

1 STATE OF OKLAHOMA

2 1st Session of the 57th Legislature (2019)

3 HOUSE

4 RESOLUTION 1004

By: Munson

5  
6 AS INTRODUCED

7 A Resolution proclaiming February to be National  
8 Heart Month in Oklahoma; proclaiming February 19,  
9 2019, to be Wear Red Day in Oklahoma; urging all  
citizens to show support by commemorating February  
10 19, 2019, by wearing the color red.

11  
12 WHEREAS, cardiovascular diseases are the number one killer of  
13 women in the United States; and

14 WHEREAS, cardiovascular diseases kill one woman almost every 80  
15 seconds in the United States; and

16 WHEREAS, about eighty percent of cardiovascular diseases may be  
17 prevented; and

18 WHEREAS, some risk factors for heart disease such as blood  
19 pressure, smoking and cholesterol can be controlled; and

20 WHEREAS, the American Heart Association's Go Red For Women  
21 movement motivates women to learn their family history and to meet  
22 with a health care provider to determine their risk for  
23 cardiovascular diseases and stroke; and

1       WHEREAS, Go Red For Women encourages women to take control of  
2 their heart health by knowing five numbers that can be life  
3 changing:

- 4       1. Total Cholesterol;
- 5       2. HDL (good) Cholesterol;
- 6       3. Blood Pressure;
- 7       4. Blood Sugar; and
- 8       5. Body Mass Index (BMI).

9       NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES  
10 OF THE 1ST SESSION OF THE 57TH OKLAHOMA LEGISLATURE:

11       THAT February 2019 is hereby proclaimed to be National Heart  
12 Month in Oklahoma.

13       THAT February 19, 2019, is hereby proclaimed to be "Wear Red  
14 Day" in Oklahoma in recognition of the importance of the ongoing  
15 fight against heart disease and stroke.

16       THAT all citizens of this state are urged to show their support  
17 for women and the fight against heart disease by commemorating  
18 February 19, 2019, by wearing the color red. By increasing  
19 awareness, speaking out about heart disease, and empowering women to  
20 reduce their risk for cardiovascular diseases, thousands of lives  
21 can be saved each year.

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23       57-1-7761       SD       02/05/19  
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