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STATE OF RHODE ISLAND

IN GENERAL ASSEMBLY

JANUARY SESSION, A.D. 2016

H O U S E R E S O L U T I O N

**PROCLAIMING FEBRUARY 2016, TO BE "HEART HEALTH MONTH" IN THE STATE OF
RHODE ISLAND**

Introduced By: Representatives Bennett, Naughton, Kennedy, McNamara, and Hull

Date Introduced: February 04, 2016

Referred To: House read and passed

1 WHEREAS, Diseases of the heart are the nation's leading cause of death, and stroke is
2 the third leading cause of death; and

3 WHEREAS, Cardiovascular disease claims the lives of nearly 455,000 American women
4 and men each year, approximately one death per minute; and

5 WHEREAS, Each year, 53 percent of all deaths occurring in women and men are due to
6 cardiovascular disease and 61 percent are due to stroke; and

7 WHEREAS, Each year the direct and indirect cost of cardiovascular diseases in the
8 United States, including stroke, is estimated to be over \$500 billion; and

9 WHEREAS, More women and men die of heart disease, stroke, and all other
10 cardiovascular diseases than the next five leading causes of death combined, including all
11 cancers; and

12 WHEREAS, Few women and men consider cardiovascular disease their greatest health
13 risk; and

14 WHEREAS, February is designated as American Heart Month; and

15 WHEREAS, Go Red is the American Heart Association's national call to increase
16 awareness about heart disease—the leading cause of death for women and men—and to inspire
17 them to take charge of their heart health; and

18 WHEREAS, All women and men should learn their own personal risk for heart disease,
19 using tools such as the American Heart Association's Heart CheckUp and by talking to their

1 healthcare provider; and

2 WHEREAS, Making the right choices relating to proper nutrition, physical activity,
3 doctor visits, and other lifestyle methods is essential to living a heart healthy life; now, therefore
4 be it

5 RESOLVED, That this House of Representatives of the State of Rhode Island and
6 Providence Plantations, in recognition of the importance of the ongoing fight against heart disease
7 and stroke, hereby proclaims February, 2016, to be "Heart Health Month" and urges all citizens to
8 show their support for the fight against heart disease by commemorating this month with the
9 wearing of the color red. By increasing awareness, we will reduce risk for cardiovascular diseases
10 and save thousands of lives each year; and be it further

11 RESOLVED, That the Secretary of State be and hereby is authorized and directed to
12 transmit duly certified copies of this resolution to the National Office of the American Heart
13 Association and to the Founders Affiliate of the American Heart Association.

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