## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## SENATE RESOLUTION

No. 107

Session of 2021

INTRODUCED BY VOGEL, KEARNEY, BARTOLOTTA, BROWNE, BROOKS, J. WARD, SANTARSIERO, MENSCH, L. WILLIAMS, HUGHES, FONTANA, PITTMAN, SCAVELLO, COSTA, MARTIN, PHILLIPS-HILL AND YUDICHAK, MAY 6, 2021

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, MAY 6, 2021

## A RESOLUTION

- 1 Recognizing the month of May 2021 as "Stroke Awareness Month" in Pennsylvania.
- 3 WHEREAS, Stroke is the fifth leading cause of death overall
- 4 and the fourth leading cause of death among women in the United
- 5 States; and
- 6 WHEREAS, Heart disease and stroke combined are the number one
- 7 killer of women in this country; and
- 8 WHEREAS, High blood pressure is one of the leading,
- 9 controllable risk factors for stroke in men and women; and
- 10 WHEREAS, Nearly half of all adults in the United States have
- 11 high blood pressure, defined as a reading higher than 120/80;
- 12 and
- 13 WHEREAS, Black and Latina women who have been pregnant are at
- 14 an increased risk for developing high blood pressure and having
- 15 a stroke; and
- 16 WHEREAS, Pregnancy-related deaths in the United States are
- 17 rising at an alarming rate; and

- 1 WHEREAS, Between 1987 and 2015, pregnancy-related deaths rose
- 2 by 140%; and
- 3 WHEREAS, Cardiovascular disease is the leading cause of
- 4 pregnancy-related deaths; and
- 5 WHEREAS, In the United States high blood pressure during
- 6 pregnancy, or Preeclampsia, is becoming more common; and
- 7 WHEREAS, Preeclampsia is one of the most common issues facing
- 8 mothers, increasing a woman's chances of eventually dying of
- 9 cardiovascular disease by 75%; and
- 10 WHEREAS, Even though women face unique risks for stroke they
- 11 can help to assure a healthier tomorrow by checking their blood
- 12 pressure each morning, talking to their healthcare team if
- 13 readings are consistently above 120/80 and getting active and
- 14 dropping one unhealthy food from their day; and
- 15 WHEREAS, New and effective treatments have been developed to
- 16 treat and minimize the severity and damaging effect of strokes
- 17 when administered as soon as possible after symptom onset; and
- 18 WHEREAS, The F.A.S.T. warning signs and symptoms of stroke
- 19 include face drooping, arm weakness, speech difficulty and time
- 20 to call 911; and
- 21 WHEREAS, Beyond F.A.S.T., additional stroke warning signs and
- 22 symptoms include sudden numbness or weakness of the face, arm or
- 23 leg especially on one side of the body, sudden confusion,
- 24 trouble speaking or understanding, sudden trouble seeing in one
- 25 or both eyes, sudden trouble walking, dizziness, loss of balance
- 26 or coordination and sudden severe headache with no known cause;
- 27 and
- WHEREAS, During "Stroke Awareness Month" in May 2021, and
- 29 year-round, the American Stroke Association's "Together to End
- 30 Stroke®" initiative encourages Americans to manage their blood

- 1 pressure, memorize and share the stroke warning signs and call
- 2 911 at the first sign of a stroke; and
- 3 WHEREAS, Much more research and education are needed to help
- 4 Americans prevent, treat and beat stroke; therefore be it
- 5 RESOLVED, That the Senate recognize the month of May 2021 as
- 6 "Stroke Awareness Month" in Pennsylvania; and be it further
- 7 RESOLVED, That the Senate urge all residents of this
- 8 Commonwealth to familiarize themselves with the risk factors
- 9 associated with stroke, recognize the warning signs and symptoms
- 10 and dial 911 immediately on the first sign of a stroke to reduce
- 11 the devastating effects of stroke in this Commonwealth.