22	PART V.
23	WHEN I MAY REVOKE THIS DIRECTIVE
24	(You must complete this part for this directive to be valid.)
25	I intend that I be able to revoke this directive (YOU MUST CHOOSE ONLY ONE):
26	Only when I have capacity.
27	I understand that choosing this option means I may only revoke this directive if I have capacity. I further understand that if
28	I choose this option and become incapacitated while this directive is in effect, I may receive treatment that I specify in this
29	directive, even if I object at the time.
30	Even if I am incapacitated.
31	I understand that choosing this option means that I may revoke this directive even if I am incapacitated. I further
32	understand that if I choose this option and revoke this directive while I am incapacitated I may not receive treatment that I
33	specify in this directive, even if I want the treatment.
34	PART VI.
35	PREFERENCES AND INSTRUCTIONS AROUT TREATMENT FACILITIES AND PHYSICIANS PHYSICIAN

ASSISTANTS, OR ADVANCED REGISTERED NURSE PRACTITIONERS

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1 A. Preferences and Instructions About Physician(s), Physician Assistant(s), or Advanced Registered Nurse 2 Practitioner(s) to be Involved in My Treatment 3 I would like the physician(s), physician assistant(s), or advanced registered nurse practitioner(s) named below to be 4 involved in my treatment decisions: 5 I do not wish to be treated by 6 **B.** Preferences and Instructions About Other Providers 7 I am receiving other treatment or care from providers who I feel have an impact on my mental health care. I would like the 8 following treatment provider(s) to be contacted when this directive is effective: 9 C. Preferences and Instructions About Medications for Psychiatric Treatment (check all that apply) 10 ..... I consent, and authorize my agent (if appointed) to consent, to the following medications: 11 ..... I do not consent, and I do not authorize my agent (if appointed) to consent, to the administration of the following 12 medications: 13 ..... I am willing to take the medications excluded above if my only reason for excluding them is the side effects which 14 include: 15 and these side effects can be eliminated by dosage adjustment or other means 16 ..... I am willing to try any other medication the hospital doctor, physician assistant, or advanced registered nurse 17 practitioner recommends. 18 . . . . . I am willing to try any other medications my outpatient doctor, physician assistant, or advanced registered nurse 19 practitioner recommends. 20 . . . . . I do not want to try any other medications. 21 Medication Allergies. 22 I have allergies to, or severe side effects from, the following: 23 Other Medication Preferences or Instructions 24 . . . . . I have the following other preferences or instructions about medications: 25 D. Preferences and Instructions About Hospitalization and Alternatives 26 (check all that apply and, if desired, rank "1" for first choice, "2" for second choice, and so on) 27 ..... In the event my psychiatric condition is serious enough to require 24-hour care and I have no physical conditions 28 that require immediate access to emergency medical care, I prefer to receive this care in programs/facilities designed as 29 alternatives to psychiatric hospitalizations. 30 ..... I would also like the interventions below to be tried before hospitalization is considered: 31 . . . . . Calling someone or having someone call me when needed. 32 Name: Telephone/text: Email: . . . . . 33 ..... Staying overnight with someone 34 Name:..... Email:.... Email:.... 35 . . . . . . Having a mental health service provider come to see me. 36 . . . . . Going to a crisis triage center or emergency room. 37 ..... Staying overnight at a crisis respite (temporary) bed. 38 ..... Seeing a service provider for help with psychiatric medications. 39 ..... Other, specify:

1	Authority to Consent to Inpatient Treatment
2	I consent, and authorize my agent (if appointed) to consent, to voluntary admission to inpatient mental health treatment
3	for days (not to exceed 14 days).
4	(Sign one):
5	If deemed appropriate by my agent (if appointed) and treating physician, physician assistant, or advanced registered
6	nurse practitioner
7	<u></u>
8	(Signature)
9	<u>Or</u>
10	Under the following circumstances (specify symptoms, behaviors, or circumstances that indicate the need for
11	hospitalization)
12	<u></u>
13	(Signature)
14	I do not consent, or authorize my agent (if appointed) to consent, to inpatient treatment
15	<u></u>
16	(Signature)
17	Hospital Preferences and Instructions
18	If hospitalization is required, I prefer the following hospitals:
19	I do not consent to be admitted to the following hospitals:
20	E. Preferences and Instructions About Preemergency
21	I would like the interventions below to be tried before use of seclusion or restraint is considered (check all that apply):
22	"Talk me down" one-on-one
23	More medication
24	Time out/privacy
25	Show of authority/force
26	Shift my attention to something else
27	Set firm limits on my behavior
28	Help me to discuss/vent feelings
29	Decrease stimulation
30	Offer to have neutral person settle dispute
31	Other:

