
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 1092 Session of
2018

INTRODUCED BY J. McNEILL, THOMAS, HILL-EVANS, READSHAW,
BIZZARRO, MURT, BOBACK, NEILSON, BURNS, SCHLOSSBERG,
LONGIETTI, RYAN, DIGIROLAMO, KINSEY, DUSH, SONNEY, MILLARD,
YOUNGBLOOD, DRISCOLL, CALTAGIRONE, WATSON, MARSICO, DeLUCA
AND WARREN, OCTOBER 1, 2018

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,
OCTOBER 1, 2018

A RESOLUTION

1 Designating the month of October 2018 as "Postural Orthostatic
2 Tachycardia Syndrome Awareness Month" in Pennsylvania.

3 WHEREAS, Postural orthostatic tachycardia syndrome (POTS) is
4 a type of dysautonomia, a malfunction of the autonomic nervous
5 system (ANS), that controls autonomic functions of the body such
6 as our heart rate and blood pressure; and

7 WHEREAS, POTS is the most common autonomic dysfunction,
8 affecting between 1 and 3 million people in the United States;
9 and

10 WHEREAS, The majority of individuals suffering from POTS are
11 women who are 15 to 50 years of age; and

12 WHEREAS, The cause of POTS is currently unknown, with the
13 onset of conditions at different times for different persons;
14 and

15 WHEREAS, Some patients experience symptoms after puberty or
16 after having a virus such as mononucleosis; and

1 WHEREAS, Other patients develop symptoms after repeated brain
2 trauma or in association with a metabolic disorder; and

3 WHEREAS, Symptoms can occur when standing up from a reclining
4 position and are relieved when returning to a seated or lying
5 position; and

6 WHEREAS, Symptoms can include, but are not limited to, high
7 or low blood pressure, high or low heart rate, dizziness or
8 lightheadedness, fainting or near-fainting and exhaustion or
9 fatigue; and

10 WHEREAS, Symptoms can vary in intensity and frequency, making
11 it difficult for individuals with the disorder to participate in
12 daily activities of life; and

13 WHEREAS, Adolescents with POTS can experience depression and
14 anxiety, leading to time missed from school, decreased academic
15 performance, withdrawal from extracurricular activities and
16 significant financial impact on families as multiple
17 consultations are often needed; and

18 WHEREAS, Individuals with POTS can experience a wide variety
19 of symptoms that no single treatment can relieve; and

20 WHEREAS, The common approach to treating POTS is in managing
21 symptoms, with treatment plans highly individualized based on
22 which symptoms are present; and

23 WHEREAS, Treatments vary, but diet and exercise have been
24 shown to improve most symptoms associated with POTS; and

25 WHEREAS, Medications can help with symptom relief where
26 nonmedicinal options fall short; and

27 WHEREAS, It is important to increase awareness of this
28 condition and support all individuals with POTS in order to
29 ensure that they lead successful and active lives; therefore be
30 it

1 RESOLVED, That the House of Representatives designate the
2 month of October 2018 as "Postural Orthostatic Tachycardia
3 Syndrome Awareness Month" in Pennsylvania.