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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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SENATE RESOLUTION

No. 18 Session of  
2017

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INTRODUCED BY TARTAGLIONE, BAKER, SABATINA, DINNIMAN, BROWNE,  
BARTOLOTTA, GREENLEAF, BREWSTER, FARNESE, FOLMER, VULAKOVICH,  
AUMENT, FONTANA, MARTIN, WARD, MENSCH, COSTA, WHITE,  
YUDICHAK, RAFFERTY, SCAVELLO, STREET AND BOSCOLA,  
FEBRUARY 1, 2017

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INTRODUCED AND ADOPTED, FEBRUARY 1, 2017

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A RESOLUTION

1 Recognizing February 3, 2017, as "National Wear Red Day" in  
2 Pennsylvania.

3 WHEREAS, Heart disease and stroke kill one in three women in  
4 the United States, yet 80% of cardiac events may be prevented;  
5 and

6 WHEREAS, Cardiovascular disease and stroke kill one woman  
7 every 80 seconds in the United States; and

8 WHEREAS, An estimated 44 million women in the United States  
9 are affected by cardiovascular disease; and

10 WHEREAS, Ninety percent of women have one or more risk  
11 factors for developing heart disease, yet only one in five  
12 American women believe that heart disease is her greatest health  
13 threat; and

14 WHEREAS, Women comprise only 24% of participants in all  
15 heart-related studies; and

16 WHEREAS, Women are less likely to call 911 for themselves

1 when experiencing symptoms of a heart attack than for someone  
2 else having a heart attack; and

3 WHEREAS, Only 36% of African-American women and 34% of  
4 Hispanic women know that heart disease is their greatest health  
5 risk, compared with 65% of Caucasian women; and

6 WHEREAS, Women involved with the American Heart Association's  
7 "Go Red for Women" movement live healthier lives and nearly 90%  
8 have made at least one healthy behavior change; and

9 WHEREAS, "Go Red for Women" encourages women to take charge  
10 of their health and schedule a "well-woman" visit to learn about  
11 their health status and risk for disease; and

12 WHEREAS, "Go Red for Women" asks all Americans to Go Red by  
13 wearing red and speaking red as follows:

14 "Get Your Numbers" by asking your doctor to check your  
15 blood pressure, cholesterol and glucose.

16 "Own Your Lifestyle" by not smoking, losing weight, being  
17 physically active and eating healthy.

18 "Raise Your Voice" by advocating for more women-related  
19 research and education.

20 "Educate Your Family" by making healthy food choices for  
21 you and your family and teaching your children the importance  
22 of staying active.

23 "Donate" by showing your support with a donation of time  
24 or money;

25 and

26 WHEREAS, By increasing awareness, speaking up about heart  
27 disease and empowering women to reduce their risk for  
28 cardiovascular disease, we can save thousands of lives each  
29 year; therefore be it

30 RESOLVED, That, in recognition of the importance of the

1 ongoing fight against heart disease and stroke, the Senate  
2 recognize February 3, 2017, as "National Wear Red Day" in  
3 Pennsylvania and urge all residents to show their support for  
4 women and the fight against heart disease by commemorating this  
5 day by wearing the color red.