SENATE BILL 791

J5, J4 4lr2880
CF HB 932

By: **Senator Klausmeier**
Introduced and read first time: February 1, 2024
Assigned to: Finance

Committee Report: Favorable with amendments
Senate action: Adopted with floor amendments
Read second time: March 1, 2024

CHAPTER ______

1 AN ACT concerning

2 **Health Insurance – Utilization Review – Revisions**

3 FOR the purpose of altering and establishing requirements and prohibitions related to
4 health insurance utilization review; altering requirements related to internal
5 grievance procedures and adverse decision procedures; altering certain reporting
6 requirements on health insurance carriers relating to adverse decisions; establishing
7 requirements on health insurance carriers and health care providers relating to the
8 provision of patient benefit information; and generally relating to health insurance
9 and utilization review.

10 BY adding to
11 Article – Health – General
12 Section 19–108.5
13 Annotated Code of Maryland
14 (2023 Replacement Volume)

15 BY repealing and reenacting, without amendments,
16 Article – Insurance
17 Section 15–851 and 15–10B–01(a)
18 Annotated Code of Maryland
19 (2017 Replacement Volume and 2023 Supplement)

20 BY repealing and reenacting, with amendments,
21 Article – Insurance
22 Section 15–854 and 15–10B–06

EXPLANATION: **CAPITALS INDICATE MATTER ADDED TO EXISTING LAW**.
[Brackets**]** indicate matter deleted from existing law.
Underlining indicates amendments to bill.
~~Strike out~~ indicates matter stricken from the bill by amendment or deleted from the law by amendment.

1 Annotated Code of Maryland
2 (2017 Replacement Volume and 2023 Supplement)
3 (As enacted by Chapters 364 and 365 of the Acts of the General Assembly of 2023)

4 BY adding to
5 Article – Insurance
6 Section 15–854.1
7 Annotated Code of Maryland
8 (2017 Replacement Volume and 2023 Supplement)

9 BY repealing and reenacting, with amendments,
10 Article – Insurance
11 Section 15–10A–01, 15–10A–02, 15–10A–04(c), 15–10A–06, 15–10A–08,
12 15–10B–01(b), 15–10B–02, 15–10B–05, 15–10B–07, and 15–10B–09.1
13 Annotated Code of Maryland
14 (2017 Replacement Volume and 2023 Supplement)

15 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF MARYLAND,
16 That the Laws of Maryland read as follows:

17 **Article – Health – General**

18 **19–108.5.**

19 **(A) (1) IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS**
20 **INDICATED.**

21 **(2) "CARRIER" HAS THE MEANING STATED IN § 15–1301 OF THE**
22 **INSURANCE ARTICLE.**

23 **(3) "HEALTH CARE PROVIDER" HAS THE MEANING STATED IN §**
24 **19–108.3 OF THIS SUBTITLE.**

25 **(B) (1) ON OR BEFORE JULY 1, 2026, A CARRIER SHALL ESTABLISH AND**
26 **MAINTAIN AN ONLINE PROCESS THAT:**

27 **(I) LINKS DIRECTLY TO ALL E–PRESCRIBING SYSTEMS AND**
28 **ELECTRONIC HEALTH RECORD SYSTEMS THAT USE THE NATIONAL COUNCIL FOR**
29 **PRESCRIPTION DRUG PROGRAMS SCRIPT STANDARD AND THE NATIONAL**
30 **COUNCIL FOR PRESCRIPTION DRUG PROGRAMS REAL TIME BENEFIT STANDARD;**

31 **(II) CAN ACCEPT ELECTRONIC PRIOR AUTHORIZATION**
32 **REQUESTS FROM A HEALTH CARE PROVIDER;**

33 **(III) CAN APPROVE ELECTRONIC PRIOR AUTHORIZATION**
34 **REQUESTS:**

1. FOR WHICH NO ADDITIONAL INFORMATION IS NEEDED BY THE CARRIER TO PROCESS THE PRIOR AUTHORIZATION REQUEST;

2. FOR WHICH NO CLINICAL REVIEW IS REQUIRED; AND

3. THAT MEET THE CARRIER'S CRITERIA FOR APPROVAL; AND

(IV) LINKS DIRECTLY TO REAL–TIME PATIENT OUT–OF–POCKET COSTS, INCLUDING COPAYMENT, DEDUCTIBLE, AND COINSURANCE COSTS, AND MORE AFFORDABLE MEDICATION ALTERNATIVES MADE AVAILABLE BY THE CARRIER.

(2) A CARRIER MAY NOT:

(I) IMPOSE A FEE OR CHARGE ON A PERSON FOR ACCESSING THE ONLINE PROCESS REQUIRED UNDER PARAGRAPH (1) OF THIS SUBSECTION; OR

(II) ACCESS, WITHOUT HEALTH CARE PROVIDER CONSENT, HEALTH CARE PROVIDER DATA VIA THE ONLINE PROCESS OTHER THAN FOR THE INSURED OR ENROLLEE.

(C) ON OR BEFORE JULY 1, 2025, A CARRIER SHALL:

(1) ON REQUEST OF A HEALTH CARE PROVIDER, PROVIDE CONTACT INFORMATION FOR EACH THIRD–PARTY VENDOR OR OTHER ENTITY THAT THE CARRIER WILL USE TO MEET THE REQUIREMENTS OF SUBSECTION (B) OF THIS SECTION; AND

(2) POST THE CONTACT INFORMATION REQUIRED TO BE PROVIDED UNDER ITEM (1) OF THIS SUBSECTION ON ITS WEBSITE.

(D) (1) ON OR BEFORE JULY 1, 2026, EACH HEALTH CARE PROVIDER SHALL ENSURE THAT EACH E–PRESCRIBING SYSTEM OR ELECTRONIC HEALTH RECORD SYSTEM OWNED OR CONTRACTED FOR BY THE HEALTH CARE PROVIDER TO MAINTAIN A HEALTH RECORD OF AN INSURED OR ENROLLEE HAS THE ABILITY TO ACCESS, AT THE POINT OF PRESCRIBING:

(I) THE ELECTRONIC PRIOR AUTHORIZATION PROCESS ESTABLISHED BY A CARRIER UNDER SUBSECTION (B) OF THIS SECTION; AND

1 **(II) THE REAL–TIME PATIENT OUT–OF–POCKET COST**
2 **INFORMATION AND AVAILABLE MEDICATION ALTERNATIVES REQUIRED UNDER**
3 **SUBSECTION (B) OF THIS SECTION.**

4 **(2) THE COMMISSION SHALL ESTABLISH BY REGULATION A PROCESS**
5 **THROUGH WHICH A HEALTH CARE PROVIDER MAY REQUEST AND RECEIVE A WAIVER**
6 **OF COMPLIANCE FROM THE REQUIREMENTS OF THIS SUBSECTION.**

7 **(E) (1) ON OR BEFORE JULY 1, 2026, EACH CARRIER, OR A PHARMACY**
8 **BENEFITS MANAGER ON BEHALF OF THE CARRIER, SHALL:**

9 **(I) PROVIDE REAL–TIME PATIENT–SPECIFIC BENEFIT**
10 **INFORMATION TO INSUREDS AND ENROLLEES AND CONTRACTED HEALTH CARE**
11 **PROVIDERS, INCLUDING ANY OUT–OF–POCKET COSTS AND MORE AFFORDABLE**
12 **MEDICATION ALTERNATIVES OR PRIOR AUTHORIZATION REQUIREMENTS; AND**

13 **(II) ENSURE THAT THE INFORMATION PROVIDED UNDER ITEM**
14 **(I) OF THIS PARAGRAPH IS ACCURATE.**

15 **(2) EACH CARRIER, OR A PHARMACY BENEFITS MANAGER ON BEHALF**
16 **OF THE CARRIER, SHALL MAKE AVAILABLE THE INFORMATION REQUIRED TO BE**
17 **PROVIDED UNDER PARAGRAPH (1) OF THIS SUBSECTION TO THE HEALTH CARE**
18 **PROVIDER AT THE POINT OF PRESCRIBING IN AN ACCESSIBLE AND**
19 **UNDERSTANDABLE FORMAT, SUCH AS THROUGH THE HEALTH CARE PROVIDER'S**
20 **E–PRESCRIBING SYSTEM OR ELECTRONIC HEALTH RECORD SYSTEM THAT THE**
21 **CARRIER, PHARMACY BENEFITS MANAGER, OR DESIGNATED SUBCONTRACTOR HAS**
22 **ADOPTED THAT USES THE NATIONAL COUNCIL FOR PRESCRIPTION DRUG**
23 **PROGRAMS SCRIPT STANDARD AND THE NATIONAL COUNCIL FOR PRESCRIPTION**
24 **DRUG PROGRAMS REAL TIME BENEFIT STANDARD FROM WHICH THE HEALTH**
25 **CARE PROVIDER MAKES THE REQUEST.**

26 **Article – Insurance**

27 15–851.

