

1 **WEAR RED MONTH CONCURRENT RESOLUTION**

2 2011 GENERAL SESSION

3 STATE OF UTAH

4 **Chief Sponsor: Karen Mayne**

5 House Sponsor: Ronda Rudd Menlove

7 **LONG TITLE**

8 **General Description:**

9 This concurrent resolution of the Legislature and the Governor designates February as
10 Wear Red Month in recognition of the fight against heart disease among women.

11 **Highlighted Provisions:**

12 This resolution:

13 ▶ designates February as Wear Red Month in the state of Utah and urges all citizens
14 to show their support for women and the fight against heart disease by wearing the
15 color red; and

16 ▶ declares that increasing awareness, speaking up about heart disease, and
17 empowering women to reduce their risk of cardiovascular disease, can save
18 thousands of lives every year.

19 **Special Clauses:**

20 None

22 *Be it resolved by the Legislature of the state of Utah, the Governor concurring therein:*

23 WHEREAS, diseases of the heart are the nation's leading cause of death and strokes are
24 the third leading cause of death;

25 WHEREAS, cardiovascular disease claims the lives of over 421,000 American females
26 each year, or approximately one death per minute;

27 WHEREAS, each year, females account for 52% of all deaths due to cardiovascular
28 disease and 60% of deaths caused by strokes;

29 WHEREAS, too many women die each year because they are unaware that heart

30 disease is their number one killer;

31 WHEREAS, in 2007, the direct and indirect costs of cardiovascular disease in the
32 United States, including strokes, were estimated to be \$286,000,000,000;

33 WHEREAS, nearly as many women die of heart disease, strokes, and all other
34 cardiovascular diseases than the next four leading causes of death combined, including all
35 cancers;

36 WHEREAS, only 16% of women surveyed in 2009 identified cardiovascular diseases
37 as the greatest health problem facing them;

38 WHEREAS, February is designated as American Heart Month;

39 WHEREAS, Go Red For Women is the American Heart Association's national call to
40 increase awareness about heart disease, the leading cause of death for women, and to inspire
41 women to take charge of their heart health;

42 WHEREAS, each woman should learn her own personal risk for heart disease, using
43 tools such as the American Heart Association's My Life Check, Go Red For Women Heart
44 Check Up, Go Red For Women Better U, and by talking to her healthcare provider; and

45 WHEREAS, making the right choices relating to proper nutrition, physical activity, and
46 other healthy lifestyle choices are essential to living a heart healthy life:

47 NOW, THEREFORE, BE IT RESOLVED that the Legislature of the state of Utah, the
48 Governor concurring therein, designate February as Wear Red Month in the state of Utah and
49 urge all citizens to show their support for women and their fight against heart disease by
50 commemorating this month by wearing the color red.

51 BE IT FURTHER RESOLVED that the Legislature and the Governor declare that by
52 increasing awareness, speaking up about heart disease, and empowering women to reduce their
53 risk of cardiovascular disease, thousands of lives can be saved every year.

54 BE IT FURTHER RESOLVED that a copy of this resolution be sent to the American
55 Heart Association, the Utah Chapter of the American Heart Association, and to the Utah
56 Department of Health.