SENATE BILL 716

O4 4lr2438 CF HB 1276

By: Senators Ferguson, King, Montgomery, and Pinsky Pinsky, Conway, Benson, Jennings, and Rosapepe

Introduced and read first time: January 31, 2014

Assigned to: Education, Health, and Environmental Affairs

Committee Report: Favorable with amendments

Senate action: Adopted

Read second time: March 5, 2014

CHAPTER _____

1 AN ACT concerning

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Child Care Centers - Healthy Eating and Physical Activity Act

- 3 FOR the purpose of requiring certain rules and regulations for licensing and operating 4 child care centers to require child care centers providing care to children under 5 a certain age to have in attendance a certain individual who has had certain 6 breast-feeding education and training; requiring the regulations to contain 7 certain provisions as to beverages served by a child care center to children in 8 the child care center's care; requiring the regulations to require a child care 9 center to adopt limits on certain screen time; requiring the limits on screen time 10 to contain certain provisions promote proper nutrition and developmentally appropriate practices by establishing certain training and policies promoting 11 breast-feeding, requiring compliance with certain standards for beverages 12 served to children, and setting limits on screen time; and generally relating to 13 rules and regulations for licensing and operating child care centers. 14
- 15 BY repealing and reenacting, with amendments,
- 16 Article Family Law
- 17 Section 5–573
- 18 Annotated Code of Maryland
- 19 (2012 Replacement Volume and 2013 Supplement)
- 20 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF
- 21 MARYLAND, That the Laws of Maryland read as follows:

EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

<u>Underlining</u> indicates amendments to bill.

Strike out indicates matter stricken from the bill by amendment or deleted from the law by amendment.



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Article - Family Law

2	5–573.
3 4	(a) The State Superintendent shall adopt rules and regulations for licensing and operating child care centers.
5	(b) These rules and regulations shall:
6	(1) ensure safe and sanitary conditions in child care centers;
7 8	(2) ensure proper care, protection, and supervision of children in child care centers;
9	(3) ensure the health of children in child care centers by:
10	(i) monitoring children for signs and symptoms of child abuse;
11 12	(ii) instructing licensees and staff concerning child abuse detection and reporting;
13 14	(iii) monitoring health practices to help prevent the spread of disease; and
15 16	(iv) monitoring the care of infants and children with special needs;
17 18	(4) promote the sound growth and development of children in child care centers;
19 20	(5) PROMOTE PROPER NUTRITION AND DEVELOPMENTALLY APPROPRIATE PRACTICES BY:
21 22	(I) ESTABLISHING TRAINING AND POLICIES PROMOTING BREAST-FEEDING;
23 24 25 26 27	(II) REQUIRING COMPLIANCE WITH THE UNITED STATES FOOD AND DRUG ADMINISTRATION CHILD AND ADULT CARE FOOD PROGRAM STANDARDS FOR BEVERAGES SERVED TO CHILDREN, INCLUDING PROHIBITING BEVERAGES OTHER THAN INFANT FORMULA THAT CONTAIN ADDED SWEETENER OR CAFFEINE; AND
28	(III) SETTING LIMITS ON SCREEN TIME;

(III) <u>SETTING LIMITS ON SCREEN TIME</u>;

more than 14 hours in 1 day unless the Department issues an exception for the based on guidelines set by the State Superintendent; (3) (i) require that a child care center have in attend all times at least 1 individual who is responsible for supervision of children, in children on field trips, and who holds a current certificate indicating succompletion of approved: 1. basic first aid training through the America Cross or through a program with equivalent standards; and 2. cardiopulmonary resuscitation (CPR) to through the American Heart Association or through a program with equivalent standards appropriate for the ages of children for whom care is provided in the care center; and	at child lance at cluding ccessful
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12 Cross or through a program with equivalent standards; and 13 2. cardiopulmonary resuscitation (CPR) to through the American Heart Association or through a program with equivalent standards appropriate for the ages of children for whom care is provided in the	
through the American Heart Association or through a program with equal standards appropriate for the ages of children for whom care is provided in the	raining
	uivalent
(ii) require that a child care center serving more that children have in attendance certificate holders described in item (i) of this item (i) ratio of at least 1 certificate holder for every 20 children;	
20 (8) REQUIRE THAT A CHILD CARE CENTER PROVIDING CA	\RE TO
21 ANY CHILD UNDER THE AGE OF 1 YEAR HAVE IN ATTENDANCE AT ALL TH	
22 LEAST 1 INDIVIDUAL WHO IS RESPONSIBLE FOR SUPERVISION OF CHI	LDREN
23 AND WHO HAS HAD BREAST-FEEDING EDUCATION AND TRAINING IN:	
24 (I) THE PROPER METHODS FOR PROVIDING EXPRESS	SED OR
25 FROZEN BREAST MILK TO CHILDREN UNDER THE AGE OF 1 YEAR WH	O ARE
26 BEING BREAST-FED;	
27 (II) MAINTAINING A DAILY RECORD OF THE TIME	E AND
28 AMOUNT OF EXPRESSED MILK OR FORMULA THAT A BREAST-FED CHILD	UNDER
29 THE AGE OF 1 YEAR RECEIVES; AND	
30 (III) SUPPORTING MOTHERS WITH COMPLETE	
ou (iii) suituring muiners with cumplete	— AND
31 CULTURALLY COMPETENT INFORMATION AND MATERIALS	
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31 CULTURALLY COMPETENT INFORMATION AND MATERIALS	ON

