## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## SENATE RESOLUTIONNo.282Session of<br/>2024

INTRODUCED BY TARTAGLIONE, SCHWANK, HUGHES, STREET, FONTANA, MARTIN, HAYWOOD, CULVER, COMITTA, DILLON, BROWN, SANTARSIERO, VOGEL, MASTRIANO AND ROBINSON, MAY 17, 2024

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, MAY 17, 2024

## A RESOLUTION

1 2	Recognizing the month of May 2024 as "Mental Health Awareness Month" in Pennsylvania.
3	WHEREAS, There are currently millions of Americans with
4	mental health conditions and an estimated 1.8 million adults in
5	Pennsylvania have a mental health condition according to the
6	National Alliance on Mental Illness; and
7	WHEREAS, More than 1 in 5 American adults live with a mental
8	illness and 1 in 5 United States adolescents 13 to 18 years of
9	age is either currently dealing with or at some point suffered
10	from a seriously debilitating mental illness; and
11	WHEREAS, About 5% of United States adults live with a serious
12	mental illness such as schizophrenia, bipolar disorder or major
13	depression, including an estimated 447,000 Pennsylvanians; and
14	WHEREAS, Mental illness is subject to change over time and
15	can happen to anybody from any background, although common risk
16	factors include adverse child experiences, trauma, history of
17	abuse, substance use, chronic medical conditions and other

1 social and biological factors; and

2 WHEREAS, Mental health conditions can create serious daily 3 social-emotional challenges for those that live with them and 4 also play an inexorable role in physical health, particularly 5 increasing the risk of conditions like diabetes, asthma, heart 6 disease and stroke; and

7 WHEREAS, While public opinion has become much more informed 8 and accepting of mental health issues in the last decade, the 9 way our health institutions, businesses, schools and governments 10 respond to our growing understanding of mental health still 11 leaves much room for improvement; and

12 WHEREAS, Since its inception in 1949, "Mental Health Awareness Month" has been a time for the public and our 13 institutions to address mental health challenges and is 14 15 celebrated by organizations such as the United States Department 16 of Health and Human Services' Substance Abuse and Mental Health Services Administration, the National Institute of Mental 17 18 Health, the American Hospital Association and many others; and 19 WHEREAS, Recognition of "Mental Health Awareness Month" reflects and furthers a national movement dedicated to 20 eradicating stigma, extending support, fostering public 21 education and advocating for policies that prioritize the well-22 23 being of individuals and families affected by mental illness; 24 therefore be it

25 RESOLVED, That the Senate recognize May 2024 as "Mental 26 Health Awareness Month" in Pennsylvania to recognize the 27 importance of mental health to individual well-being; and be it 28 further

29 RESOLVED, That the Senate pursue policies that promote the 30 mental health of all of this Commonwealth's residents and its

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- 1 parity with physical health in providing mental health
- 2 resources, education, treatment and insurance coverage.