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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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HOUSE RESOLUTION

No. 654 Session of  
2018

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INTRODUCED BY HAHN, TOOIL, PICKETT, BURNS, KINSEY, DEAN,  
NEILSON, LONGIETTI, DAY, MATZIE, SCHLOSSBERG, MACKENZIE,  
DIGIROLAMO, BIZZARRO, SONNEY, DUSH, DRISCOLL, PASHINSKI,  
HENNESSEY, WARD, THOMAS, FLYNN, DONATUCCI, COMITTA, READSHAW,  
YOUNGBLOOD, R. BROWN, FEE, BAKER, KULIK, BOBACK, WATSON,  
RYAN, CORBIN, GREINER, DeLISSIO, KORTZ, KLUNK, ROTHMAN,  
FREEMAN, HEFFLEY, MILNE, TOEPEL, KNOWLES, M. K. KELLER,  
SCHLEGEL CULVER, RADER, SANTORA, OBERLANDER, MILLARD, SAYLOR,  
DAVIS, SOLOMON, DELOZIER, MARSICO AND DeLUCA,  
JANUARY 23, 2018

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INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,  
JANUARY 23, 2018

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A RESOLUTION

1 Recognizing February 2, 2018, as "National Wear Red Day" in  
2 Pennsylvania.

3 WHEREAS, Cardiovascular disease is the number one killer of  
4 women in the United States; and

5 WHEREAS, Cardiovascular disease kills one woman every 80  
6 seconds in the United States; and

7 WHEREAS, Nearly 50 million women in the United States are  
8 affected by cardiovascular disease; and

9 WHEREAS, Ninety percent of women have one or more risk  
10 factors for developing heart disease or stroke; and

11 WHEREAS, Approximately 80% of cardiovascular diseases can be  
12 prevented; and

13 WHEREAS, Some risk factors, such as blood pressure, smoking,

1 cholesterol and lack of regular physical activity, can be  
2 controlled; and

3 WHEREAS, The American Heart Association's "Go Red for Women"  
4 movement encourages women to learn their family health history  
5 and to meet with a health care provider to determine their risk  
6 for cardiovascular disease and stroke; and

7 WHEREAS, Women involved with the "Go Red for Women" movement  
8 live healthier lives; and

9 WHEREAS, "Go Red for Women" encourages women to take control  
10 of their heart health by knowing five numbers that can be life-  
11 changing:

- 12 (1) total cholesterol;
- 13 (2) HDL (good) cholesterol;
- 14 (3) blood pressure;
- 15 (4) blood sugar; and
- 16 (5) body mass index (BMI);

17 and

18 WHEREAS, By increasing awareness, speaking up about  
19 cardiovascular disease and empowering women to reduce their risk  
20 for cardiovascular disease and stroke, we can save thousands of  
21 lives each year; therefore be it

22 RESOLVED, That the House of Representatives recognize  
23 February 2, 2018, as "National Wear Red Day" in Pennsylvania to  
24 highlight the importance of the ongoing fight against  
25 cardiovascular disease and stroke in women and urge all  
26 residents to show their support and commemorate this day by  
27 wearing the color red.