THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION No. 28 Session of 2013

INTRODUCED BY BURNS, MILLARD, LONGIETTI, SWANGER, MICOZZIE, D. COSTA, O'BRIEN, VEREB, MACKENZIE, HENNESSEY, CONKLIN, MULLERY, MCNEILL, YOUNGBLOOD, BISHOP, HESS, WHITE, COHEN, C. HARRIS, O'NEILL, ROSS, FLECK, BROWNLEE, MAJOR, KORTZ, MAHONEY, CALTAGIRONE, READSHAW, MURT, DIGIROLAMO, FARINA, MOUL, DEASY, MARSICO, EVERETT, WATSON, GILLEN, GOODMAN, MILNE, KINSEY AND MATZIE, JANUARY 22, 2013

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, JANUARY 22, 2013

A RESOLUTION

Recognizing the month of March 2013 as "National Nutrition 1 Month" in Pennsylvania. 2 3 WHEREAS, National Nutrition Month is a nutrition education and information campaign created by the American Dietetic 4 5 Association (ADA) focusing attention on the importance of making 6 informed food choices and developing sound eating and physical 7 activity habits; and 8 WHEREAS, Initiated in March 1973 as a week-long event, National Nutrition Week became a month-long observance in 1980 9 10 in response to growing public interest in nutrition; and 11 WHEREAS, The American Dietetic Association has more than 12 68,000 members; and 13 WHEREAS, ADA is the world's largest organization of food and nutrition professionals; and 14 15 WHEREAS, The majority of ADA's members are registered

1 dietitians and dietetic technicians; and

2 WHEREAS, Food sustains life and the type, quality and amount 3 of food that individuals consume each day play a vital role in 4 their overall health and physical fitness; and

5 WHEREAS, Eating right and staying fit are important no matter 6 what age a person is; and

7 WHEREAS, There is a need for continuing nutrition education
8 and a broad effort to enhance good eating practices; therefore
9 be it

10 RESOLVED, That the House of Representatives recognize the 11 month of March 2013 as "National Nutrition Month" in 12 Pennsylvania as sponsored by the American Dietetic Association; 13 and be it further

RESOLVED, That all citizens are encouraged to join the campaign for good nutrition and to become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for today and tomorrow.