

STATE OF OKLAHOMA

2nd Session of the 59th Legislature (2024)

HOUSE BILL 3334

By: Roe

AS INTRODUCED

An Act relating to schools; amending 70 O.S. 2021, Section 11-103.9, which relates to physical education programs; increasing amount of weekly physical education instruction for elementary school students; prescribing amount of weekly physical education instruction for students in grades six through twelve; and providing an effective date.

BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

SECTION 1. AMENDATORY 70 O.S. 2021, Section 11-103.9, is amended to read as follows:

Section 11-103.9 A. Except as otherwise provided for in this section, the State Board of Education shall require, as a condition of accreditation, that school districts provide to all students physical education programs which may include athletics.

B. The Board shall require, as a condition of accreditation, that public elementary schools provide instruction, for students in full-day prekindergarten, kindergarten, and grades one through five, in physical education or exercise programs for a minimum of an

1 average of ~~sixty (60)~~ one hundred fifty (150) minutes each week.

2 The time students participate in recess shall not be counted toward

3 the ~~sixty minutes per week~~ one-hundred-fifty-minutes-per-week

4 physical education requirement. Schools may exclude from

5 participation in the physical education or exercise programs

6 required in this subsection those students who have been placed into

7 an in-house suspension or detention class or placement or those

8 students who are under an in-school restriction or are subject to an

9 administrative disciplinary action.

10 C. The Board shall require, as a condition of accreditation,

11 that public elementary schools provide to students in full-day

12 prekindergarten, kindergarten, and grades one through five, in

13 addition to the requirements set forth in subsection B of this

14 section, an average of sixty (60) minutes each week of physical

15 activity, which may include, but not be limited to, physical

16 education, exercise programs, fitness breaks, recess, and classroom

17 activities, and wellness and nutrition education. Each school

18 district board of education shall determine the specific activities

19 and means of compliance with the provisions of this subsection,

20 giving consideration to the recommendations of each school's Healthy

21 and Fit School Advisory Committee as submitted to the school

22 principal pursuant to the provisions of Section 24-100a of this

23 title.

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1 D. The Board shall disseminate information to each school  
2 district on the benefits of physical education programs and shall  
3 ~~strongly encourage~~ require districts to provide physical education  
4 instruction or exercise programs to students in grades six through  
5 twelve for a minimum of an average of two hundred twenty-five (225)  
6 minutes each week. The Board shall ~~also~~ strongly encourage school  
7 districts to incorporate physical activity into the school day by  
8 providing to students in full-day prekindergarten, kindergarten, and  
9 grades one through five at least a twenty-minute daily recess, which  
10 shall be in addition to the ~~sixty (60)~~ one hundred fifty (150)  
11 minutes of physical education as required by subsection B of this  
12 section, and by allowing all students brief physical activity breaks  
13 throughout the day, physical activity clubs, and special events.

14 E. Instruction in physical education required in this section  
15 shall be aligned with the subject matter standards as adopted by the  
16 Board.

17 F. The physical education curriculum shall be sequential,  
18 developmentally appropriate, and designed, implemented, and  
19 evaluated to enable students to develop the motor and self-  
20 management skills and knowledge necessary to participate in physical  
21 activity throughout life. Each school district shall establish  
22 specific objectives and goals the district intends to accomplish  
23 through the physical education curriculum.

1 G. In identifying the essential knowledge and skills, the State  
2 Board of Education shall ensure that the subject matter standards  
3 for physical education:

4 1. Emphasize the knowledge and skills capable of being used  
5 during a lifetime of regular physical activity;

6 2. Are consistent with national physical education standards  
7 for:

8 a. the information that students should learn about  
9 physical activity, and

10 b. the physical activities that students should be able  
11 to perform;

12 3. Require that, on a weekly basis, at least fifty percent  
13 (50%) of the physical education class be used for actual student  
14 physical activity and that the activity be, to the extent  
15 practicable, at a moderate or vigorous level;

16 4. Offer students an opportunity to choose among many types of  
17 physical activity in which to participate;

18 5. Offer students both cooperative and competitive games;

19 6. Meet the needs of students of all physical ability levels,  
20 including students who have a disability, chronic health problem, or  
21 other special need that precludes the student from participating in  
22 regular physical education instruction but who might be able to  
23 participate in physical education that is suitably adapted and, if  
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1 applicable, included in the student's individualized education  
2 program;

3 7. Teach self-management and movement skills;

4 8. Teach cooperation, fair play, and responsible participation  
5 in physical activity;

6 9. Promote student participation in physical activity outside  
7 of school; and

8 10. Allow physical education classes to be an enjoyable  
9 experience for students.

10 H. The Board shall adopt rules to implement the provisions of  
11 this section.

12 SECTION 2. This act shall become effective July 1, 2025.

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