HOUSE No. 2381

The Commonwealth of Massachusetts

PRESENTED BY:

James J. O'Day and John J. Mahoney

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to end of life options.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
James J. O'Day	14th Worcester	2/8/2021
John J. Mahoney	13th Worcester	2/8/2021
James Arciero	2nd Middlesex	2/26/2021
Christine P. Barber	34th Middlesex	2/22/2021
John Barrett, III	1st Berkshire	2/18/2021
Natalie M. Blais	1st Franklin	2/9/2021
Antonio F. D. Cabral	13th Bristol	2/25/2021
Peter Capano	11th Essex	2/11/2021
Daniel R. Carey	2nd Hampshire	2/15/2021
Michelle L. Ciccolo	15th Middlesex	2/25/2021
Daniel M. Donahue	16th Worcester	2/26/2021
Mindy Domb	3rd Hampshire	2/10/2021
Carol A. Doherty	3rd Bristol	2/20/2021
Patricia A. Duffy	5th Hampden	2/16/2021
Carolyn C. Dykema	8th Middlesex	2/26/2021
Lori A. Ehrlich	8th Essex	2/11/2021
Dylan A. Fernandes	Barnstable, Dukes and Nantucket	2/25/2021
William C. Galvin	6th Norfolk	2/25/2021

Sean Garballey	23rd Middlesex	2/18/2021
Carmine Lawrence Gentile	13th Middlesex	2/21/2021
Tami L. Gouveia	14th Middlesex	2/22/2021
James K. Hawkins	2nd Bristol	2/26/2021
Christopher Hendricks	11th Bristol	2/19/2021
Natalie M. Higgins	4th Worcester	2/26/2021
Sally P. Kerans	13th Essex	2/25/2021
Kay Khan	11th Middlesex	2/18/2021
David Henry Argosky LeBoeuf	17th Worcester	2/9/2021
Jack Patrick Lewis	7th Middlesex	2/8/2021
David Paul Linsky	5th Middlesex	2/19/2021
Jay D. Livingstone	8th Suffolk	2/18/2021
Adrian C. Madaro	1st Suffolk	2/26/2021
Paul W. Mark	2nd Berkshire	2/22/2021
Christina A. Minicucci	14th Essex	2/26/2021
Michael J. Moran	18th Suffolk	2/26/2021
Tram T. Nguyen	18th Essex	2/25/2021
Jacob R. Oliveira	7th Hampden	2/18/2021
Steven C. Owens	29th Middlesex	2/26/2021
Sarah K. Peake	4th Barnstable	2/23/2021
Smitty Pignatelli	4th Berkshire	2/18/2021
Edward R. Philips	8th Norfolk	2/19/2021
Maria Duaime Robinson	6th Middlesex	2/8/2021
David M. Rogers	24th Middlesex	2/25/2021
Lindsay N. Sabadosa	1st Hampshire	2/9/2021
Danillo A. Sena	37th Middlesex	2/16/2021
Thomas M. Stanley	9th Middlesex	2/19/2021
Tommy Vitolo	15th Norfolk	2/8/2021
Susannah M. Whipps	2nd Franklin	2/22/2021
Bud L. Williams	11th Hampden	2/9/2021
Donald H. Wong	9th Essex	2/19/2021
Rebecca L. Rausch	Norfolk, Bristol and Middlesex	2/18/2021
Jason M. Lewis	Fifth Middlesex	2/22/2021
Michael J. Barrett	Third Middlesex	2/23/2021
James B. Eldridge	Middlesex and Worcester	2/26/2021
Michelle M. DuBois	10th Plymouth	2/26/2021
Jessica Ann Giannino	16th Suffolk	2/26/2021
Elizabeth A. Malia	11th Suffolk	3/15/2021
Alice Hanlon Peisch	14th Norfolk	3/2/2021

