

114TH CONGRESS
1ST SESSION

H. RES. 328

Commemorating the inaugural “International Yoga Day” on June 21.

IN THE HOUSE OF REPRESENTATIVES

JUNE 18, 2015

Ms. GABBARD (for herself, Mr. FITZPATRICK, Mr. ISRAEL, Mr. LEWIS, Mr. RYAN of Ohio, Mr. LARSEN of Washington, Mr. McDERMOTT, Mr. CROWLEY, and Mr. SMITH of Washington) submitted the following resolution; which was referred to the Committee on Oversight and Government Reform

RESOLUTION

Commemorating the inaugural “International Yoga Day” on
June 21.

Whereas the United Nations adopted the resolution on “Yoga Day” (A/ReS/69/131) on December 11, 2014, which proclaimed that June 21 is the “International Day of Yoga”;

Whereas the practicing of yoga will help promote better health among the global population and help encourage the need for healthier choices and lifestyles; and

Whereas Prime Minister of India Narendra Modi addressed the United Nations General Assembly on September 27, 2014, on the adoption of an International Yoga Day, stating, “Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and

action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature.”: Now, therefore, be it

- 1 *Resolved*, That the House of Representatives—
- 2 (1) commemorates the inaugural “International
- 3 Yoga Day”;
- 4 (2) supports the ideals that “International
- 5 Yoga Day” represents; and
- 6 (3) encourages all individuals to participate in
- 7 “International Yoga Day”.

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