#### ASSEMBLY BILL NO. 369–ASSEMBLYMEN OHRENSCHALL, WOODBURY AND DONDERO LOOP

### MARCH 18, 2013

## Referred to Committee on Commerce and Labor

SUMMARY—Revises provisions relating to coverage for autism spectrum disorders in certain policies of health insurance and health care plans. (BDR 57-819)

FISCAL NOTE: Effect on Local Government: May have Fiscal Impact. Effect on the State: Yes.

> CONTAINS UNFUNDED MANDATE (§ 6) (NOT REQUESTED BY AFFECTED LOCAL GOVERNMENT)

EXPLANATION - Matter in *bolded italics* is new; matter between brackets *fomitted material* is material to be omitted.

AN ACT relating to insurance; revising the requirement for certain policies of health insurance and health care plans to provide coverage or provide an option of coverage for autism spectrum disorders; and providing other matters properly relating thereto.

#### Legislative Counsel's Digest:

Existing law requires certain health care plans and policies of insurance to 123456789 provide an option or a requirement, as applicable, of coverage for the screening for and diagnosis and treatment of autism spectrum disorders in certain circumstances and with certain limitations on the coverage. (NRS 287.0276, 287.04335, 689A.0435, 689B.0335, 689C.1655, 695C.1717, 695G.1645) This bill requires health care plans and policies of insurance to provide coverage, rather than provide an option of coverage, for the screening for and diagnosis and treatment of autism spectrum disorders. This bill revises the limitation on coverage for applied behavior analysis from a maximum benefit of \$36,000 per year to a maximum benefit of 30 10 hours of treatment per week unless a treatment plan provides for additional hours of treatment. This bill prohibits an insurer from denying coverage for a treatment on the basis that the treatment is educational in nature. This bill provides that: (1) 11 12 13 certain medical procedures are covered for the screening for and diagnosis of 14 autism spectrum disorders; and (2) certain treatments are covered for the treatment 15 of autism spectrum disorders. This bill provides that, if any provision of federal law 16 expressly authorizes coverage for autism spectrum disorders that is more favorable to the insured than the provisions of this bill, a health care plan or policy of health 17 18 insurance must include such coverage.





# THE PEOPLE OF THE STATE OF NEVADA, REPRESENTED IN SENATE AND ASSEMBLY, DO ENACT AS FOLLOWS:

1 Section 1. NRS 689A.0435 is hereby amended to read as 2 follows:

689A.0435 1. A health benefit plan must provide [an option
of] coverage for screening for and diagnosis of autism spectrum
disorders and for treatment of autism spectrum disorders for persons
covered by the policy . [under the age of 18 or, if enrolled in high
school, until the person reaches the age of 22.]

8 2. [Optional] *Except as otherwise provided in subsection 7,* 9 coverage provided pursuant to this section must be subject to [:

10 (a) A maximum benefit of not less than \$36,000 per year for 11 applied behavior analysis treatment; and

(b) Copayment, copayment, deductible and coinsurance
 provisions and any other general exclusions or limitations of a
 policy of health insurance [to the same extent as] that are not less
 favorable to the insured than other medical services or prescription
 drugs covered by the policy.

A health benefit plan that offers or issues a policy of health
 insurance which provides coverage for outpatient care shall not

(a) Require an insured to pay a higher deductible, copayment or
 coinsurance or require a longer waiting period for optional coverage
 for outpatient care related to autism spectrum disorders than is
 required for other outpatient care covered by the policy; or

(b) Refuse] refuse to issue or renew a policy of health insurance
 or cancel a policy of health insurance solely because the person
 applying for or covered by the policy uses or may use in the future
 any of the services listed in subsection 1.

4. Except as *otherwise* provided in [subsections 1 and 2,] subsection 7, an insurer [who offers optional coverage pursuant to subsection 1] shall not limit the number of visits an insured may make to any person, entity or group for treatment of autism spectrum disorders.

Treatment of autism spectrum disorders must be identified in
a treatment plan. <del>[and may include medically necessary habilitative or rehabilitative care, prescription care, psychiatric care, psychological care, behavior therapy or therapeutic care that is:</del>

36 (a) Prescribed for a person diagnosed with an autism spectrum
 37 disorder by a licensed physician or licensed psychologist; and

38 (b) Provided for a person diagnosed with an autism spectrum

39 disorder by a licensed physician, licensed psychologist, licensed

40 behavior analyst or other provider that is supervised by the licensed

41 physician, psychologist or behavior analyst.





An insurer may request a copy of and review a treatment plan 1 2 created pursuant to this subsection *H* not more frequently than 3 once every 12 months unless the insurer and the insured's licensed physician or licensed psychologist agree that a more 4 5 frequent review is necessary. The insurer is responsible for paying 6 any costs incurred in obtaining and reviewing a treatment plan.

7 6. An insurer shall not deny coverage for the treatment of an autism spectrum disorder on the basis that the treatment is 8 9 educational in nature.

10 Coverage provided under this section for applied behavior 7. 11 analysis is subject to a maximum benefit of 30 hours of treatment per week unless the treatment plan developed pursuant to 12 13 subsection 5 recommends a higher number of hours and expressly 14 provides that any hours of treatment beyond the first 30 hours in a 15 week will not be counted against the maximum benefit for that 16 week. Only time spent by a licensed behavior analyst, licensed 17 assistant behavior analyst or certified autism behavior interventionist providing treatment using applied behavior 18 19 analysis and for an autism spectrum disorder may be counted against the maximum benefit. If more than one session of 20 treatment using applied behavior analysis is received by an 21 22 insured in a calendar day, the insurer shall charge a single daily 23 copayment for all sessions of treatment using applied behavior 24 analysis received during that calendar day.

25 8. A policy subject to the provisions of this chapter that is delivered, issued for delivery or renewed on or after July 1, 2013, 26 27 has the legal effect of including the coverage required by this 28 section, and any provision of the policy or the renewal which is in 29 conflict with this section is void.

Nothing in this section shall be construed as **[requiring]**: 9.

31 (a) **Requiring** an insurer to provide reimbursement to an early 32 intervention agency or school for services delivered through early intervention or school services + 33

34 <del>\_7.]</del>; or

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35 (b) Except as otherwise provided in subsection 7, limiting the benefits that are otherwise available to the insured through the 36 37 health benefit plan.

10. If any provision of federal law expressly authorizes 38 39 coverage for screening for and diagnosis of autism spectrum disorders or for treatment of autism spectrum disorders that is 40 more favorable to the insured than the provisions of this section: 41 42

(a) The provision of federal law supersedes this section;

43 (b) A policy subject to the provisions of this chapter has the 44 legal effect of including the coverage authorized by the provision 45 of federal law; and





1 (c) Any provision of the policy which is in conflict with the 2 provision of federal law is void. 3

11. As used in this section:

4 (a) "Applied analysis" behavior means the design. implementation and evaluation of environmental modifications 5 6 using behavioral stimuli and consequences to produce socially 7 significant improvement in human behavior, including, without limitation, the use of direct observation, measurement and 8 9 functional analysis of the relations between environment and 10 behavior.

(b) "Autism spectrum disorders" means [a neurobiological 11 medical condition including,] any of the pervasive developmental 12 disorders as defined by the most recent edition of the Diagnostic 13 and Statistical Manual of Mental Disorders or the International 14 Statistical Classification of Diseases and Related Health Problems. 15 16 *The term includes*, without limitation, autistic disorder, Asperger's Disorder and Pervasive Developmental Disorder Not Otherwise 17 18 Specified H, as those disorders are defined in the Diagnostic and 19 Statistical Manual of Mental Disorders, Fourth Edition, or the International Statistical Classification of Diseases and Related 20 Health Problems, Tenth Revision, Clinical Modification, and any 21 22 substantially similar disorder defined in a subsequent edition or 23 revision. (c) "Behavioral care" means any counseling, therapy or 24

25 treatment for the purpose of:

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(1) Increasing appropriate or adaptive behaviors; (2) Decreasing maladaptive behaviors; or

(3) Developing, maintaining or restoring, to the maximum 28 29 extent practicable, the functioning of a person, including, without 30 limitation, the systematic management of environmental factors or the consequences of behaviors. The term includes, without 31 32 *limitation, applied behavioral analysis.* 

33 (d) "Behavioral therapy" means any interactive therapy derived 34 from evidence-based research, including, without limitation, discrete trial training, early intensive behavioral intervention, intensive 35 36 intervention programs, pivotal response training and verbal behavior 37 provided by a licensed psychologist, licensed behavior analyst, 38 licensed assistant behavior analyst or certified autism behavior 39 interventionist.