3rd Essex	3/1/2021
Second Middlesex	3/1/2021
Second Bristol and Plymouth	3/3/2021
17th Middlesex	3/19/2021
2nd Essex	3/22/2021
12th Worcester	3/26/2021
32nd Middlesex	3/31/2021
Hampshire, Franklin and Worcester	4/6/2021
21st Middlesex	4/6/2021
14th Bristol	4/13/2021
	Second Middlesex Second Bristol and Plymouth 17th Middlesex 2nd Essex 12th Worcester 32nd Middlesex Hampshire, Franklin and Worcester 21st Middlesex

HOUSE No. 2381

By Messrs. O'Day of West Boylston and Mahoney of Worcester, a petition (accompanied by bill, House, No. 2381) of James J. O'Day, John J. Mahoney and others relative to end of life options. Public Health.

The Commonwealth of Massachusetts

In the One Hundred and Ninety-Second General Court (2021-2022)

An Act relative to end of life options.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- SECTION 1. The General Laws, as appearing in the 2018 Official Edition, are hereby
- 2 amended by inserting after chapter 201F the following chapter:-
- 3 CHAPTER 201G
- 4 Section 1. For the purposes of this chapter, the following terms shall have the following
- 5 meanings unless the context clearly requires otherwise:
- 6 "Adult", an individual who is 18 years of age or older.
- 7 "Aid in Dying", the medical practice of a physician prescribing lawful medication to a
- 8 qualified patient, which the patient may choose to self-administer to bring about a peaceful
- 9 death.
- 10 "Attending physician", the physician who has primary responsibility for the care of a
- 11 terminally ill patient.

"Capable", having the capacity to make informed, complex health care decisions; understand the consequences of those decisions; and to communicate them to health care providers, including communication through individuals familiar with the patient's manner of communicating if those individuals are available.

"Consulting physician", a physician who is qualified by specialty or experience to make a professional diagnosis and prognosis regarding a terminally ill patient's condition.

"Counseling", one or more consultations as necessary between a licensed mental health professional and a patient for the purpose of determining that the patient is capable and not suffering from a psychiatric or psychological disorder or depression causing impaired judgment. A licensed mental health professional, as defined by the department of public health for the purposes of this chapter, that is part of an interdisciplinary team defined in 105 CMR 141.203, for a patient receiving hospice care, may provide the necessary consultations, provided that a consultation occurs after the patient has made the oral request.

"Guardian", an individual who has qualified as a guardian of an incapacitated person pursuant to court appointment and includes a limited guardian, special guardian and temporary guardian, but excludes one who is merely a guardian ad litem as defined in section 5-101 of article V of chapter 190B. Guardianship shall not include a health care proxy as defined by chapter 201D.

"Health care provider", an individual licensed, certified, or otherwise authorized or permitted by law to administer health care or dispense medication in the ordinary course of business or practice of a profession, including a health care facility.

"Incapacitated person", an individual who for reasons other than advanced age or being a
minor, has a clinically diagnosed condition that results in an inability to receive and evaluate
information or make or communicate decisions to such an extent that the individual lacks the
ability to meet essential requirements for physical health, safety, or self-care, even with
appropriate technological assistance. An "incapacitated person" shall be defined consistent with
the definition of an individual described in section 5-101 of article V of chapter 190B.

"Informed decision", a decision by a qualified patient to request and obtain a prescription for medication pursuant to this chapter that is based on an understanding and acknowledgment of the relevant facts and that is made after being fully informed by the attending physician of:

- (a) the patient's medical diagnosis;
- 43 (b) the patient's prognosis;

- (c) the potential risks associated with taking the medication to be prescribed;
- (d) the probable result of taking the medication to be prescribed; and
 - (e) the feasible alternatives or additional treatment opportunities, including, but not limited to, palliative care as defined in section 227 of chapter 111.
 - "Medically confirmed," the medical opinion of the attending physician has been confirmed by a consulting physician who has examined the patient and the patient's relevant medical records.
- "Medication", aid in dying medication.

