HOUSE No. 615

The Commonwealth of Massachusetts

PRESENTED BY:

Ruth B. Balser

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act to ensure the quality of care in nursing homes.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
Ruth B. Balser	12th Middlesex	1/20/2023
James C. Arena-DeRosa	8th Middlesex	2/14/2023
Rodney M. Elliott	16th Middlesex	2/14/2023
Lindsay N. Sabadosa	1st Hampshire	2/14/2023
David Paul Linsky	5th Middlesex	2/14/2023
Jack Patrick Lewis	7th Middlesex	2/15/2023
Denise C. Garlick	13th Norfolk	2/17/2023
David Allen Robertson	19th Middlesex	2/17/2023
Daniel Cahill	10th Essex	2/17/2023
Samantha Montaño	15th Suffolk	2/21/2023
Russell E. Holmes	6th Suffolk	2/22/2023
David Henry Argosky LeBoeuf	17th Worcester	2/23/2023
Simon Cataldo	14th Middlesex	2/27/2023
William C. Galvin	6th Norfolk	3/2/2023
Michelle L. Ciccolo	15th Middlesex	3/4/2023
Jennifer Balinsky Armini	8th Essex	3/6/2023
Jacob R. Oliveira	Hampden, Hampshire and Worcester	3/13/2023

HOUSE No. 615

By Representative Balser of Newton, a petition (accompanied by bill, House, No. 615) of Ruth B. Balser and others for legislation to further regulate care in nursing homes. Elder Affairs.

The Commonwealth of Alassachusetts

In the One Hundred and Ninety-Third General Court (2023-2024)

An Act to ensure the quality of care in nursing homes.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- SECTION 1. Chapter 111 of the General Laws is hereby amended by inserting after
- 2 section 72BB the following section:-
- 3 Section 72CC
- For the purpose of this section, "hours of care per resident per day" shall mean the total
- 5 number of hours worked by registered nurses, licensed practical nurses, and nursing assistants,
- 6 including certified nurse aides with direct resident care responsibilities, for each 24 hour period,
- 7 divided by the total census of the facility for each day.
- 8 Long-term care facilities providing Level I, II, or III care shall provide sufficient nursing
- 9 personnel to meet resident nursing care needs, based on acuity, resident assessments, care plans,
- 10 census and other relevant factors as determined by the facility. Sufficient staffing must include a
- minimum number of hours of care per resident per day of 4.1 hours, of which at least 0.75 hours
- must be care provided per resident by a registered nurse. The facility must provide adequate

- nursing care to meet the needs of each resident, which may necessitate staffing that exceeds the
 minimum required hours of care per resident per day.

 SECTION 2. Chapter 111 of the General Laws is hereby amended by inserting after
 - section 72CC the following section:-

Section 72DD

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1. As used in this Section:

- "Cohorting" means the practice of grouping patients who are or are not colonized or infected with the same organism in order to confine their care to one area and prevent contact with other patients.
- "Commissioner" means the Commissioner of the Department of Public Health.
 - "Religious and recreational activities" includes any religious, social, or recreational activity that is consistent with the resident's preferences and choosing, regardless of whether the activity is coordinated, offered, provided, or sponsored by facility staff or by an outside activities provider.
- 27 "Resident" means a person who resides in a long-term care facility.
- "Social isolation" means a state of isolation wherein a resident of a long-term care facility
 is unable to engage in social interactions and religious and recreational activities with other
 facility residents or with family members, friends, and external support systems.
 - 2. a. The Department of Public Health shall require each long-term care facility in the state, as a condition of facility licensure, to adopt and implement written policies, to

provide technology to facility residents, and to provide appropriate staff to prevent the social isolation of facility residents.

- b. The social isolation prevention policies adopted by each long-term care facility pursuant to this section shall:
- (1) authorize and include specific protocols and procedures to encourage and enable residents of the facility to engage in in-person contact, communications, and religious and recreational activities with other facility residents and with family members, friends, and other external support systems, except when such in-person contact, communication, or activities are prohibited, restricted, or limited, as permitted by federal or state statute, rule, or regulation;
- (2) authorize and include specific protocols and procedures to encourage and enable, residents to engage in face-to-face or verbal/auditory-based contact, communication, and religious and recreational activities with other facility residents and with family members, friends, and other external support systems, through the use of electronic or virtual means and methods, including, but not limited to, computer technology, the internet, social media, videoconferencing, and other innovative technological means or methods, whenever such residents are subject to restrictions that limit their ability to engage in in-person contact, communications, or religious and recreational activities as authorized by paragraph (1) of this subsection:
- (3) provide for residents of the facility who have disabilities that impede their ability to communicate, including, but not limited to, residents who are blind, deaf, or deaf-blind, residents who have Alzheimer's disease or other related dementias, and residents who have developmental disabilities, to be given access to assistive and supportive technology as may be necessary to

facilitate the residents' engagement in face-to-face or verbal/auditory-based contact, communications, and religious and recreational activities with other residents, family members, friends, and other external support systems, through electronic means, as provided by paragraph (2) of this subsection;

