

114TH CONGRESS  
1ST SESSION

# H. R. 1499

To provide for the publication by the Secretary of Health and Human Services of physical activity recommendations for Americans.

---

## IN THE HOUSE OF REPRESENTATIVES

MARCH 19, 2015

Mr. KIND (for himself and Mr. MEEHAN) introduced the following bill; which was referred to the Committee on Energy and Commerce

---

## A BILL

To provide for the publication by the Secretary of Health and Human Services of physical activity recommendations for Americans.

1 *Be it enacted by the Senate and House of Representa-*  
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Physical Activities Rec-  
5 ommendations for Americans Act of 2015”.

6 **SEC. 2. PHYSICAL ACTIVITY RECOMMENDATIONS FOR**  
7 **AMERICANS.**

8 (a) REPORTS.—

9 (1) IN GENERAL.—Not later than December 31,  
10 2018, and at least every 10 years thereafter, the

1 Secretary of Health and Human Services (referred  
2 to in this section as the “Secretary”) shall publish  
3 a report that provides physical activity recommenda-  
4 tions for the people of the United States. Each such  
5 report shall contain physical activity information and  
6 recommendations for consideration and use by the  
7 general public, and shall be considered, as applicable  
8 and appropriate, by relevant Federal agencies in car-  
9 rying out relevant Federal health programs.

10 (2) BASIS OF RECOMMENDATIONS.—The infor-  
11 mation contained in each report required under  
12 paragraph (1) shall be based on the most current  
13 evidence-based scientific and medical knowledge at  
14 the time the report is prepared, and shall include ad-  
15 ditional information for population subgroups, such  
16 as children or individuals with disabilities, if sci-  
17 entific and medical evidence indicates that physical  
18 activity recommendations vary in such a manner  
19 that such stratification is warranted.

20 (3) UPDATE REPORTS.—Not later than 5 years  
21 after the publication of the first report under para-  
22 graph (1), and every 10 years thereafter, the Sec-  
23 retary shall publish an update report detailing evi-  
24 dence-based practices and highlighting continuing  
25 issues with respect to physical activity. The contents

1 of reports under this paragraph may focus on a par-  
2 ticular group, subsection, or other division of the  
3 general public or on a particular issue relating to  
4 physical activity.

5 (b) INTERACTION WITH OTHER RECOMMENDA-  
6 TIONS.—Federal agencies proposing to issue physical ac-  
7 tivity recommendations that differ from the recommenda-  
8 tions in the most recent report published under subsection  
9 (a)(1) shall submit such proposed recommendations to the  
10 Secretary for review, and as appropriate, approval, to en-  
11 sure that such recommendations are either consistent with  
12 the physical activity recommendations published under  
13 such subsection or based on the most current evidence-  
14 based scientific and medical knowledge.

15 (c) EXISTING AUTHORITY NOT AFFECTED.—This  
16 section is not intended to limit the support of biomedical  
17 research by any Federal agency or to limit the presen-  
18 tation or communication of scientific or medical findings  
19 or review of such findings by any Federal agency.

○