52	"Palliative care", a health care treatment as defined in section 227 of chapter 111,
53	including interdisciplinary end-of-life care and consultation with patients and family members, to
54	prevent or relieve pain and suffering and to enhance the patient's quality of life, including
55	hospice.
56	"Patient", an individual who has received health care services from a health care provider
57	for treatment of a medical condition.
58	"Physician", a doctor of medicine or osteopathy licensed to practice medicine in
59	Massachusetts by the board of registration in medicine.
60	"Qualified patient", a capable adult who is a resident of Massachusetts, has been
61	diagnosed as being terminally ill, and has satisfied the requirements of this chapter.
62	"Resident", an individual who demonstrates residency in Massachusetts by presenting
63	one form of identification which may include but is not limited to:
64	(a) possession of a Massachusetts driver's license;
65	(b) proof of registration to vote in Massachusetts;
66	(c) proof that the individual owns or leases real property in Massachusetts;
67	(d) proof that the individual has resided in a Massachusetts health care facility for at least
68	3 months;
69	(e) computer-generated bill from a bank or mortgage company, utility company, doctor,
70	or hospital;

71 (f) a W-2 form, property or excise tax bill, or Social Security Administration or other 72 pension or retirement annual benefits summary statement dated within the current or prior year; 73 (g) a MassHealth or Medicare benefit statement; or 74 (h) filing of a Massachusetts tax return for the most recent tax year. "Self-administer", a qualified patient's act of ingesting medication obtained under this 75 76 chapter. 77 "Terminally ill", having a terminal illness or condition which can reasonably be expected 78 to cause death within 6 months, whether or not treatment is provided. 79 Section 2. (a) A patient wishing to receive a prescription for medication under this 80 chapter shall make an oral request to the patient's attending physician. No less than 15 days after 81 making the request the patient shall submit a written request to the patient's attending physician 82 in substantially the form set in section 4. 83 (b) A terminally ill patient may voluntarily make an oral request for aid in dying and a 84 prescription for medication that the patient can choose to self-administer to bring about a 85 peaceful death if the patient: 86 (1) is a capable adult; 87 (2) is a resident of Massachusetts; and 88 (3) has been determined by the patient's attending physician to be terminally ill.

89 (c) A patient may provide a written request for aid in dying and a prescription for 90 medication that the patient can choose to self-administer to bring about a peaceful death if the 91 patient: 92 (1) has met the requirements in subsection (b); 93 (2) has been determined by a consulting physician to be terminally ill; 94 (3) has been approved by a licensed mental health professional; and 95 (4) has had no less than 15 days pass after making the oral request. (d) A patient shall not qualify under this chapter if the patient has a guardian. 96 97 (e) A patient shall not qualify under this chapter solely because of age or disability. 98 Section 3. (a) A valid written request must be witnessed by at least two individuals who. 99 in the presence of the patient, attest that to the best of their knowledge and belief that patient is: 100 (1) personally known to the witnesses or has provided proof of identity; (2) acting voluntarily; and 101 102 (3) not being coerced to sign the request. 103 (b) At least one of the witnesses shall be an individual who is not: 104 (1) a relative of the patient by blood, marriage, or adoption; 105 (2) an individual who at the time the request is signed would be entitled to any portion of 106 the estate of the qualified patient upon death under any will or by operation of law;