- (4) include specific administrative policies, procedures, and protocols governing: (a) the acquisition, maintenance, and replacement of computers, videoconferencing equipment, distance-based communications technology, assistive and supportive technology and devices, and other technological equipment, accessories, and electronic licenses, as may be necessary to ensure that residents are able to engage in face-to-face or verbal/auditory-based contact, communications, and religious and recreational activities with other facility residents and with family members, friends, and external support systems, through electronic means, in accordance with the provisions of paragraphs (2) and (3) of this subsection; (b) the use of environmental barriers and other controls when the equipment and devices acquired pursuant to this section are in use, especially in cases where the equipment or devices are likely to become contaminated with bodily substances, are touched frequently with gloved or ungloved hands, or are difficult to clean; and (c) the regular cleaning of the equipment and devices acquired pursuant to this paragraph and any environmental barriers or other physical controls used in association therewith;
- (5) require appropriate staff to assess and regularly reassess the individual needs and preferences of facility residents with respect to the residents' participation in social interactions and religious and recreational activities, and include specific protocols and procedures to ensure that the quantity of devices and equipment maintained on-site at the facility remains sufficient, at

all times, to meet the assessed social and activities needs and preferences of each facility resident;

- (6) require appropriate staff, upon the request of a resident or the resident's family members or guardian, to develop an individualized visitation plan for the resident, which plan shall: (a) identify the assessed needs and preferences of the resident and any preferences specified by the resident's family members; (b) address the need for a visitation schedule, and establish a visitation schedule if deemed to be appropriate; (c) describe the location and modalities to be used in visitation; and (d) describe the respective responsibilities of staff, visitors, and the resident when engaging in visitation pursuant to the individualized visitation plan;
- (7) include specific policies, protocols, and procedures governing a resident's requisition, use, and return of devices and equipment maintained pursuant to this act, and require appropriate staff to communicate those policies, protocols, and procedures to residents; and
- (8) designate at least one member of the therapeutic recreation or activities department, or, if the facility does not have such a department, designate at least one senior staff member, as determined by facility management, to train other appropriate facility employees, including, but not limited to, activities professionals and volunteers, social workers, occupational therapists, and therapy assistants, to provide direct assistance to residents, upon request and on an as-needed basis, as necessary to ensure that each resident is able to successfully access and use, for the purposes specified in paragraphs (2) and (3) of this subsection, the technology, devices, and equipment acquired pursuant to this paragraph.

c. The department shall distribute civil monetary penalty (CMP) funds, as approved by the federal Centers for Medicare and Medicaid Services, and any other available federal and state funds, upon request, to facilities for communicative technologies and accessories needed for the purposes of this act.

- 3. a. Whenever the department conducts an inspection of a long-term care facility, the department's inspector shall determine whether the facility is in compliance with the provisions of this section and the policies, protocols, and procedures adopted pursuant thereto.
- b. In addition to any other applicable penalties provided by law, a long-term care facility that fails to comply with the provisions of this act or properly implement the policies, protocols, and procedures adopted pursuant thereto:
- (1) shall be liable to pay an administrative penalty, the amount of which shall be determined in accordance with a schedule established by department regulation, which schedule shall provide for an enhanced administrative penalty in the case of a repeat or ongoing violation; and
- (2) may be subject to adverse licensure action, as deemed by the department to be appropriate.
- 4. Nothing in this section shall be construed as limiting the ability of residents to own or operate a personal electronic device.
- 5. The department of public health shall promulgate regulations necessary to implement this section.

118	SECTION 3. Chapter 111 of the General Laws is hereby amended by inserting after
119	section 72DD the following section:-
120	Section 72EE
121	For all nursing care units in the Commonwealth, resident bedrooms must adhere to the
122	following:
123	1. The floor area of resident bedrooms, excluding closet, vestibule and toilet room areas
124	shall not be less than 125 square feet for single occupancy rooms and 108 square feet per bed for
125	double occupancy rooms.
126	2.No resident bedroom shall contain more than two beds.
127	3.Rooms shall be shaped and sized so that each bed can be placed with a minimum
128	clearance of 4 feet from any lateral wall, window or radiator on the transfer side of the resident
129	bed and 3 feet from any lateral wall, window or radiator on the non-transfer side of the resident
130	bed. In single occupancy rooms, an unobstructed passageway of at least 3 feet shall be
131	maintained at the foot of each bed. In double occupancy rooms, an unobstructed passageway of
132	at least 4 feet shall be maintained at the foot of each bed. In double occupancy rooms, resident
133	beds must be spaced at least 6 feet apart.
134	4.Resident bedrooms shall have a floor level above the grade level adjacent to the
135	building.
136	5.All resident bedrooms shall be along exterior walls with window access to the exterior.
137	6.All resident bedrooms shall open directly to a main corridor and shall be permanently

and clearly identified by number on or beside each entrance door.

139	7. Each room with more than one bed shall have cubicle curtains or equivalent built in
140	devices for privacy for each resident.

- 8.Each resident bedroom shall contain closet interior space of not less than two feet by two feet per resident with at least five feet clear hanging space for the storage of personal belongings. In addition, either a built in or freestanding multiple drawer bureau not less than two feet wide with a minimum of one drawer per resident shall be provided.
- 9.Each resident bedroom shall be sized and dimensioned to accommodate hospital type beds of not less than 76 inches long and 36 inches wide, a hospital type bedside cabinet and an easy chair or comfortable straight back armchair.
- 148 SECTION 4.

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Section 3 of this act shall take effect on January 1, 2024.