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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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HOUSE RESOLUTION

No. 57 Session of  
2019

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INTRODUCED BY HAHN, KORTZ, MILLARD, PICKETT, RYAN, SONNEY,  
DIGIROLAMO, OBERLANDER, BIZZARRO, BROWN, BURNS, CALTAGIRONE,  
MURT, SAPPEY, READSHAW, LONGIETTI, FEE, TOEPEL, MACKENZIE,  
BERNSTINE, YOUNGBLOOD, PASHINSKI, HILL-EVANS, HELM, McNEILL,  
HOHENSTEIN, KINSEY, DRISCOLL, NEILSON, SAYLOR, FREEMAN,  
REESE, HENNESSEY, MARKOSEK, CIRESI, ZABEL, FITZGERALD, JAMES,  
McCLINTON, TOOHL, EMRICK, RADER, B. MILLER, KULIK, THOMAS,  
KLUNK, MALONEY, MADDEN, NELSON AND COX, JANUARY 29, 2019

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INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,  
JANUARY 29, 2019

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A RESOLUTION

1 Recognizing February 1, 2019, as "National Wear Red Day" in  
2 Pennsylvania.

3 WHEREAS, Cardiovascular diseases are the number one killer of  
4 women in the United States; and

5 WHEREAS, Cardiovascular diseases kill one woman almost every  
6 80 seconds in the United States; and

7 WHEREAS, Approximately 80% of cardiovascular diseases can be  
8 prevented; and

9 WHEREAS, Risk factors for heart disease such as blood  
10 pressure, smoking and cholesterol can be controlled; and

11 WHEREAS, Women are encouraged to commit to making physical  
12 activity and healthy eating a priority to improve heart health;  
13 and

14 WHEREAS, The American Heart Association's Go Red for Women®

1 movement motivates women to learn their family history and to  
2 meet with a healthcare provider to determine their risk for  
3 cardiovascular diseases and stroke; and

4 WHEREAS, Go Red for Women® encourages women to take charge of  
5 their heart health by knowing their total cholesterol, HDL  
6 cholesterol, blood pressure, blood sugar and body mass index;  
7 therefore be it

8 RESOLVED, That the House of Representatives recognize  
9 February 1, 2019, as "National Wear Red Day" in Pennsylvania;  
10 and be it further

11 RESOLVED, That the House of Representatives urge all  
12 residents of this Commonwealth to show their support for women  
13 and the fight against heart disease by commemorating this day by  
14 wearing the color red and to empower women to reduce their risk  
15 for cardiovascular diseases to save thousands of lives each  
16 year.