107	(3) financially responsible for the medical care of the patient; or
108	(4) an owner, operator, or employee of a health care facility where the qualified patient is
109	receiving medical treatment or is a resident.
110	(d) The patient's attending physician at the time the request is signed shall not serve as a
111	witness.
112	(e) If the patient is a patient in a long-term care facility at the time the written request is
113	made, one of the witnesses shall be an individual designated by the facility.
114	Section 4.
115	REQUEST FOR AID IN DYING MEDICATION PURSUANT TO THE
116	MASSACHUSETTS END OF LIFE OPTIONS ACT
110	WASSACTOSETTS END OF EITE OF HONS ACT
117	I,, am an adult of sound mind and a resident of the State of
118	Massachusetts. I am suffering from , which my attending physician has
119	determined is a terminal illness or condition which can reasonably be expected to cause death
120	within 6 months. This diagnosis has been medically confirmed as required by law.
121	I have been fully informed of my diagnosis, prognosis, the nature of the aid in dying
122	medication to be prescribed and potential associated risks, the expected result, and the feasible
123	alternatives and additional treatment opportunities, including comfort care, hospice care, and
124	pain control.
125	I request that my attending physician prescribe aid in dying medication that will end my
126	life in a peaceful manner if I choose to take it, and I authorize my attending physician to contact
127	any pharmacist to fill the prescription.

128	I understand that I have the right to rescind this request at any time. I understand the full
129	import of this request and I expect to die if I take the aid in dying medication to be prescribed. I
130	further understand that although most deaths occur within three hours, my death may take longer
131	and my physician has counseled me about this possibility. I make this request voluntarily,
132	without reservation, and without being coerced, and I accept full responsibility for my actions.
133	
134	Signed:
135	
136	DECLARATION OF WITNESSES
137	By signing below, on the date the patient named above signs, we declare that the patient
138	making and signing the above request is personally known to us or has provided proof of
139	identity, and appears to not be under duress, fraud, or undue influence.
140	Printed Name of Witness 1:
141	
142	Signature of Witness I/Date:
143	
144	Printed Name of Witness 2:
145	
146	Signature of Witness 2/Date:

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148	Section 5. (a) A qualified patient may at any time rescind the request for medication
149	under this chapter without regard to the qualified patient's mental state.
150	(b) A prescription for medication under this chapter may not be written without the
151	attending physician offering the qualified patient an opportunity to rescind the request for
152	medication.
153	Section 6. (a) The attending physician shall:
154	(1) make the initial determination of whether an adult patient:
155	(i) is a resident of this state;
156	(ii) is terminally ill;
157	(iii) is capable; and
158	(iv) has voluntarily made the request for aid in dying.
159	(2) ensure that the patient is making an informed decision by discussing with the patient:
160	(i) the patient's medical diagnosis;
161	(ii) the patient's prognosis;
162	(iii) the potential risks associated with taking the medication to be prescribed;
163	(iv) the probable result of taking the medication to be prescribed; and

164	(v) the feasible alternatives and additional treatment opportunities, including, but not
165	limited to, palliative care as defined in section 227 of chapter 111.
166	(3) refer the patient to a consulting physician to medically confirm the diagnosis and
167	prognosis and for a determination that the patient is capable and is acting voluntarily;
168	(4) refer the patient for counseling pursuant to section 8;
169	(5) ensure that sections 6 through 8, inclusive, are followed in chronological order;
170	(6) have a prior clinical relationship with the patient, unless the patient's primary care
171	physician is unwilling to participate;
172	(7) recommend that the patient notify the patient's next of kin;
173	(8) recommend that the patient complete a Medical Order for Life-Sustaining Treatment
174	form;
175	(9) counsel the patient about the importance of:
176	(i) having another individual present when the patient takes the medication prescribed
177	under this chapter; and
178	(ii) not taking the medication in a public place;
179	(10) inform the patient that the patient may rescind the request for medication at any time
180	and in any manner;
181	(11) verify, immediately prior to writing the prescription for medication, that the patient
182	is making an informed decision;

