HOUSE BILL 1325

State of Washington 67th Legislature 2021 Regular Session

By Representatives Callan and Eslick

AN ACT Relating to implementing policies related to children and youth behavioral health as reviewed and recommended by the children and youth behavioral health work group; and amending RCW 71.24.061 and 74.09.520.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

6 **Sec. 1.** RCW 71.24.061 and 2020 c 291 s 1 are each amended to 7 read as follows:

8 (1) The authority shall provide flexibility to encourage licensed 9 or certified community behavioral health agencies to subcontract with 10 an adequate, culturally competent, and qualified children's mental 11 health provider network.

12 (2) To the extent that funds are specifically appropriated for 13 this purpose or that nonstate funds are available, a children's 14 mental health evidence-based practice institute shall be established 15 the University of Washington department of psychiatry and at behavioral sciences. The institute shall closely collaborate with 16 17 entities currently engaged in evaluating and promoting the use of 18 evidence-based, research-based, promising, or consensus-based 19 practices in children's mental health treatment, including but not 20 limited to the University of Washington department of psychiatry and 21 behavioral sciences, Seattle children's hospital, the University of

Washington school of nursing, the University of Washington school of social work, and the Washington state institute for public policy. To ensure that funds appropriated are used to the greatest extent possible for their intended purpose, the University of Washington's indirect costs of administration shall not exceed ten percent of appropriated funding. The institute shall:

7 Improve the implementation of evidence-based and (a) research-based practices by providing sustained and effective 8 and consultation to licensed children's mental health 9 training providers and child-serving agencies who are implementing 10 11 evidence-based or researched-based practices for treatment of 12 children's emotional or behavioral disorders, or who are interested in adapting these practices to better serve ethnically or culturally 13 diverse children. Efforts under this subsection should include a 14 focus on appropriate oversight of implementation of evidence-based 15 16 practices to ensure fidelity to these practices and thereby achieve 17 positive outcomes;

(b) Continue the successful implementation of the "partnerships for success" model by consulting with communities so they may select, implement, and continually evaluate the success of evidence-based practices that are relevant to the needs of children, youth, and families in their community;

(c) Partner with youth, family members, family advocacy, and culturally competent provider organizations to develop a series of information sessions, literature, and online resources for families to become informed and engaged in evidence-based and research-based practices;

(d) Participate in the identification of outcome-based performance measures under RCW 71.36.025(2) and partner in a statewide effort to implement statewide outcomes monitoring and quality improvement processes; and

32 (e) Serve as a statewide resource to the authority and other 33 entities on child and adolescent evidence-based, research-based, 34 promising, or consensus-based practices for children's mental health 35 treatment, maintaining a working knowledge through ongoing review of 36 academic and professional literature, and knowledge of other 37 evidence-based practice implementation efforts in Washington and 38 other states.

(3) (a) To the extent that funds are specifically appropriated forthis purpose, the authority in collaboration with the University of

1 Washington department of psychiatry and behavioral sciences and 2 Seattle children's hospital shall <u>implement the following access</u> 3 <u>lines</u>:

4 (i) ((Implement a)) The partnership access line to support
5 primary care providers in the assessment and provision of appropriate
6 diagnosis and treatment of children with mental and behavioral health
7 disorders and track outcomes of this program;

8 (ii) ((Beginning January 1, 2019, implement a two-year pilot
9 program to:

(A) Create the)) The partnership access line for moms to support 10 obstetricians, pediatricians, primary care providers, mental health 11 12 professionals, and other health care professionals providing care to and new mothers through same-day telephone 13 pregnant women consultations in the assessment and provision of appropriate 14 diagnosis and treatment of depression in pregnant women and new 15 16 mothers; and

17 ((B) Create the partnership access line for kids referral and assistance service)) (iii) The mental health referral service for 18 children and teens to facilitate referrals to children's mental 19 health services and other resources for parents and guardians with 20 21 concerns related to the mental health of the parent or guardian's 22 child. Facilitation activities include assessing the level of services needed by the child; within seven days of receiving a call 23 from a parent or guardian, identifying mental health professionals 24 25 who are in-network with the child's health care coverage who are 26 accepting new patients and taking appointments; coordinating contact between the parent or guardian and the mental health professional; 27 28 and providing postreferral reviews to determine if the child has outstanding needs. In conducting its referral activities, the program 29 shall collaborate with existing databases and resources to identify 30 31 in-network mental health professionals.

32 (b) The program activities described in (a)(((i) and (a)(ii)(A))) 33 of this subsection shall be designed to promote more accurate 34 diagnoses and treatment through timely case consultation between 35 primary care providers and child psychiatric specialists, and focused 36 educational learning collaboratives with primary care providers.

37 (4) The authority, in collaboration with the University of
 38 Washington department of psychiatry and behavioral sciences and
 39 Seattle children's hospital, shall report on the following:

(a) The number of individuals who have accessed the resources
 described in subsection (3) of this section;

3 (b) The number of providers, by type, who have accessed the 4 resources described in subsection (3) of this section;

5 (c) Demographic information, as available, for the individuals 6 described in (a) of this subsection. Demographic information may not 7 include any personally identifiable information and must be limited 8 to the individual's age, gender, and city and county of residence;

(d) A description of resources provided;

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10 (e) Average time frames from receipt of call to referral for 11 services or resources provided; and

(f) Systemic barriers to services, as determined and defined by the health care authority, the University of Washington department of psychiatry and behavioral sciences, and Seattle children's hospital.

15 (5) Beginning December 30, 2019, and annually thereafter, the 16 authority must submit, in compliance with RCW 43.01.036, a report to 17 the governor and appropriate committees of the legislature with 18 findings and recommendations for improving services and service 19 delivery from subsection (4) of this section.

