THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 265

Session of 2018

INTRODUCED BY TARTAGLIONE, BAKER, SABATINA, BROOKS, BROWNE, FONTANA, RESCHENTHALER, GREENLEAF, WARD, DINNIMAN, FARNESE, WHITE, KILLION, SCAVELLO, YUDICHAK, AUMENT, RAFFERTY, COSTA AND FOLMER, JANUARY 30, 2018

INTRODUCED AND ADOPTED, JANUARY 30, 2018

A RESOLUTION

- 1 Recognizing February 2, 2018, as "National Wear Red Day" in Pennsylvania.
- 3 WHEREAS, Cardiovascular disease is the number one killer of
- 4 women in the United States; and
- 5 WHEREAS, Cardiovascular disease kills one woman every 80
- 6 seconds in the United States; and
- 7 WHEREAS, Nearly 50 million women in the United States are
- 8 affected by cardiovascular disease; and
- 9 WHEREAS, Ninety percent of women have one or more risk
- 10 factors for developing heart disease or stroke; and
- 11 WHEREAS, Approximately 80% of cardiovascular diseases can be
- 12 prevented; and
- 13 WHEREAS, Some risk factors, such as blood pressure, smoking,
- 14 cholesterol and lack of regular physical activity, can be
- 15 controlled; and
- 16 WHEREAS, The American Heart Association's "Go Red for Women"
- 17 movement encourages women to learn their family health history

- 1 and to meet with a health care provider to determine their risk
- 2 for cardiovascular disease and stroke; and
- 3 WHEREAS, Women involved with the "Go Red for Women" movement
- 4 live healthier lives; and
- 5 WHEREAS, "Go Red for Women" encourages women to take control
- 6 of their heart health by knowing five numbers that can be life-
- 7 changing:
- 8 (1) total cholesterol;
- 9 (2) HDL (good) cholesterol;
- 10 (3) blood pressure;
- 11 (4) blood sugar; and
- 12 (5) body mass index (BMI);
- 13 and
- 14 WHEREAS, By increasing awareness, speaking up about
- 15 cardiovascular disease and empowering women to reduce their risk
- 16 for cardiovascular disease and stroke, we can save thousands of
- 17 lives each year; therefore be it
- 18 RESOLVED, That the Senate recognize February 2, 2018, as
- 19 "National Wear Red Day" in Pennsylvania to highlight the
- 20 importance of the ongoing fight against cardiovascular disease
- 21 and stroke in women and urge all residents to show their support
- 22 and commemorate this day by wearing the color red.