28 (a) (1) This section applies to:

29 (i) insurers and nonprofit health service plans that provide coverage
30 for substance use disorder benefits or prescription drugs under individual, group, or
31 blanket health insurance policies or contracts that are issued or delivered in the State; and

32 (ii) health maintenance organizations that provide coverage for
33 substance use disorder benefits or prescription drugs under individual or group contracts
34 that are issued or delivered in the State.

1 (2) An insurer, a nonprofit health service plan, or a health maintenance
2 organization that provides coverage for substance use disorder benefits under the medical
3 benefit or for prescription drugs through a pharmacy benefits manager is subject to the
4 requirements of this section.

5 (b) An entity subject to this section may not apply a prior authorization
6 requirement for a prescription drug:

7 (1) when used for treatment of an opioid use disorder; and

8 (2) that contains methadone, buprenorphine, or naltrexone.

9 15–854.

10 (a) (1) This section applies to:

11 (i) insurers and nonprofit health service plans that provide coverage
12 for prescription drugs through a pharmacy benefit under individual, group, or blanket
13 health insurance policies or contracts that are issued or delivered in the State; and

14 (ii) health maintenance organizations that provide coverage for
15 prescription drugs through a pharmacy benefit under individual or group contracts that
16 are issued or delivered in the State.

17 (2) An insurer, a nonprofit health service plan, or a health maintenance
18 organization that provides coverage for prescription drugs through a pharmacy benefits
19 manager or that contracts with a private review agent under Subtitle 10B of this article is
20 subject to the requirements of this section.

21 (3) This section does not apply to a managed care organization as defined
22 in § 15–101 of the Health – General Article.

23 (b) (1) (i) If an entity subject to this section requires a prior authorization
24 for a prescription drug, the prior authorization request shall allow a health care provider
25 to indicate whether a prescription drug is to be used to treat a chronic condition.

26 (ii) If a health care provider indicates that the prescription drug is
27 to treat a chronic condition, an entity subject to this section may not request a
28 reauthorization for a repeat prescription for the prescription drug for 1 year or for the
29 standard course of treatment for the chronic condition being treated, whichever is less.

30 (2) For a prior authorization that is filed electronically, the entity shall
31 maintain a database that will prepopulate prior authorization requests with an insured's
32 available insurance and demographic information.

1 (c) [If an entity subject to this section denies coverage for a prescription drug, the
2 entity shall provide a detailed written explanation for the denial of coverage, including
3 whether the denial was based on a requirement for prior authorization.

4 (d)] (1) On receipt of information documenting a prior authorization from the
5 insured or from the insured's health care provider, an entity subject to this section shall
6 honor a prior authorization granted to an insured from a previous entity for at least the
7 [initial 30] **LESSER OF 90** days [of an insured's prescription drug benefit coverage under
8 the health benefit plan of the new entity] **OR THE LENGTH OF THE COURSE OF**
9 **TREATMENT**.

10 (2) During the time period described in paragraph (1) of this subsection, an
11 entity may perform its own review to grant a prior authorization for the prescription drug.

12 [(e)] **(D)** (1) An entity subject to this section shall honor a prior authorization
13 issued by the entity for a prescription drug **AND MAY NOT REQUIRE A HEALTH CARE**
14 **PROVIDER TO SUBMIT A REQUEST FOR ANOTHER PRIOR AUTHORIZATION FOR THE**
15 **PRESCRIPTION DRUG**:

16 (i) if the insured changes health benefit plans that are both covered
17 by the same entity and the prescription drug is a covered benefit under the current health
18 benefit plan; or

19 (ii) except as provided in paragraph (2) of this subsection, when the
20 dosage for the approved prescription drug changes and the change is consistent with federal
21 Food and Drug Administration labeled dosages.

22 (2) [An] **EXCEPT AS PROVIDED IN § 15–851 OF THIS SUBTITLE, AN**
23 entity may [not be required to honor] **REQUIRE** a prior authorization for a change in dosage
24 for an opioid under this subsection.

25 [(f)] **(E)** **(1)** If an entity under this section implements a new prior
26 authorization requirement for a prescription drug, the entity shall provide notice of the new
27 requirement at least [30] **60** days before the implementation of a new prior authorization
28 requirement:

29 [(1)] **(I)** in writing to any insured who is prescribed the prescription drug;
30 and

31 [(2)] **(II)** either in writing or electronically to all contracted health care
32 providers.

33 **(2) THE NOTICE REQUIRED UNDER PARAGRAPH (1) OF THIS**
34 **SUBSECTION SHALL INDICATE THAT THE INSURED MAY REMAIN ON THE**

1 **PRESCRIPTION DRUG AT THE TIME OF REAUTHORIZATION IN ACCORDANCE WITH**
2 **SUBSECTION (G) OF THIS SECTION.**

3 [(g)] **(F)** (1) Except as provided in paragraph (2) of this subsection, an entity
4 subject to this section may not require more than one prior authorization if two or more
5 tablets of different dosage strengths of the same prescription drug are:

6 (i) prescribed at the same time as part of an insured's treatment
7 plan; and

8 (ii) manufactured by the same manufacturer.

9 (2) This subsection does not prohibit an entity from requiring more than
10 one prior authorization if the prescription is for two or more tablets of different dosage
11 strengths of an opioid that is not an opioid partial agonist.

12 **(G) (1) THIS SUBSECTION DOES NOT APPLY WITH RESPECT TO A**
13 **REAUTHORIZATION OF A PRESCRIPTION DRUG REQUESTED BY A PROVIDER**
14 **EMPLOYED BY A GROUP MODEL HEALTH MAINTENANCE ORGANIZATION, AS DEFINED**
15 **IN § 19–713.6 OF THE HEALTH – GENERAL ARTICLE.**

16 **(2) AN ENTITY SUBJECT TO THIS SECTION MAY NOT ISSUE AN**
17 **ADVERSE DECISION ON A REAUTHORIZATION FOR THE SAME PRESCRIPTION DRUG**
18 **OR REQUEST ADDITIONAL DOCUMENTATION FROM THE PRESCRIBER FOR THE**
19 **REAUTHORIZATION REQUEST IF:**

20 **(I) THE PRESCRIPTION DRUG IS A BIOLOGICAL PRODUCT USED**
21 **FOR IMMUNOTHERAPY OR FOR THE TREATMENT OF A MENTAL DISORDER LISTED IN**
22 **THE MOST RECENT EDITION OF THE DIAGNOSTIC AND STATISTICAL MANUAL OF**
23 **MENTAL DISORDERS PUBLISHED BY THE AMERICAN PSYCHIATRIC ASSOCIATION;**

24 ~~**(I)**~~ **(II) THE ENTITY PREVIOUSLY APPROVED A PRIOR**
25 **AUTHORIZATION FOR THE PRESCRIPTION DRUG FOR THE INSURED;**

26 ~~**(II)**~~ **(III) THE INSURED HAS BEEN TREATED WITH THE**
27 **PRESCRIPTION DRUG WITHOUT INTERRUPTION SINCE THE INITIAL APPROVAL OF**
28 **THE PRIOR AUTHORIZATION; AND**

29 ~~**(III)**~~ **(IV) THE PRESCRIBER ATTESTS THAT, BASED ON THE**
30 **PRESCRIBER'S PROFESSIONAL JUDGMENT, THE PRESCRIPTION DRUG CONTINUES**
31 **TO BE NECESSARY TO EFFECTIVELY TREAT THE INSURED'S CONDITION.**

32 **(3) IF THE PRESCRIPTION DRUG THAT IS BEING REQUESTED HAS**
33 **BEEN REMOVED FROM THE FORMULARY OR HAS BEEN MOVED TO A HIGHER**
34 **DEDUCTIBLE, COPAYMENT, OR COINSURANCE TIER, THE ENTITY SHALL PROVIDE**

1 **THE INSURED AND INSURED'S HEALTH CARE PROVIDER THE INFORMATION**
2 **REQUIRED UNDER § 15–831 OF THIS SUBTITLE.**

3 **15–854.1.**

4 **(A) (1) IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS**
5 **INDICATED.**

6 **(2) "ACTIVE COURSE OF TREATMENT" MEANS A COURSE OF**
7 **TREATMENT FOR WHICH AN INSURED IS ACTIVELY SEEING A HEALTH CARE**
8 **PROVIDER AND FOLLOWING THE COURSE OF TREATMENT.**

9 **(3) "COURSE OF TREATMENT" MEANS TREATMENT THAT:**

10 **(I) IS PRESCRIBED TO TREAT OR ORDERED FOR THE**
11 **TREATMENT OF AN INSURED WITH A SPECIFIC CONDITION;**

12 **(II) IS OUTLINED AND AGREED TO BY THE INSURED AND THE**
13 **HEALTH CARE PROVIDER BEFORE THE TREATMENT BEGINS; AND**

