

1 STATE OF OKLAHOMA

2 1st Session of the 57th Legislature (2019)

3 SENATE BILL 140

By: Young

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5  
6 AS INTRODUCED

7 An Act relating to child care; providing nutrition  
8 standards; specifying certain activities; eliminating  
9 screen time; providing exemptions and certain  
10 limitation; providing for codification; and providing  
11 an effective date.

12 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

13 SECTION 1. NEW LAW A new section of law to be codified  
14 in the Oklahoma Statutes as Section 405.6 of Title 10, unless there  
15 is created a duplication in numbering, reads as follows:

16 All licensed child care centers, except those facilities  
17 licensed as drop-in programs or as programs for sick children shall:

18 1. Follow the most recent version of the Child and Adult Care  
19 Food Program (CACFP) nutrition standards for infants;

20 2. Follow the Healthy Eating Research 2013 Recommendations for  
21 Healthier Beverages, and limit sugar-sweetened beverages to one  
22 serving per day;

23 3. Provide children with opportunities for moderate and  
24 vigorous physical activity for at least sixty (60) cumulative  
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1 minutes per day during a full-day program, and for thirty (30)  
2 cumulative minutes for programs that operate less than a full day,  
3 including daily outdoor physical activity when possible, and by  
4 providing infants daily opportunities to freely explore their indoor  
5 and outdoor environments under adult supervision, including engaging  
6 with infants on the ground each day to optimize adult-infant  
7 interactions and providing daily time in the prone position for  
8 infants less than twelve (12) months of age; and

9 4. Eliminate screen time, including television, movies,  
10 cellular phones, video games, computers and other digital devices  
11 for children less than two (2) years of age. The provisions of this  
12 paragraph shall not apply to:

- 13 a. electronic media involving facilitated physical  
14 activity participation,
- 15 b. e-readers when used for reading to the children,
- 16 c. smart boards and tablets when used for facilitated  
17 hands-on learning activities, such as drawing or  
18 puzzles,
- 19 d. occasional special activities, such as watching a  
20 movie, limited to one per month, except in the  
21 following situations:
  - 22 (1) Saturday mornings may include an additional  
23 thirty (30) minutes for children in mixed groups,  
24 and

1 (2) one hour or less during the evening for each  
2 child in mixed groups in evening or overnight  
3 care, and

4 e. assistive or adaptive technology for children with  
5 disabilities.

6 SECTION 2. This act shall become effective November 1, 2019.

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