

**SENATE . . . . . No. 00211**

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The Commonwealth of Massachusetts

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PRESENTED BY:

*Brian A. Joyce*

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*To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:*

The undersigned legislators and/or citizens respectfully petition for the passage of the accompanying bill:

An Act to establish school nutrition education classes..

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PETITION OF:

NAME:	DISTRICT/ADDRESS:
<i>Brian A. Joyce</i>	<i>Norfolk, Bristol, and Plymouth</i>
<i>Patricia D. Jehlen</i>	<i>Second Middlesex</i>

# SENATE . . . . . No. 00211

By Mr. Joyce, petition (accompanied by bill, Senate, No. 211) of Jehlen and Joyce for legislation to establish school nutrition education classes [Joint Committee on Education].

[SIMILAR MATTER FILED IN PREVIOUS SESSION  
SEE  
□ SENATE  
□ , NO. 241 OF 2009-2010.]

## The Commonwealth of Massachusetts

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**In the Year Two Thousand Eleven**  
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An Act to establish school nutrition education classes..

*Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:*

1 SECTION 1. Chapter 71 of the General Laws is hereby added by inserting after section  
2 2B the following section:-Section 2C. All students attending public schools shall be required  
3 from grades 1 to 9, inclusive, attend a weekly class dedicated to nutrition education and physical  
4 fitness guidelines. The class shall include, but not be limited to, instruction on: fat content  
5 awareness, cholesterol count, carbohydrate measurements, healthy eating guidelines, organic  
6 foods awareness, kosher food benefits, the health benefits of balanced nutrition, 3 meals a day,  
7 dietary fiber and general nutritional health guidelines, as well as the dangers of cigarettes and  
8 alcohol and fast food fat establishments. Nutrition classes shall meet for not less than 45 minutes  
9 per week in the school calendar year.

SECTION 2. This Act shall take effect upon its passage.