14 **(III) MAY BE PART OF A TREATMENT PLAN.**

15 **(B) (1) THIS SECTION APPLIES TO:**

16 **(I) INSURERS AND NONPROFIT HEALTH SERVICE PLANS THAT**
17 **PROVIDE HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS**
18 **ON AN EXPENSE–INCURRED BASIS UNDER HEALTH INSURANCE POLICIES OR**
19 **CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE; AND**

20 **(II) HEALTH MAINTENANCE ORGANIZATIONS THAT PROVIDE**
21 **HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS UNDER**
22 **CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE.**

23 **(2) AN INSURER, A NONPROFIT HEALTH SERVICE PLAN, OR A HEALTH**
24 **MAINTENANCE ORGANIZATION THAT CONTRACTS WITH A PRIVATE REVIEW AGENT**
25 **UNDER SUBTITLE 10B OF THIS TITLE IS SUBJECT TO THE REQUIREMENTS OF THIS**
26 **SECTION.**

27 **(3) AN INSURER, A NONPROFIT HEALTH SERVICE PLAN, OR A HEALTH**
28 **MAINTENANCE ORGANIZATION THAT CONTRACTS WITH A THIRD PARTY TO**
29 **DISPENSE MEDICAL DEVICES, MEDICAL APPLIANCES, OR MEDICAL GOODS FOR THE**
30 **TREATMENT OF A HUMAN DISEASE OR DYSFUNCTION IS SUBJECT TO THE**
31 **REQUIREMENTS OF THIS SECTION.**

1 **(C) (1) NOTWITHSTANDING § 15–854 OF THIS SUBTITLE AS IT APPLIES TO**
2 **COVERAGE FOR PRESCRIPTION DRUGS, AN ENTITY SUBJECT TO THIS SECTION**
3 **SHALL APPROVE A REQUEST FOR THE PRIOR AUTHORIZATION OF A COURSE OF**
4 **TREATMENT, INCLUDING FOR CHRONIC CONDITIONS, REHABILITATIVE SERVICES,**
5 **SUBSTANCE USE DISORDERS, AND MENTAL HEALTH CONDITIONS, THAT IS:**

6 **(I) FOR A PERIOD OF TIME THAT IS AS LONG AS NECESSARY TO**
7 **AVOID DISRUPTIONS IN CARE; AND**

8 **(II) DETERMINED IN ACCORDANCE WITH APPLICABLE**
9 **COVERAGE CRITERIA, THE INSURED'S MEDICAL HISTORY, AND THE HEALTH CARE**
10 **PROVIDER'S RECOMMENDATION.**

11 **(2) FOR NEW ENROLLEES, AN ENTITY SUBJECT TO THIS SECTION MAY**
12 **NOT DISRUPT OR REQUIRE REAUTHORIZATION FOR AN ACTIVE COURSE OF**
13 **TREATMENT** <u>**FOR COVERED SERVICES**</u> **FOR AT LEAST 90 DAYS AFTER THE DATE OF**
14 **ENROLLMENT.**

15 15–10A–01.

16 (a) In this subtitle the following words have the meanings indicated.

17 (b) (1) "Adverse decision" means:

18 (i) a utilization review determination by a private review agent, a
19 carrier, or a health care provider acting on behalf of a carrier that:

20 1. a proposed or delivered health care service covered under
21 the member's contract is or was not medically necessary, appropriate, or efficient; and

22 2. may result in noncoverage of the health care service; or

23 (ii) a denial by a carrier of a request by a member for an alternative
24 standard or a waiver of a standard to satisfy the requirements of a wellness program under
25 § 15–509 of this title.

26 **(2) "ADVERSE DECISION" INCLUDES A UTILIZATION REVIEW**
27 **DETERMINATION BASED ON A PRIOR AUTHORIZATION OR STEP THERAPY**
28 **REQUIREMENT.**

29 **[**(2)**] (3)** "Adverse decision" does not include a decision concerning a
30 subscriber's status as a member.

31 (c) "Carrier" means a person that offers a health benefit plan and is:

(1) an authorized insurer that provides health insurance in the State;

(2) a nonprofit health service plan;

(3) a health maintenance organization;

(4) a dental plan organization;

(5) a self–funded student health plan operated by an independent institution of higher education, as defined in § 10–101 of the Education Article, that provides health care to its students and their dependents; or

(6) except for a managed care organization as defined in Title 15, Subtitle 1 of the Health – General Article, any other person that provides health benefit plans subject to regulation by the State.

(d) "Complaint" means a protest filed with the Commissioner involving an adverse decision or grievance decision concerning the member.

(e) "Designee of the Commissioner" means any person to whom the Commissioner has delegated the authority to review and decide complaints filed under this subtitle, including an administrative law judge to whom the authority to conduct a hearing has been delegated for recommended or final decision.

(f) "Grievance" means a protest filed by a member, a member's representative, or a health care provider on behalf of a member with a carrier through the carrier's internal grievance process regarding an adverse decision concerning the member.

(g) "Grievance decision" means a final determination by a carrier that arises from a grievance filed with the carrier under its internal grievance process regarding an adverse decision concerning a member.

(h) "Health Advocacy Unit" means the Health Education and Advocacy Unit in the Division of Consumer Protection of the Office of the Attorney General established under Title 13, Subtitle 4A of the Commercial Law Article.

(i) "Health benefit plan" has the meaning stated in § 2–112.2(a) of this article.

(j) "Health care provider" means:

(1) an individual who is licensed under the Health Occupations Article to provide health care services in the ordinary course of business or practice of a profession and is a treating provider of the member; or

(2) a hospital, as defined in § 19–301 of the Health – General Article.

1 (k) "Health care service" means a health or medical care procedure or service
2 rendered by a health care provider that:

3 (1) provides testing, diagnosis, or treatment of a human disease or
4 dysfunction; **[**or**]**

5 (2) dispenses drugs, medical devices, medical appliances, or medical goods
6 for the treatment of a human disease or dysfunction**; OR**

7 **(3) PROVIDES ANY OTHER CARE, SERVICE, OR TREATMENT OF**
8 **DISEASE OR INJURY, THE CORRECTION OF DEFECTS, OR THE MAINTENANCE OF**
9 **PHYSICAL OR MENTAL WELL–BEING OF INDIVIDUALS**.

10 (l) (1) "Member" means a person entitled to health care benefits under a
11 policy, plan, or certificate issued or delivered in the State by a carrier.

12 (2) "Member" includes:

13 (i) a subscriber; and

14 (ii) unless preempted by federal law, a Medicare recipient.

15 (3) "Member" does not include a Medicaid recipient.

16 (m) "Member's representative" means an individual who has been authorized by
17 the member to file a grievance or a complaint on the member's behalf.

18 (n) "Private review agent" has the meaning stated in § 15–10B–01 of this title.

19 15–10A–02.

20 (a) Each carrier shall establish an internal grievance process for its members.

21 (b) (1) An internal grievance process shall meet the same requirements
22 established under Subtitle 10B of this title.

23 (2) In addition to the requirements of Subtitle 10B of this title, an internal
24 grievance process established by a carrier under this section shall:

25 (i) include an expedited procedure for use in an emergency case for
26 purposes of rendering a grievance decision within 24 hours of the date a grievance is filed
27 with the carrier;

28 (ii) provide that a carrier render a final decision in writing on a
29 grievance within 30 working days after the date on which the grievance is filed unless:

1. the grievance involves an emergency case under item (i) of this paragraph;

2. the member, the member's representative, or a health care provider filing a grievance on behalf of a member agrees in writing to an extension for a period of no longer than 30 working days; or

3. the grievance involves a retrospective denial under item (iv) of this paragraph;

(iii) allow a grievance to be filed on behalf of a member by a health care provider or the member's representative;

(iv) provide that a carrier render a final decision in writing on a grievance within 45 working days after the date on which the grievance is filed when the grievance involves a retrospective denial; and

(v) for a retrospective denial, allow a member, the member's representative, or a health care provider on behalf of a member to file a grievance for at least 180 days after the member receives an adverse decision.