1	F. Preferences and Instructions About Seclusion, Restraint, and Emergency Medications
2	If it is determined that I am engaging in behavior that requires seclusion, physical restraint, and/or emergency use of
3	medication, I prefer these interventions in the order I have chosen (choose "1" for first choice, "2" for second choice, and so
4	<u>on):</u>
5	Seclusion
6	Seclusion and physical restraint (combined)
7	Medication by injection
8	Medication in pill or liquid form
9	In the event that my attending physician, physician assistant, or advanced registered nurse practitioner decides to use
10	medication in response to an emergency situation after due consideration of my preferences and instructions for emergency
11	treatments stated above, I expect the choice of medication to reflect any preferences and instructions I have expressed in
12	Part VI C. of this form. The preferences and instructions I express in this section regarding medication in emergency
13	situations do not constitute consent to use of the medication for nonemergency treatment.
14	G. Preferences and Instructions About Electroconvulsive Therapy
15	(ECT or Shock Therapy)
16	My wishes regarding electroconvulsive therapy are (sign one):
17	I do not consent, nor authorize my agent (if appointed) to consent, to the administration of electroconvulsive therapy
18	<u></u>
19	(Signature)
20	I consent, and authorize my agent (if appointed) to consent, to the administration of electroconvulsive therapy
21	<u></u>
22	(Signature)
23	I consent, and authorize my agent (if appointed) to consent, to the administration of electroconvulsive therapy, but
24	only under the following conditions:
25	<u></u>
26	(Signature)
27	
28	H. Preferences and Instructions About Who is Permitted to Visit
29	If I have been admitted to a mental health treatment facility, the following people are not permitted to visit me there:
30	<u>Name:</u>
31	Name:
32	I understand that persons not listed above may be permitted to visit me.
33	I. Additional Instructions About My Mental Health Care
34	Other instructions about my mental health care:

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In case of emergency, please contact:

1	Name:	Address:
2	Work telephone:	Home telephone:
3	Physician, physician assistant, or advanced	Address:
4	registered nurse practitioner:	Email:
5	Telephone:	
6	The following may help me to avoid a hospitaliza	tion:
7	I generally react to being hospitalized as follows:	
8	Staff of the hospital or crisis unit can help me by o	doing the following:
9	J. Refusal of Treatment	
10	I do not consent to any mental health treatment.	
11	<u></u>	
12	(Signature)	
13		PART VII.
14	<b>DURABLE POWER OF</b> A	ATTORNEY (APPOINTMENT OF MY AGENT)
15	(Fill out this part only if you	u wish to appoint an agent or nominate a guardian.)
16	I authorize an agent to make mental health treatr	nent decisions on my behalf. The authority granted to my agent includes
17	the right to consent, refuse consent, or withdra	w consent to any mental health care, treatment, service, or procedure,
18	consistent with any instructions and/or limitation	s I have set forth in this directive. I intend that those decisions should be
19	made in accordance with my expressed wishes	as set forth in this document. If I have not expressed a choice in this
20	document and my agent does not otherwise kn	ow my wishes, I authorize my agent to make the decision that my agent
21	determines is in my best interest. This agency	shall not be affected by my incapacity. Unless I state otherwise in this
22	durable power of attorney, I may revoke it unless	prohibited by other state law.
23		
24	HIPAA Release Authority. In addition to the oth	er powers granted by this document, I grant to my Attorney-in-Fact the
25	power and authority to serve as my personal re	presentative for all purposes under the Health Insurance Portability and
26	Accountability Act (HIPAA) of 1996, as amended	from time to time, and its regulations. My Attorney-in-Fact will serve as
27	my "HIPAA personal representative" and will ex	xercise this authority at any time that my Attorney-in-Fact is exercising
28	authority under this document.	
29	A. Designation of an Agent	
30	<u>Name:</u>	Address:
31	Work phone:	Home/cell phone:
32	Relationship:	Email:
33	<b>B.</b> Designation of Alternate Agent	
34	If the person named above is unavailable, unable	e, or refuses to serve as my agent, or I revoke that person's authority to
35	serve as my agent, I hereby appoint the following	ng person as my alternate agent and request that this person be notified
36	immediately when this directive becomes effective	e or when my original agent is no longer my agent:
37	Name:	Address:

