The Commonwealth of Massachusetts

PRESENTED BY:

Thomas M. McGee

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to insurance coverage for pervasive developmental disorders.

PETITION OF:

NAME:	DISTRICT/ADDRESS:
Thomas M. McGee	Third Essex
Brian M. Ashe	2nd Hampden
Michael O. Moore	Second Worcester
Marjorie C. Decker	25th Middlesex
Daniel A. Wolf	Cape and Islands

SENATE

No. 522

By Mr. McGee, a petition (accompanied by bill, Senate, No. 522) of Thomas M. McGee, Brian M. Ashe, Michael O. Moore, Marjorie C. Decker and others for legislation relative to insurance coverage for pervasive developmental disorders. Financial Services.

[SIMILAR MATTER FILED IN PREVIOUS SESSION SEE SENATE, NO. 458 OF 2013-2014.]

The Commonwealth of Massachusetts

In the One Hundred and Eighty-Ninth General Court (2015-2016)

An Act relative to insurance coverage for pervasive developmental disorders.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- SECTION 1. Chapter 32A of the General Laws is hereby amended by inserting at the
- 2 end thereof the following:-
- 3 Section 28. (a) The commission shall provide to any active or retired employee of the
- 4 commonwealth who is insured under the group insurance commission coverage on a
- 5 nondiscriminatory basis for the diagnosis and treatment of the following pervasive
- 6 developmental disorders, as described in the most recent edition of the Diagnostic and Statistical
- 7 Manual of the American Psychiatric Association, referred to in this section as "the DSM IV": (1)
- 8 autistic disorder, (2) asperger's disorder, (3) pervasive developmental disorder not otherwise
- 9 specified, (4) rett's disorder, and (5) childhood disintegrative disorder appearing in the DSM that
- 10 are scientifically recognized and approved by the commissioner of the division of insurance.

- 11 (b) In addition to the coverage established pursuant to this section, any such health plan shall also provide coverage on a non-discriminatory basis for children and adolescents under the 12 age of 19 for the diagnosis and treatment of following pervasive developmental disorders, as 13 described in the most recent edition of the Diagnostic and Statistical Manual of the American 14 Psychiatric Association, referred to in this section as "the DSM IV": (1) autistic disorder, (2) 15 16 asperger's disorder, (3) pervasive developmental disorder - not otherwise specified, (4) rett's 17 disorder, and (5) childhood disintegrative disorder which substantially interfere with or substantially limit the functioning and social interactions of such a child or adolescent; provided, 18 19 that said interference or limitation is documented by and the referral for said diagnosis and treatment is made by the primary care physician, primary pediatrician, or a licensed health 20 professional of such a child or adolescent or is evidenced by conduct. Any such health plan shall 21 continue to provide such coverage to any adolescent who is engaged in an ongoing course of treatment beyond the adolescent's nineteenth birthday until said course of treatment, as specified 23 in said adolescent's treatment plan, is completed and while the benefit contract under which such benefits first became available remains in effect, or subject to a subsequent benefits contract 25 26 which is in effect.
- (d) Any such health plan shall be deemed to be providing such coverage on a nondiscriminatory basis if said plan does not contain any annual or lifetime dollar or unit of service limitation on coverage for the diagnosis and treatment of said pervasive developmental disorders which is less than any annual or lifetime dollar or unit of service limitation imposed on coverage for the diagnosis and treatment of physical conditions.
- 32 (e) The commission shall also provide medically necessary coverage for the diagnosis 33 and treatment of all other pervasive developmental disorders not otherwise provided for in this

- section and which are described in the most recent edition of the DSM IV during each 12 monthperiod for a minimum of 60 visits.
- 36 (f) The coverage authorized pursuant to this section shall consist of a range of services that shall permit medically necessary and active and noncustodial treatment for said pervasive 37 developmental disorders to take place in the least restrictive clinically appropriate setting. The 38 commission may, as a condition of providing coverage pursuant to this section, require consent 39 40 to the disclosure of information regarding services for pervasive developmental disorders only to the same or similar extent in which it requires consent for the disclosure of information for other 41 medical conditions. Only licensed health professionals shall be allowed to deny services 42 43 mandated by this section. The provisions of this subsection shall not be construed as applying to denials of service resulting from an insured's lack of insurance coverage or the use of a facility or 44 45 professional which, if applicable, has not entered into a negotiated agreement with a health plan. The benefits provided in any insurance plan pursuant to this section shall meet all other terms 46 and conditions of the plan not inconsistent with this section. 47
- SECTION 2. Chapter 175 of the General Laws is hereby amended by inserting after Section 47B, the following new section:-
- Section____. (a) Any individual policy of accident and sickness insurance issued pursuant to section 108, which provides hospital expense and surgical expense insurance, and any group blanket or general policy of accident and sickness insurance issued pursuant to section 110, which provides hospital expense and surgical expense insurance, which is issued or renewed within or without the commonwealth, shall provide benefits on a nondiscriminatory basis to residents of the commonwealth and to all policyholders having a principal place of employment

