

116TH CONGRESS  
2D SESSION

# H. RES. 874

Expressing support for the annual Heart Valve Disease Awareness Day on  
February 22, 2020, coinciding with American Heart Month.

---

## IN THE HOUSE OF REPRESENTATIVES

FEBRUARY 27, 2020

Mrs. BEATTY submitted the following resolution; which was referred to the  
Committee on Energy and Commerce

---

## RESOLUTION

Expressing support for the annual Heart Valve Disease  
Awareness Day on February 22, 2020, coinciding with  
American Heart Month.

Whereas as many as 11,600,000 people in the United States  
have heart valve disease, which involves damage to one or  
more of the heart's valves and can reduce blood flow,  
causing the heart to work harder and the body to get less  
oxygen;

Whereas around 25,000 people in the United States die from  
heart valve disease every year;

Whereas more than 1 in 10 people age 75 and older are esti-  
mated to have moderate to severe valve disease;

Whereas if not treated, some forms of heart valve disease can  
lead to major health problems including decreased mobil-

ity, disability, loss of independence, heart failure, stroke, blood clotting, or even death;

Whereas when aortic stenosis, a common form of valve disease, becomes severe, the average survival rate without surgical intervention is as low as 50 percent at 2 years after the onset of symptoms and 20 percent at 5 years after such onset;

Whereas symptoms of heart valve disease such as shortness of breath, excessive fatigue, and fainting are often dismissed as normal aspects of aging;

Whereas people are at higher risk of developing heart valve disease if they have high blood pressure, high cholesterol, insulin resistance, diabetes, coronary heart disease, a congenital heart abnormality or family history of valve disease, a history of heart problems like heart attack or heart failure, rheumatic fever or infective endocarditis, or previous valve disease;

Whereas people are also at higher risk of developing heart valve disease if they are a smoker, overweight or obese, get little physical activity or exercise, or are older in age;

Whereas heart valve disease, with proper education and awareness, can often be detected through a simple physical exam and treated with either valve repair or valve replacement; and

Whereas February 22, 2020, is the designated day to observe National Heart Valve Disease Awareness Day: Now, therefore, be it

1       *Resolved*, That the House of Representatives sup-  
2 ports—

- 1           (1) the goals of National Heart Valve Disease
- 2           Awareness Day;
- 3           (2) increasing recognition of the specific risks
- 4           and symptoms of heart valve disease; and
- 5           (3) improving detection and treatment of heart
- 6           valve disease.

○