## HOUSE BILL 1348

State of Washington 68th Legislature 2023 Regular Session

By Representatives Callan and Macri

AN ACT Relating to establishing behavioral health support specialists; amending RCW 18.130.040 and 18.130.040; adding a new section to chapter 48.43 RCW; adding a new chapter to Title 18 RCW; providing an effective date; and providing expiration dates.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

Sec. 1. The legislature finds that a behavioral 6 NEW SECTION. 7 health support specialist is a new member of the workforce in Washington state trained in the competencies developed by the 8 University of Washington behavioral health support specialist 9 10 clinical training program. The behavioral health support specialist 11 clinical training program is characterized by brief, evidence-based 12 interventions delivered to the intensity and expected duration of the 13 behavioral health problem. The approach features routine outcome 14 monitoring and regular, outcome-focused supervision. Use of 15 behavioral health support specialists in Washington is expected to improve access to behavioral health services and ease workforce 16 17 shortages while helping behavioral health professionals work at the 18 top of their scope of practice.

<u>NEW SECTION.</u> Sec. 2. The definitions in this section apply
 throughout this chapter unless the context clearly requires
 otherwise.

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(1) "Adult" means a person 18 years of age or older.

5 (2) "Applicant" means a person who completes the required 6 application, pays the required fee, is at least 18 years of age, and 7 meets any background check requirements and uniform disciplinary act 8 requirements.

9 (3) "Behavioral health" is a term that encompasses mental health, 10 substance use, and co-occurring disorders.

11 (4) "Behavioral health support specialist" means a person 12 certified to deliver brief, evidence-based interventions with a scope of practice that includes behavioral health under the supervision of 13 a Washington state credentialed provider who has the ability to 14 assess, diagnose, and treat identifiable mental and behavioral health 15 16 conditions as part of their scope of practice. A behavioral health 17 support specialist does not have within their scope of practice the ability to make diagnoses but does track and monitor treatment 18 19 response and outcomes using measurement-based care.

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(5) "Department" means the department of health.

21 (6) "Secretary" means the secretary of health or the secretary's 22 designee.

The department shall partner with the 23 NEW SECTION. Sec. 3. 24 University of Washington department of psychiatry and behavioral sciences and consult with other stakeholders to develop rules to 25 implement this chapter by January 1, 2025, which shall be consistent 26 27 with the University of Washington behavioral health support 28 specialist clinical training program guidelines, and shall include appropriate standards for accreditation of educational programs for 29 30 behavioral health support specialists, which shall include а 31 practicum component and may be integrated into a bachelor's degree 32 program or structured as a continuing education program.

33 <u>NEW SECTION.</u> Sec. 4. A person may not represent themself as a 34 behavioral health support specialist without being certified by the 35 department.

36 <u>NEW SECTION.</u> Sec. 5. Nothing in this chapter shall be construed 37 to prohibit or restrict delivery of behavioral health interventions

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1 by an individual otherwise regulated under this title and performing 2 services within their authorized scope of practice.

3 <u>NEW SECTION.</u> Sec. 6. In addition to any other authority 4 provided by law, the secretary has the authority to:

5 (1) Adopt rules under chapter 34.05 RCW necessary to implement 6 this chapter. Any rules adopted shall be in consultation with the 7 University of Washington;

8 (2) Establish all certification, examination, and renewal fees in 9 accordance with RCW 43.70.250;

10 (3) Establish forms and procedures necessary to administer this 11 chapter;

12 (4) Issue certifications to applicants who have met the 13 education, practicum, and examination requirements for certification 14 and to deny a certification to applicants who do not meet the 15 requirements;

16 (5) Develop, administer, and supervise the grading and taking of 17 an examination for applicants for certification;

18 (6) Adopt rules requiring completion of 20 hours of continuing 19 education every two years after initial certification for 20 certification renewal;

21 (7) Maintain the official record of all applicants and 22 certification holders; and

(8) Establish by rule the procedures for an appeal of anexamination failure.

25 <u>NEW SECTION.</u> Sec. 7. The uniform disciplinary act, chapter 26 18.130 RCW, governs uncertified practice, the issuance and denial of 27 certification, and the discipline of persons certified under this 28 chapter. The secretary shall be the disciplinary authority under this 29 chapter.