183 (12) educate the patient on how to self-administer the medication; 184 (13) fulfill the medical record documentation requirements of section 13; 185 (14) ensure that all appropriate steps are carried out in accordance with this chapter 186 before writing a prescription for medication for a qualified patient; and 187 (15) (i) dispense medications directly, including ancillary medications intended to 188 facilitate the desired effect to minimize the patient's discomfort, if the attending physician is 189 authorized under law to dispense and has a current drug enforcement administration certificate; 190 or 191 (ii) with the qualified patient's written consent; 192 (A) contact a pharmacist, inform the pharmacist of the prescription, and 193 (B) deliver the written prescription personally, by mail, or by otherwise permissible 194 electronic communication to the pharmacist, who will dispense the medications directly to either 195 the patient, the attending physician, or an expressly identified agent of the patient. Medications 196 dispensed pursuant to this paragraph shall not be dispensed by mail or other form of courier. 197 (b) The attending physician may sign the patient's death certificate which shall list the 198 underlying terminal disease as the cause of death. 199 Section 7. (a) Before a patient may be considered a qualified patient under this chapter 200 the consulting physician shall: 201 (1) examine the patient and the patient's relevant medical records;

202	(2) confirm in writing the attending physician's diagnosis that the patient is suffering
203	from a terminal illness; and
204	(3) verify that the patient:
205	(i) is capable;
206	(ii) is acting voluntarily; and
207	(iii) has made an informed decision.
208	Section 8. (a) An attending physician shall refer a patient who has requested medication
209	under this chapter to counseling to determine that the patient is not suffering from a psychiatric
210	or psychological disorder or depression causing impaired judgment. The licensed mental health
211	professional shall review the medical history of the patient relevant to the patient's current
212	mental health and then shall submit a final written report to the prescribing physician.
213	(b) The medication may not be prescribed until the individual performing the counseling
214	determines that:
215	(1) the patient is not suffering from a psychiatric or psychological disorder or depression
216	causing impaired judgment; and
217	(2) the licensed mental health professional has no reason to suspect coercion in the
218	patient's decision-making process.
219	Section 9. A qualified patient may not receive a prescription for medication pursuant to
220	this chapter unless the patient has made an informed decision. Immediately before writing a

222 qualified patient is making an informed decision. 223 Section 10. The attending physician shall recommend that a patient notify the patient's 224 next of kin of the patient's request for medication pursuant to this chapter. A request for 225 medication shall not be denied because a patient declines or is unable to notify the next of kin. 226 Section 11. The following items shall be documented or filed in the patient's medical 227 record: 228 (1) the determination and the basis for determining that a patient requesting medication 229 pursuant to this chapter is a qualified patient; 230 (2) all oral requests by a patient for medication; 231 (3) all written requests by a patient for medication made pursuant to sections 3 through 5, 232 inclusive; 233 (4) the attending physician's diagnosis, prognosis, and determination that the patient is 234 capable, is acting voluntarily, and has made an informed decision; 235 (5) the consulting physician's diagnosis, prognosis, and verification that the patient is 236 capable, is acting voluntarily, and has made an informed decision; 237 (6) a report of the outcome and determinations made during counseling; 238 (7) the attending physician's offer before prescribing the medication to allow the qualified 239 patient to rescind the patient's request for the medication;

prescription for medication under this chapter the attending physician shall verify that the

240 (8) other care options that were offered to the patient, including, but not limited to, 241 hospice and palliative care; and 242 (9) a note by the attending physician indicating: 243 (a) that all requirements under this chapter have been met; and (b) the steps taken to carry out the request, including a notation of the medication 244 245 prescribed. 246 Section 12. Any medication dispensed under this chapter that was not self-administered 247 shall be disposed of by lawful means. The medication dispenser shall be responsible for 248 informing the individual collecting the medication what disposal by lawful means entails. 249 Section 13. Physicians shall keep a record of the number of requests; number of 250 prescriptions written; number of requests rescinded; the number of qualified patients that took 251 the medication under this chapter; the general demographic and socioeconomic characteristics of 252 the patient, and any physical disability of the patient. This data shall be reported to the 253 department of public health annually, and shall subsequently be made available to the public. 254 Section 14. (a) Any provision in a contract, will, or other agreement, whether written or 255 oral, to the extent the provision would affect whether a patient may make or rescind a request for 256 medication pursuant to this chapter, is not valid. 257 (b) A qualified patient's act of making or rescinding a request for aid in dying shall not

provide the sole basis for the appointment of a guardian or conservator.