(3) For purposes of using the expedited procedure for an emergency case that a carrier is required to include under paragraph (2)(i) of this subsection, the [Commissioner shall define by regulation the standards required for a grievance to be considered an emergency case] **CARRIER SHALL INITIATE THE EXPEDITED PROCEDURE FOR AN EMERGENCY CASE IF THE MEMBER OR THE MEMBER'S REPRESENTATIVE REQUESTS THE EXPEDITED REVIEW OR THE HEALTH CARE PROVIDER OR THE MEMBER OR THE MEMBER'S REPRESENTATIVE ATTESTS THAT:**

(I) THE ADVERSE DECISION WAS RENDERED FOR HEALTH CARE SERVICES THAT ARE PROPOSED BUT HAVE NOT BEEN PROVIDED; AND

(II) THE SERVICES ARE NECESSARY TO TREAT A CONDITION OR ILLNESS THAT, WITHOUT IMMEDIATE MEDICAL ATTENTION, WOULD:

1. SERIOUSLY JEOPARDIZE THE LIFE OR HEALTH OF THE MEMBER OR THE MEMBER'S ABILITY TO REGAIN MAXIMUM FUNCTIONS;

2. CAUSE THE MEMBER TO BE IN DANGER TO SELF OR OTHERS; OR

3. CAUSE THE MEMBER TO CONTINUE USING INTOXICATING SUBSTANCES IN AN IMMINENTLY DANGEROUS MANNER.

(c) Except as provided in subsection (d) of this section, the carrier's internal grievance process shall be exhausted prior to filing a complaint with the Commissioner under this subtitle.

(d) (1) (i) A member, the member's representative, or a health care provider filing a complaint on behalf of a member may file a complaint with the Commissioner without first filing a grievance with a carrier and receiving a final decision on the grievance if:

1. the carrier waives the requirement that the carrier's internal grievance process be exhausted before filing a complaint with the Commissioner;

2. the carrier has failed to comply with any of the requirements of the internal grievance process as described in this section; or

3. the member, the member's representative, or the health care provider provides sufficient information and supporting documentation in the complaint that demonstrates a compelling reason to do so.

(ii) The Commissioner shall define by regulation the standards that the Commissioner shall use to decide what demonstrates a compelling reason under subparagraph (i) of this paragraph.

(2) Subject to subsections (b)(2)(ii) and (h) of this section, a member, a member's representative, or a health care provider may file a complaint with the Commissioner if the member, the member's representative, or the health care provider does not receive a grievance decision from the carrier on or before the 30th working day on which the grievance is filed.

(3) Whenever the Commissioner receives a complaint under paragraph (1) or (2) of this subsection, the Commissioner shall notify the carrier that is the subject of the complaint within 5 working days after the date the complaint is filed with the Commissioner.

(e) Each carrier shall:

(1) file for review with the Commissioner and submit to the Health Advocacy Unit a copy of its internal grievance process established under this subtitle; and

(2) file any revision to the internal grievance process with the Commissioner and the Health Advocacy Unit at least 30 days before its intended use.

(f) **(1)** For nonemergency cases, when a carrier renders an adverse decision, the carrier shall:

[(1)**]** **(I)** inform the member, the member's representative, or the health care provider acting on behalf of the member of the adverse decision:

1 [(i)] **1.** orally by telephone; or

2 [(ii)] **2.** with the affirmative consent of the member, the member's
3 representative, or the health care provider acting on behalf of the member, by text,
4 facsimile, e–mail, an online portal, or other expedited means; and

5 [(2)] **(II)** send, within 5 working days after the adverse decision has been
6 made, a written notice to the member, the member's representative, and a health care
7 provider acting on behalf of the member that:

8 [(i)] **1.** states in detail in clear, understandable language the
9 specific factual bases for the carrier's decision **AND THE REASONING USED TO**
10 **DETERMINE THAT THE HEALTH CARE SERVICE IS NOT MEDICALLY NECESSARY AND**
11 **DID NOT MEET THE CARRIER'S CRITERIA AND STANDARDS USED IN CONDUCTING**
12 **THE UTILIZATION REVIEW**;

13 [(ii)] **2.** [references] **PROVIDES** the specific **REFERENCE,**
14 **LANGUAGE, OR REQUIREMENTS FROM THE** criteria and standards, including **ANY**
15 interpretive guidelines, on which the decision was based, and may not solely use**:**

16 **A.** generalized terms such as "experimental procedure not
17 covered", "cosmetic procedure not covered", "service included under another procedure", or
18 "not medically necessary"**; OR**

19 **B. LANGUAGE DIRECTING THE MEMBER TO REVIEW THE**
20 **ADDITIONAL COVERAGE CRITERIA IN THE MEMBER'S POLICY OR PLAN DOCUMENTS**;

21 [(iii)] **3.** states the name, business address, and business telephone
22 number of:

23 [1.] **A. IF THE CARRIER IS A HEALTH MAINTENANCE**
24 **ORGANIZATION,** the medical director or associate medical director, as appropriate, who
25 made the decision [if the carrier is a health maintenance organization]; or

26 [2.] **B. IF THE CARRIER IS NOT A HEALTH**
27 **MAINTENANCE ORGANIZATION,** the designated employee or representative of the carrier
28 who has responsibility for the carrier's internal grievance process [if the carrier is not a
29 health maintenance organization] **AND THE PHYSICIAN WHO IS REQUIRED TO MAKE**
30 **ALL ADVERSE DECISIONS AS REQUIRED IN § 15–10B–07(A) OF THIS TITLE**;

31 [(iv)] **4.** gives written details of the carrier's internal grievance
32 process and procedures under this subtitle; and

33 [(v)] **5.** includes the following information:

1 **[**1.**] A.** that the member, the member's representative, or a
2 health care provider on behalf of the member has a right to file a complaint with the
3 Commissioner within 4 months after receipt of a carrier's grievance decision;

4 **[**2.**] B.** that a complaint may be filed without first filing a
5 grievance if the member, the member's representative, or a health care provider filing a
6 grievance on behalf of the member can demonstrate a compelling reason to do so as
7 determined by the Commissioner;

8 **[**3.**] C.** the Commissioner's address, telephone number,
9 and facsimile number;

10 **[**4.**] D.** a statement that the Health Advocacy Unit is
11 available to assist the member or the member's representative in both mediating and filing
12 a grievance under the carrier's internal grievance process; and

13 **[**5.**] E.** the address, telephone number, facsimile number,
14 and electronic mail address of the Health Advocacy Unit.

15 **(2) THE BUSINESS TELEPHONE NUMBER INCLUDED IN THE NOTICE AS**
16 **REQUIRED UNDER PARAGRAPH (1)(II)3 OF THIS SUBSECTION MUST BE A DEDICATED**
17 **NUMBER FOR ADVERSE DECISIONS AND MAY NOT BE THE GENERAL CUSTOMER CALL**
18 **NUMBER FOR THE CARRIER.**

19 (g) If within 5 working days after a member, the member's representative, or a
20 health care provider, who has filed a grievance on behalf of a member, files a grievance
21 with the carrier, and if the carrier does not have sufficient information to complete its
22 internal grievance process, the carrier shall:

23 (1) **AFTER CONFIRMING THROUGH A COMPLETE REVIEW OF ANY**
24 **INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE PROVIDER:**

25 **(I)** notify the member, the member's representative, or the health
26 care provider that it cannot proceed with reviewing the grievance unless additional
27 information is provided**;**

28 **(II) REQUEST THE SPECIFIC INFORMATION, INCLUDING ANY**
29 **LAB OR DIAGNOSTIC TEST OR OTHER MEDICAL INFORMATION THAT MUST BE**
30 **SUBMITTED TO COMPLETE THE INTERNAL GRIEVANCE PROCESS; AND**

31 **(III) PROVIDE THE SPECIFIC REFERENCE, LANGUAGE, OR**
32 **REQUIREMENTS FROM THE CRITERIA AND STANDARDS USED BY THE CARRIER TO**
33 **SUPPORT THE NEED FOR THE ADDITIONAL INFORMATION**; and

(2) assist the member, the member's representative, or the health care provider in gathering the necessary information without further delay.

(h) A carrier may extend the 30–day or 45–day period required for making a final grievance decision under subsection (b)(2)(ii) of this section with the written consent of the member, the member's representative, or the health care provider who filed the grievance on behalf of the member.