30 <u>NEW SECTION.</u> Sec. 8. The secretary shall issue a certification 31 to any applicant who demonstrates to the satisfaction of the 32 secretary that the applicant meets the following requirements:

33 (1) Graduation from a bachelor's degree program;

34 (2) Successful completion of a behavioral health support 35 specialist program that is accredited to meet standards consistent 36 with the University of Washington behavioral health support 37 specialist clinical training program guidelines, including a

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supervised clinical practicum with demonstrated clinical skills in
 core competencies; and

3 (3) Successful completion of an approved jurisprudential 4 examination.

5 <u>NEW SECTION.</u> Sec. 9. (1) The date and location of examinations 6 shall be established by the secretary. Applicants who have been found 7 by the secretary to meet the other requirements for certification 8 shall be scheduled for the next examination following the filing of 9 the application. The secretary shall establish by rule the 10 examination application deadline.

11 (2) The secretary or the secretary's designee shall examine each 12 applicant, by means determined to be most effective, on subjects 13 appropriate to the scope of practice, as applicable. Such 14 examinations shall be limited to the purpose of determining whether 15 the applicant possesses the minimum skill and knowledge necessary to 16 practice competently.

17 (3) The examination papers, all grading of the papers, and the 18 grading of any practical work shall be preserved for a period of not 19 less than one year after the secretary has made and published the 20 decisions. All examinations shall be conducted using fair and wholly 21 impartial methods.

(4) The secretary may approve an examination prepared or administered by a private testing agency or association of licensing agencies for use by an applicant in meeting the certification requirements.

NEW SECTION. Sec. 10. Applications for certification shall be submitted on forms provided by the secretary. The secretary may require any information and documentation which reasonably relates to the need to determine whether the applicant meets the criteria for certification provided for in this chapter and chapter 18.130 RCW. Each applicant shall pay a fee determined by the secretary under RCW 43.70.250. The fee shall accompany the application.

33 <u>NEW SECTION.</u> Sec. 11. The health care authority shall take any 34 steps which are necessary and proper to ensure that the services of 35 behavioral health support specialists are covered under the state 36 medicaid program by January 1, 2025.

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<u>NEW SECTION.</u> Sec. 12. A new section is added to chapter 48.43
 RCW to read as follows:

3 (1) By July 1, 2025, the office of the insurance commissioner 4 shall integrate behavioral health support specialists into its 5 network access standards through enforcement of every category of 6 health care provider provision in RCW 48.43.045.

7 (2) This section expires June 30, 2026.

8 **Sec. 13.** RCW 18.130.040 and 2021 c 179 s 7 are each amended to 9 read as follows:

10 (1) This chapter applies only to the secretary and the boards and 11 commissions having jurisdiction in relation to the professions 12 licensed under the chapters specified in this section. This chapter 13 does not apply to any business or profession not licensed under the 14 chapters specified in this section.

15 (2) (a) The secretary has authority under this chapter in relation 16 to the following professions:

17 (i) Dispensing opticians licensed and designated apprentices 18 under chapter 18.34 RCW;

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(ii) Midwives licensed under chapter 18.50 RCW;

20 (iii) Ocularists licensed under chapter 18.55 RCW;

21 (iv) Massage therapists and businesses licensed under chapter 22 18.108 RCW;

23 (v) Dental hygienists licensed under chapter 18.29 RCW;

24 (vi) Acupuncturists or acupuncture and Eastern medicine 25 practitioners licensed under chapter 18.06 RCW;

26 (vii) Radiologic technologists certified and X-ray technicians 27 registered under chapter 18.84 RCW;

28 (viii) Respiratory care practitioners licensed under chapter 29 18.89 RCW;

30 (ix) Hypnotherapists and agency affiliated counselors registered
 31 and advisors and counselors certified under chapter 18.19 RCW;

32 (x) Persons licensed as mental health counselors, mental health 33 counselor associates, marriage and family therapists, marriage and 34 family therapist associates, social workers, social work associates— 35 advanced, and social work associates—independent clinical under 36 chapter 18.225 RCW;

37 (xi) Persons registered as nursing pool operators under chapter 38 18.52C RCW;