in the commonwealth for the diagnosis and treatment of the following pervasive developmental disorders, as described in the most recent edition of the Diagnostic and Statistical Manual of the American Psychiatric Association, referred to in this section as "the DSM IV": (1) autistic disorder, (2) asperger's disorder, (3) pervasive developmental disorder - not otherwise specified, (4) rett's disorder, and (5) childhood disintegrative disorder, and (6) any pervasive developmental disorders appearing in the DSM that are scientifically recognized and approved by the commissioner of the division of insurance.

63 (b) In addition to the benefits established pursuant to this section, any such policy shall also provide benefits on a non-discriminatory basis for children and adolescents under the age of 65 19 for the diagnosis and treatment of pervasive developmental disorders, as described in the most recent edition of the DSM IV, which substantially interfere with or substantially limit the 66 functioning and social interactions of such a child or adolescent; provided, that said interference 67 or limitation is documented by and the referral for said diagnosis and treatment is made by the 68 primary care physician, primary pediatrician or a licensed health professional of such a child or 69 adolescent or is evidenced by conduct, including, but not limited to: (1) an inability to attend 70 school as a result of such a disorder, (2) the need to hospitalize the child or adolescent as a result 71 of such a disorder, or (3) a pattern of conduct or behavior caused by such a disorder which poses 73 a serious danger to self or others. The insurer shall continue to provide such benefits to any adolescent who is engaged in an ongoing course of treatment beyond the adolescent's nineteenth 74 birthday until said course of treatment, as specified in said adolescent's treatment plan, is 75 76 completed and while the benefit contract under which such benefits first became available remains in effect, or subject to a subsequent benefits contract which is in effect.

- (d) Any such policy shall be deemed to be providing such benefits on a nondiscriminatory basis if the policy does not contain any annual or lifetime dollar or unit of service limitation on coverage for the diagnosis and treatment of said pervasive developmental disorders which is less than any annual or lifetime dollar or unit of service limitation imposed on coverage for the diagnosis and treatment of physical conditions.
- (e) Any such policy shall also provide medically necessary benefits for the diagnosis and treatment of all other pervasive developmental disorders not otherwise provided for in this section and which are described in the most recent edition of DSM during each 12 month period for a minimum of 60 days of inpatient treatment and for a minimum of 24 outpatient visits.
- (f) Nothing in this section shall be construed to exempt an individual policy of accident and sickness insurance issued from paying for pervasive developmental disorder benefits or services: which are provided to a person who has third party insurance and who is presently incarcerated, confined or committed to a jail, house of correction or prison, or custodial facility in the department of youth services within the commonwealth or one of its political subdivisions; including those which constitute educational services and would otherwise be required to be provided by a school committee pursuant to section 5 of chapter 71B; or which constitute services provided by the department of mental health or department of mental retardation.
- 95 SECTION 3. Chapter 176A of the General Laws is hereby amended by inserting after 96 Section 8B, the following new section:-
- 97 Section ____. (a) Any contract between a subscriber and the corporation under an 98 individual or group hospital service plan which is issued or renewed within or without the 99 commonwealth shall provide pervasive developmental disorder benefits on a nondiscriminatory

basis to residents of the commonwealth and to all individual subscribers and members and group members having a principal place of employment in the he commonwealth for the diagnosis and 101 treatment of the following pervasive developmental disorders, as described in the most recent 102 edition of the Diagnostic and Statistical Manual of the American Psychiatric Association, 103 referred to in this section as "the DSM IV": (1) autistic disorder, (2) asperger's disorder, (3) 104 105 pervasive developmental disorder - not otherwise specified, (4) rett's disorder, and (5) childhood disintegrative disorder, and (6) any pervasive developmental disorders appearing in the DSM 106 that are scientifically recognized and approved by the commissioner of the department of mental 107 108 health in consultation with the commissioner of the division of insurance.

