MATERNAL MENTAL HEALTH SCREENINGS

House Bill 5169 (H-1) as reported from committee Sponsor: Rep. Rachel Hood

House Bill 5170 (H-1) as reported from committee Sponsor: Rep. Brenda Carter

House Bill 5171 (H-1) as reported from committee Sponsor: Rep. Kristian C. Grant

Committee: Health Policy Complete to 6-26-24

SUMMARY:

House Bill 5169 would amend the Public Health Code to require a health professional who is seeing an individual who has given birth, in a pediatric or obstetric and gynecological setting, to offer the mental health screening described below if the health professional determines at a follow-up appointment or well child visit during the individual's postpartum period (the period after giving birth) that a mental health screening is appropriate for the individual. Any other health professional could offer the mental health screening at a follow-up appointment or well child visit during the individual's postpartum period (the period after giving birth) that a mental health screening at a follow-up appointment or well child visit to an individual who has given birth during the individual's postpartum period or until the child is 12 months old. The provisions described in this paragraph would apply beginning January 1, 2026.

The Department of Health and Human Services (DHHS) could develop a tool to be used by health professionals offering a screening as provided above, and a health professional could also conduct the screening by using an evidence-based screening tool to assess an individual's maternal mental health or other postpartum risk factors.

If a health professional determines that an individual who has given birth may be in need of mental health resources in addition to the screening described above, the health professional could provide the individual with any of the following mental health resources:

- Mental health resources developed by DHHS.
- Information on postpartum mental health conditions and their symptoms.
- Treatment options for postpartum mental health conditions.
- Referrals the health professional considers appropriate for the individual.
- Any other information the health professional considers appropriate to support an individual the health professional determines may be in need of additional support or services.

Proposed MCL 333.9137

<u>House Bill 5170</u> would amend the Insurance Code to require an insurer that delivers, issues for delivery, or renews a health insurance policy in Michigan to provide coverage for mental health screenings during the postpartum period as described in HB 5169.

Proposed MCL 500.340600



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<u>House Bill 5171</u> would amend the Social Welfare Act to require Medicaid to cover mental health screenings during the postpartum period for Medicaid recipients as described in HB 5169.

MCL 400.109

FISCAL IMPACT:

House Bill 5169 would increase state expenditures to the Department of Health and Human Services and local units of government by an indeterminate amount. The fiscal impact on state expenditures would be dependent on the cost of developing and/or implementing a mental health screening tool for new mothers. The fiscal impact on local units of government would be dependent on any additional administrative or training costs associated with the implementation of the mental health screening tool.

House Bill 5170 would not have a fiscal impact on the Department of Insurance and Financial Services or on other units of state or local government.

House Bill 5171 would incur an upper-bound, estimated cost of \$2.3 million Gross (\$788,700 GF/GP)¹ per year for the Michigan Medicaid program, assuming every eligible recipient receives a Medicaid-provided mental health screening during the postpartum period. Median national reimbursements for Medicaid-provided "other psychiatric diagnostic procedures, psychotherapy services and procedures" were \$57.45² per encounter, as of 2022. The number of births financed by Medicaid in 2021 totaled 39,585 individuals,³ and was used as a proxy variable for the number of pregnant women that would be eligible for the Medicaid-provided mental health screenings during the postpartum period.

POSITIONS:

A representative of MomsBloom testified in support of the bills. (10-26-23)

The following entities indicated support for the bills:

- Michigan Health and Hospital Association (11-2-23)
- Michigan League for Public Policy (10-26-23)
- Michigan Nurses Association (10-26-23)
- Michigan Organization on Adolescent Sexual Health (11-2-23)
- Michigan State Medical Society (11-2-23)
- Nurse Family Partnership (11-2-23)

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[■] This analysis was prepared by nonpartisan House Fiscal Agency staff for use by House members in their deliberations and does not constitute an official statement of legislative intent.

¹ Assuming a federal medical assistance percentage (FMAP) of 65.32.

² <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10125036/</u>

³ https://www.kff.org/medicaid/state-indicator/births-financed-by-medicaid/