1 (xii) Nursing assistants registered or certified or medication 2 assistants endorsed under chapter 18.88A RCW; (xiii) Dietitians and nutritionists certified under chapter 3 18.138 RCW; 4 (xiv) Substance use disorder professionals, substance use 5 6 disorder professional trainees, or co-occurring disorder specialists 7 certified under chapter 18.205 RCW; (xv) Sex offender treatment providers and certified affiliate sex 8 offender treatment providers certified under chapter 18.155 RCW; 9 (xvi) Persons licensed and certified under chapter 18.73 RCW or 10 RCW 18.71.205; 11 12 (xvii) Orthotists and prosthetists licensed under chapter 18.200 13 RCW; 14 (xviii) Surgical technologists registered under chapter 18.215 15 RCW; 16 (xix) Recreational therapists under chapter 18.230 RCW; 17 (xx) Animal massage therapists certified under chapter 18.240 18 RCW; 19 (xxi) Athletic trainers licensed under chapter 18.250 RCW; (xxii) Home care aides certified under chapter 18.88B RCW; 20 21 (xxiii) Genetic counselors licensed under chapter 18.290 RCW; (xxiv) Reflexologists certified under chapter 18.108 RCW; 22 23 (xxv) Medical assistants-certified, assistantsmedical hemodialysis technician, medical assistants-phlebotomist, forensic 24 25 phlebotomist, and medical assistants-registered certified and 26 registered under chapter 18.360 RCW; ((and)) 27 (xxvi) Behavior analysts, assistant behavior analysts, and 28 behavior technicians under chapter 18.380 RCW; and (xxvii) Behavioral health support specialists certified under 29 chapter 18.--- RCW (the new chapter created in section 15 of this 30 31 <u>act)</u>. 32 (b) The boards and commissions having authority under this chapter are as follows: 33 (i) The podiatric medical board as established in chapter 18.22 34 35 RCW; 36 (ii) The chiropractic quality assurance commission as established 37 in chapter 18.25 RCW; 38 (iii) The dental quality assurance commission as established in 39 chapter 18.32 RCW governing licenses issued under chapter 18.32 RCW,

1 licenses and registrations issued under chapter 18.260 RCW, and 2 certifications issued under chapter 18.350 RCW;

3 (iv) The board of hearing and speech as established in chapter
4 18.35 RCW;

5 (v) The board of examiners for nursing home administrators as 6 established in chapter 18.52 RCW;

7 (vi) The optometry board as established in chapter 18.54 RCW 8 governing licenses issued under chapter 18.53 RCW;

9 (vii) The board of osteopathic medicine and surgery as 10 established in chapter 18.57 RCW governing licenses issued under 11 chapter 18.57 RCW;

12 (viii) The pharmacy quality assurance commission as established 13 in chapter 18.64 RCW governing licenses issued under chapters 18.64 14 and 18.64A RCW;

(ix) The Washington medical commission as established in chapter 16 18.71 RCW governing licenses and registrations issued under chapters 17 18.71 and 18.71A RCW;

18 (x) The board of physical therapy as established in chapter 18.74 19 RCW;

20 (xi) The board of occupational therapy practice as established in 21 chapter 18.59 RCW;

(xii) The nursing care quality assurance commission as established in chapter 18.79 RCW governing licenses and registrations issued under that chapter;

25 (xiii) The examining board of psychology and its disciplinary 26 committee as established in chapter 18.83 RCW;

27 (xiv) The veterinary board of governors as established in chapter 28 18.92 RCW;

(xv) The board of naturopathy established in chapter 18.36A RCW,
 governing licenses and certifications issued under that chapter; and

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(xvi) The board of denturists established in chapter 18.30 RCW.

(3) In addition to the authority to discipline license holders,
 the disciplining authority has the authority to grant or deny
 licenses. The disciplining authority may also grant a license subject
 to conditions.

(4) All disciplining authorities shall adopt procedures to ensure
 substantially consistent application of this chapter, the uniform
 disciplinary act, among the disciplining authorities listed in
 subsection (2) of this section.

1 Sec. 14. RCW 18.130.040 and 2022 c 217 s 5 are each amended to 2 read as follows:

3 (1) This chapter applies only to the secretary and the boards and 4 commissions having jurisdiction in relation to the professions 5 licensed under the chapters specified in this section. This chapter 6 does not apply to any business or profession not licensed under the 7 chapters specified in this section.

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12 (ii) Midwives licensed under chapter 18.50 RCW;

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14 (iv) Massage therapists and businesses licensed under chapter 15 18.108 RCW;

16 (v) Dental hygienists licensed under chapter 18.29 RCW;

17 (vi) Acupuncturists or acupuncture and Eastern medicine 18 practitioners licensed under chapter 18.06 RCW;

19 (vii) Radiologic technologists certified and X-ray technicians 20 registered under chapter 18.84 RCW;

21 (viii) Respiratory care practitioners licensed under chapter 22 18.89 RCW;

(ix) Hypnotherapists and agency affiliated counselors registered
 and advisors and counselors certified under chapter 18.19 RCW;

(x) Persons licensed as mental health counselors, mental health counselor associates, marriage and family therapists, marriage and family therapist associates, social workers, social work associates advanced, and social work associates—independent clinical under chapter 18.225 RCW;