(i) (1) For nonemergency cases, when a carrier renders a grievance decision, the carrier shall:

(i) document the grievance decision in writing after the carrier has provided oral communication of the decision to the member, the member's representative, or the health care provider acting on behalf of the member; and

(ii) send, within 5 working days after the grievance decision has been made, a written notice to the member, the member's representative, and a health care provider acting on behalf of the member that:

1. states in detail in clear, understandable language the specific factual bases for the carrier's decision **AND THE REASONING USED TO DETERMINE THAT THE HEALTH CARE SERVICE IS NOT MEDICALLY NECESSARY AND DID NOT MEET THE CARRIER'S CRITERIA AND STANDARDS USED IN CONDUCTING UTILIZATION REVIEW**;

2. **[**references**]** **PROVIDES** the specific **REFERENCE, LANGUAGE, OR REQUIREMENTS FROM THE** criteria and standards, including **ANY** interpretive guidelines **USED BY THE CARRIER**, on which the grievance decision was based;

3. states the name, business address, and business telephone number of:

A. **IF THE CARRIER IS A HEALTH MAINTENANCE ORGANIZATION,** the medical director or associate medical director, as appropriate, who made the grievance decision; or

B. **IF THE CARRIER IS NOT A HEALTH MAINTENANCE ORGANIZATION,** the designated employee or representative of the carrier who has responsibility for the carrier's internal grievance process **[**if the carrier is not a health maintenance organization**]** **AND THE DESIGNATED EMPLOYEE OR REPRESENTATIVE'S TITLE AND CLINICAL SPECIALTY**; and

4. includes the following information:

1 A. that the member or the member's representative has a
2 right to file a complaint with the Commissioner within 4 months after receipt of a carrier's
3 grievance decision;

4 B. the Commissioner's address, telephone number, and
5 facsimile number;

6 C. a statement that the Health Advocacy Unit is available to
7 assist the member or the member's representative in filing a complaint with the
8 Commissioner; and

9 D. the address, telephone number, facsimile number, and
10 electronic mail address of the Health Advocacy Unit.

11 **(2) THE BUSINESS TELEPHONE NUMBER INCLUDED IN THE NOTICE AS**
12 **REQUIRED UNDER PARAGRAPH (1)(II)3 OF THIS SUBSECTION MUST BE A DEDICATED**
13 **NUMBER FOR GRIEVANCE DECISIONS AND MAY NOT BE THE GENERAL CUSTOMER**
14 **CALL NUMBER FOR THE CARRIER.**

15 **[**(2)**] (3) [**A**] TO SATISFY THE REQUIREMENTS OF THIS SUBSECTION,**
16 **A** carrier may not use solely in **[**a**] THE WRITTEN** notice sent under paragraph (1) of this
17 subsection**:**

18 **(I)** generalized terms such as "experimental procedure not covered",
19 "cosmetic procedure not covered", "service included under another procedure", or "not
20 medically necessary" **[**to satisfy the requirements of this subsection**]; OR**

21 **(II) LANGUAGE DIRECTING THE MEMBER TO REVIEW THE**
22 **ADDITIONAL COVERAGE CRITERIA IN THE MEMBER'S POLICY OR PLAN DOCUMENTS**.

23 (j) (1) For an emergency case under subsection (b)(2)(i) of this section, within
24 1 day after a decision has been orally communicated to the member, the member's
25 representative, or the health care provider, the carrier shall send notice in writing of any
26 adverse decision or grievance decision to:

27 (i) the member and the member's representative, if any; and

28 (ii) if the grievance was filed on behalf of the member under
29 subsection (b)(2)(iii) of this section, the health care provider.

30 (2) A notice required to be sent under paragraph (1) of this subsection shall
31 include the following:

32 (i) for an adverse decision, the information required under
33 subsection (f) of this section; and

1 (ii) for a grievance decision, the information required under
2 subsection (i) of this section.

3 (k) (1) Each carrier shall include the information required by subsection
4 **[**(f)(2)(iii), (iv), and (v)**]** **(F)(1)(II)3, 4, AND 5** of this section in the policy, plan, certificate,
5 enrollment materials, or other evidence of coverage that the carrier provides to a member
6 at the time of the member's initial coverage or renewal of coverage.

7 (2) Each carrier shall include as part of the information required by
8 paragraph (1) of this subsection a statement indicating that, when filing a complaint with
9 the Commissioner, the member or the member's representative will be required to
10 authorize the release of any medical records of the member that may be required to be
11 reviewed for the purpose of reaching a decision on the complaint.

12 (l) (1) Nothing in this subtitle prohibits a carrier from delegating its internal
13 grievance process to a private review agent that has a certificate issued under Subtitle 10B
14 of this title and is acting on behalf of the carrier.

15 (2) If a carrier delegates its internal grievance process to a private review
16 agent, the carrier shall be:

17 (i) bound by the grievance decision made by the private review
18 agent acting on behalf of the carrier; and

19 (ii) responsible for a violation of any provision of this subtitle
20 regardless of the delegation made by the carrier under paragraph (1) of this subsection.

21 15–10A–04.

22 (c) (1) It is a violation of this subtitle for a carrier to fail to fulfill the carrier's
23 obligations to provide or reimburse for health care services specified in the carrier's policies
24 or contracts with members.

25 (2) If, in rendering an adverse decision or grievance decision, a carrier fails
26 to fulfill the carrier's obligations to provide or reimburse for health care services specified
27 in the carrier's policies or contracts with members, the Commissioner may:

28 (i) issue an administrative order that requires the carrier to:

29 1. cease inappropriate conduct or practices by the carrier or
30 any of the personnel employed or associated with the carrier;

31 2. fulfill the carrier's contractual obligations;

32 3. provide a health care service or payment that has been
33 denied improperly; or

1 4. take appropriate steps to restore the carrier's ability to
2 provide a health care service or payment that is provided under a contract; or

3 (ii) impose any penalty or fine or take any action as authorized:

4 1. for an insurer, nonprofit health service plan, or dental
5 plan organization, under this article; or

6 2. for a health maintenance organization, under the Health
7 – General Article or under this article.

8 (3) In addition to paragraph (1) of this subsection, it is a violation of this
9 subtitle, if the Commissioner, in consultation with an independent review organization,
10 medical expert, the Department, or other appropriate entity, determines that the criteria
11 and standards used by a health maintenance organization to conduct utilization review are
12 not**[**:

13 (i) objective;

14 (ii) clinically valid;

15 (iii) compatible with established principles of health care; or

16 (iv) flexible enough to allow deviations from norms when justified on
17 a case by case basis**]** **IN ACCORDANCE WITH** ~~**§ 15–10B–06**~~ **§ 15–10B–05** **OF THIS TITLE**.

18 15–10A–06.

19 (a) On ~~[~~a quarterly~~]~~ ~~**AN ANNUAL**~~ basis, each carrier shall submit to the
20 Commissioner, on the form the Commissioner requires, a report that describes:

21 (1) the activities of the carrier under this subtitle, including:

22 (i) the outcome of each grievance filed with the carrier;

23 (ii) the number and outcomes of cases that were considered
24 emergency cases under § 15–10A–02(b)(2)(i) of this subtitle;

25 (iii) the time within which the carrier made a grievance decision on
26 each emergency case;

27 (iv) the time within which the carrier made a grievance decision on
28 all other cases that were not considered emergency cases;

29 (v) the number of grievances filed with the carrier that resulted from
30 an adverse decision involving length of stay for inpatient hospitalization as related to the
31 medical procedure involved; **[**and**]**

(vi) the number of adverse decisions issued by the carrier under § 15–10A–02(f) of this subtitle**,** ~~**THE TYPE OF UTILIZATION REVIEW PROCESS USED, IF APPLICABLE,**~~ **WHETHER THE ADVERSE DECISION INVOLVED A PRIOR AUTHORIZATION OR STEP THERAPY PROTOCOL,** and the type of service at issue in the adverse decisions; **[**and**]**

~~**(VII) THE TIME WITHIN WHICH THE CARRIER MADE THE ADVERSE DECISIONS UNDER EACH TYPE OF SERVICE AT ISSUE IN THE ADVERSE DECISIONS;**~~

~~**(VIII)**~~ **(VII) THE NUMBER OF ADVERSE DECISIONS OVERTURNED AFTER A RECONSIDERATION REQUEST UNDER § 15–10B–06 OF THIS TITLE; AND**

~~**(IX)**~~ **(VIII) THE NUMBER OF REQUESTS MADE AND GRANTED UNDER § 15–831(C)(1) AND (2) OF THIS TITLE; AND**

(2) the number and outcome of all other cases that are not subject to activities of the carrier under this subtitle that resulted from an adverse decision involving the length of stay for inpatient hospitalization as related to the medical procedure involved.

(b) The Commissioner shall:

(1) compile an annual summary report based on the information provided:

(i) under subsection (a) of this section; and

(ii) by the Secretary under § 19–705.2(e) of the Health – General Article; **[**and**]**

(2) REPORT ANY VIOLATIONS OR ACTIONS TAKEN UNDER § 15–10B–11 OF THIS TITLE; AND

[(2)**] (3)** provide copies of the summary report to the Governor and, subject to § 2–1257 of the State Government Article, to the General Assembly.

15–10A–08.

(a) On or before November 1, 1999, and each November 1 thereafter, the Health Advocacy Unit shall publish an annual summary report and provide copies of the report to the Governor and, subject to § 2–1257 of the State Government Article, the General Assembly.

(b) (1) The annual summary report required under subsection (a) of this section shall be on the grievances and complaints filed with or referred to a carrier, the Commissioner, the Health Advocacy Unit, or any other federal or State government agency or unit under this subtitle during the previous fiscal year.

(2) In consultation with the Commissioner and any affected State government agency or unit, the Health Advocacy Unit shall:

(i) evaluate the effectiveness of the internal grievance process and complaint process available to members; and

(ii) include in the annual summary report the results of the evaluation and any proposed changes **TO THE LAW** that it considers necessary **TO ENSURE COMPLIANCE WITH THE PURPOSES OF THE LAW**.

