

1 STATE OF OKLAHOMA

2 1st Session of the 56th Legislature (2017)

3 HOUSE

4 RESOLUTION 1002

By: Osborn (Leslie)

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7 AS INTRODUCED

8 A Resolution proclaiming February 2017 to be National
9 Heart Month in Oklahoma; urging all citizens to show
10 support by commemorating February 9, 2017, by wearing
11 the color red.

12 WHEREAS, cardiovascular diseases kill one in three women in the
13 United States, yet eighty percent of cardiovascular diseases may be
14 prevented; and

15 WHEREAS, cardiovascular diseases and stroke kill one woman every
16 80 seconds in the United States; and

17 WHEREAS, an estimated 44 million women in the United States are
18 affected by cardiovascular diseases; and

19 WHEREAS, ninety percent of women have one or more risk factors
20 for developing heart disease or stroke; and

21 WHEREAS, women are less likely to call 911 for themselves when
22 experiencing symptoms of a heart attack than they are if someone
23 else were having a heart attack; and
24

1 WHEREAS, only 36% of African American women and 34% of Hispanic
2 women know that heart disease is their greatest health risk,
3 compared with 65% of Caucasian women; and

4 WHEREAS, the American Heart Association's Go Red For Women
5 movement motivates women to learn their family history and to meet
6 with a health care provider to determine their risk for
7 cardiovascular diseases and stroke; and

8 WHEREAS, women involved with the Go Red For Women movement live
9 healthier lives; and

10 WHEREAS, Go Red For Women encourages women to take control of
11 their heart health by knowing and managing these five numbers:

- 12 1. Total Cholesterol;
- 13 2. HDL (good) Cholesterol;
- 14 3. Blood Pressure;
- 15 4. Blood Sugar; and
- 16 5. Body Mass Index (BMI).

17 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES
18 OF THE 1ST SESSION OF THE 56TH OKLAHOMA LEGISLATURE:

19 THAT February 2017 is hereby proclaimed to be "National Heart
20 Month" in Oklahoma in recognition of the importance of the ongoing
21 fight against heart disease and stroke.

22 THAT all citizens of this state are urged to show their support
23 for women and the fight against heart disease by commemorating
24 February 9, 2017, by wearing the color red. By increasing

1 awareness, speaking out about heart disease, and empowering women to
2 reduce their risk for cardiovascular diseases, thousands of lives
3 can be saved each year.

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