

No. R-115. House concurrent resolution congratulating Westminster Cares, Inc. on its 25th anniversary.

(H.C.R.77)

Offered by: Representatives Mrowicki of Putney and Deen of Westminster

Offered by: Senator White

Whereas, Westminster Cares is a volunteer community service organization established 25 years ago and based in Westminster with a mission to work with “seniors and disabled adults in Westminster, Vermont to help them remain healthy and independent in the community,” and

Whereas, the organization fulfills this mission through a schedule of specific programs and services for its clientele, and

Whereas, the programs that Westminster Cares offers include Secrets of Healthy Aging, a discussion group for seniors; Living Strong, a community-based group exercise program; Gentle Yoga, a regular schedule of yoga classes; The Artist in Each of Us, art classes for seniors; Healthy Food Workshops, a series of occasional seminars on the benefits of nutritious meals that participants prepare under the guidance of an experienced cook; and Wednesday Walkers, a walking program, and

Whereas, Westminster Cares services also consist of transportation for local residents age 60 and adults with disabilities for local health, shopping, and personal appointments; Meals on Wheels from Monday through Friday for qualified individuals; home heating assistance through a specially established fund as well as assistance in finding alternative funding sources; friendly visits by volunteers to persons living alone and in need of social contact; information and referral services to assist residents to continue living at home; home health care equipment loans, offering items such as walkers and wheelchairs; a monthly potluck lunch for seniors; and a chores service offering assistance with yard work and simple home repairs, and

Whereas, in commemoration of its 25th anniversary, Westminster Cares is conducting several celebratory events including a speaker series featuring *New York Times* columnist Jane Brody and Dartmouth Medical School faculty member Dennis McCullough, both of whom have written about end-of-life issues, and Vermont Public Radio commentator Willem Lange, and

Whereas, Westminster Cares’ founder Karen Walter and Ronnie Friedman, who has devoted ten years of service to the organization, will each be honored, now therefore be it

Resolved by the Senate and House of Representatives:

That the General Assembly congratulates Westminster Cares, Inc. on its 25th anniversary and wishes it continued success in its important community service work, and be it further

Resolved: That the Secretary of State be directed to send a copy of this resolution to Westminster Cares, Inc.