40 (d) (e) "Certified autism behavior interventionist" means a 41 person who is certified as an autism behavior interventionist by the 42 Board of Psychological Examiners and who provides behavior 43 therapy under the supervision of:

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(1) A licensed psychologist; (2) A licensed behavior analyst; or





(3) A licensed assistant behavior analyst.

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2 **((e))** (f) "Evidence-based research" means research that applies 3 rigorous, systematic and objective procedures to obtain valid 4 knowledge relevant to autism spectrum disorders.

5 **((f)) (g)** "Habilitative or rehabilitative care" means counseling, 6 guidance and professional services and treatment programs, 7 including, without limitation, applied behavior analysis, that are 8 necessary to develop, maintain and restore, to the maximum extent 9 practicable, the functioning of a person.

10 **(g)** (h) "Licensed assistant behavior analyst" means a person 11 who holds current certification or meets the standards to be certified 12 as a board certified assistant behavior analyst issued by the Behavior 13 Analyst Certification Board, Inc., or any successor in interest to that 14 organization, who is licensed as an assistant behavior analyst by the 15 Board of Psychological Examiners and who provides behavioral 16 therapy under the supervision of a licensed behavior analyst or 17 psychologist.

18 [(h)] (i) "Licensed behavior analyst" means a person who holds 19 current certification or meets the standards to be certified as a board 20 certified behavior analyst or a board certified assistant behavior 21 analyst issued by the Behavior Analyst Certification Board, Inc., or 22 any successor in interest to that organization, and who is licensed as 23 a behavior analyst by the Board of Psychological Examiners.

24 [(i)] (j) "Medically appropriate" means any care, intervention, 25 item, service or treatment which is prescribed, provided or ordered 26 by a licensed physician, licensed psychologist or licensed behavior 27 analyst in accordance with accepted standards of practice and 28 which will, or is reasonably expected to:

(1) Prevent the onset or worsening of an illness, condition,
 injury or disability;

31 (2) Reduce or ameliorate the physical, mental or 32 developmental effects of an illness, condition, injury or disability; 33 or

*(3) Assist to achieve or maintain maximum functioning capacity in performing daily activities, taking into account both the functional capacity of the recipient and the functional capacities that are appropriate for recipients of the same age.* 

(k) "Prescription care" means medications , *including, without limitation, biologicals*, prescribed by a licensed physician and any
 health-related services deemed medically [necessary] appropriate to
 determine the need or effectiveness of the medications.

42 **(j)** "Psychiatric care" means direct or consultative services 43 provided by a psychiatrist licensed in the state in which the 44 psychiatrist practices.





(k) (m) "Psychological care" means direct or consultative 1 services provided by a psychologist licensed in the state in which 2 3 the psychologist practices. (1) "Screening for and diagnosis of autism spectrum 4 5 disorders" *any* medically <u>[necessary]</u> appropriate means 6 assessments, evaluations or tests to screen and diagnose whether a 7 person has an autism spectrum disorder 4-(m)], including, without limitation, electroencephalography, 8 audiological evaluation, metabolic screening, neuroimaging, karyotype and genetic testing for fragile X syndrome and 9 10 laboratory testing for gastrointestinal disturbances. 11 (o) "Therapeutic care" means services provided by licensed or 12 13 certified speech pathologists, occupational therapists and physical 14 therapists. **[(n)]** (p) "Treatment of autism spectrum disorders" means: 15 16 (1) Behavioral care; 17 (2) Consultation or treatment by a nutritionist or dietitian; (3) Full-time care in a residential setting that specializes in 18 19 care for persons with autism spectrum disorders; (4) Habilitative or rehabilitative care; 20 21 (5) Music therapy; 22 (6) Prescription care; (7) Psychiatric care; 23 (8) Psychological care; 24 25 (9) Therapeutic care; or 26 (10) Therapy relating to social communication and social 27 skills. that is prescribed, provided or ordered by a licensed physician, 28 29 licensed psychologist or licensed behavior analyst who determines the care to be medically appropriate for a person diagnosed with 30 31 an autism spectrum disorder. (q) "Treatment plan" means a plan to treat an autism spectrum 32 disorder that is prescribed by a licensed physician or licensed 33 psychologist and may be developed pursuant to a comprehensive 34 35 evaluation in coordination with a licensed behavior analyst. Sec. 2. NRS 689B.0335 is hereby amended to read as follows: 36 37 689B.0335 1. A health benefit plan must provide coverage 38 for screening for and diagnosis of autism spectrum disorders and for 39 treatment of autism spectrum disorders to persons covered by the policy of group health insurance. Junder the age of 18 or, if enrolled 40 41 in high school, until the person reaches the age of 22.1 42 2. [Coverage] Except as otherwise provided in subsection 7, 43 *coverage* provided under this section is subject to +44 (a) A maximum benefit of \$36,000 per year for applied behavior analysis treatment; and 45





(b) Copayment, copayment, deductible and coinsurance
 provisions and any other general exclusion or limitation of a policy
 of group health insurance [to the same extent as] that are not less
 favorable to the insured than other medical services or prescription
 drugs covered by the policy.

6 3. A health benefit plan that offers or issues a policy of group 7 health insurance which provides coverage for outpatient care shall 8 not <del>[:</del>

9 (a) Require an insured to pay a higher deductible, copayment or

10 coinsurance or require a longer waiting period for coverage for

11 outpatient care related to autism spectrum disorders than is required
 12 for other outpatient care covered by the policy; or

- (b) Refuse] refuse to issue or renew a policy of group health
   insurance or cancel a policy of group health insurance solely
   because the person applying for or covered by the policy uses or
   may use in the future any of the services listed in subsection 1.
- 17 4. Except as *otherwise* provided in [subsections 1 and 2,] 18 *subsection 7*, an insurer shall not limit the number of visits an 19 insured may make to any person, entity or group for treatment of 20 autism spectrum disorders.
- 5. Treatment of autism spectrum disorders must be identified in
   a treatment plan. <del>[and may include medically necessary habilitative or rehabilitative care, prescription care, psychiatric care, psychological care, behavior therapy or therapeutic care that is:</del>
- 25 (a) Prescribed for a person diagnosed with an autism spectrum
   26 disorder by a licensed physician or licensed psychologist; and
- (b) Provided for a person diagnosed with an autism spectrum
   disorder by a licensed physician, licensed psychologist, licensed
   behavior analyst or other provider that is supervised by the licensed
   physician, psychologist or behavior analyst.
- An insurer may request a copy of and review a treatment plan created pursuant to this subsection  $\begin{bmatrix} 1 \\ 1 \end{bmatrix}$  not more frequently than once every 12 months unless the insurer and the insured's licensed physician or licensed psychologist agree that a more frequent review is necessary. The insurer is responsible for paying any costs incurred in obtaining and reviewing a treatment plan.
- An insurer shall not deny coverage for the treatment of an
  autism spectrum disorder on the basis that the treatment is
  educational in nature.

40 7. Coverage provided under this section for applied behavior 41 analysis is subject to a maximum benefit of 30 hours of treatment 42 per week unless the treatment plan developed pursuant to 43 subsection 5 recommends a higher number of hours and expressly 44 provides that any hours of treatment beyond the first 30 hours in a 45 week will not be counted against the maximum benefit for that





1 week. Only time spent by a licensed behavior analyst, licensed 2 assistant behavior analyst or certified autism behavior interventionist providing treatment using applied behavior 3 analysis and for an autism spectrum disorder may be counted 4 against the maximum benefit. If more than one session of 5 6 treatment using applied behavior analysis is received by an 7 insured in a calendar day, the insurer shall charge a single daily 8 copayment for all sessions of treatment using applied behavior 9 analysis received during that calendar day.

10 8. A policy subject to the provisions of this chapter that is delivered, issued for delivery or renewed on or after [January] 11 July 1, [2011,] 2013, has the legal effect of including the coverage 12 13 required by *subsection 1.1 this section*, and any provision of the 14 policy or the renewal which is in conflict with subsection 1 or 21 15 *this section* is void.

16 **[7.]** 9. Nothing in this section shall be construed as **[requiring]** 17

18 (a) **Requiring** an insurer to provide reimbursement to an early 19 intervention agency or school for services delivered through early 20 intervention or school services +.