15–10B–01.

(a) In this subtitle the following words have the meanings indicated.

(b) (1) "Adverse decision" means a utilization review determination made by a private review agent that a proposed or delivered health care service:

(i) is or was not medically necessary, appropriate, or efficient; and

(ii) may result in noncoverage of the health care service.

(2) "ADVERSE DECISION" INCLUDES A UTILIZATION REVIEW DETERMINATION BASED ON A PRIOR AUTHORIZATION OR STEP THERAPY REQUIREMENT.

[(2)**] (3)** "Adverse decision" does not include a decision concerning a subscriber's status as a member.

15–10B–02.

The purpose of this subtitle is to:

(1) promote the delivery of quality health care in a cost effective manner **THAT ENSURES TIMELY ACCESS TO HEALTH CARE SERVICES**;

(2) foster greater coordination**, COMMUNICATION, AND TRANSPARENCY** between payors**, PATIENTS,** and providers conducting utilization review activities;

(3) protect patients, business, and providers by ensuring that private review agents are qualified to perform utilization review activities and to make informed decisions on the appropriateness of medical care; and

(4) ensure that private review agents maintain the confidentiality of medical records in accordance with applicable State and federal laws.

15–10B–05.

(a) In conjunction with the application, the private review agent shall submit information that the Commissioner requires including:

(1) a utilization review plan that includes:

(i) the specific criteria and standards to be used in conducting utilization review of proposed or delivered health care services;

(ii) those circumstances, if any, under which utilization review may be delegated to a hospital utilization review program; and

(iii) if applicable, any provisions by which patients~~,~~ **OR** physicians, ~~or~~ hospitals**, OR OTHER HEALTH CARE PROVIDERS** may seek reconsideration;

(2) the type and qualifications of the personnel either employed or under contract to perform the utilization review;

(3) a copy of the private review agent's internal grievance process if a carrier delegates its internal grievance process to the private review agent in accordance with § 15–10A–02(l) of this title;

(4) the procedures and policies to ensure that a representative of the private review agent is reasonably accessible to patients and health care providers 7 days a week, 24 hours a day in this State;

(5) if applicable, the procedures and policies to ensure that a representative of the private review agent is accessible to health care providers to make all determinations on whether to authorize or certify an emergency inpatient admission, or an admission for residential crisis services as defined in § 15–840 of this title, for the treatment of a mental, emotional, or substance abuse disorder within 2 hours after receipt of the information necessary to make the determination;

(6) the policies and procedures to ensure that all applicable State and federal laws to protect the confidentiality of individual medical records are followed;

(7) a copy of the materials designed to inform applicable patients and providers of the requirements of the utilization review plan;

(8) a list of the third party payors for which the private review agent is performing utilization review in this State;

(9) the policies and procedures to ensure that the private review agent has a formal program for the orientation and training of the personnel either employed or under contract to perform the utilization review;

1 (10) a list of the persons involved in establishing the specific criteria and
2 standards to be used in conducting utilization review**, INCLUDING EACH PERSON'S**
3 **BOARD CERTIFICATION OR PRACTICE SPECIALTY, LICENSURE CATEGORY, AND**
4 **TITLE WITHIN THE PERSON'S ORGANIZATION**; and

5 (11) certification by the private review agent that the criteria and standards
6 to be used in conducting utilization review are **GENERALLY RECOGNIZED BY HEALTH**
7 **CARE PROVIDERS PRACTICING IN THE RELEVANT CLINICAL SPECIALTIES AND ARE**:

8 (i) objective;

9 (ii) clinically valid;

10 **[**(iii) compatible with established principles of health care; and

11 (iv) flexible enough to allow deviations from norms when justified on
12 a case by case basis;**]**

13 **(III) REFLECTED IN <u>PUBLISHED</u> PEER–REVIEWED SCIENTIFIC**
14 **STUDIES AND MEDICAL LITERATURE;**

15 **(IV) DEVELOPED BY:**

16 **1. A NONPROFIT HEALTH CARE PROVIDER**
17 **PROFESSIONAL MEDICAL OR CLINICAL SPECIALTY SOCIETY, INCLUDING THROUGH**
18 **THE USE OF PATIENT PLACEMENT CRITERIA AND CLINICAL PRACTICE GUIDELINES;**
19 **OR**

20 **2. FOR CRITERIA NOT WITHIN THE SCOPE OF A**
21 **NONPROFIT HEALTH CARE PROVIDER PROFESSIONAL MEDICAL OR CLINICAL**
22 **SPECIALTY SOCIETY, AN ORGANIZATION THAT WORKS DIRECTLY WITH HEALTH**
23 **CARE PROVIDERS IN THE SAME SPECIALTY FOR THE DESIGNATED CRITERIA WHO**
24 **ARE EMPLOYED OR ENGAGED WITHIN THE ORGANIZATION OR OUTSIDE THE**
25 **ORGANIZATION TO DEVELOP THE CLINICAL CRITERIA, IF THE ORGANIZATION:**

26 **A. DOES NOT RECEIVE DIRECT PAYMENTS BASED ON THE**
27 **OUTCOME OF THE UTILIZATION REVIEW; AND**

28 **B. DEMONSTRATES THAT ITS CLINICAL CRITERIA ARE**
29 **CONSISTENT WITH CRITERIA AND STANDARDS GENERALLY RECOGNIZED BY HEALTH**
30 **CARE PROVIDERS PRACTICING IN THE RELEVANT CLINICAL SPECIALTIES;**

31 **(V) RECOMMENDED BY FEDERAL AGENCIES;**

1 **(VI) APPROVED BY THE FEDERAL FOOD AND DRUG**
2 **ADMINISTRATION AS PART OF DRUG LABELING;**

3 **(VII) TAKING INTO ACCOUNT THE NEEDS OF ATYPICAL PATIENT**
4 **POPULATIONS AND DIAGNOSES, INCLUDING THE UNIQUE NEEDS OF CHILDREN AND**
5 **ADOLESCENTS;**

6 **(VIII) SUFFICIENTLY FLEXIBLE TO ALLOW DEVIATIONS FROM**
7 **NORMS WHEN JUSTIFIED ON A CASE–BY–CASE BASIS, INCLUDING THE NEED TO USE**
8 **AN OFF–LABEL PRESCRIPTION DRUG;**

9 **(IX) ENSURING QUALITY OF CARE OF HEALTH CARE SERVICES;**

10 **(X) REVIEWED, EVALUATED, AND UPDATED AT LEAST**
11 **ANNUALLY AND AS NECESSARY TO REFLECT ANY CHANGES; AND**

12 **(XI) IN COMPLIANCE WITH ANY OTHER CRITERIA AND**
13 **STANDARDS REQUIRED FOR COVERAGE UNDER THIS TITLE, INCLUDING**
14 **COMPLIANCE WITH § 15–802(D) OF THIS TITLE FOR THE TREATMENT OF SUBSTANCE**
15 **USE DISORDERS**.

16 (b) **[**On the written request of any person or health care facility, the**] THE** private
17 review agent shall **[**provide 1 copy of**]:**

18 **(1) POST ON ITS WEBSITE OR THE CARRIER'S WEBSITE** the specific
19 criteria and standards to be used in conducting utilization review of proposed or delivered
20 services and any subsequent revisions, modifications, or additions to the specific criteria
21 and standards to be used in conducting utilization review of proposed or delivered services
22 **[**to the person or health care facility making the request**]; AND**

23 **(2) ON THE REQUEST OF A PERSON, INCLUDING A HEALTH CARE**
24 **FACILITY, PROVIDE A COPY OF THE INFORMATION SPECIFIED UNDER ITEM (1) OF**
25 **THIS SUBSECTION TO THE PERSON MAKING THE REQUEST**.

26 (c) The private review agent may charge a reasonable fee for a **HARD** copy of the
27 specific criteria and standards or any subsequent revisions, modifications, or additions to
28 the specific criteria to any person or health care facility requesting a copy under subsection
29 **[**(b)**] (B)(2)** of this section.

30 (d) A private review agent shall advise the Commissioner, in writing, of a change
31 in:

32 (1) ownership, medical director, or chief executive officer within 30 days of
33 the date of the change;

1 (2) the name, address, or telephone number of the private review agent
2 within 30 days of the date of the change; or

3 (3) the private review agent's scope of responsibility under a contract.

4 15–10B–06.

