## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## HOUSE RESOLUTION

No. 484

Session of 2024

INTRODUCED BY SANCHEZ, HOHENSTEIN, McNEILL, HILL-EVANS, KINSEY, MERSKI, GIRAL AND VENKAT, JUNE 21, 2024

REFERRED TO COMMITTEE ON HEALTH, JUNE 21, 2024

## A RESOLUTION

- Recognizing the month of June 2024 as "Myasthenia Gravis Awareness Month" in Pennsylvania.
- 3 WHEREAS, Myasthenia gravis (MG) is a chronic autoimmune
- 4 neuromuscular disease characterized by varying degrees of
- 5 weakness of the skeletal muscles of the body; and
- 6 WHEREAS, MG first appeared in medical reports in 1672, but
- 7 did not earn its name, myasthenia gravis, which literally means
- 8 grave muscular weakness, until its adoption by the Berlin
- 9 Society of Psychiatry and Neurology in November 1899; and
- 10 WHEREAS, MG is caused by a defect in the transmission of
- 11 nerve impulses to muscles, whereby antibodies effectively block,
- 12 alter or destroy the nerve cell receptors that generate muscle
- 13 contraction; and
- 14 WHEREAS, MG is classified as an autoimmune disease due to the
- 15 fact that in cases involving MG the immune system, which
- 16 normally protects the body from foreign organisms, mistakenly
- 17 sets upon a course to attack itself; and
- 18 WHEREAS, The prevalence rate of MG in the United States is an

- 1 estimated 14 to 20 out of every 100,000 people; and
- 2 WHEREAS, MG is indiscriminate in its affliction, as MG can
- 3 occur in all ethnic groups and genders, but primarily occurs in
- 4 young adult women under 40 years of age and men over 60 years of
- 5 age; and
- 6 WHEREAS, It is important to note that MG is not hereditary,
- 7 nor is it contagious, and, in most cases, MG's symptoms manifest
- 8 in the form of weakness of the eye muscles, difficulty in
- 9 swallowing, slurred or impaired speech, shortness of breath and
- 10 weakness in the arms, hands, fingers, legs or neck; and
- 11 WHEREAS, Since weakness is a common symptom of many
- 12 disorders, the diagnosis of MG is often overlooked or
- 13 unnecessarily deferred; and
- 14 WHEREAS, Approximately 15% to 20% of individuals with MG
- 15 experience at least one myasthenic crisis in their lifetime, in
- 16 which the muscles that control breathing weaken to the point
- 17 where a ventilator is required to breathe; and
- 18 WHEREAS, MG can generally be treated and controlled with the
- 19 use of medications, therapies or surgical procedures that
- 20 include anticholinesterase agents, immunosuppressive drugs,
- 21 plasmapheresis, intravenous immunoglobulins or a thymectomy,
- 22 which is the removal of the thymus gland; and
- 23 WHEREAS, The National Institute of Neurological Disorders and
- 24 Stroke, a component of the National Institutes of Health,
- 25 maintains the primary responsibility of conducting and
- 26 supporting research on brain and nervous system disorders,
- 27 including MG; and
- 28 WHEREAS, Organizations such as the Myasthenia Gravis
- 29 Foundation of America (MGFA), the Muscular Dystrophy Association
- 30 and the Myasthenia Gravis Association of Western Pennsylvania

- 1 (MGAWP) at Allegheny General Hospital are leading the effort to
- 2 foster a greater degree of education and outreach relating to
- 3 MG; and
- 4 WHEREAS, The MGFA's research committee has been instrumental
- 5 in supporting research that aims to improve the lives of
- 6 patients with MG by creating a comprehensive MG Patient Registry
- 7 and designating several broad research priorities, which include
- 8 biomarkers, mechanisms of disease, therapeutic strategies and
- 9 improving patient outcomes; and
- 10 WHEREAS, The MGAWP's treatment and advocacy center has played
- 11 an integral role in providing first-rate medical care and social
- 12 and emotional support to Pennsylvanians living with MG; and
- 13 WHEREAS, The observance of "Myasthenia Gravis Awareness
- 14 Month" provides additional outreach and education concerning MG
- 15 by informing the general public about MG's seriousness and
- 16 raising funds to help affected individuals; and
- 17 WHEREAS, Organizations like MGFA and MGAWP utilize the
- 18 observance of "Myasthenia Gravis Awareness Month" to encourage
- 19 the general public and those living with MG to make effective
- 20 use of their social media platforms to spread greater awareness
- 21 about MG, engage close friends, relatives and others to attend
- 22 an MG screening, contribute financially to organizations
- 23 supporting the fight against MG and create awareness about MG in
- 24 their workplaces, organizations, schools and social circles; and
- 25 WHEREAS, The purpose of this resolution is to further the
- 26 laudable and worthwhile mission of MG advocates across the
- 27 nation to advance knowledge and awareness of a disorder
- 28 affecting the lives of many Pennsylvanians and Americans;
- 29 therefore be it
- 30 RESOLVED, That the House of Representatives recognize the

- 1 month of June 2024 as "Myasthenia Gravis Awareness Month" in
- 2 Pennsylvania; and be it further
- 3 RESOLVED, That all Pennsylvanians be encouraged to learn more
- 4 about myasthenia gravis and explore ways that we can unite for a
- 5 cure.