

No. R-44. House concurrent resolution designating February 6, 2015, as Wear Red Day in Vermont.

(H.C.R.28)

Offered by: Representatives Krowinski of Burlington, Ram of Burlington, Clarkson of Woodstock, Batchelor of Derby, Berry of Manchester, Bissonnette of Winooski, Botzow of Pownal, Buxton of Tunbridge, Cole of Burlington, Conquest of Newbury, Dakin of Chester, Dakin of Colchester, Davis of Washington, Dickinson of St. Albans Town, Donovan of Burlington, Ellis of Waterbury, Evans of Essex, Fields of Bennington, Frank of Underhill, French of Randolph, Haas of Rochester, Huntley of Cavendish, Keenan of St. Albans City, Kitzmiller of Montpelier, LaLonde of South Burlington, Lenex of Shelburne, Long of Newfane, Lucke of Hartford, Macaig of Williston, Martin of Wolcott, Masland of Thetford, McCormack of Burlington, McCoy of Poultney, Miller of Shaftsbury, Morris of Bennington, Potter of Clarendon, Pugh of South Burlington, Rachelson of Burlington, Russell of Rutland City, Sheldon of Middlebury, Sweaney of Windsor, Till of Jericho, Toleno of Brattleboro, Townsend of South Burlington, and Walz of Barre City

Offered by: Senators Lyons and Ayer

Whereas, heart disease is the number one killer of women, yet 80 percent of cardiac events can be prevented, and

Whereas, cardiovascular disease is the cause of one-third of the deaths of women who die each year, and one woman dies of cardiovascular disease approximately every minute, and

Whereas, an estimated 44 million women in the U.S. are affected by cardiovascular diseases, and

Whereas, 90 percent of women have one or more risk factors for developing heart disease, yet only one in five American women believes that heart disease is her greatest health threat, and

Whereas, since 1984, more women than men have died each year from heart disease, and

Whereas, women comprise only 24 percent of participants in all heart-related studies, and

Whereas, only 43 percent of African American women and 44 percent of Hispanic women know that heart disease is their greatest health risk, compared with 60 percent of Caucasian women, and

Whereas, nearly 90 percent of women involved with the American Heart Association's Go Red For Women movement have made at least one healthy behavior change, and

Whereas, Go Red for Women is asking all Americans to Go Red by wearing red, and

Whereas, the Go Red for Women campaign is asking every woman to have her blood pressure and cholesterol checked, stop smoking, lose weight, exercise, eat healthfully, teach her children

the importance of staying active, and be aware that heart disease is the number one killer of women, and

Whereas, increasing awareness, speaking up about heart disease, and empowering women to reduce their risk for cardiovascular disease can save thousands of lives each year, now therefore be it

Resolved by the Senate and House of Representatives:

That the General Assembly designates February 6, 2015, as Wear Red Day in Vermont, and be it further

Resolved: That the Secretary of State be directed to send a copy of this resolution to the American Heart Association-American Stroke Association in Williston.