5 (a) (1) Except as **OTHERWISE** provided in **[**paragraph (4) of**]** this subsection,
6 a private review agent shall:

7 (i) make all initial determinations on whether to authorize or certify
8 a nonemergency course of treatment **OR HEALTH CARE SERVICE, INCLUDING**
9 **PHARMACEUTICAL SERVICES NOT SUBMITTED ELECTRONICALLY,** for a patient within
10 2 working days after receipt of the information necessary to make the determination;

11 (ii) make all determinations on whether to authorize or certify an
12 extended stay in a health care facility or additional health care services within 1 working
13 day after receipt of the information necessary to make the determination; **[**and**]**

14 **(III) MAKE ALL DETERMINATIONS TO AUTHORIZE OR CERTIFY A**
15 **REQUEST FOR ADDITIONAL VISITS OR DAYS OF CARE SUBMITTED AS PART OF AN**
16 **EXISTING COURSE OF TREATMENT OR TREATMENT PLAN WITHIN 1 WORKING DAY**
17 **AFTER RECEIPT OF THE INFORMATION NECESSARY TO MAKE THE DETERMINATION;**
18 **AND**

19 **[**(iii)**]** **(IV)** promptly notify the health care provider of the
20 determination.

21 (2) **[**If within 3 calendar days after**]** **AFTER** receipt of the initial request
22 for health care services **AND CONFIRMING THROUGH A COMPLETE REVIEW OF**
23 **INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE PROVIDER, IF** the private
24 review agent **DETERMINES THAT THE PRIVATE REVIEW AGENT** does not have sufficient
25 information to make a determination, the private review agent shall **PROMPTLY, BUT NOT**
26 **LATER THAN 3 CALENDAR DAYS AFTER RECEIPT OF THE INITIAL REQUEST,** inform
27 the health care provider that additional information must be provided **BY SPECIFYING:**

28 **(I) THE INFORMATION, INCLUDING ANY LAB OR DIAGNOSTIC**
29 **TEST OR OTHER MEDICAL INFORMATION, THAT MUST BE SUBMITTED TO COMPLETE**
30 **THE REQUEST; AND**

31 **(II) THE CRITERIA AND STANDARDS TO SUPPORT THE NEED FOR**
32 **ADDITIONAL INFORMATION**.

33 **[**(3)**]** **(B)** If a private review agent requires prior authorization for an
34 emergency inpatient admission, or an admission for residential crisis services as defined in

1 § 15–840 of this title, for the treatment of a mental, emotional, or substance abuse disorder,
2 the private review agent shall:

3 **[**(i)**] (1)** make all determinations on whether to authorize or certify
4 an inpatient admission, or an admission for residential crisis services as defined in §
5 15–840 of this title, within 2 hours after receipt of the information necessary to make the
6 determination; **[**and**]**

7 **(2) IF ADDITIONAL INFORMATION IS NEEDED, PROMPTLY REQUEST**
8 **THE SPECIFIC INFORMATION NEEDED, INCLUDING ANY LAB OR DIAGNOSTIC TEST OR**
9 **OTHER MEDICAL INFORMATION; AND**

10 **[**(ii)**] (3)** promptly notify the health care provider of the
11 determination.

12 **[**(4)**] (C) (1)** For a step therapy exception request submitted
13 electronically in accordance with a process established under § 15–142(f) of this title or a
14 prior authorization request submitted electronically for pharmaceutical services, a private
15 review agent shall make a determination:

16 (i) in real time if:

17 1. no additional information is needed by the private review
18 agent to process the request; and

19 2. the request meets the private review agent's criteria for
20 approval; or

21 (ii) if a request is not approved **IN REAL TIME** under item (i) of this
22 paragraph, within 1 **[**business**] WORKING** day after the private review agent receives all of
23 the information necessary to make the determination.

24 **(2) IF ADDITIONAL INFORMATION IS NEEDED TO MAKE A**
25 **DETERMINATION AFTER CONFIRMING THROUGH A COMPLETE REVIEW OF THE**
26 **INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE PROVIDER, THE PRIVATE**
27 **REVIEW AGENT SHALL REQUEST THE INFORMATION PROMPTLY, BUT NOT LATER**
28 **THAN 3 CALENDAR DAYS AFTER RECEIPT OF THE INITIAL REQUEST, BY SPECIFYING:**

29 **(I) THE INFORMATION, INCLUDING ANY LAB OR DIAGNOSTIC**
30 **TEST OR OTHER MEDICAL INFORMATION, THAT MUST BE SUBMITTED TO COMPLETE**
31 **THE REQUEST; AND**

32 **(II) THE CRITERIA AND STANDARDS TO SUPPORT THE NEED FOR**
33 **THE ADDITIONAL INFORMATION.**

1 (D) (1) (I) ~~A~~ EXCEPT AS PROVIDED IN SUBSECTIONS (G) AND (H) OF
2 THIS SECTION, A PRIVATE REVIEW AGENT SHALL MAKE INITIAL DETERMINATIONS
3 ON WHETHER TO AUTHORIZE OR CERTIFY AN EMERGENCY COURSE OF TREATMENT
4 OR HEALTH CARE SERVICE FOR A MEMBER WITHIN 24 HOURS AFTER THE INITIAL
5 REQUEST AFTER RECEIPT OF THE INFORMATION NECESSARY TO MAKE THE
6 DETERMINATION.

7 (II) IF THE PRIVATE REVIEW AGENT DETERMINES THAT
8 ADDITIONAL INFORMATION IS NEEDED AFTER CONFIRMING THROUGH A COMPLETE
9 REVIEW OF THE INFORMATION ALREADY SUBMITTED BY THE HEALTH CARE
10 PROVIDER, THE PRIVATE REVIEW AGENT SHALL:

11 1. PROMPTLY REQUEST THE SPECIFIC INFORMATION
12 NEEDED, INCLUDING ANY LAB OR DIAGNOSTIC TEST OR OTHER MEDICAL
13 INFORMATION; AND

14 2. PROMPTLY, BUT NOT LATER THAN 2 HOURS AFTER
15 RECEIPT OF THE INFORMATION, NOTIFY THE HEALTH CARE PROVIDER OF AN
16 AUTHORIZATION OR CERTIFICATION DETERMINATION WHEN MADE BY THE PRIVATE
17 REVIEW AGENT.

18 (2) A PRIVATE REVIEW AGENT SHALL INITIATE THE EXPEDITED
19 PROCEDURE FOR AN EMERGENCY CASE IF THE PATIENT OR THE PATIENT'S
20 REPRESENTATIVE REQUESTS OR IF THE HEALTH CARE PROVIDER ATTESTS THAT
21 THE SERVICES ARE NECESSARY TO TREAT A CONDITION OR ILLNESS THAT, WITHOUT
22 IMMEDIATE MEDICAL ATTENTION, WOULD:

23 (I) SERIOUSLY JEOPARDIZE THE LIFE OR HEALTH OF THE
24 MEMBER OR THE MEMBER'S ABILITY TO REGAIN MAXIMUM FUNCTIONS;

25 (II) CAUSE THE MEMBER TO BE IN DANGER TO SELF OR OTHERS;
26 OR

27 (III) CAUSE THE MEMBER TO CONTINUE USING INTOXICATING
28 SUBSTANCES IN AN IMMINENTLY DANGEROUS MANNER.

29 (E) IF A PRIVATE REVIEW AGENT FAILS TO MAKE A DETERMINATION WITHIN
30 THE TIME LIMITS REQUIRED UNDER THIS SECTION, THE REQUEST SHALL BE
31 DEEMED APPROVED.

32 [(b)] (F) (1) If an initial determination is made by a private review agent not
33 to authorize or certify a health care service and the health care provider believes the
34 determination warrants an immediate reconsideration, a private review agent [may]
35 SHALL provide the health care provider the opportunity to speak with the physician that

1 rendered the determination, by telephone on an expedited basis, within a period of time not
2 to exceed 24 hours of the health care provider seeking the reconsideration.

3 **(2) IF THE PHYSICIAN IS UNABLE TO IMMEDIATELY SPEAK WITH THE**
4 **HEALTH CARE PROVIDER SEEKING THE RECONSIDERATION, THE PHYSICIAN SHALL**
5 **PROVIDE THE HEALTH CARE PROVIDER WITH THE FOLLOWING CONTACT**
6 **INFORMATION FOR THE HEALTH CARE PROVIDER TO USE TO CONTACT THE**
7 **PHYSICIAN:**

8 **(I) A DIRECT TELEPHONE NUMBER THAT IS NOT THE GENERAL**
9 **CUSTOMER CALL NUMBER; OR**

10 **(II) A MONITORED E–MAIL ADDRESS THAT IS DEDICATED TO**
11 **COMMUNICATION RELATED TO UTILIZATION REVIEW.**

12 **[**(c)**] (G)** For emergency inpatient admissions, a private review agent may not
13 render an adverse decision solely because the hospital did not notify the private review
14 agent of the emergency admission within 24 hours or other prescribed period of time after
15 that admission if the patient's medical condition prevented the hospital from determining:

16 (1) the patient's insurance status; and

17 (2) if applicable, the private review agent's emergency admission
18 notification requirements.