21 <del>8.]</del>; or

22 (b) Except as otherwise provided in subsection 7, limiting the 23 benefits that are otherwise available to the insured through the 24 *health benefit plan.* 

25 If any provision of federal law expressly authorizes *10*. coverage for screening for and diagnosis of autism spectrum 26 27 disorders or for treatment of autism spectrum disorders that is more favorable to the insured than the provisions of this section: 28 29

(a) The provision of federal law supersedes this section;

30 (b) A policy subject to the provisions of this chapter has the 31 legal effect of including the coverage authorized by the provision 32 of federal law; and

33 (c) Any provision of the policy which is in conflict with the 34 provision of federal law is void. 35

**11.** As used in this section:

(a) "Applied behavior analysis" 36 means the design. implementation and evaluation of environmental modifications 37 using behavioral stimuli and consequences to produce socially 38 significant improvement in human behavior, including, without 39 limitation, the use of direct observation, measurement and 40 41 functional analysis of the relations between environment and 42 behavior

43 (b) "Autism spectrum disorders" means fa neurobiological 44 medical condition including, any of the pervasive developmental 45 disorders as defined by the most recent edition of the Diagnostic





2 Statistical Classification of Diseases and Related Health Problems. *The term includes*, without limitation, autistic disorder, Asperger's 3 4 Disorder and Pervasive Developmental Disorder Not Otherwise 5 Specified H, as those disorders are defined in the Diagnostic and 6 Statistical Manual of Mental Disorders, Fourth Edition, or the International Statistical Classification of Diseases and Related 7 Health Problems, Tenth Revision, Clinical Modification, and any 8 substantially similar disorder defined in a subsequent edition or 9 10 revision. 11 (c) "Behavioral care" means any counseling, therapy or 12 treatment for the purpose of: 13 (1) Increasing appropriate or adaptive behaviors: 14 (2) Decreasing maladaptive behaviors; or 15 (3) Developing, maintaining or restoring, to the maximum extent practicable, the functioning of a person, including, without 16 17 limitation, the systematic management of environmental factors or the consequences of behaviors. The term includes, without 18 19 limitation, applied behavioral analysis. (d) "Behavioral therapy" means any interactive therapy derived 20 21 from evidence-based research, including, without limitation, discrete 22 trial training, early intensive behavioral intervention, intensive 23 intervention programs, pivotal response training and verbal behavior

23 intervention programs, pivotal response training and verbal behavior
 24 provided by a licensed psychologist, licensed behavior analyst,
 25 licensed assistant behavior analyst or certified autism behavior
 26 interventionist.

27 [(d)] (e) "Certified autism behavior interventionist" means a
 28 person who is certified as an autism behavior interventionist by the
 29 Board of Psychological Examiners and who provides behavior
 30 therapy under the supervision of:

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A licensed psychologist;
 A licensed behavior analyst; or

32 33

(3) A licensed assistant behavior analyst.

34 **((e))** (f) "Evidence-based research" means research that applies 35 rigorous, systematic and objective procedures to obtain valid 36 knowledge relevant to autism spectrum disorders.

37 [(f)] (g) "Habilitative or rehabilitative care" means counseling,
38 guidance and professional services and treatment programs,
39 including, without limitation, applied behavior analysis, that are
40 necessary to develop, maintain and restore, to the maximum extent
41 practicable, the functioning of a person.

42 **((g))** (h) "Licensed assistant behavior analyst" means a person 43 who holds current certification or meets the standards to be certified 44 as a board certified assistant behavior analyst issued by the Behavior 45 Analyst Certification Board, Inc., or any successor in interest to that





and Statistical Manual of Mental Disorders or the International

organization, who is licensed as an assistant behavior analyst by the
 Board of Psychological Examiners and who provides behavioral
 therapy under the supervision of a licensed behavior analyst or
 psychologist.

5 [(h)] (i) "Licensed behavior analyst" means a person who holds 6 current certification or meets the standards to be certified as a board 7 certified behavior analyst or a board certified assistant behavior 8 analyst issued by the Behavior Analyst Certification Board, Inc., or 9 any successor in interest to that organization and who is licensed as 10 a behavior analyst by the Board of Psychological Examiners.

11 [(i)] (j) "Medically appropriate" means any care, intervention, 12 item, service or treatment which is prescribed, provided or ordered 13 by a licensed physician, licensed psychologist or licensed behavior 14 analyst in accordance with accepted standards of practice and 15 which will, or is reasonably expected to:

16 (1) Prevent the onset or worsening of an illness, condition, 17 injury or disability;

18 (2) Reduce or ameliorate the physical, mental or 19 developmental effects of an illness, condition, injury or disability; 20 or

21 (3) Assist to achieve or maintain maximum functioning 22 capacity in performing daily activities, taking into account both 23 the functional capacity of the recipient and the functional 24 capacities that are appropriate for recipients of the same age.

(k) "Prescription care" means medications , *including*, *without limitation*, *biologicals*, prescribed by a licensed physician and any
 health-related services deemed medically [necessary] appropriate to
 determine the need or effectiveness of the medications.

29 **(j)** "Psychiatric care" means direct or consultative services 30 provided by a psychiatrist licensed in the state in which the 31 psychiatrist practices.

32 **[(k)]** (m) "Psychological care" means direct or consultative 33 services provided by a psychologist licensed in the state in which 34 the psychologist practices.

35 f(1) (*n*) "Screening for *and diagnosis of* autism spectrum 36 disorders" means *any* medically <u>[necessary]</u> *appropriate* 37 assessments, evaluations or tests to screen and diagnose whether a 38 person has an autism spectrum disorder <del>[.</del>

39 (m)], including, without limitation, electroencephalography, 40 audiological evaluation, metabolic screening, neuroimaging, 41 karyotype and genetic testing for fragile X syndrome and 42 laboratory testing for gastrointestinal disturbances.

43 (*o*) "Therapeutic care" means services provided by licensed or 44 certified speech pathologists, occupational therapists and physical 45 therapists.





**[(n)]** (p) "Treatment of autism spectrum disorders" means: 1 2 (1) Behavioral care; 3 (2) Consultation or treatment by a nutritionist or dietitian; (3) Full-time care in a residential setting that specializes in 4 care for persons with autism spectrum disorders; 5 (4) Habilitative or rehabilitative care; 6 7 (5) Music therapy; (6) Prescription care; 8 (7) Psychiatric care; 9 (8) Psychological care; 10 (9) Therapeutic care; or 11 (10) Therapy relating to social communication and social 12 13 skills, 14 + that is prescribed, provided or ordered by a licensed physician, 15 licensed psychologist or licensed behavior analyst who determines 16 the care to be medically appropriate for a person diagnosed with 17 an autism spectrum disorder. (q) "Treatment plan" means a plan to treat an autism spectrum 18 disorder that is prescribed by a licensed physician or licensed 19 psychologist and may be developed pursuant to a comprehensive 20 evaluation in coordination with a licensed behavior analyst. 21 22 **Sec. 3.** NRS 689C.1655 is hereby amended to read as follows: 689C.1655 1. A health benefit plan must provide coverage 23 24 for screening for and diagnosis of autism spectrum disorders and for 25 treatment of autism spectrum disorders to persons covered by the health benefit plan . Junder the age of 18 or, if enrolled in high 26 27 school, until the person reaches the age of 22.] 28 2. [Coverage] Except as otherwise provided in subsection 7, 29 *coverage* provided under this section is subject to + 30 (a) A maximum benefit of \$36,000 per year for applied behavior 31 analysis treatment; and (b) Copayment, copayment, deductible and coinsurance 32 provisions and any other general exclusion or limitation of a health 33 benefit plan {to the same extent as} that are not less favorable to the 34 35 *insured than* other medical services or prescription drugs covered 36 by the plan. 37 A health benefit plan that offers or issues a policy of group 3. 38 health insurance which provides coverage for outpatient care shall 39 not 🕂 40 (a) Require an insured to pay a higher deductible, copayment or coinsurance or require a longer waiting period for coverage for 41 outpatient care related to autism spectrum disorders than is required 42 for other outpatient care covered by the plan; or 43 44 (b) Refuse refuse to issue or renew a health benefit plan or 45 cancel a health benefit plan solely because the person applying for





1 or covered by the plan uses or may use in the future any of the 2 services listed in subsection 1.

4. Except as *otherwise* provided in [subsections 1 and 2,] *subsection 7*, a carrier shall not limit the number of visits an insured
may make to any person, entity or group for treatment of autism
spectrum disorders.