20 (6) The authority shall enforce requirements in managed care 21 contracts to ensure care coordination and network adequacy issues are 22 addressed in order to remove barriers to access to mental health 23 services identified in the report described in subsection (4) of this 24 section.

25 (((7) Subsections (4) through (6) of this section expire January 26 1, 2021.))

27 Sec. 2. RCW 74.09.520 and 2017 c 202 s 4 are each amended to 28 read as follows:

(1) The term "medical assistance" may include the following care 29 and services subject to rules adopted by the authority or department: 30 31 (a) Inpatient hospital services; (b) outpatient hospital services; 32 (c) other laboratory and X-ray services; (d) nursing facility services; (e) physicians' services, which shall include prescribed 33 medication and instruction on birth control devices; (f) medical 34 care, or any other type of remedial care as may be established by the 35 secretary or director; (g) home health care services; (h) private 36 duty nursing services; (i) dental services; (j) physical 37 and 38 occupational therapy and related services; (k) prescribed drugs, dentures, and prosthetic devices; and eyeglasses prescribed by a 39

physician skilled in diseases of the eye or by an optometrist, 1 whichever the individual may select; (1) personal care services, as 2 provided in this section; (m) hospice services; (n) other diagnostic, 3 screening, preventive, and rehabilitative services; and (o) 4 like services when furnished to a child by a school district in a manner 5 6 consistent with the requirements of this chapter. For the purposes of this section, neither the authority nor the department may cut off 7 any prescription medications, oxygen supplies, respiratory services, 8 or other life-sustaining medical services or supplies. 9

10 "Medical assistance," notwithstanding any other provision of law, 11 shall not include routine foot care, or dental services delivered by 12 any health care provider, that are not mandated by Title XIX of the 13 social security act unless there is a specific appropriation for 14 these services.

15 (2) The department shall adopt, amend, or rescind such 16 administrative rules as are necessary to ensure that Title XIX 17 personal care services are provided to eligible persons in 18 conformance with federal regulations.

(a) These administrative rules shall include financial
eligibility indexed according to the requirements of the social
security act providing for medicaid eligibility.

(b) The rules shall require clients be assessed as having a medical condition requiring assistance with personal care tasks. Plans of care for clients requiring health-related consultation for assessment and service planning may be reviewed by a nurse.

(c) The department shall determine by rule which clients have a health-related assessment or service planning need requiring registered nurse consultation or review. This definition may include clients that meet indicators or protocols for review, consultation, or visit.

31 (3) The department shall design and implement a means to assess 32 the level of functional disability of persons eligible for personal 33 care services under this section. The personal care services benefit shall be provided to the extent funding is available according to the 34 assessed level of functional disability. Any reductions in services 35 36 made necessary for funding reasons should be accomplished in a manner that assures that priority for maintaining services is given to 37 persons with the greatest need as determined by the assessment of 38 39 functional disability.

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(4) Effective July 1, 1989, the authority shall offer hospice
 services in accordance with available funds.

3 (5) For Title XIX personal care services administered by aging 4 and disability services administration of the department, the 5 department shall contract with area agencies on aging:

6 (a) To provide case management services to individuals receiving 7 Title XIX personal care services in their own home; and

8 (b) To reassess and reauthorize Title XIX personal care services 9 or other home and community services as defined in RCW 74.39A.009 in 10 home or in other settings for individuals consistent with the intent 11 of this section:

(i) Who have been initially authorized by the department to receive Title XIX personal care services or other home and community services as defined in RCW 74.39A.009; and

15 (ii) Who, at the time of reassessment and reauthorization, are 16 receiving such services in their own home.

17 (6) In the event that an area agency on aging is unwilling to 18 enter into or satisfactorily fulfill a contract or an individual 19 consumer's need for case management services will be met through an 20 alternative delivery system, the department is authorized to:

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(a) Obtain the services through competitive bid; and

(b) Provide the services directly until a qualified contractorcan be found.

(7) Subject to the availability of amounts appropriated for this specific purpose, the authority may offer medicare part D prescription drug copayment coverage to full benefit dual eligible beneficiaries.

(8) Effective January 1, 2016, the authority shall require
universal screening and provider payment for autism and developmental
delays as recommended by the bright futures guidelines of the
American academy of pediatrics, as they existed on August 27, 2015.
This requirement is subject to the availability of funds.

(9) Subject to the availability of amounts appropriated for this specific purpose, effective January 1, 2018, the authority shall require provider payment for annual depression screening for youth ages twelve through eighteen as recommended by the bright futures guidelines of the American academy of pediatrics, as they existed on January 1, 2017. Providers may include, but are not limited to, primary care providers, public health nurses, and other providers in a clinical setting. This requirement is subject to the availability
 of funds appropriated for this specific purpose.

3 (10) Subject to the availability of amounts appropriated for this 4 specific purpose, effective January 1, 2018, the authority shall 5 require provider payment for maternal depression screening for 6 mothers of children ages birth to six months. This requirement is 7 subject to the availability of funds appropriated for this specific 8 purpose.

9 <u>(11) Subject to the availability of amounts appropriated for this</u> 10 <u>specific purpose, the authority shall:</u>

11 (a) Allow otherwise eligible reimbursement for the following 12 related to mental health assessment and diagnosis of children from 13 birth through five years of age:

14 (i) Up to five sessions for purposes of intake and assessment, if 15 necessary;

16 <u>(ii) Assessments in home or community settings, including</u> 17 <u>reimbursement for provider travel; and</u>

18 (b) Require providers to use the current version of the DC:0-5
19 diagnostic classification system for mental health assessment and
20 diagnosis of children from birth through five years of age.

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