1	Work phone:         Home phone:
2	Relationship:
3	C. Limitations on My Agent's Authority
4	I do not grant my agent the authority to consent on my behalf to the following:
5	D. Limitations on My Ability to Revoke this Durable Power of Attorney
6	I choose to limit my ability to revoke this durable
7	power of attorney as follows:
8	E. Preference as to Court-Appointed Guardian
9 10	In the event a court appoints a guardian who will make decisions regarding my mental health treatment, I nominate my
	then-serving agent (or name someone else) as my guardian:
11	Name and contact information (if someone other than agent or alternate):
12	The appointment of a guardian of my estate or my person or any other decision maker shall not give the guardian or
13 14	decision maker the power to revoke, suspend, or terminate this directive or the powers of my agent, except as authorized by
	<u>law.</u>
15 16	
17	PART VIII.
18	OTHER DOCUMENTS
19	(Initial all that apply)
20	I have executed the following documents that include the power to make decisions regarding health care services for
21	myself:
22	Health care power of attorney (chapter 11.125 RCW)
23	"Living will" (Health care directive; chapter 70.122 RCW)
24	I have appointed more than one agent. I understand that the most recently appointed agent controls except as stated
25	below:
26	PART IX.
27	NOTIFICATION OF OTHERS AND CARE OF PERSONAL AFFAIRS
28	(Fill out this part only if you wish to provide nontreatment instructions.)
29	I understand the preferences and instructions in this part are NOT the responsibility of my treatment provider and that no
30	treatment provider is required to act on them.
31	A. Who Should Be Notified
32	I desire my agent to notify the following individuals as soon as possible if I am admitted to a mental health facility:
33	<u>Name:</u> <u>Address:</u>
34	Day telephone: Evening telephone:
35	Name: Address:

1	Day telephone: Evening telephone:
2	<u>Name: Address:</u>
3	Day telephone: Evening telephone:
4	B. Preferences or Instructions About Personal Affairs
5	I have the following preferences or instructions about my personal affairs (e.g., care of dependents, pets, household) if I am
6	admitted to a mental health treatment facility:
7	C. Additional Preferences and Instructions:
8	PART X.
9	<u>SIGNATURE</u>
10	By signing here, I indicate that I understand the purpose and effect of this document and that I am giving my informed
11	consent to the treatments and/or admission to which I have consented or authorized my agent to consent in this directive.
12	intend that my consent in this directive be construed as being consistent with the elements of informed consent under
13	chapter 7.70 RCW.
14	In witness of this, I have signed on this day of , 20
15	Signature:
16	STATE OF WASHINGTON )
17	<u>) ss.</u>
18	<u>COUNTY OF</u>
19	I certify that I know or have satisfactory evidence that (client name) is
20	the person who appeared before me, and said person acknowledged that
21	he or she signed this Durable Power of Attorney and acknowledged it to
22	be his or her free and voluntary act for the uses and purposes mentioned
23	in this instrument.
24	SUBSCRIBED and SWORN to before me this day of ,
25	<u>20</u>
26	
27	SIGNATURE OF NOTARY
28	
29	<u></u>
30	PRINT NAME OF NOTARY
31	
32	NOTARY PUBLIC for the State of Washington at
33	My commission expires
34	OR have two witnesses:
35	Name:

1	This directive was signed and declared by the	"Principal," to be his or her directive, in our presence who, at his or her
2	request, have signed our names below as witne	esses. We declare that, at the time of the creation of this instrument, the
3	Principal is personally known to us, and, accordi	ng to our best knowledge and belief, has capacity at this time and does not
4	appear to be acting under duress, undue influence	e, or fraud. We further declare that none of us is:
5	(A) A person designated to make medical decision	ons on the principal's behalf;
6	(B) A health care provider or professional person	directly involved with the provision of care to the principal at the time the
7	directive is executed;	
8	(C) An owner, operator, employee, or relative of an owner or operator of a health care facility or long-term care facility	
9	which the principal is a patient or resident;	
LO	(D) A person who is related by blood, marriage	ge, or adoption to the person, or with whom the principal has a dating
11	relationship as defined in RCW 26.50.010;	
12	(E) An incapacitated person;	
13	(F) A person who would benefit financially if the principal undergoes mental health treatment; or	
L 4	(G) A minor.	
15	Witness 1 Signature:	Date:
16	Printed Name:	Address:
L 7	Telephone:	
18	Witness 2 Signature:	<u>Date:</u>
L 9	Printed Name:	<u>Address:</u>
20	Telephone:	
21		PART XI.
22	<u>R</u>	ECORD OF DIRECTIVE
23	I have given a copy of this directive to the follow	ving persons:
24		
25	Name:	Address:
26	Day telephone:	Evening telephone:
27	Name:	Address:
28	Day telephone:	Evening telephone:
29		
30	DO NOT FILL OUT PART XII UNLESS YOU	INTEND TO REVOKE
31	THIS DIRECTIVE IN PART OR IN WHOLE	
32		PART XII.
33	REVOC	CATION OF THIS DIRECTIVE

