SENATE BILL 5300

State of Washington 68th Legislature 2023 Regular Session

By Senator Dhingra

AN ACT Relating to continuity of coverage for prescription drugs prescribed for the treatment of behavioral health conditions; amending RCW 69.41.190; adding a new section to chapter 48.43 RCW; and providing an effective date.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

6 <u>NEW SECTION.</u> Sec. 1. A new section is added to chapter 48.43 7 RCW to read as follows:

(1) Except as provided in subsection (2) of this section, for 8 health plans that include prescription drug coverage issued or 9 10 renewed on or after January 1, 2024, a health carrier may not require 11 the substitution of a nonpreferred drug with a preferred drug in a given therapeutic class, or increase an enrollee's cost-sharing 12 obligation mid-plan year for the drug, if the prescription is for an 13 14 initial or subsequent refill of an antipsychotic, antidepressant, 15 antiepileptic, or other drug prescribed to the enrollee to treat a 16 serious mental illness, the enrollee is medically stable on the drug, 17 and a participating provider continues to prescribe the drug.

18 (2) Nothing in this section prohibits:

(a) The carrier from requiring generic substitution during thecurrent plan year;

(b) The carrier from adding new drugs to its formulary during the
current plan year;

3 (c) The carrier from removing a drug from its formulary for 4 reasons of patient safety concerns, drug recall or removal from the 5 market, or medical evidence indicating no therapeutic effect of the 6 drug; or

7 (d) A participating provider from prescribing a different drug 8 that is covered by the plan and medically appropriate for the 9 enrollee.

10 (3) For the purposes of this section "serious mental illness" 11 means a mental disorder, as defined in the most recent edition of the 12 diagnostic and statistical manual of mental disorders published by 13 the American psychiatric association, that results in serious 14 functional impairment that substantially interferes with or limits 15 one or more major life activities.

16 Sec. 2. RCW 69.41.190 and 2011 1st sp.s. c 15 s 80 are each 17 amended to read as follows:

18 (1) (a) Except as provided in subsection (2) of this section, any pharmacist filling a prescription under a state purchased health care 19 20 program as defined in RCW $41.05.011((\frac{12}{2}))$ shall substitute, where 21 identified, a preferred drug for any nonpreferred drug in a given therapeutic class, unless the endorsing practitioner has indicated on 22 the prescription that the nonpreferred drug must be dispensed as 23 24 written, or the prescription is for ((a)) an initial or subsequent 25 refill of an antipsychotic, antidepressant, antiepileptic, other drug prescribed to the enrollee to treat a serious mental illness, 26 27 chemotherapy, antiretroviral, or immunosuppressive drug, or for the refill of a immunomodulator/antiviral treatment for hepatitis C for 28 which an established, fixed duration of therapy is prescribed for at 29 30 least ((twenty-four)) 24 weeks but no more than ((forty-eight)) 48 31 weeks, in which case the pharmacist shall dispense the prescribed 32 nonpreferred drug.

33 (b) When a substitution is made under (a) of this subsection, the 34 dispensing pharmacist shall notify the prescribing practitioner of 35 the specific drug and dose dispensed.

36 (2)(a) A state purchased health care program may impose limited 37 restrictions on an endorsing practitioner's authority to write a 38 prescription to dispense as written only under the following 39 circumstances: 1 (i) There is statistical or clear data demonstrating the 2 endorsing practitioner's frequency of prescribing dispensed as 3 written for nonpreferred drugs varies significantly from the 4 prescribing patterns of his or her peers;

(ii) The medical director of a state purchased health program 5 6 has: (A) Presented the endorsing practitioner with data that indicates the endorsing practitioner's prescribing patterns vary 7 significantly from his or her peers, (B) provided the endorsing 8 practitioner an opportunity to explain the variation in his or her 9 prescribing patterns to those of his or her peers, and (C) if the 10 11 variation in prescribing patterns cannot be explained, provided the 12 endorsing practitioner sufficient time to change his or her prescribing patterns to align with those of his or her peers; and 13

14 (iii) The restrictions imposed under (a) of this subsection (2) 15 must be limited to the extent possible to reduce variation in 16 prescribing patterns and shall remain in effect only until such time 17 as the endorsing practitioner can demonstrate a reduction in 18 variation in line with his or her peers.

(b) A state purchased health care program may immediately designate an available, less expensive, equally effective generic product in a previously reviewed drug class as a preferred drug, without first submitting the product to review by the pharmacy and therapeutics committee established pursuant to RCW 70.14.050.

(c) For a patient's first course of treatment within a therapeutic class of drugs, a state purchased health care program may impose limited restrictions on endorsing practitioners' authority to write a prescription to dispense as written, only under the following circumstances:

(i) There is a less expensive, equally effective therapeuticalternative generic product available to treat the condition;

(ii) The drug use review board established under WAC 388-530-4000 reviews and provides recommendations as to the appropriateness of the limitation;

(iii) Notwithstanding the limitation set forth in (c)(ii) of this subsection (2), the endorsing practitioner shall have an opportunity to request as medically necessary, that the brand name drug be prescribed as the first course of treatment;

38 (iv) The state purchased health care program may provide, where 39 available, prescription, emergency room, diagnosis, and 40 hospitalization history with the endorsing practitioner; and 1 (v) Specifically for antipsychotic restrictions, the state 2 purchased health care program shall effectively guide good practice 3 without interfering with the timeliness of clinical decision making. 4 Health care authority prior authorization programs must provide for 5 responses within ((twenty-four)) <u>24</u> hours and at least a ((seventy-6 two)) <u>72</u> hour emergency supply of the requested drug.

7 (d) If, within a therapeutic class, there is an equally effective 8 therapeutic alternative over-the-counter drug available, a state 9 purchased health care program may designate the over-the-counter drug 10 as the preferred drug.

11 (e) A state purchased health care program may impose limited 12 restrictions on endorsing practitioners' authority to prescribe 13 pharmaceuticals to be dispensed as written for a purpose outside the 14 scope of their approved labels only under the following 15 circumstances:

16 (i) There is a less expensive, equally effective on-label product 17 available to treat the condition;

(ii) The drug use review board established under WAC 388-530-4000 reviews and provides recommendations as to the appropriateness of the limitation; and

(iii) Notwithstanding the limitation set forth in (e)(ii) of this subsection (2), the endorsing practitioner shall have an opportunity to request as medically necessary, that the drug be prescribed for a covered off-label purpose.

(f) The provisions of this subsection related to the definition of medically necessary, prior authorization procedures and patient appeal rights shall be implemented in a manner consistent with applicable federal and state law.

(3) Notwithstanding the limitations in subsection (2) of this 29 section, for <u>initial or subsequent</u> refills for an antipsychotic, 30 31 antidepressant, antiepileptic, chemotherapy, antiretroviral, or 32 immunosuppressive drug, or for the refill of an immunomodulator antiviral treatment for hepatitis C for which an established, fixed 33 duration of therapy is prescribed for at least ((twenty-four)) 24 34 weeks by no more than ((forty-eight)) 48 weeks, the pharmacist shall 35 36 dispense the prescribed nonpreferred drug.

37 <u>NEW SECTION.</u> Sec. 3. This act takes effect January 1, 2024.

--- END ---