THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 219

Session of 2023

INTRODUCED BY MARTIN, CAPPELLETTI, TARTAGLIONE, HAYWOOD, BROWN, HUGHES, BREWSTER, HUTCHINSON, MASTRIANO, COSTA AND DUSH, DECEMBER 18, 2023

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, DECEMBER 18, 2023

A RESOLUTION

- Recognizing November 14, 2023, as "World Diabetes Day" in Pennsylvania.
- 3 WHEREAS, The Centers for Disease Control and Prevention (CDC)
- 4 defines diabetes as a chronic disease that affects one's ability
- 5 to process food into energy properly; and
- 6 WHEREAS, The inability to process food properly affects an
- 7 individual's ability to create enough insulin or fully utilize
- 8 the individual's own insulin; and
- 9 WHEREAS, Over time, abnormalities with insulin levels can
- 10 lead to serious health complications, including heart disease,
- 11 stroke, kidney disease, blindness, limb amputations and early
- 12 death; and
- 13 WHEREAS, The three main types of diabetes are Type 1, Type 2
- 14 and gestational diabetes; and
- 15 WHEREAS, Prediabetes can be classified as having higher-than-
- 16 normal blood sugar levels, but not quite high enough to be
- 17 considered Type 2; and

- 1 WHEREAS, Having prediabetes is a strong indicator that an
- 2 individual will eventually be diagnosed with Type 2 diabetes;
- 3 and
- 4 WHEREAS, Risk factors for diabetes include genetic factors,
- 5 high blood pressure, low HDL cholesterol or high triglycerides,
- 6 gestational diabetes during pregnancy, being 45 years of age or
- 7 older, being a member of a high-risk ethnic group, being
- 8 overweight and having an inactive lifestyle; and
- 9 WHEREAS, According to the most recent National Diabetes
- 10 Statistics Report released by the CDC, approximately 37.3
- 11 million individuals, or roughly 11.3% of the United States
- 12 population, live with the disease; and
- 13 WHEREAS, Of this number approximately 8.3 million, or nearly
- 14 23%, are undiagnosed; and
- 15 WHEREAS, Approximately 11.1% of Pennsylvanians live with some
- 16 form of diagnosed diabetes, with an additional estimated 3%
- 17 living undiagnosed, according to the most updated information
- 18 from the American Diabetes Association (ADA) produced in 2021;
- 19 and
- 20 WHEREAS, As of 2021, the ADA suggests that 34.1% of the total
- 21 adult population in Pennsylvania lives with prediabetes, whether
- 22 diagnosed or not; and
- WHEREAS, In 2021, diabetes contributed to more than 100,000
- 24 deaths nationwide; and
- 25 WHEREAS, The most recent data from the CDC states that
- 26 diabetes contributed to 4,176 deaths in Pennsylvania; and
- 27 WHEREAS, Diabetes is one of the six leading causes of health-
- 28 related deaths in this Commonwealth; and
- 29 WHEREAS, The rate of deaths related to diabetes has increased
- 30 over the past four decades; and

- 1 WHEREAS, There is currently no cure for diabetes but an
- 2 individual's risk of developing Type 2 diabetes can be greatly
- 3 reduced through a healthy diet, physical activity and
- 4 medication; and
- 5 WHEREAS, The majority of avoidable costs associated with
- 6 treating diabetes result from inpatient hospitalizations and
- 7 emergency room visits, which could be reduced by proactively
- 8 managing diabetes-associated conditions in an outpatient
- 9 setting; and
- 10 WHEREAS, According to the Economic Report published by the
- 11 ADA every five years, as of 2022, the total annual cost of
- 12 diabetes in the United States reached nearly \$413 billion,
- 13 including roughly \$307 billion in direct costs and nearly \$106
- 14 billion in indirect costs; and
- 15 WHEREAS, Management of diabetes and other chronic conditions
- 16 is a major cost driver for programs such as Medicaid and
- 17 Medicare; and
- 18 WHEREAS, "World Diabetes Day" was first introduced by the
- 19 International Diabetes Federation and the World Health
- 20 Organization in 1991 to raise awareness of the escalating
- 21 incidence of diabetes worldwide; and
- 22 WHEREAS, November 14 of each year was chosen to mark "World
- 23 Diabetes Day" because it represents the birthday of Frederick
- 24 Banting who, along with Charles Best, is credited with the
- 25 discovery of insulin in 1921; and
- 26 WHEREAS, "World Diabetes Day" became an official United
- 27 Nations international observance in 2007 pursuant to the
- 28 December 2006 resolution of the General Assembly of the United
- 29 Nations recognizing diabetes as "a chronic, debilitating and
- 30 costly disease associated with major complications that pose

- 1 severe risks for families, countries and the entire world";
- 2 therefore be it
- 3 RESOLVED, That the Senate recognize November 14, 2023, as
- 4 "World Diabetes Day" in Pennsylvania; and be it further
- 5 RESOLVED, That the Senate encourage residents in communities
- 6 throughout this Commonwealth to recommit to raising awareness of
- 7 diabetes and the need for education and services for individuals
- 8 afflicted with diabetes.