7 5. Treatment of autism spectrum disorders must be identified in
8 a treatment plan. [and may include medically necessary habilitative
9 or rehabilitative care, prescription care, psychiatric care,
10 psychological care, behavior therapy or therapeutic care that is:

(a) Prescribed for a person diagnosed with an autism spectrum
 disorder by a licensed physician or licensed psychologist; and

(b) Provided for a person diagnosed with an autism spectrum
 disorder by a licensed physician, licensed psychologist, licensed
 behavior analyst or other provider that is supervised by the licensed
 physician, psychologist or behavior analyst.

A carrier may request a copy of and review a treatment plan created pursuant to this subsection [] not more frequently than once every 12 months unless the carrier and the insured's licensed physician or licensed psychologist agree that a more frequent review is necessary. The carrier is responsible for paying any costs incurred in obtaining and reviewing a treatment plan.

23 6. A carrier shall not deny coverage for the treatment of an 24 autism spectrum disorder on the basis that the treatment is 25 educational in nature.

7. Coverage provided under this section for applied behavior 26 27 analysis is subject to a maximum benefit of 30 hours of treatment per week unless the treatment plan developed pursuant to 28 29 subsection 5 recommends a higher number of hours and expressly 30 provides that any hours of treatment beyond the first 30 hours in a 31 week will not be counted against the maximum benefit for that 32 week. Only time spent by a licensed behavior analyst, licensed 33 assistant behavior analyst or certified autism *behavior* applied behavior interventionist providing treatment using 34 analysis and for an autism spectrum disorder may be counted 35 against the maximum benefit. If more than one session of 36 treatment using applied behavior analysis is received by an 37 insured in a calendar day, the carrier shall charge a single daily 38 copayment for all sessions of treatment using applied behavior 39 40 analysis received during that calendar day.

8. A health benefit plan subject to the provisions of this chapter
that is delivered, issued for delivery or renewed on or after [January]
July 1, [2011,] 2013, has the legal effect of including the coverage
required by [subsection 1,] this section, and any provision of the





1 plan or the renewal which is in conflict with [subsection 1 or 2] this 2 *section* is void.

3 [7.] 9. Nothing in this section shall be construed as [requiring] 4

5 (a) **Requiring** a carrier to provide reimbursement to an early 6 intervention agency or school for services delivered through early 7 intervention or school services +.

8 <del>8.]</del>; or

9 (b) Except as otherwise provided in subsection 7, limiting the 10 benefits that are otherwise available to the insured through the health benefit plan. 11

If any provision of federal law expressly authorizes 12 *10*. 13 coverage for screening for and diagnosis of autism spectrum 14 disorders or for treatment of autism spectrum disorders that is 15 more favorable to the insured than the provisions of this section: 16

(a) The provision of federal law supersedes this section;

17 (b) A health benefit plan subject to the provisions of this 18 chapter has the legal effect of including the coverage authorized 19 by the provision of federal law; and

(c) Any provision of the plan which is in conflict with the 20 21 provision of federal law is void.

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11. As used in this section:

23 (a) "Applied behavior analysis" means the design. implementation and evaluation of environmental modifications 24 25 using behavioral stimuli and consequences to produce socially significant improvement in human behavior, including, without 26 limitation, the use of direct observation, measurement and 27 functional analysis of the relations between environment and 28 29 behavior.

30 (b) "Autism spectrum disorders" means fa neurobiological 31 medical condition including, any of the pervasive developmental 32 disorders as defined by the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders or the International 33 Statistical Classification of Diseases and Related Health Problems. 34 35 *The term includes*, without limitation, autistic disorder, Asperger's Disorder and Pervasive Developmental Disorder Not Otherwise 36 37 Specified H, as those disorders are defined in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, or the 38 International Statistical Classification of Diseases and Related 39 Health Problems, Tenth Revision, Clinical Modification, and any 40 41 substantially similar disorder defined in a subsequent edition or 42 revision. 43 (c) "Behavioral care" means any counseling, therapy or

44 treatment for the purpose of: 45

(1) Increasing appropriate or adaptive behaviors;





(2) Decreasing maladaptive behaviors; or

2 (3) Developing, maintaining or restoring, to the maximum 3 extent practicable, the functioning of a person, including, without 4 limitation, the systematic management of environmental factors or 5 the consequences of behaviors. The term includes, without 6 limitation, applied behavioral analysis.

7 *(d)* "Behavioral therapy" means any interactive therapy derived 8 from evidence-based research, including, without limitation, discrete 9 trial training, early intensive behavioral intervention, intensive 10 intervention programs, pivotal response training and verbal behavior 11 provided by a licensed psychologist, licensed behavior analyst, 12 licensed assistant behavior analyst or certified autism behavior 13 interventionist.

14 **(d)** (e) "Certified autism behavior interventionist" means a 15 person who is certified as an autism behavior interventionist by the 16 Board of Psychological Examiners and who provides behavior 17 therapy under the supervision of:

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(1) A licensed psychologist;

19 20 (2) A licensed behavior analyst; or

(3) A licensed assistant behavior analyst.

21 **((e)) (f)** "Evidence-based research" means research that applies 22 rigorous, systematic and objective procedures to obtain valid 23 knowledge relevant to autism spectrum disorders.

24 **[(f)] (g)** "Habilitative or rehabilitative care" means counseling, 25 guidance and professional services and treatment programs, 26 including, without limitation, applied behavior analysis, that are 27 necessary to develop, maintain and restore, to the maximum extent 28 practicable, the functioning of a person.

29 (g) "Licensed assistant behavior analyst" means a person 30 who holds current certification or meets the standards to be certified 31 as a board certified assistant behavior analyst issued by the Behavior Analyst Certification Board, Inc., or any successor in interest to that 32 33 organization, who is licensed as an assistant behavior analyst by the 34 Board of Psychological Examiners and who provides behavioral 35 therapy under the supervision of a licensed behavior analyst or 36 psychologist.

37 (h) (i) "Licensed behavior analyst" means a person who holds 38 current certification or meets the standards to be certified as a board 39 certified behavior analyst or a board certified assistant behavior 40 analyst issued by the Behavior Analyst Certification Board, Inc., or 41 any successor in interest to that organization and who is licensed as 42 a behavior analyst by the Board of Psychological Examiners.

43 [(i)] (j) "Medically appropriate" means any care, intervention, 44 item, service or treatment which is prescribed, provided or ordered 45 by a licensed physician, licensed psychologist or licensed behavior





analyst in accordance with accepted standards of practice and
 which will, or is reasonably expected to:

3 (1) Prevent the onset or worsening of an illness, condition, 4 injury or disability;

5 (2) Reduce or ameliorate the physical, mental or 6 developmental effects of an illness, condition, injury or disability; 7 or

8 (3) Assist to achieve or maintain maximum functioning 9 capacity in performing daily activities, taking into account both 10 the functional capacity of the recipient and the functional 11 capacities that are appropriate for recipients of the same age.

(k) "Prescription care" means medications , *including*, *without limitation*, *biologicals*, prescribed by a licensed physician and any
 health-related services deemed medically [necessary] appropriate to
 determine the need or effectiveness of the medications.

16 **(j)** "Psychiatric care" means direct or consultative services 17 provided by a psychiatrist licensed in the state in which the 18 psychiatrist practices.

19 **((k))** (m) "Psychological care" means direct or consultative 20 services provided by a psychologist licensed in the state in which 21 the psychologist practices.

22 **(())** "Screening for *and diagnosis of* autism spectrum 23 disorders" means *any* medically <u>[necessary]</u> *appropriate* 24 assessments, evaluations or tests to screen and diagnose whether a 25 person has an autism spectrum disorder <del>[.</del>

(m)], including, without limitation, electroencephalography,
 audiological evaluation, metabolic screening, neuroimaging,
 karyotype and genetic testing for fragile X syndrome and
 laboratory testing for gastrointestinal disturbances.

- 30 (*o*) "Therapeutic care" means services provided by licensed or 31 certified speech pathologists, occupational therapists and physical 32 therapists.
  - (n) "Treatment of autism spectrum disorders" means:
     (1) Behavioral care;
- 33 34 35

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(2) Consultation or treatment by a nutritionist or dietitian;

36 (3) Full-time care in a residential setting that specializes in 37 care for persons with autism spectrum disorder;

(4) Habilitative or rehabilitative care;

- 39 (5) Music therapy;
- 40 (6) Prescription care;
- 41 (7) Psychiatric care;
- 42 (8) Psychological care;
- 43 (9) Therapeutic care; or
- 44 (10) Therapy relating to social communication and social 45 skills,





that is prescribed, provided or ordered by a licensed physician,
 licensed psychologist or licensed behavior analyst who determines
 the care to be medically appropriate for a person diagnosed with
 an autism spectrum disorder.