19 **[**(d)**] (H)** (1) Subject to paragraph (2) of this subsection, a private review
20 agent may not render an adverse decision as to an admission of a patient during the first
21 24 hours after admission when:

22 (i) the admission is based on a determination that the patient is in
23 imminent danger to self or others;

24 (ii) the determination has been made by the patient's physician or
25 psychologist in conjunction with a member of the medical staff of the facility who has
26 privileges to make the admission; and

27 (iii) the hospital immediately notifies the private review agent of:

28 1. the admission of the patient; and

29 2. the reasons for the admission.

30 (2) A private review agent may not render an adverse decision as to an
31 admission of a patient to a hospital for up to 72 hours, as determined to be medically
32 necessary by the patient's treating physician, when:

1 (i) the admission is an involuntary admission under §§ 10–615 and
2 10–617(a) of the Health – General Article; and

3 (ii) the hospital immediately notifies the private review agent of:

4 1. the admission of the patient; and

5 2. the reasons for the admission.

6 **[**(e)**] (I)** (1) A private review agent that requires a health care provider to
7 submit a treatment plan in order for the private review agent to conduct utilization review
8 of proposed or delivered services for the treatment of a mental illness, emotional disorder,
9 or a substance abuse disorder:

10 (i) shall accept:

11 1. the uniform treatment plan form adopted by the
12 Commissioner under § 15–10B–03(d) of this subtitle as a properly submitted treatment
13 plan form; or

14 2. if a service was provided in another state, a treatment plan
15 form mandated by the state in which the service was provided; and

16 (ii) may not impose any requirement to:

17 1. modify the uniform treatment plan form or its content; or

18 2. submit additional treatment plan forms.

19 (2) A uniform treatment plan form submitted under the provisions of this
20 subsection:

21 (i) shall be properly completed by the health care provider; and

22 (ii) may be submitted by electronic transfer.

23 15–10B–07.

24 (a) (1) Except as provided in paragraphs (2) and (3) of this subsection, all
25 adverse decisions shall be made by a **LICENSED** physician, or a panel of other appropriate
26 health care service reviewers with at least one physician on the panel, who is**:**

27 **(I)** board certified or eligible in the same specialty as the treatment
28 under review**; AND**

1 **(II) KNOWLEDGEABLE ABOUT THE REQUESTED HEALTH CARE**
2 **SERVICE OR TREATMENT THROUGH ACTUAL CLINICAL EXPERIENCE**.

3 (2) When the health care service under review is a mental health or
4 substance abuse service, the adverse decision shall be made by a **LICENSED** physician, or
5 a panel of other appropriate health care service reviewers with at least one **LICENSED**
6 physician, selected by the private review agent who:

7 (i) is board certified or eligible in the same specialty as the
8 treatment under review; or

9 (ii) is actively practicing or has demonstrated expertise in the
10 substance abuse or mental health service or treatment under review.

11 (3) When the health care service under review is a dental service, the
12 adverse decision shall be made by a licensed dentist, or a panel of other appropriate health
13 care service reviewers with at least one licensed dentist on the panel **WHO IS**
14 **KNOWLEDGEABLE ABOUT THE REQUESTED HEALTH CARE SERVICE OR TREATMENT**
15 **THROUGH ACTUAL CLINICAL EXPERIENCE**.

16 (b) All adverse decisions shall be made by a physician or a panel of other
17 appropriate health care service reviewers who are not compensated by the private review
18 agent in a manner that violates § 19–705.1 of the Health – General Article or that deters
19 the delivery of medically appropriate care.

20 (c) Except as provided in subsection (d) of this section, if a course of treatment
21 has been preauthorized or approved for a patient, a private review agent may not
22 retrospectively render an adverse decision regarding the preauthorized or approved
23 services delivered to that patient.

24 (d) A private review agent may retrospectively render an adverse decision
25 regarding preauthorized or approved services delivered to a patient if:

26 (1) the information submitted to the private review agent regarding the
27 services to be delivered to the patient was fraudulent or intentionally misrepresentative;

28 (2) critical information requested by the private review agent regarding
29 services to be delivered to the patient was omitted such that the private review agent's
30 determination would have been different had the agent known the critical information; or

31 (3) the planned course of treatment for the patient that was approved by
32 the private review agent was not substantially followed by the provider.

33 (e) If a course of treatment has been preauthorized or approved for a patient, a
34 private review agent may not revise or modify the specific criteria or standards used for the

1 utilization review to make an adverse decision regarding the services delivered to that
2 patient.

3 15–10B–09.1.

4 A grievance decision shall be made based on the professional judgment of:

5 (1) (i) a **LICENSED** physician who is board certified or eligible in the
6 same specialty as the treatment under review **AND KNOWLEDGEABLE ABOUT THE**
7 **REQUESTED HEALTH CARE SERVICE OR TREATMENT THROUGH ACTUAL CLINICAL**
8 **EXPERIENCE**; or

9 (ii) a panel of other appropriate health care service reviewers with
10 at least one **LICENSED** physician on the panel who is board certified or eligible in the same
11 specialty as the treatment under review **AND KNOWLEDGEABLE ABOUT THE**
12 **REQUESTED HEALTH CARE SERVICE OR TREATMENT THROUGH ACTUAL CLINICAL**
13 **EXPERIENCE**;

14 (2) when the grievance decision involves a dental service, a licensed
15 dentist, or a panel of appropriate health care service reviewers with at least one dentist on
16 the panel who is a licensed dentist, who shall consult with a dentist who is board certified
17 or eligible in the same specialty as the service under review **AND KNOWLEDGEABLE**
18 **ABOUT THE REQUESTED HEALTH CARE SERVICE OR TREATMENT THROUGH ACTUAL**
19 **CLINICAL EXPERIENCE**; or

20 (3) when the grievance decision involves a mental health or substance
21 abuse service:

22 (i) a licensed physician who:

23 1. is board certified or eligible in the same specialty as the
24 treatment under review; or

25 2. is actively practicing or has demonstrated expertise in the
26 substance abuse or mental health service or treatment under review; or

27 (ii) a panel of other appropriate health care service reviewers with
28 at least one **LICENSED** physician, selected by the private review agent who:

29 1. is board certified or eligible in the same specialty as the
30 treatment under review; or

31 2. is actively practicing or has demonstrated expertise in the
32 substance abuse or mental health service or treatment under review.

33 SECTION 2. AND BE IT FURTHER ENACTED, That:

(a) The Maryland Health Care Commission and the Maryland Insurance Administration, in consultation with health care practitioners and payors of health care services, jointly shall conduct a study on the development of standards for the implementation of payor programs to modify prior authorization requirements for prescription drugs, medical care, and other health care services based on health care practitioner–specific criteria.

(b) The study conducted under subsection (a) of this section shall include, through an examination of literature review and legislatively or voluntarily established programs that have been implemented or are being considered in other states, an analysis of:

(1) adjustments to payor prior authorization requirements based on a health care practitioner's:

(i) prior approval rates;

(ii) ordering and prescribing patterns; and

(iii) participation in a payor's two–sided incentive arrangement or a capitation program; and

(2) any other information or metrics necessary to implement the payor programs.

(c) On or before December 1, 2024, the Maryland Health Care Commission and the Maryland Insurance Administration jointly shall submit a report to the General Assembly, in accordance with § 2–1257 of the State Government Article, with the findings and recommendations from the study, including recommendations for legislative initiatives necessary for the establishment of payor programs modifying prior authorization requirements based on health care practitioner–specific criteria.

SECTION 3. AND BE IT FURTHER ENACTED, That:

(a) The Maryland Health Care Commission ~~and the Maryland Insurance Administration jointly shall establish a workgroup to~~, in consultation with the Maryland Insurance Administration, shall:

(1) ~~assess~~ monitor the progress toward implementing the requirements in § 19–108.5 of the Health – General Article, as enacted by Section 1 of this Act, including monitoring any federal or State developments relating to the requirements; and

(2) review issues or recommendations from other states that are implementing a real–time benefit requirement, including establishing a link at the point of prescribing for any available coupons.

(b) On or before December 1, 2025, the Maryland Health Care Commission ~~and the Maryland Insurance Administration jointly shall submit a report to~~ shall inform the General Assembly, in accordance with § 2–1257 of the State Government Article, ~~with~~ of any findings and recommendations ~~from the workgroup~~ relating to the implementation of § 19–108.5 of the Health – General Article, as enacted by Section 1 of this Act.

SECTION 4. AND BE IT FURTHER ENACTED, That Section 1 of this Act shall take effect January 1, 2025.

SECTION 5. AND BE IT FURTHER ENACTED, That, except as provided in Section 4 of this Act, this Act shall take effect July 1, 2024.

Approved:

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Governor.

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President of the Senate.

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Speaker of the House of Delegates.