1	(Initial any that apply):
2	I am revoking the following part(s) of this directive (specify):
3	<u>Date:</u>
4	I am revoking all of this directive.
5	By signing here, I indicate that I understand the purpose and effect of my revocation and that no person is bound by any
6	revoked provision(s). I intend this revocation to be interpreted as if I had never completed the revoked provision(s).
7	
8	<u></u>
9	(Signature)
10	Printed Name:
11	DO NOT SIGN THIS PART UNLESS YOU INTEND TO REVOKE THIS
12	DIRECTIVE IN PART OR IN WHOLE
13	NEW SECTION. Sec. 20. A new section is added to chapter 71.32
14	RCW to read as follows:
15	Nothing in this chapter restricts the right of a parent to seek
16	behavioral health evaluation and treatment for a nonconsenting
17	adolescent using family-initiated treatment laws under chapter 71.34
18	RCW.
19	Sec. 21. RCW 71.34.755 and 2020 c 302 s 96 are each amended to
20	read as follows:
21	(1) Less restrictive alternative treatment, at a minimum, must
22	include the following services:
23	(a) Assignment of a care coordinator;
24	(b) An intake evaluation with the provider of the less
25	restrictive alternative treatment;
26	(c) A psychiatric evaluation;
27	(d) A schedule of regular contacts with the provider of the less

30 (e) A transition plan addressing access to continued services at the expiration of the order;

restrictive alternative treatment services for the duration of the

- 32 (f) An individual crisis plan; ((and))
- 33 (g) <u>Consultation about the formation of a mental health advance</u>

28

29

order;

- (h) Notification to the care coordinator assigned in (a) of this subsection if reasonable efforts to engage the client fail to produce substantial compliance with court-ordered treatment conditions.
- (2) Less restrictive alternative treatment may include the following additional services:
  - (a) Medication management;
  - (b) Psychotherapy;
  - (c) Nursing;

- (d) Substance abuse counseling;
- 10 (e) Residential treatment; and
  - (f) Support for housing, benefits, education, and employment.
  - (3) If the minor was provided with involuntary medication during the involuntary commitment period, the less restrictive alternative treatment order may authorize the less restrictive alternative treatment provider or its designee to administer involuntary antipsychotic medication to the person if the provider has attempted and failed to obtain the informed consent of the person and there is a concurring medical opinion approving the medication by a psychiatrist, physician assistant working with a supervising psychiatrist, psychiatric advanced registered nurse practitioner, or physician or physician assistant in consultation with an independent mental health professional with prescribing authority.
  - (4) Less restrictive alternative treatment must be administered by a provider that is certified or licensed to provide or coordinate the full scope of services required under the less restrictive alternative order and that has agreed to assume this responsibility.
  - (5) The care coordinator assigned to a minor ordered to less restrictive alternative treatment must submit an individualized plan for the minor's treatment services to the court that entered the order. An initial plan must be submitted as soon as possible following the intake evaluation and a revised plan must be submitted upon any subsequent modification in which a type of service is removed from or added to the treatment plan.
  - (6) For the purpose of this section, "care coordinator" means a clinical practitioner who coordinates the activities of less restrictive alternative treatment. The care coordinator coordinates activities with the designated crisis responders that are necessary for enforcement and continuation of less restrictive alternative treatment orders and is responsible for coordinating service

- 1 activities with other agencies and establishing and maintaining a
- 2 therapeutic relationship with the individual on a continuing basis.
- 3 <u>NEW SECTION.</u> **Sec. 22.** Section 2 of this act expires January 1,
- 4 2022.
- 5 NEW SECTION. Sec. 23. Section 3 of this act takes effect
- 6 January 1, 2022.
- 7 <u>NEW SECTION.</u> **Sec. 24.** Section 3 of this act expires July 1,
- 8 2022.
- 9 <u>NEW SECTION.</u> **Sec. 25.** Section 4 of this act takes effect July
- 10 1, 2022.

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