

1 **HOUSE OF REPRESENTATIVES - FLOOR VERSION**

2 STATE OF OKLAHOMA

3 1st Session of the 57th Legislature (2019)

4 HOUSE
5 RESOLUTION 1004

By: Munson

6
7 AS INTRODUCED

8 A Resolution proclaiming February to be National
9 Heart Month in Oklahoma; proclaiming February 19,
10 2019, to be Wear Red Day in Oklahoma; urging all
 citizens to show support by commemorating February
 19, 2019, by wearing the color red.

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13 WHEREAS, cardiovascular diseases are the number one killer of
14 women in the United States; and

15 WHEREAS, cardiovascular diseases kill one woman almost every 80
16 seconds in the United States; and

17 WHEREAS, about eighty percent of cardiovascular diseases may be
18 prevented; and

19 WHEREAS, some risk factors for heart disease such as blood
20 pressure, smoking and cholesterol can be controlled; and

21 WHEREAS, the American Heart Association's Go Red For Women
22 movement motivates women to learn their family history and to meet
23 with a health care provider to determine their risk for
24 cardiovascular diseases and stroke; and

1 WHEREAS, Go Red For Women encourages women to take control of
2 their heart health by knowing five numbers that can be life
3 changing:

- 4 1. Total Cholesterol;
- 5 2. HDL (good) Cholesterol;
- 6 3. Blood Pressure;
- 7 4. Blood Sugar; and
- 8 5. Body Mass Index (BMI).

9 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES
10 OF THE 1ST SESSION OF THE 57TH OKLAHOMA LEGISLATURE:

11 THAT February 2019 is hereby proclaimed to be National Heart
12 Month in Oklahoma.

13 THAT February 19, 2019, is hereby proclaimed to be "Wear Red
14 Day" in Oklahoma in recognition of the importance of the ongoing
15 fight against heart disease and stroke.

16 THAT all citizens of this state are urged to show their support
17 for women and the fight against heart disease by commemorating
18 February 19, 2019, by wearing the color red. By increasing
19 awareness, speaking out about heart disease, and empowering women to
20 reduce their risk for cardiovascular diseases, thousands of lives
21 can be saved each year.

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23 DIRECT TO CALENDAR.
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