5 (q) "Treatment plan" means a plan to treat an autism spectrum 6 disorder that is prescribed by a licensed physician or licensed 7 psychologist and may be developed pursuant to a comprehensive 8 evaluation in coordination with a licensed behavior analyst.

**Sec. 4.** NRS 695C.1717 is hereby amended to read as follows:

10 695C.1717 1. A health care plan issued by a health 11 maintenance organization must provide coverage for screening for 12 and diagnosis of autism spectrum disorders and for treatment of 13 autism spectrum disorders to persons covered by the health care 14 plan. [under the age of 18 or, if enrolled in high school, until the 15 person reaches the age of 22.]

16 2. [Coverage] Except as otherwise provided in subsection 7,
 17 coverage provided under this section is subject to [:

(a) A maximum benefit of \$36,000 per year for applied behavior
 analysis treatment; and

(b) Copayment, copayment, deductible and coinsurance
 provisions and any other general exclusion or limitation of a health
 care plan [to the same extent as] that are not less favorable to the
 enrollee than other medical services or prescription drugs covered
 by the plan.

3. A health [care plan issued by a health] maintenance
organization that *issues a health care plan which* provides coverage
for outpatient care shall not [:

28 (a) Require an enrollee to pay a higher deductible, copayment or

29 coinsurance or require a longer waiting period for coverage for

30 outpatient care related to autism spectrum disorders than is required
 31 for other outpatient care covered by the plan; or

(b) Refuse] *refuse* to issue *or renew* a health care plan or cancel
 a health care plan solely because the person applying for or covered
 by the plan uses or may use in the future any of the services listed in
 subsection 1.

4. Except as *otherwise* provided in [subsections 1 and 2,]
 *subsection 7*, a health maintenance organization shall not limit the
 number of visits an enrollee may make to any person, entity or
 group for treatment of autism spectrum disorders.

40 5. Treatment of autism spectrum disorders must be identified in
41 a treatment plan. [and may include medically necessary habilitative
42 or rehabilitative care, prescription care, psychiatric care,
43 psychological care, behavior therapy or therapeutic care that is:
44 (a) Prescribed for a person diagnosed with an autism spectrum

45 disorder by a licensed physician or licensed psychologist; and



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(b) Provided for a person diagnosed with an autism spectrum
 disorder by a licensed physician, licensed psychologist, licensed
 behavior analyst or other provider that is supervised by the licensed

4 physician, psychologist or behavior analyst.

5 A health maintenance organization may request a copy of and 6 review a treatment plan created pursuant to this subsection H not 7 more frequently than once every 12 months unless the health maintenance organization and the enrollee's licensed physician or 8 9 licensed psychologist agree that a more frequent review is necessary. The health maintenance organization is responsible for 10 paying any costs incurred in obtaining and reviewing a treatment 11 12 plan.

13 6. A health maintenance organization shall not deny 14 coverage for the treatment of an autism spectrum disorder on the 15 basis that the treatment is educational in nature.

16 7. Coverage provided under this section for applied behavior 17 analysis is subject to a maximum benefit of 30 hours of treatment per week unless the treatment plan developed pursuant to 18 19 subsection 5 recommends a higher number of hours and expressly 20 provides that any hours of treatment beyond the first 30 hours in a 21 week will not be counted against the maximum benefit for that 22 week. Only time spent by a licensed behavior analyst, licensed 23 assistant behavior analyst or certified autism behavior interventionist providing treatment using applied behavior 24 25 analysis and for an autism spectrum disorder may be counted against the maximum benefit. If more than one session of 26 27 treatment using applied behavior analysis is received by an enrollee in a calendar day, the health maintenance organization 28 29 shall charge a single daily copayment for all sessions of treatment 30 using applied behavior analysis received during that calendar day.

8. Evidence of coverage subject to the provisions of this
chapter that is delivered, issued for delivery or renewed on or after
[January] July 1, [2011,] 2013, has the legal effect of including the
coverage required by [subsection 1,] this section, and any provision
of the evidence of coverage or the renewal which is in conflict with
[subsection 1 or 2] this section is void.

37 [7.] 9. Nothing in this section shall be construed as [requiring]
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*(a) Requiring* a health maintenance organization to provide
 reimbursement to an early intervention agency or school for services
 delivered through early intervention or school services 1.

42 <u>-8.</u>; or

43 (b) Except as otherwise provided in subsection 7, limiting the 44 benefits that are otherwise available to the insured through the 45 health care plan.





1 10. If any provision of federal law expressly authorizes 2 coverage for screening for and diagnosis of autism spectrum 3 disorders or for treatment of autism spectrum disorders that is 4 more favorable to the enrollee than the provisions of this section: 5 (a) The provision of federal law supersedes this section;

6 (b) An evidence of coverage subject to the provisions of this 7 chapter has the legal effect of including the coverage authorized 8 by the provision of federal law; and

9 (c) Any provision of the evidence of coverage which is in 10 conflict with the provision of federal law is void.

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11. As used in this section:

(a) "Applied 12 behavior analysis" the means design. 13 implementation and evaluation of environmental modifications 14 using behavioral stimuli and consequences to produce socially 15 significant improvement in human behavior, including, without 16 limitation, the use of direct observation, measurement and 17 functional analysis of the relations between environment and 18 behavior

19 (b) "Autism spectrum disorders" means fa neurobiological medical condition including,] any of the pervasive developmental 20 disorders as defined by the most recent edition of the Diagnostic 21 22 and Statistical Manual of Mental Disorders or the International Statistical Classification of Diseases and Related Health Problems. 23 *The term includes*, without limitation, autistic disorder, Asperger's 24 25 Disorder and Pervasive Developmental Disorder Not Otherwise Specified [], as those disorders are defined in the Diagnostic and 26 27 Statistical Manual of Mental Disorders, Fourth Edition, or the International Statistical Classification of Diseases and Related 28 29 Health Problems, Tenth Revision, Clinical Modification, and any substantially similar disorder defined in a subsequent edition or 30 31 revision.

- 32 (c) "Behavioral care" means any counseling, therapy or 33 treatment for the purpose of:
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(1) Increasing appropriate or adaptive behaviors;

(2) Decreasing maladaptive behaviors; or

36 (3) Developing, maintaining or restoring, to the maximum 37 extent practicable, the functioning of a person, including, without 38 limitation, the systematic management of environmental factors or 39 the consequences of behaviors. The term includes, without 40 limitation, applied behavioral analysis.

(d) "Behavioral therapy" means any interactive therapy derived
 from evidence-based research, including, without limitation, discrete
 trial training, early intensive behavioral intervention, intensive
 intervention programs, pivotal response training and verbal behavior
 provided by a licensed psychologist, licensed behavior analyst,





licensed assistant behavior analyst or certified autism behavior
 interventionist.

3 **(d)** (e) "Certified autism behavior interventionist" means a 4 person who is certified as an autism behavior interventionist by the 5 Board of Psychological Examiners and who provides behavior 6 therapy under the supervision of:

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(1) A licensed psychologist;

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(2) A licensed behavior analyst; or(3) A licensed assistant behavior analyst.

10 (f) "Evidence-based research" means research that applies 11 rigorous, systematic and objective procedures to obtain valid 12 knowledge relevant to autism spectrum disorders.

13 **(f) (g)** "Habilitative or rehabilitative care" means counseling, 14 guidance and professional services and treatment programs, 15 including, without limitation, applied behavior analysis, that are 16 necessary to develop, maintain and restore, to the maximum extent 17 practicable, the functioning of a person.

**(g)** "Licensed assistant behavior analyst" means a person 18 who holds current certification or meets the standards to be certified 19 20 as a board certified assistant behavior analyst issued by the Behavior 21 Analyst Certification Board, Inc., or any successor in interest to that 22 organization, who is licensed as an assistant behavior analyst by the Board of Psychological Examiners and who provides behavioral 23 24 therapy under the supervision of a licensed behavior analyst or 25 psychologist.

26 [(h)] (i) "Licensed behavior analyst" means a person who holds 27 current certification or meets the standards to be certified as a board 28 certified behavior analyst or a board certified assistant behavior 29 analyst issued by the Behavior Analyst Certification Board, Inc., or 30 any successor in interest to that organization and who is licensed as 31 a behavior analyst by the Board of Psychological Examiners.

