

**SENATE  
STATE OF MINNESOTA  
NINETY-FIRST SESSION**

**S.F. No. 184**

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DATE  
01/17/2019

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Introduction and first reading  
Referred to Commerce and Consumer Protection Finance and Policy

OFFICIAL STATUS

1.1 A bill for an act  
1.2 relating to health coverage; limiting cost-sharing requirements for the first four  
1.3 outpatient mental health service visits; amending Minnesota Statutes 2018, section  
1.4 62Q.47.

1.5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF MINNESOTA:

1.6 Section 1. Minnesota Statutes 2018, section 62Q.47, is amended to read:

1.7 **62Q.47 ALCOHOLISM, MENTAL HEALTH, AND CHEMICAL DEPENDENCY**  
1.8 **SERVICES.**

1.9 (a) All health plans, as defined in section 62Q.01, that provide coverage for alcoholism,  
1.10 mental health, or chemical dependency services, must comply with the requirements of this  
1.11 section.

1.12 (b) Cost-sharing requirements and benefit or service limitations for outpatient mental  
1.13 health and outpatient chemical dependency and alcoholism services, except for persons  
1.14 placed in chemical dependency services under Minnesota Rules, parts 9530.6600 to  
1.15 9530.6655, must not place a greater financial burden on the insured or enrollee, or be more  
1.16 restrictive than those requirements and limitations for outpatient medical services.

1.17 (c) Notwithstanding paragraph (b), no health plan shall impose cost-sharing requirements  
1.18 for the first four outpatient mental health service visits that occur within a contract year.  
1.19 For purposes of this paragraph, "cost-sharing" includes deductibles, coinsurance, or  
1.20 co-payments, but does not include premiums, balance billing amounts for non-network  
1.21 providers, or the cost of noncovered services.

2.1        ~~(e)~~ (d) Cost-sharing requirements and benefit or service limitations for inpatient hospital  
2.2 mental health and inpatient hospital and residential chemical dependency and alcoholism  
2.3 services, except for persons placed in chemical dependency services under Minnesota Rules,  
2.4 parts 9530.6600 to 9530.6655, must not place a greater financial burden on the insured or  
2.5 enrollee, or be more restrictive than those requirements and limitations for inpatient hospital  
2.6 medical services.

2.7        ~~(d)~~ (e) All health plans must meet the requirements of the federal Mental Health Parity  
2.8 Act of 1996, Public Law 104-204; Paul Wellstone and Pete Domenici Mental Health Parity  
2.9 and Addiction Equity Act of 2008; the Affordable Care Act; and any amendments to, and  
2.10 federal guidance or regulations issued under, those acts.