109 (b) In addition to the pervasive developmental disorder benefits established pursuant to 110 this section, any such contract shall also provide benefits on a non-discriminatory basis for 111 children and adolescents under the age of 19 for the diagnosis and treatment of pervasive 112 developmental disorder, behavioral or emotional disorders, as described in the most recent edition of the DSM IV, which substantially interfere with or substantially limit the functioning 113 and social interactions of such a child or adolescent; provided, that said interference or limitation 114 115 is documented by and the referral for said diagnosis and treatment is made by the primary care physician, primary pediatrician or a licensed health professional of such a child or adolescent or 117 is evidenced by conduct, including, but not limited to: (1) an inability to attend school as a result of such a disorder, (2) the need to hospitalize the child or adolescent as a result of such a 118 disorder, or (3) a pattern of conduct or behavior caused by such a disorder which poses a serious 119 120 danger to self or others. The nonprofit hospital service corporation shall continue to provide such benefits to any adolescent who is engaged in an ongoing course of treatment beyond the 121 adolescent's nineteenth birthday until said course of treatment, as specified in said adolescent's 122

- treatment plan, is completed and while the benefit contract under which such benefits first became available remains in effect, or subject to a subsequent benefits contract which is in effect.
- (c) Any such contract shall be deemed to be providing such coverage on a nondiscriminatory basis if the contract does not contain any annual or lifetime dollar or unit of
 service limitation on benefits for the diagnosis and treatment of said mental disorders which is
 less than any annual or lifetime dollar or unit of service limitation imposed on benefits for the
 diagnosis and treatment of physical conditions.
 - (d) Any such contract shall also provide medically necessary benefits for the diagnosis and treatment of all other mental disorders not otherwise provided for in this section and which are described in the most recent edition of the DSM IV during each 12 month period for a minimum of 60 days of inpatient treatment and for a minimum of 24 outpatient visits.

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- (e) Benefits authorized pursuant to this section shall consist of a range of inpatient, intermediate, and outpatient services that shall permit medically necessary and active and noncustodial treatment for said pervasive developmental disorders to take place in the least restrictive clinically appropriate setting.
- (f) Nothing in this section shall be construed to exempt a non-profit hospital service
 corporation insurer from paying for pervasive developmental disorder benefits or services: which
 are provided to a person who has third party insurance and who is presently incarcerated,
 confined or committed to a jail, house of correction or prison, or custodial facility in the
 department of youth services within the commonwealth or one of its political subdivisions;
 including those which constitute educational services and would otherwise be required to be

provided by a school committee pursuant to section 5 of chapter 71B; or which constitute services provided by the department of mental health or department of mental retardation.

SECTION 4. Chapter 176B of the General Laws is hereby amended by inserting after Section 4C, the following new section:-

149 Section (a) Any subscription certificate under an individual or group medical service agreement which is issued or renewed within or without the commonwealth shall provide 150 151 pervasive developmental disorder benefits on a nondiscriminatory basis to residents of the 152 commonwealth and to all individual subscribers and members within the commonwealth and to 153 all group members having a principal place of employment in the commonwealth for the diagnosis and treatment of the following pervasive developmental disorder, as described in the 154 155 most recent edition of the Diagnostic and Statistical Manual of the American Psychiatric Association, referred to in this section as "the DSM IV": (1) autistic disorder, (2) asperger's 156 157 disorder, (3) pervasive developmental disorder - not otherwise specified, (4) rett's disorder, and 158 (5) childhood disintegrative disorder, and (6) any pervasive developmental disorders appearing 159 in the DSM Association that are scientifically recognized and approved by the commissioner of the division of insurance. 160

(b) In addition to the pervasive developmental disorder benefits established pursuant to this section, any such subscription certificate shall also provide benefits on a non-discriminatory basis for children and adolescents under the age of 19 for the diagnosis and treatment of pervasive developmental disorders, as described in the most recent edition of the DSM IV, which substantially interfere with or substantially limit the functioning and social interactions of such a child or adolescent; provided, that said interference or limitation is documented by and the

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referral for said diagnosis and treatment is made by the primary care physician, primary pediatrician or a licensed mental health professional of such a child or adolescent or is evidenced 168 by conduct, including, but not limited to: (1) an inability to attend school as a result of such a 169 disorder, (2) the need to hospitalize the child or adolescent as a result of such a disorder, (3) a 170 pattern of conduct or behavior caused by such a disorder which poses a serious danger to self or 171 172 others. The nonprofit medical service corporation shall continue to provide such benefits to any adolescent who is engaged in an ongoing course of treatment beyond the adolescent's nineteenth 173 birthday until said course of treatment, as specified in said adolescent's treatment plan, is 175 completed and while the benefit contract under which such benefits first became available remains in effect, or subject to a subsequent benefits contract which is in effect.

(d) Any such subscription certificate shall be deemed to be providing such coverage on a nondiscriminatory basis if the subscription certificate does not contain any annual or lifetime dollar or unit of service limitation on coverage for the diagnosis and treatment of said pervasive developmental disorders which is less than any annual or lifetime dollar or unit of service limitation imposed on coverage for the diagnosis and treatment of physical conditions.