32 **[(i)]** (j) "Medically appropriate" means any care, intervention, 33 item, service or treatment which is prescribed, provided or ordered 34 by a licensed physician, licensed psychologist or licensed behavior 35 analyst in accordance with accepted standards of practice and 36 which will, or is reasonably expected to:

*(1) Prevent the onset or worsening of an illness, condition, injury or disability;*

39 (2) Reduce or ameliorate the physical, mental or 40 developmental effects of an illness, condition, injury or disability; 41 or

42 (3) Assist to achieve or maintain maximum functioning 43 capacity in performing daily activities, taking into account both 44 the functional capacity of the recipient and the functional 45 capacities that are appropriate for recipients of the same age.





(k) "Prescription care" means medications, including, without 1 *limitation, biologicals,* prescribed by a licensed physician and any 2 health-related services deemed medically [necessary] appropriate to 3 determine the need or effectiveness of the medications. 4

5 (i) "Psychiatric care" means direct or consultative services 6 provided by a psychiatrist licensed in the state in which the 7 psychiatrist practices.

(k) (m) "Psychological care" means direct or consultative 8 services provided by a psychologist licensed in the state in which 9 10 the psychologist practices.

(1) "Screening for and diagnosis of autism spectrum 11 12 means *any* medically *[necessary] appropriate* disorders" 13 assessments, evaluations or tests to screen and diagnose whether a 14 person has an autism spectrum disorder 4-

15 (m)], including, without limitation, electroencephalography, audiological evaluation, metabolic screening, neuroimaging, 16 karyotype and genetic testing for fragile X syndrome and 17 laboratory testing for gastrointestinal disturbances. 18

(o) "Therapeutic care" means services provided by licensed or 19 certified speech pathologists, occupational therapists and physical 20 21 therapists.

22 23 **[(n)]** (p) "Treatment of autism spectrum disorders" means: (1) Behavioral care:

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(2) Consultation or treatment by a nutritionist or dietitian;

(3) Full-time care in a residential setting that specializes in 25 care for persons with autism spectrum disorder; 26

- (4) Habilitative or rehabilitative care:
- (5) Music therapy; 28
- 29 (6) Prescription care;
- 30 (7) Psychiatric care;
- (8) Psychological care; 31
- 32 (9) Therapeutic care; or
- 33 (10) Therapy relating to social communication and social 34 skills,

35 that is prescribed, provided or ordered by a licensed physician, licensed psychologist or licensed behavior analyst who determines 36 the care to be medically appropriate for a person diagnosed with 37 38 an autism spectrum disorder.

39 (q) "Treatment plan" means a plan to treat an autism spectrum disorder that is prescribed by a licensed physician or licensed 40 psychologist and may be developed pursuant to a comprehensive 41 42 evaluation in coordination with a licensed behavior analyst. 43

Sec. 5. NRS 695G.1645 is hereby amended to read as follows:

695G.1645 1. A health care plan issued by a managed care 44 45 organization for *individual or* group coverage must provide





coverage for screening for and diagnosis of autism spectrum 2 disorders and for treatment of autism spectrum disorders to persons covered by the health care plan. Junder the age of 18 or, if enrolled 3 4 in high school, until the person reaches the age of 22. 5 2. [A health care plan issued by a managed care organization for individual coverage must provide an option for coverage for 6 7 screening for and diagnosis of autism spectrum disorders and for treatment of autism spectrum disorders to persons covered by the 8 health care plan under the age of 18 or, if enrolled in high school, 9 until the person reaches the age of 22. 10 **3.** Coverage Except as otherwise provided in subsection 7, 11 12 *coverage* provided under this section is subject to *\frac{1}{2}* 13 (a) A maximum benefit of \$36,000 per year for applied behavior 14 analysis treatment; and 15 (b) Copayment, copayment, deductible and coinsurance 16 provisions and any other general exclusion or limitation of a health care plan [to the same extent as] that are not less favorable to the 17 18 *insured than* other medical services or prescription drugs covered 19 by the plan. 20 [4.] 3. A managed care organization that offers or issues a 21 health care plan which provides coverage for outpatient care shall 22 not 🕂 (a) Require an insured to pay a higher deductible, copayment or 23 coinsurance or require a longer waiting period for coverage for 24 25 outpatient care related to autism spectrum disorders than is required 26 for other outpatient care covered by the plan; or (b) Refuse refuse to issue or renew a health care plan or cancel 27 a health care plan solely because the person applying for or covered 28 29 by the plan uses or may use in the future any of the services listed in 30 subsection 1. 31 <del>[5.]</del> **4**. Except as *otherwise* provided in [subsections 1, 2 and 32 3.] subsection 7, a managed care organization shall not limit the 33 number of visits an insured may make to any person, entity or group 34 for treatment of autism spectrum disorders. [6.] 5. Treatment of autism spectrum disorders must be 35 identified in a treatment plan . [and may include medically 36 necessary habilitative or rehabilitative care, prescription care, 37 psychiatric care, psychological care, behavior therapy or therapeutic 38 care that is: 39 40 (a) Prescribed for a person diagnosed with an autism spectrum 41 disorder by a licensed physician or licensed psychologist; and (b) Provided for a person diagnosed with an autism spectrum 42 disorder by a licensed physician, licensed psychologist, licensed 43 44 behavior analyst or other provider that is supervised by the licensed 45 physician, psychologist or behavior analyst. \* A B 3 6 9 ¥

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A managed care organization may request a copy of and review ta treatment plan created pursuant to this subsection [-] not more frequently than once every 12 months unless the managed care organization and the insured's licensed physician or licensed psychologist agree that a more frequent review is necessary. The managed care organization is responsible for paying any costs incurred in obtaining and reviewing a treatment plan.

8 6. A managed care organization shall not deny coverage for 9 the treatment of an autism spectrum disorder on the basis that the 10 treatment is educational in nature.

11 7. Coverage provided under this section for applied behavior analysis is subject to a maximum benefit of 30 hours of treatment 12 13 per week unless the treatment plan developed pursuant to subsection 5 recommends a higher number of hours and expressly 14 15 provides that any hours of treatment beyond the first 30 hours in a 16 week will not be counted against the maximum benefit for that 17 week. Only time spent by a licensed behavior analyst, licensed 18 assistant behavior analyst or certified autism behavior 19 interventionist providing treatment using applied behavior analysis and for an autism spectrum disorder may be counted 20 against the maximum benefit. If more than one session of 21 treatment using applied behavior analysis is received by an 22 insured in a calendar day, the managed care organization shall 23 charge a single daily copayment for all sessions of treatment using 24 25 applied behavior analysis received during that calendar day.

8. An evidence of coverage subject to the provisions of this
chapter that is delivered, issued for delivery or renewed on or after
[January] July 1, [2011,] 2013, has the legal effect of including the
coverage required by [subsection 1,] this section, and any provision
of the evidence of coverage or the renewal which is in conflict with
[subsection 1 or 3] this section is void.

32 33 [8.] 9. Nothing in this section shall be construed as [requiring]

*(a) Requiring* a managed care organization to provide
 reimbursement to an early intervention agency or school for services
 delivered through early intervention or school services [-

37 <u>-9.]</u>; or

38 (b) Except as otherwise provided in subsection 7, limiting the 39 benefits that are otherwise available to the insured through the 40 health care plan.

41 10. If any provision of federal law expressly authorizes
42 coverage for screening for and diagnosis of autism spectrum
43 disorders or for treatment of autism spectrum disorders that is
44 more favorable to the insured than the provisions of this section:
45 (a) The provision of federal law supersedes this section;





(b) An evidence of coverage subject to the provisions of this
 chapter has the legal effect of including the coverage authorized
 by the provision of federal law; and

4 (c) Any provision of the evidence of coverage which is in 5 conflict with the provision of federal law is void.

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**11.** As used in this section:

7 (a) "Applied behavior analysis" the design. means implementation and evaluation of environmental modifications 8 9 using behavioral stimuli and consequences to produce socially 10 significant improvement in human behavior, including, without limitation, the use of direct observation, measurement and 11 functional analysis of the relations between environment and 12 13 behavior.

14 (b) "Autism spectrum disorders" means fa neurobiological 15 medical condition including, any of the pervasive developmental 16 disorders as defined by the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders or the International 17 Statistical Classification of Diseases and Related Health Problems. 18 19 The term includes, without limitation, autistic disorder, Asperger's 20 Disorder and Pervasive Developmental Disorder Not Otherwise 21 Specified H, as those disorders are defined in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, or the 22 International Statistical Classification of Diseases and Related 23 Health Problems, Tenth Revision, Clinical Modification, and any 24 25 substantially similar disorder defined in a subsequent edition or 26 revision.

