

SENATE No. 241

The Commonwealth of Massachusetts

PRESENTED BY:

Brian A. Joyce

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the passage of the accompanying bill:

An Act to establish school nutrition education classes.

PETITION OF:

NAME:

Brian A. Joyce

DISTRICT/ADDRESS:

Norfolk, Bristol and Plymouth

[SIMILAR MATTER FILED IN PREVIOUS SESSION
SEE SENATE, NO. S00328 OF 2007-2008.]

The Commonwealth of Massachusetts

In the Year Two Thousand and Nine

AN ACT TO ESTABLISH SCHOOL NUTRITION EDUCATION CLASSES.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Chapter 71 of the General Laws is hereby added by inserting after section 2B the
2 following section:-Section 2C. All students attending public schools shall be required from grades 1 to 9,
3 inclusive, attend a weekly class dedicated to nutrition education and physical fitness guidelines. The class
4 shall include, but not be limited to, instruction on: fat content awareness, cholesterol count, carbohydrate
5 measurements, healthy eating guidelines, organic foods awareness, kosher food benefits, the health
6 benefits of balanced nutrition, 3 meals a day, dietary fiber and general nutritional health guidelines, as
7 well as the dangers of cigarettes and alcohol and fast food fat establishments. Nutrition classes shall meet
8 for not less than 45 minutes per week in the school calendar year.

9 SECTION 2. This Act shall take effect upon its passage.