30 (xi) Persons registered as nursing pool operators under chapter 31 18.52C RCW;

32 (xii) Nursing assistants registered or certified or medication 33 assistants endorsed under chapter 18.88A RCW;

34 (xiii) Dietitians and nutritionists certified under chapter 35 18.138 RCW;

36 (xiv) Substance use disorder professionals, substance use 37 disorder professional trainees, or co-occurring disorder specialists 38 certified under chapter 18.205 RCW;

39 (xv) Sex offender treatment providers and certified affiliate sex 40 offender treatment providers certified under chapter 18.155 RCW;

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1 (xvi) Persons licensed and certified under chapter 18.73 RCW or RCW 18.71.205; 2 (xvii) Orthotists and prosthetists licensed under chapter 18.200 3 4 RCW; (xviii) Surgical technologists registered under chapter 18.215 5 6 RCW; 7 (xix) Recreational therapists under chapter 18.230 RCW; (xx) Animal massage therapists certified under chapter 18.240 8 9 RCW; 10 (xxi) Athletic trainers licensed under chapter 18.250 RCW; 11 (xxii) Home care aides certified under chapter 18.88B RCW; 12 (xxiii) Genetic counselors licensed under chapter 18.290 RCW; (xxiv) Reflexologists certified under chapter 18.108 RCW; 13 (xxv) Medical assistants-certified, 14 medical assistants-15 hemodialysis technician, medical assistants-phlebotomist, forensic 16 phlebotomist, and medical assistants-registered certified and 17 registered under chapter 18.360 RCW; 18 (xxvi) Behavior analysts, assistant behavior analysts, and 19 behavior technicians under chapter 18.380 RCW; ((and)) (xxvii) Birth doulas certified under chapter 18.47 RCW; and 20 (xxviii) Behavioral health support specialists certified under 21 chapter 18.--- RCW (the new chapter created in section 15 of this 22 23 act). (b) The boards and commissions having authority under this 24 25 chapter are as follows: 26 (i) The podiatric medical board as established in chapter 18.22 27 RCW; 28 (ii) The chiropractic quality assurance commission as established 29 in chapter 18.25 RCW; (iii) The dental quality assurance commission as established in 30 31 chapter 18.32 RCW governing licenses issued under chapter 18.32 RCW, 32 licenses and registrations issued under chapter 18.260 RCW, and 33 certifications issued under chapter 18.350 RCW; (iv) The board of hearing and speech as established in chapter 34 18.35 RCW; 35 (v) The board of examiners for nursing home administrators as 36 established in chapter 18.52 RCW; 37 38 (vi) The optometry board as established in chapter 18.54 RCW 39 governing licenses issued under chapter 18.53 RCW;

1 (vii) The board of osteopathic medicine and surgery as 2 established in chapter 18.57 RCW governing licenses issued under 3 chapter 18.57 RCW;

4 (viii) The pharmacy quality assurance commission as established
5 in chapter 18.64 RCW governing licenses issued under chapters 18.64
6 and 18.64A RCW;

7 (ix) The Washington medical commission as established in chapter 8 18.71 RCW governing licenses and registrations issued under chapters 9 18.71 and 18.71A RCW;

10 (x) The board of physical therapy as established in chapter 18.74 11 RCW;

12 (xi) The board of occupational therapy practice as established in 13 chapter 18.59 RCW;

14 (xii) The nursing care quality assurance commission as 15 established in chapter 18.79 RCW governing licenses and registrations 16 issued under that chapter;

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19 (xiv) The veterinary board of governors as established in chapter 20 18.92 RCW;

(xv) The board of naturopathy established in chapter 18.36A RCW,
 governing licenses and certifications issued under that chapter; and

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(xvi) The board of denturists established in chapter 18.30 RCW.

(3) In addition to the authority to discipline license holders,
the disciplining authority has the authority to grant or deny
licenses. The disciplining authority may also grant a license subject
to conditions.

(4) All disciplining authorities shall adopt procedures to ensure
 substantially consistent application of this chapter, the uniform
 disciplinary act, among the disciplining authorities listed in
 subsection (2) of this section.

32 <u>NEW SECTION.</u> Sec. 15. Sections 1 through 11 of this act 33 constitute a new chapter in Title 18 RCW.

34 <u>NEW SECTION.</u> Sec. 16. Section 13 of this act expires October 1, 35 2023.

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<u>NEW SECTION.</u> Sec. 17. Section 14 of this act takes effect
 October 1, 2023.

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