(c) "Behavioral care" means any counseling, therapy or
 treatment for the purpose of:

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(1) Increasing appropriate or adaptive behaviors;

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(2) Decreasing maladaptive behaviors; or (3) Developing maintaining or restoring

31 (3) Developing, maintaining or restoring, to the maximum 32 extent practicable, the functioning of a person, including, without 33 limitation, the systematic management of environmental factors or 34 the consequences of behaviors. The term includes, without 35 limitation, applied behavioral analysis.

(d) "Behavioral therapy" means any interactive therapy derived
 from evidence-based research, including, without limitation, discrete
 trial training, early intensive behavioral intervention, intensive
 intervention programs, pivotal response training and verbal behavior
 provided by a licensed psychologist, licensed behavior analyst,
 licensed assistant behavior analyst or certified autism behavior
 interventionist.

43 **(d)** (e) "Certified autism behavior interventionist" means a 44 person who is certified as an autism behavior interventionist by the





Board of Psychological Examiners and who provides behavior
 therapy under the supervision of:

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A licensed psychologist;
 A licensed behavior analyst; or

4 5

(3) A licensed assistant behavior analyst.

6 **((e))** (f) "Evidence-based research" means research that applies 7 rigorous, systematic and objective procedures to obtain valid 8 knowledge relevant to autism spectrum disorders.

9 **(f) (g)** "Habilitative or rehabilitative care" means counseling, 10 guidance and professional services and treatment programs, 11 including, without limitation, applied behavior analysis, that are 12 necessary to develop, maintain and restore, to the maximum extent 13 practicable, the functioning of a person.

14 (g) "Licensed assistant behavior analyst" means a person 15 who holds current certification or meets the standards to be certified 16 as a board certified assistant behavior analyst issued by the Behavior 17 Analyst Certification Board, Inc., or any successor in interest to that 18 organization, who is licensed as an assistant behavior analyst by the 19 Board of Psychological Examiners and who provides behavioral 20 therapy under the supervision of a licensed behavior analyst or 21 psychologist.

22 **[(h)]** *(i)* "Licensed behavior analyst" means a person who holds 23 current certification or meets the standards to be certified as a board 24 certified behavior analyst or a board certified assistant behavior 25 analyst issued by the Behavior Analyst Certification Board, Inc., or 26 any successor in interest to that organization and who is licensed as 27 a behavior analyst by the Board of Psychological Examiners.

28 [(i)] (j) "Medically appropriate" means any care, intervention, item, service or treatment which is prescribed, provided or ordered by a licensed physician, licensed psychologist or licensed behavior analyst in accordance with accepted standards of practice and which will, or is reasonably expected to:

(1) Prevent the onset or worsening of an illness, condition,
 injury or disability;

35 (2) Reduce or ameliorate the physical, mental or 36 developmental effects of an illness, condition, injury or disability; 37 or

38 (3) Assist to achieve or maintain maximum functioning 39 capacity in performing daily activities, taking into account both 40 the functional capacity of the recipient and the functional 41 capacities that are appropriate for recipients of the same age.

(k) "Prescription care" means medications , *including*, *without limitation*, *biologicals*, prescribed by a licensed physician and any
 health-related services deemed medically [necessary] appropriate to
 determine the need or effectiveness of the medications.





1 (i) "Psychiatric care" means direct or consultative services 2 provided by a psychiatrist licensed in the state in which the 3 psychiatrist practices.

4 **(k)** (m) "Psychological care" means direct or consultative 5 services provided by a psychologist licensed in the state in which 6 the psychologist practices.

7 ((1)) "Screening for *and diagnosis of* autism spectrum 8 disorders" means *any* medically <u>[necessary]</u> *appropriate* 9 assessments, evaluations or tests to screen and diagnose whether a 10 person has an autism spectrum disorder <del>[.</del>

(m)], including, without limitation, electroencephalography,
 audiological evaluation, metabolic screening, neuroimaging,
 karyotype and genetic testing for fragile X syndrome and
 laboratory testing for gastrointestinal disturbances.

15 (*o*) "Therapeutic care" means services provided by licensed or 16 certified speech pathologists, occupational therapists and physical 17 therapists.

18 [(n)] (p) "Treatment of autism spectrum disorders" means:
 19 (1) Behavioral care;

(2) Consultation or treatment by a nutritionist or dietitian;

21 (3) Full-time care in a residential setting that specializes in 22 care for persons with an autism spectrum disorder;

- (4) Habilitative or rehabilitative care;
- 24 (5) Music therapy;

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(6) Prescription care;

(7) Psychiatric care;

(8) Psychological care;

(9) Therapeutic care; or

29 (10) Therapy relating to social communication and social 30 skills,

that is prescribed, provided or ordered by a licensed physician,
 licensed psychologist or licensed behavior analyst who determines
 the care to be medically appropriate for a person diagnosed with
 an autism spectrum disorder.

(q) "Treatment plan" means a plan to treat an autism spectrum
 disorder that is prescribed by a licensed physician or licensed
 psychologist and may be developed pursuant to a comprehensive
 evaluation in coordination with a licensed behavior analyst.

39 Sec. 6. NRS 287.0276 is hereby amended to read as follows:

40 287.0276 1. The governing body of any county, school 41 district, municipal corporation, political subdivision, public 42 corporation or other local governmental agency of the State of 43 Nevada that provides health insurance through a plan of self-44 insurance must provide coverage for screening for and diagnosis of 45 autism spectrum disorders and for treatment of autism spectrum





disorders to persons covered by the plan of self-insurance. [under
 the age of 18 or, if enrolled in high school, until the person reaches
 the age of 22.]

4 2. [Coverage] Except as otherwise provided in subsection 7, 5 coverage provided under this section is subject to [:

6 (a) A maximum benefit of \$36,000 per year for applied behavior
 7 analysis treatment; and

(b) Copayment,] copayment, deductible and coinsurance
 provisions and any other general exclusion or limitation of a plan of
 self-insurance [to the same extent as] that are not less favorable to
 the insured than other medical services or prescription drugs
 covered by the policy.

3. A governing body of any county, school district, municipal
corporation, political subdivision, public corporation or other local
governmental agency of the State of Nevada that provides health
insurance through a plan of self-insurance which provides coverage
for outpatient care shall not *:*

18 (a) Require an insured to pay a higher deductible, copayment or

19 coinsurance or require a longer waiting period for coverage for

20 outpatient care related to autism spectrum disorders than is required 21 for other outpatient care covered by the plan of self-insurance; or

(b) Refuse| refuse to issue or renew a plan of self-insurance or
 cancel a plan of self-insurance solely because the person applying
 for or covered by the plan of self-insurance uses or may use in the
 future any of the services listed in subsection 1.

4. Except as *otherwise* provided in [subsections 1 and 2,] *subsection 7,* a governing body of any county, school district, municipal corporation, political subdivision, public corporation or other local governmental agency of the State of Nevada that provides health insurance through a plan of self-insurance shall not limit the number of visits an insured may make to any person, entity or group for treatment of autism spectrum disorders.

5. Treatment of autism spectrum disorders must be identified in
a treatment plan. <del>[and may include medically necessary habilitative or rehabilitative care, prescription care, psychiatric care, psychological care, behavior therapy or therapeutic care that is:</del>

37 (a) Prescribed for a person diagnosed with an autism spectrum
 38 disorder by a licensed physician or licensed psychologist; and

39 (b) Provided for a person diagnosed with an autism spectrum
 40 disorder by a licensed physician, licensed psychologist, licensed
 41 behavior analyst or other provider that is supervised by the licensed
 42 physician, psychologist or behavior analyst.

43 A governing body of any county, school district, municipal 44 corporation, political subdivision, public corporation or other local 45 governmental agency of the State of Nevada that provides health





insurance through a plan of self-insurance may request a copy of
and review a treatment plan created pursuant to this subsection [.]
not more frequently than once every 12 months unless the
governing body and the insured's licensed physician or licensed
psychologist agree that a more frequent review is necessary. The
governing body is responsible for paying any costs incurred in
obtaining and reviewing a treatment plan.

8 6. A governing body of any county, school district, municipal 9 corporation, political subdivision, public corporation or other 10 local governmental agency of the State of Nevada that provides 11 health insurance through a plan of self-insurance shall not deny 12 coverage for the treatment of an autism spectrum disorder on the 13 basis that the treatment is educational in nature.

