

HOUSE RESOLUTION 185

By Gilmore

A RESOLUTION to recognize the American Heart Association's annual National Wear Red Day<sup>®</sup> on February 2, 2018.

WHEREAS, cardiovascular diseases kill one in three women in the United States, yet eighty percent of cardiovascular diseases may be prevented; and

WHEREAS, cardiovascular diseases and stroke kill one woman every eighty seconds in the United States; and

WHEREAS, an estimated 44 million women in the U.S. are affected by cardiovascular diseases; and

WHEREAS, ninety percent of women have one or more risk factors for developing heart disease or stroke; and

WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

WHEREAS, only thirty-six percent of African-American women and thirty-four percent of Hispanic women know that heart disease is their greatest health risk, compared with sixty-five percent of Caucasian women; and

WHEREAS, the American Heart Association's Go Red For Women<sup>®</sup> movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, women involved with the Go Red For Women<sup>®</sup> movement live healthier lives; and

WHEREAS, Go Red For Women<sup>®</sup> encourages women to take control of their heart health by knowing and managing these five numbers:

- 1.
2. Total Cholesterol
3. HDL (good) Cholesterol
4. Blood Pressure
5. Blood Sugar
6. Body Mass Index (BMI); and

WHEREAS, the health of all Tennessee women is of paramount importance, and it is fitting that this body join with the American Heart Association to raise awareness of the prevalence of cardiovascular diseases in the lives of women and encourage women to take preventive measures in their lives; now, therefore,

BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE ONE HUNDRED TENTH GENERAL ASSEMBLY OF THE STATE OF TENNESSEE, that we hereby honor and recognize the American Heart Association's National Wear Red Day<sup>®</sup> on February 2, 2018, and applaud the effort put forth by this organization on behalf of women to raise awareness of heart disease and save countless lives.

BE IT FURTHER RESOLVED, that an appropriate copy of this resolution be prepared for presentation with this final clause omitted from such copy.