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- (e) Any such subscription certificate shall also provide medically necessary benefits for the diagnosis and treatment of all other pervasive developmental disorders not otherwise provided for in this section and which are described in the most recent edition of the DSM IV during each 12 month period for a minimum of 60 days of inpatient treatment and for a minimum of 24 outpatient visits.
- 187 (f) Benefits authorized pursuant to this section shall consist of a range of inpatient, 188 intermediate, and outpatient services that shall permit medically necessary and active and

noncustodial treatment for said mental disorders to take place in the least restrictive clinicallyappropriate setting.

(g) Nothing in this section shall be construed to exempt a non-profit medical service corporation insurer from paying for pervasive developmental disorder benefits or services: which are provided to a person who has third party insurance and who is presently incarcerated, confined or committed to a jail, house of correction or prison, or custodial facility in the department of youth services within the commonwealth or one of its political subdivisions; including those which constitute educational services and would otherwise be required to be provided by a school committee pursuant to section 5 of chapter 71B; or which constitute services provided by the department of mental health or department of mental retardation.

SECTION 5. Chapter 176G of the General Laws, is hereby amended by inserting after section 4N, the following new section:-

Section _____. (a) A health maintenance contract issued or renewed within or without the commonwealth shall provide pervasive developmental disorder benefits on a nondiscriminatory basis to residents of the commonwealth and to all members or enrollees having a principal place of employment in the commonwealth for the diagnosis and treatment of the following pervasive developmental disorders, as described in the most recent edition of the Diagnostic and Statistical Manual of the American Psychiatric Association, referred to in this section as "the DSM IV": (1) autistic disorder, (2) asperger's disorder, (3) pervasive developmental disorder - not otherwise specified, (4) rett's disorder, and (5) childhood disintegrative disorder, and (6) any pervasive developmental disorders appearing in the DSM that are scientifically recognized and approved by the commissioner of the division of insurance.

211 (b) In addition to said pervasive developmental disorder benefits established pursuant to this section, any such health maintenance contract shall also provide benefits on a non-212 213 discriminatory basis to children and adolescents under the age of 19 for the diagnosis and treatment of pervasive developmental disorders, as described in the most recent edition of the 214 215 DSM IV, which substantially interfere with or substantially limit the functioning and social 216 interactions of such a child or adolescent; provided, that said interference or limitation is documented by and the referral for said diagnosis and treatment is made by the primary care 217 physician, primary pediatrician or a licensed health professional of such a child or adolescent or 219 is evidenced by conduct, including, but not limited to: (1) an inability to attend school as a result 220 of such a disorder, (2) the need to hospitalize the child or adolescent as a result of such a 221 disorder, (3) a pattern of conduct or behavior caused by such a disorder which poses a serious danger to self or others. The health maintenance organization shall continue to provide such benefits to any adolescent who is engaged in an ongoing course of treatment beyond the 223 224 adolescent's nineteenth birthday until said course of treatment, as specified in said adolescent's treatment plan, is completed and while the benefit contract under which such benefits first 225 became available remains in effect, or subject to a subsequent benefits contract which is in effect. 227

(c) Any such health maintenance contract shall be deemed to be providing such coverage on a non-discriminatory basis if the health maintenance contract does not contain any annual or lifetime dollar or unit of service limitation on coverage for the diagnosis and treatment of said mental disorders which is less than any annual or lifetime dollar or unit of service limitation imposed on coverage for the diagnosis and treatment of physical conditions.

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- 233 (d) Any such health maintenance contract shall also provide benefits for the diagnosis 234 and treatment of all other pervasive developmental disorders not otherwise provided for in this 235 section and which are described in the most recent edition of the DSM IV during each 12 month 236 period for a minimum of 60 days of inpatient treatment and for a minimum of 24 outpatient 237 visits.
- (e) Benefits authorized pursuant to this section shall consist of a range of inpatient, intermediate, and outpatient services that shall permit medically necessary and active and noncustodial treatment for said pervasive developmental disorders to take place in the least restrictive clinically appropriate setting.

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- (f) Nothing in this section shall be construed to exempt a health maintenance organization insurer from paying for pervasive developmental disorder benefits or services: which are provided to a person who has third party insurance and who is presently incarcerated, confined or committed to a jail, house of correction or prison, or custodial facility in the department of youth services within the commonwealth or one of its political subdivisions; including those which constitute educational services and would otherwise be required to be provided by a school committee pursuant to section 5 of chapter 71B; or which constitute services provided by the department of mental health or department of mental retardation.
- SECTION 6. All policies, contracts and certificates of health insurance subject to the provisions of section 22 of chapter 32, section 47B of chapter 175, section 8A of chapter 176A, section 4A of chapter 176B, and section 4M of chapter 176G of the General Laws which are delivered, issued, or renewed on or after January 1, 2017 shall conform with the provisions of

254	this act. Form filings implementing this act shall be subject to the approval of the commissioner
255	of insurance.