(c) A qualified patient's act of self-administering medication obtained pursuant to this act shall not constitute suicide or have an effect upon any life, health, or accident insurance or annuity policy.

- (d) Actions taken by health care providers and patient advocates supporting a qualified patient exercising his or her rights pursuant to this chapter, including being present when the patient self-administers medication, shall not for any purpose, constitute elder abuse, neglect, assisted suicide, mercy killing, or homicide under any civil or criminal law.
- (e) State regulations, documents and reports shall not refer to the practice of aid in dying under this chapter as "suicide" or "assisted suicide."
- Section 15. (a) A health care provider may choose whether to voluntarily participate in providing to a qualified patient medication pursuant to this chapter and shall not be under any duty, whether by contract, by statute, or by any other legal requirement, to participate in providing a qualified patient with the medication.
- (b) A health care provider or professional organization or association may not subject an individual to censure, discipline, suspension, loss of license, loss of privileges, loss of membership, or other penalty for participating or refusing to participate in providing medication to a qualified patient under this chapter.
- (c) If a health care provider is unable or unwilling to carry out a patient's request under this chapter and the patient transfers care to a new health care provider, the prior health care provider shall transfer, upon request, a copy of the patient's relevant medical records to the new health care provider.

280 (d) (1) Health care providers shall maintain and disclose upon request their written 281 policies outlining the extent to which they refuse to participate in providing to a qualified patient 282 any medication under this chapter. 283 (2) The required consumer disclosure shall at minimum: 284 (i) include information about this chapter; 285 (ii) identify the specific services in which they refuse to participate; 286 (iii) clarify any difference between institution-wide objections and those that may be 287 raised by individual licensed providers who are employed or work on contract with the provider; 288 (iv) describe the mechanism the provider will use to provide patients a referral to another 289 provider or provider in the provider's service area who is willing to perform the specific health 290 care service; 291 (v) describe the provider's policies and procedures relating to transferring patients to 292 other providers who will implement the health care decision; and 293 (vi) inform consumers that the cost of transferring records will be borne by the 294 transferring provider. 295 (c) The consumer disclosure shall be provided to an individual upon request. 296 Section 16. (a) Purposely or knowingly altering or forging a request for medication under 297 this chapter without authorization of the patient or concealing or destroying a rescission of a 298 request for medication is punishable as a felony if the act is done with the intent or effect of

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causing the patient's death.

(b) An individual who coerces or exerts undue influence on a patient to request medication to end the patient's life, or to destroy a rescission of a request, shall be guilty of a felony punishable by imprisonment in the state prison for not more than 3 years or in the house of correction for not more than $2\frac{1}{2}$ years or by a fine of not more than \$1,000 or by both such fine and imprisonment.

- (c) Nothing in this chapter limits further liability for civil damages resulting from other negligent conduct or intentional misconduct by any individual.
- (d) The penalties in this chapter do not preclude criminal penalties applicable under other law for conduct inconsistent with the provisions of this chapter.
- Section 17. A governmental entity that incurs costs resulting from a qualified patient self-administering medication in a public place while acting pursuant to this chapter may submit a claim against the estate of the patient to recover costs and reasonable attorney fees related to enforcing the claim.
- Section 18. If an emergency medical provider finds a patient who has self-administered the prescription, they shall follow standard resuscitation protocol. If a Medical Order for Life-Sustaining Treatment or other legally recognized do-not-resuscitate order if found, then the medical provider shall follow the directives of the form.
- Section 19. Nothing in this chapter may be construed to authorize a physician or any other individual to end a patient's life by lethal injection, mercy killing, assisted suicide, or active euthanasia.

Section 20. If any provision of this chapter or its application to any individual or circumstance is held invalid, the remainder of the act or the application of the provision to other individuals or circumstances is not affected.

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