
SUBSTITUTE HOUSE BILL 2408

State of Washington

64th Legislature

2016 Regular Session

By House Health Care & Wellness (originally sponsored by Representatives Jenkins, Clibborn, Caldier, Rodne, Robinson, Short, Johnson, Fitzgibbon, Kagi, Tarleton, and Riccelli)

1 AN ACT Relating to mitigating barriers to patient access to care
2 resulting from health insurance contracting practices; amending RCW
3 41.05.074 and 48.43.016; and providing an effective date.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

5 **Sec. 1.** RCW 41.05.074 and 2015 c 251 s 1 are each amended to
6 read as follows:

7 (1) A health plan offered to public employees and their covered
8 dependents under this chapter that imposes different prior
9 authorization standards and criteria for a covered service among
10 tiers of contracting providers of the same licensed profession in the
11 same health plan shall inform an enrollee which tier an individual
12 provider or group of providers is in by posting the information on
13 its web site in a manner accessible to both enrollees and providers.

14 (2) The health plan may not require prior authorization for an
15 evaluation and management visit or an initial treatment visit with a
16 contracting provider in a new episode of chiropractic, physical
17 therapy, occupational therapy, East Asian medicine, massage therapy,
18 or speech and hearing therapies. Notwithstanding RCW 48.43.515(5)
19 this section may not be interpreted to limit the ability of a health
20 plan to require a referral or prescription for the therapies listed
21 in this section.

1 (3) The health care authority shall post on its web site and
2 provide upon the request of a covered person or contracting provider
3 any prior authorization standards, criteria, or information the
4 health plan uses for medical necessity decisions.

5 (4) A health care provider with whom the administrator of the
6 health plan consults regarding a decision to deny, limit, or
7 terminate a person's covered health care services must hold a
8 license, certification, or registration, in good standing and must be
9 in the same or related health field as the health care provider being
10 reviewed or of a specialty whose practice entails the same or similar
11 covered health care service.

12 (5) The health plan may not require a provider to provide a
13 discount from usual and customary rates for health care services not
14 covered under the health plan, policy, or other agreement, to which
15 the provider is a party.

16 (6) A health plan offered to employees and their covered
17 dependents under this chapter may not require a covered person's cost
18 sharing, including copayments, for chiropractic, physical therapy,
19 occupational therapy, East Asian medicine, massage therapy, or speech
20 and hearing therapies to exceed the cost-sharing amount the plan
21 requires for standard professional services as defined in the plan.

22 (7) For purposes of this section:

23 (a) "New episode of care" means treatment for a new or recurrent
24 condition for which the enrollee has not been treated by the provider
25 within the previous ninety days and is not currently undergoing any
26 active treatment.

27 (b) "Contracting provider" does not include providers employed
28 within an integrated delivery system operated by a carrier licensed
29 under chapter 48.44 or 48.46 RCW.

30 **Sec. 2.** RCW 48.43.016 and 2015 c 251 s 2 are each amended to
31 read as follows:

32 (1) A health carrier that imposes different prior authorization
33 standards and criteria for a covered service among tiers of
34 contracting providers of the same licensed profession in the same
35 health plan shall inform an enrollee which tier an individual
36 provider or group of providers is in by posting the information on
37 its web site in a manner accessible to both enrollees and providers.

38 (2) A health carrier may not require prior authorization for an
39 evaluation and management visit or an initial treatment visit with a

1 contracting provider in a new episode of chiropractic, physical
2 therapy, occupational therapy, East Asian medicine, massage therapy,
3 or speech and hearing therapies. Notwithstanding RCW 48.43.515(5)
4 this section may not be interpreted to limit the ability of a health
5 plan to require a referral or prescription for the therapies listed
6 in this section.

7 (3) A health carrier shall post on its web site and provide upon
8 the request of a covered person or contracting provider any prior
9 authorization standards, criteria, or information the carrier uses
10 for medical necessity decisions.

11 (4) A health care provider with whom a health carrier consults
12 regarding a decision to deny, limit, or terminate a person's covered
13 health care services must hold a license, certification, or
14 registration, in good standing and must be in the same or related
15 health field as the health care provider being reviewed or of a
16 specialty whose practice entails the same or similar covered health
17 care service.

18 (5) A health carrier may not require a provider to provide a
19 discount from usual and customary rates for health care services not
20 covered under a health plan, policy, or other agreement, to which the
21 provider is a party.

22 (6) A health carrier may not require a covered person's cost
23 sharing, including copayments, for chiropractic, physical therapy,
24 occupational therapy, East Asian medicine, massage therapy, or speech
25 and hearing therapies to exceed the cost-sharing amount the carrier
26 requires for primary care.

27 (7) For purposes of this section:

28 (a) "New episode of care" means treatment for a new or recurrent
29 condition for which the enrollee has not been treated by the provider
30 within the previous ninety days and is not currently undergoing any
31 active treatment.

32 (b) "Contracting provider" does not include providers employed
33 within an integrated delivery system operated by a carrier licensed
34 under chapter 48.44 or 48.46 RCW.

35 NEW SECTION. **Sec. 3.** This act takes effect January 1, 2017.

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