## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## HOUSE RESOLUTION

No. 688

Session of 2015

INTRODUCED BY NEILSON, TOOHIL, THOMAS, KOTIK, ROZZI, DRISCOLL, YOUNGBLOOD, HENNESSEY, BULLOCK, READSHAW, MACKENZIE, COHEN, MURT, MILLARD, DUSH, SONNEY, DIGIROLAMO, KIRKLAND, BOBACK, PASHINSKI, BIZZARRO, V. BROWN, SCHLOSSBERG, PAYNE, CALTAGIRONE, SCHREIBER, WHEELAND, ROSS, SAMUELSON, KINSEY, SCHWEYER, R. BROWN, WATSON, McNEILL, FARINA, EVERETT, MARSICO, D. COSTA, HEFFLEY, M. DALEY, MAHONEY, MAJOR, GOODMAN, KIM, GILLEN, GINGRICH, DONATUCCI AND SCHLEGEL CULVER, FEBRUARY 9, 2016

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, FEBRUARY 9, 2016

## A RESOLUTION

- Recognizing the month of February 2016 as "National Senior Independence Month" in Pennsylvania.
- 3 WHEREAS, According to a survey conducted by the American
- 4 Association of Retired Persons (AARP), 86% of adults over 45
- 5 years of age would prefer to stay in their current residence as
- 6 long as possible; and
- 7 WHEREAS, The same AARP survey revealed that 85% of adults
- 8 over 45 years of age would prefer to remain in their local
- 9 community for as long as possible; and
- 10 WHEREAS, "National Senior Independence Month" serves as an
- 11 opportunity to remind seniors to evaluate their current living
- 12 situation, recognize the strengths and weaknesses in their daily
- 13 routine and make adjustments for a better lifestyle; and
- 14 WHEREAS, According to the Centers for Disease Control and

- 1 Prevention, one in three adults who are 65 years of age or older
- 2 experience a fall and over 2 million older adults are treated in
- 3 emergency departments for fall-related injuries each year; and
- 4 WHEREAS, In order for seniors to ensure that their homes are
- 5 a place in which they can live safely and independently, they
- 6 should check that all rooms are well lit and make lighting
- 7 replacements where needed; and
- 8 WHEREAS, It is recommended that seniors install grab bars and
- 9 handrails in restrooms near the shower, bathtub and toilet; and
- 10 WHEREAS, Seniors should also keep floors and walkways clear
- 11 of unnecessary items in order to be able to navigate areas of
- 12 their home without fear of falling; and
- 13 WHEREAS, The United States Department of Health and Human
- 14 Services Administration on Aging (AOA) promotes the well-being
- 15 of older individuals by providing services and programs designed
- 16 to help them live independently in their homes and communities;
- 17 and
- 18 WHEREAS, For over 35 years, the AOA has provided home and
- 19 community-based services to millions of older adults through the
- 20 programs funded under the Older Americans Act of 1965; and
- 21 WHEREAS, Services provided using AOA funds include, but are
- 22 not limited to, transportation, adult day care, caregiver
- 23 supports and health promotion programs; therefore be it
- 24 RESOLVED, That the House of Representatives recognize the
- 25 month of February 2016 as "National Senior Independence Month"
- 26 in Pennsylvania; and be it further
- 27 RESOLVED, That the House of Representatives recognize the
- 28 month of February 2016 as "National Senior Independence Month"
- 29 to raise awareness of steps seniors and their families can take
- 30 and services that are offered which allow older Pennsylvanians

1 to remain in their homes and communities.