accordance with § 9-410 of the Environment Article or otherwise, send notice of the

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$\frac{1}{2}$	drinking water contamination to the parent or legal guardian of each child attending the child care center; and
3	(ii) require that the notice sent by the child care center shall:
4 5	1. be sent within 10 business days after receipt of the notice of contamination from the child care center's water supplier;
6	2. be in writing;
7 8	3. identify the contaminants and their levels in the center's water supply; and
9 10 11	4. describe the child care center's plan for dealing wit the water contamination problem until the child care center's water is determined to the appropriate authority to be safe for consumption;
12 13 14 15 16	[(9)] (10) (i) require a child care center to have a written emergency preparedness plan for emergency situations that require evacuation sheltering in place, or other protection of children, such as in the event of fire, natural disaster, or other threatening situation that may pose a health or safety hazard to the children in the child care center;
17	(ii) require the plan under item (i) of this item to include:
18	1. a designated relocation site and evacuation route;
19 20	2. procedures for notifying parents or other adultresponsible for the child of the relocation;
21 22	3. procedures to address the needs of individual children, including children with special needs;
23 24	4. procedures for the reassignment of staff duties during an emergency, as appropriate; and
25 26	5. procedures for communicating with local emergence management officials or other appropriate State or local authorities; and
27 28	(iii) require a child care center to train staff and ensure the staff are familiar with the plan; \P and \P
29 30	[(10)] (11) require a child care center to have window coverings is accordance with § 5–505 of this subtitle.

1	(12) AS TO BEVERAGES SERVED BY A CHILD CARE CENTER TO
2	CHILDREN IN THE CHILD CARE CENTER'S CARE:
3	(I) PROHIBIT BEVERAGES WITH ADDED SWEETENER,
4	EITHER NATURAL OR ARTIFICIAL, OR CONTAINING CAFFEINE, EXCEPT FOR
5	INFANT FORMULA OR COMPLETE BALANCED NUTRITIONAL PRODUCTS
6	DESIGNED FOR CHILDREN;
7	(II) LIMIT JUICE TO NOT MORE THAN 6 OUNCES OF 100%
8	FRUIT JUICE PER CHILD PER DAY;
9	(III) REQUIRE THAT, WHENEVER MILK IS SERVED, ONLY 1%
0	OR NONFAT MILK BE SERVED TO CHILDREN AT LEAST 2 YEARS OLD, UNLESS
1	OTHERWISE ORDERED BY A PHYSICIAN OR HEALTH PRACTITIONER; AND
12	(IV) REQUIRE THAT CLEAN AND SAFE DRINKING WATER BE
13	READILY AVAILABLE AND ACCESSIBLE THROUGHOUT THE DAY; AND
4	(13) (I) REQUIRE A CHILD CARE CENTER TO ADOPT LIMITS ON
15	SCREEN TIME OR TIME SPENT PASSIVELY WATCHING A DIGITAL MONITOR OR
16	DISPLAY, INCLUDING A TELEVISION, A COMPUTER, A TABLET, A SMART BOARD,
L 7	OR ANY OTHER SCREEN; AND
18	(II) REQUIRE THE LIMITS ON SCREEN TIME TO INCLUDE:
19	1. A PROHIBITION ON SCREEN TIME FOR CHILDREN
20	UNDER THE AGE OF 2 YEARS; AND
21	2. A LIMIT OF 30 MINUTES PER DAY OF
22	COMMERCIAL FREE SCREEN TIME FOR CHILDREN AT LEAST 2 YEARS OLD IN
23	HALF-DAY PROGRAMS AND 60 MINUTES PER DAY OF COMMERCIAL-FREE
24	SCREEN TIME FOR CHILDREN AT LEAST 2 YEARS OLD IN FULL-DAY PROGRAMS.
25 26	SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect October 1, 2014.