14 Coverage provided under this section for applied behavior 7. 15 analysis is subject to a maximum benefit of 30 hours of treatment 16 per week unless the treatment plan developed pursuant to 17 subsection 5 recommends a higher number of hours and expressly 18 provides that any hours of treatment beyond the first 30 hours in a 19 week will not be counted against the maximum benefit for that 20 week. Only time spent by a licensed behavior analyst, licensed 21 assistant behavior analyst or certified autism behavior interventionist providing treatment using applied behavior 22 analysis and for an autism spectrum disorder may be counted 23 against the maximum benefit. If more than one session of 24 treatment using applied behavior analysis is received by an 25 insured in a calendar day, the governing body of any county, 26 27 school district, municipal corporation, political subdivision, public corporation or other local governmental agency of the State of 28 29 Nevada that provides health insurance through a plan of self-30 insurance shall charge a single daily copayment for all sessions of 31 treatment using applied behavior analysis received during that 32 calendar dav.

**8.** A plan of self-insurance subject to the provisions of this chapter that is delivered, issued for delivery or renewed on or after July 1, [2011,] 2013, has the legal effect of including the coverage required by [subsection 1,] this section, and any provision of the plan of self-insurance or the renewal which is in conflict with [subsections 1 or 2] this section is void.

39 [7.] 9. Nothing in this section shall be construed as [requiring]
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41 *(a) Requiring* a governing body of any county, school district, 42 municipal corporation, political subdivision, public corporation or 43 other local governmental agency of the State of Nevada that 44 provides health insurance through a plan of self-insurance to provide





1 reimbursement to an early intervention agency or school for services 2 delivered through early intervention or school services +

3 -8.1; or

4 (b) Except as otherwise provided in subsection 7, limiting the 5 benefits that are otherwise available to the insured through the 6 plan of self-insurance.

10. If any provision of federal law expressly authorizes 7 coverage for screening for and diagnosis of autism spectrum 8 disorders or for treatment of autism spectrum disorders that is 9 10 more favorable to the insured than the provisions of this section: (a) The provision of federal law supersedes this section; 11

(b) A plan of self-insurance subject to the provisions of this 12 13 chapter has the legal effect of including the coverage authorized 14 by the provision of federal law; and

(c) Any provision of the plan of self-insurance which is in 15 conflict with the provision of federal law is void. 16

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11. As used in this section:

analysis" 18 (a) "Applied behavior means the design, implementation and evaluation of environmental modifications 19 using behavioral stimuli and consequences to produce socially 20 significant improvement in human behavior, including, without 21 22 limitation, the use of direct observation, measurement and 23 functional analysis of the relations between environment and 24 behavior

25 (b) "Autism spectrum disorders" means fa neurobiological medical condition including, any of the pervasive developmental 26 disorders as defined by the most recent edition of the Diagnostic 27 and Statistical Manual of Mental Disorders or the International 28 29 Statistical Classification of Diseases and Related Health Problems.

30 *The term includes*, without limitation, autistic disorder, Asperger's 31 Disorder and Pervasive Development Disorder Not Otherwise 32 Specified H, as those disorders are defined in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, or the 33

34 International Statistical Classification of Diseases and Related 35 Health Problems, Tenth Revision, Clinical Modification, and any

substantially similar disorder defined in a subsequent edition or 36 37 revision.

38 (c) "Behavioral care" means any counseling, therapy or 39 treatment for the purpose of:

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(1) Increasing appropriate or adaptive behaviors;

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(2) Decreasing maladaptive behaviors; or

42 (3) Developing, maintaining or restoring, to the maximum 43 extent practicable, the functioning of a person, including, without 44 limitation, the systematic management of environmental factors or





1 the consequences of behaviors. The term includes, without 2 limitation, applied behavioral analysis.

3 *(d)* "Behavioral therapy" means any interactive therapy derived 4 from evidence-based research, including, without limitation, discrete 5 trial training, early intensive behavioral intervention, intensive 6 intervention programs, pivotal response training and verbal behavior 7 provided by a licensed psychologist, licensed behavior analyst, 8 licensed assistant behavior analyst or certified autism behavior 9 interventionist.

10 **(d)** (e) "Certified autism behavior interventionist" means a 11 person who is certified as an autism behavior interventionist by the 12 Board of Psychological Examiners and who provides behavior 13 therapy under the supervision of:

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(1) A licensed psychologist;

15 16 (2) A licensed behavior analyst; or (3) A licensed assistant behavior at

(3) A licensed assistant behavior analyst.

17 **((e))** (f) "Evidence-based research" means research that applies 18 rigorous, systematic and objective procedures to obtain valid 19 knowledge relevant to autism spectrum disorders.

20 **[(f)] (g)** "Habilitative or rehabilitative care" means counseling, 21 guidance and professional services and treatment programs, 22 including, without limitation, applied behavior analysis, that are 23 necessary to develop, maintain and restore, to the maximum extent 24 practicable, the functioning of a person.

25 (g) (h) "Licensed assistant behavior analyst" means a person 26 who holds current certification or meets the standards to be certified 27 as a board certified assistant behavior analyst issued by the Behavior 28 Analyst Certification Board, Inc., or any successor in interest to that 29 organization, who is licensed as an assistant behavior analyst by the 30 Board of Psychological Examiners and who provides behavior 31 therapy under the supervision of a licensed behavior analyst or 32 psychologist.

33 **[(h)]** *(i)* "Licensed behavior analyst" means a person who holds 34 current certification or meets the standards to be certified as a board 35 certified behavior analyst or a board certified assistant behavior 36 analyst issued by the Behavior Analyst Certification Board, Inc., or 37 any successor in interest to that organization and who is licensed as 38 a behavior analyst by the Board of Psychological Examiners.

39 **[(i)]** (j) "Medically appropriate" means any care, intervention, 40 item, service or treatment which is prescribed, provided or ordered 41 by a licensed physician, licensed psychologist or licensed behavior 42 analyst in accordance with accepted standards of practice and 43 which will, or is reasonably expected to:

44 (1) Prevent the onset or worsening of an illness, condition,
45 injury or disability;





1 (2) Reduce or ameliorate the physical, mental or 2 developmental effects of an illness, condition, injury or disability; 3 or

4 (3) Assist to achieve or maintain maximum functioning 5 capacity in performing daily activities, taking into account both the functional capacity of the recipient and the functional 6 capacities that are appropriate for recipients of the same age. 7

(k) "Prescription care" means medications, including, without 8 9 *limitation, biologicals*, prescribed by a licensed physician and any health-related services deemed medically [necessary] appropriate to 10 determine the need or effectiveness of the medications. 11

12 (i) "Psychiatric care" means direct or consultative services 13 provided by a psychiatrist licensed in the state in which the 14 psychiatrist practices.

15 (k) (m) "Psychological care" means direct or consultative 16 services provided by a psychologist licensed in the state in which 17 the psychologist practices.

18 (1) (n) "Screening for and diagnosis of autism spectrum disorders" means **[all]** any medically appropriate assessments, 19 evaluations or tests to screen and diagnose whether a person has an 20 21 autism spectrum disorder <del>[.</del>

22 (m), including, without limitation, electroencephalography, audiological evaluation, metabolic screening, neuroimaging, 23 karyotype and genetic testing for fragile X syndrome and 24 laboratory testing for gastrointestinal disturbances. 25

(o) "Therapeutic care" means services provided by licensed or 26 27 certified speech pathologists, occupational therapists and physical 28 therapists.

- **[(n)]** (p) "Treatment of autism spectrum disorders" means: 29
- 30
- 31 32

(1) Behavioral care; (2) Consultation or treatment by a nutritionist or dietitian;

(3) Full-time care in a residential setting that specializes in

33 care for persons with autism spectrum disorder; 34

- (4) Habilitative or rehabilitative care;
- 35 (5) Music therapy;
- (6) **Prescription care**; 36
- (7) Psychiatric care; 37
- (8) Psychological care; 38
- 39 (9) Therapeutic care; or
- (10) Therapy relating to social communication and social 40 41 skills.
- that is prescribed, provided or ordered by a licensed physician, 42

licensed psychologist or licensed behavior analyst who determines 43

44 the care to be medically appropriate for a person diagnosed with

45 an autism spectrum disorder.





(q) "Treatment plan" means a plan to treat an autism spectrum
 disorder that is prescribed by a licensed physician or licensed
 psychologist and may be developed pursuant to a comprehensive
 evaluation in coordination with a licensed behavior analyst.
 Sec. 7. The provisions of NRS 354.599 do not apply to any

5 Sec. 7. The provisions of NRS 354.599 do not apply to any 6 additional expenses of a local government that are related to the 7 provisions of this act.

8 Sec. 8. This act becomes effective on July 1, 2013.



