
THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 141 Session of
2017

INTRODUCED BY REGAN, DINNIMAN, FONTANA, YUDICHAK, KILLION AND
BROWNE, JUNE 12, 2017

INTRODUCED AND ADOPTED, JUNE 12, 2017

A RESOLUTION

1 Recognizing the month of June 2017 as "Men's Health Awareness
2 Month" and June 16, 2017, as "Men's Fitness and Nutrition
3 Education Day" in Pennsylvania.

4 WHEREAS, "Men's Health Awareness Month" was created to
5 heighten the awareness of preventable health problems and
6 encourage early detection and treatment of disease among men and
7 boys; and

8 WHEREAS, The month of June is a nationally recognized
9 celebration of fathers and father figures, and in support of and
10 collaboration with Tastefully Fit TrimLine, the Salvation Army
11 Harrisburg Capital City Region, Central Pennsylvania Food Bank,
12 Capital Blue Cross and other community organizations, "Men's
13 Health Awareness Month" and "Men's Fitness and Nutrition
14 Education Day" aim to educate, promote healthy food choices,
15 healthy lifestyle choices and fitness programs and encourage
16 preventive health screenings for men; and

17 WHEREAS, Men are 24% less likely to visit their doctors and
18 22% less likely to get cholesterol checks and similar preventive

1 screenings; and

2 WHEREAS, Women are twice as likely to visit the doctor for
3 annual examinations and preventive services than men; and

4 WHEREAS, Routine health screenings and preventive exams,
5 including blood pressure checks, cholesterol checks, prostate
6 screenings, colon cancer screenings, skin cancer screenings and
7 tests for diabetes, can be a matter of life and death,
8 especially for men; and

9 WHEREAS, Men die at higher rates than women from the top 10
10 causes of death and are the victims of more than 92% of
11 workplace deaths; and

12 WHEREAS, Men who are educated about the value of preventive
13 health are more likely to participate in health screenings; and

14 WHEREAS, Recognizing the impact and importance of the
15 6,190,363 men in Pennsylvania, "Men's Health Awareness Month"
16 and "Men's Fitness and Nutrition Education Day" shine a bright
17 light on the health benefits of achieving personal wellness
18 goals, making a commitment to physical fitness, eating
19 nutritious, fresh and healthy foods, modeling healthy lifestyles
20 for our children and the next generation and accessing fresh and
21 nutritious foods that are bountiful throughout this
22 Commonwealth; and

23 WHEREAS, "Men's Health Awareness Month" and "Men's Fitness
24 and Nutrition Education Day" give health care providers, public
25 policymakers, the media and residents an opportunity to
26 encourage men and boys to seek regular medical advice and early
27 treatment for disease, receive nutrition education and focus on
28 fitness and wellness; therefore be it

29 RESOLVED, That the Senate recognize the month of June 2017 as
30 "Men's Health Awareness Month" and June 16, 2017, as "Men's

1 Fitness and Nutrition Education Day" in Pennsylvania.