
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 37 Session of
2013

INTRODUCED BY HARHART, MCNEILL, B. BOYLE, GRELL, TOEPEL, COHEN,
SONNEY, O'BRIEN, BAKER, AUMENT, D. COSTA, MILLARD,
YOUNGBLOOD, KORTZ, PICKETT, V. BROWN, SCHLEGEL CULVER,
MUSTIO, DAVIS, O'NEILL, DIGIROLAMO, CALTAGIRONE, HICKERNELL,
DELOZIER, KAVULICH, WATSON, MATZIE, M. K. KELLER, FLECK,
ROSS, EVERETT, CLYMER, HAHN, HENNESSEY, MAJOR, HEFFLEY AND
MAHONEY, JANUARY 23, 2013

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,
JANUARY 23, 2013

A RESOLUTION

1 Designating February 1, 2013, as "Wear Red for Women Day" in
2 Pennsylvania.

3 WHEREAS, The American Heart Association's Go Red For Women[®]
4 movement has been impacting the health of women for ten years
5 and more than 627,000 women's lives have been saved and 330
6 fewer women are dying every day; and

7 WHEREAS, Heart disease is the number one killer of women, yet
8 only one in five American women believe that heart disease is
9 her greatest health threat; and

10 WHEREAS, Cardiovascular diseases cause one in three women's
11 deaths each year, killing approximately one woman every minute;
12 and

13 WHEREAS, An estimated 43 million women in the United States
14 are affected by cardiovascular diseases; and

15 WHEREAS, Ninety percent of women have one or more risk

1 factors for developing heart disease; and

2 WHEREAS, Twenty-six percent of women die within a year of
3 suffering a heart attack, compared with 19% of men; and

4 WHEREAS, Women comprise only 24% of participants in all
5 heart-related studies; and

6 WHEREAS, Since 1984, more women than men have died each year
7 from heart disease and the gap between men and women's survival
8 continues to widen; and

9 WHEREAS, In women, heart disease is too often a silent
10 killer, and less than a third of women in a recent survey
11 reported any early warning signs such as chest pain or
12 discomfort before a heart attack, compared with most men; and

13 WHEREAS, Common symptoms for women included pain of the jaw,
14 arm or back, but most reported a delay in seeking treatment
15 after the symptoms began of anywhere from 15 minutes to two
16 weeks; and

17 WHEREAS, Women are less likely to call 911 for themselves
18 when experiencing symptoms of a heart attack than they are if
19 someone else were having a heart attack; and

20 WHEREAS, Go Red for Women® is the American Heart
21 Association's national call to increase awareness about heart
22 disease, the leading cause of death for women, and to inspire
23 women to take charge of their heart health; and

24 WHEREAS, All women should learn their own personal risk for
25 heart disease, using tools such as the American Heart
26 Association's My Life Check, Go Red for Women® Heart CheckUp, Go
27 Red for Women® Better U, and by talking to their health care
28 providers; and

29 WHEREAS, In celebration of the 10th National Wear Red Day on
30 February 1, 2013, Go Red for Women® is asking all women across

1 America to join them in making America Go Red and save women's
2 lives; and

3 WHEREAS, Making the right choices relating to proper
4 nutrition, physical activity and other healthy lifestyle choices
5 is essential to living a heart-healthy life; and

6 WHEREAS, The truth is our lives are in our hands, we can stop
7 the number-one killer together by sharing the truth and we can
8 be the difference between life and death; therefore be it

9 RESOLVED, That in recognition of the importance of the
10 ongoing fight against heart disease and stroke, the House of
11 Representatives designate Friday, February 1, 2013, as "Wear Red
12 for Women Day" in Pennsylvania, and urge all citizens to show
13 their support for women and the fight against heart disease by
14 commemorating this day by the wearing of the color red, because
15 by increasing awareness, speaking up about heart disease and
16 empowering women to reduce their risk for cardiovascular
17 disease, we can save thousands of lives each year.