

117TH CONGRESS
2D SESSION

H. RES. 1454

Expressing support for the recognition of the week of November 6 through November 13, 2022, as “Drowsy Driving Prevention Week”.

IN THE HOUSE OF REPRESENTATIVES

NOVEMBER 3, 2022

Ms. DEAN (for herself, Mr. FITZPATRICK, and Ms. BLUNT ROCHESTER) submitted the following resolution; which was referred to the Committee on Transportation and Infrastructure

RESOLUTION

Expressing support for the recognition of the week of November 6 through November 13, 2022, as “Drowsy Driving Prevention Week”.

Whereas the Centers for Disease Control and Prevention defines drowsy driving as “operating a motor vehicle while fatigued or sleepy”;

Whereas drowsy driving creates serious risk on the road by making drivers less attentive, slowing reaction times, and affecting his or her ability to make decisions;

Whereas the National Safety Council considers drowsy driving to be a profound impairment that mimics alcohol-impaired driving in many ways, including impaired attention, mental processing, judgment, and decision making;

Whereas studies show that being awake for 18 hours results in impairment equivalent or worse than a blood alcohol content (BAC) of 0.05 percent and being awake for 24 hours results in a BAC of 0.1 percent, higher than the legal limit of 0.08 percent BAC in all States;

Whereas the National Sleep Foundation advises that healthy adults need between 7 and 9 hours of sleep per night;

Whereas drivers who work the night shift, work multiple jobs, or have irregular work schedules are at increased risk for motor vehicle crashes caused by drowsy driving;

Whereas the National Sleep Foundation found that 60 percent of adult drivers reported driving while drowsy in the past year and an estimated 1 in 25 adult drivers (aged 18 or older) reported having fallen asleep while driving in the previous 30 days;

Whereas an estimated 328,000 crashes and 21 percent of all fatal crashes annually, 6,400 deaths per year, involve a drowsy driver;

Whereas the National Highway Traffic Safety Administration conservatively estimates that 100,000 police-reported crashes each year are caused primarily by drowsy driving and that such crashes result in more than 1,550 deaths, 71,000 injuries, and \$12,500,000,000 in monetary losses;

Whereas numerous States across the Nation promote and participate in Drowsy Driving Prevention Week;

Whereas Drowsy Driving Prevention Week informs communities about preventative measures against drowsy driving such as improving overall sleep habits and avoiding medication that causes drowsiness;

Whereas the goal of Drowsy Driving Prevention Week is to reduce the number of drivers who drive while sleep deprived; and

Whereas drowsy driving deaths are preventable, and lives can be saved through awareness, prevention, and intervention: Now, therefore, be it

1 *Resolved*, That the House of Representatives—

2 (1) supports the designation of “Drowsy Driv-
3 ing Prevention Week” to raise awareness about the
4 dangers of drowsy driving; and

5 (2) encourages people across the United States
6 to take preventable steps against drowsy driving.

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