HOUSE No. 2372

The Commonwealth of Massachusetts

PRESENTED BY:

Liz Miranda and Lindsay N. Sabadosa

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to Medicaid coverage for doula services.

PETITION OF:

| NAME: | DISTRICT/ADDRESS: | DATE ADDED: |
|--------------------------|-------------------|-------------|
| Liz Miranda | 5th Suffolk | 2/18/2021 |
| Lindsay N. Sabadosa | 1st Hampshire | 2/18/2021 |
| Mike Connolly | 26th Middlesex | 2/22/2021 |
| Jack Patrick Lewis | 7th Middlesex | 2/22/2021 |
| Christina A. Minicucci | 14th Essex | 2/23/2021 |
| Elizabeth A. Malia | 11th Suffolk | 2/24/2021 |
| Carmine Lawrence Gentile | 13th Middlesex | 2/24/2021 |
| David Paul Linsky | 5th Middlesex | 2/25/2021 |
| Kay Khan | 11th Middlesex | 2/25/2021 |
| Ruth B. Balser | 12th Middlesex | 2/25/2021 |
| Steven C. Owens | 29th Middlesex | 2/25/2021 |
| Tram T. Nguyen | 18th Essex | 2/25/2021 |
| Jason M. Lewis | Fifth Middlesex | 2/25/2021 |
| Kevin G. Honan | 17th Suffolk | 2/25/2021 |
| Tommy Vitolo | 15th Norfolk | 2/25/2021 |
| David M. Rogers | 24th Middlesex | 2/26/2021 |
| Tami L. Gouveia | 14th Middlesex | 2/26/2021 |
| Natalie M. Higgins | 4th Worcester | 2/26/2021 |

| Brandy Fluker Oakley | 12th Suffolk | 2/26/2021 |
|-----------------------------|---------------------------------|-----------|
| Sarah K. Peake | 4th Barnstable | 2/26/2021 |
| Edward R. Philips | 8th Norfolk | 2/26/2021 |
| David Henry Argosky LeBoeuf | 17th Worcester | 2/26/2021 |
| Tricia Farley-Bouvier | 3rd Berkshire | 2/26/2021 |
| Andres X. Vargas | 3rd Essex | 2/26/2021 |
| Antonio F. D. Cabral | 13th Bristol | 2/26/2021 |
| James B. Eldridge | Middlesex and Worcester | 2/26/2021 |
| James K. Hawkins | 2nd Bristol | 2/26/2021 |
| Nika C. Elugardo | 15th Suffolk | 2/26/2021 |
| Christine P. Barber | 34th Middlesex | 3/2/2021 |
| Patricia A. Duffy | 5th Hampden | 3/3/2021 |
| Adrian C. Madaro | 1st Suffolk | 3/3/2021 |
| Thomas M. Stanley | 9th Middlesex | 3/7/2021 |
| Steven Ultrino | 33rd Middlesex | 3/5/2021 |
| Dylan A. Fernandes | Barnstable, Dukes and Nantucket | 3/8/2021 |
| Peter Capano | 11th Essex | 3/8/2021 |
| Michael P. Kushmerek | 3rd Worcester | 3/9/2021 |
| Sean Garballey | 23rd Middlesex | 3/18/2021 |
| Mary S. Keefe | 15th Worcester | 4/1/2021 |
| Mindy Domb | 3rd Hampshire | 4/2/2021 |
| Natalie M. Blais | 1st Franklin | 4/4/2021 |
| Harriette L. Chandler | First Worcester | 4/8/2021 |

HOUSE No. 2372

By Representatives Miranda of Boston and Sabadosa of Northampton, a petition (accompanied by bill, House, No. 2372) of Liz Miranda, Lindsay N. Sabadosa and others relative to Medicaid coverage for physical, emotional, and educational support services provided by trained professionals. Public Health.

[SIMILAR MATTER FILED IN PREVIOUS SESSION SEE HOUSE, NO. 4780 OF 2019-2020.]

The Commonwealth of Alassachusetts

In the One Hundred and Ninety-Second General Court (2021-2022)

An Act relative to Medicaid coverage for doula services.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- 1 Chapter 118E of the General Laws is hereby amended by inserting after section 10L the
- 2 following section:-
- 3 SECTION 10M: Medicaid Coverage for Doula Services.
- 4 (a) For purposes of this section, the following words shall have the following meanings:
- 5 "A perinatal doula" or referred to hereafter as "doula", is a trained professional who
- 6 provides physical, emotional, and informational support, but not medical care, for pregnant
- 7 individuals, surrogates, foster care parents and adoptive parents during and after pregnancy,

9 to: 10 (1) providing continuous labor support to pregnant individuals, families, surrogates, and adoptive parents; 11 12 (2) conducting prenatal, postpartum, and bereavement home or in-person visits 13 throughout the perinatal period, lasting until 1 year after birth, pregnancy loss, 14 stillbirth, or miscarriage; 15 (3) accompanying pregnant individuals to health care and social services appointments; 16 (4) providing support to individuals for loss of pregnancy or infant from conception 17 through age 1; 18 (5) connecting individuals to community-based and state- and federally-funded 19 resources, including those which address needs within the social determinants of health; 20 engaging in administrative tasks related to these services; and 21 (7) making oneself available (being on-call) around the time of birth or loss as well as 22 providing support for any concerns of pregnant individuals throughout pregnancy and until 1 23 year after birth, pregnancy loss, stillbirth, or miscarriage. 24 25 (b) (1) Coverage of Doula Services:

labor, childbirth, miscarriage, stillbirth or loss. Doulas provide services, including but not limited

| 26 | The division shall provide coverage for doula services throughout the Commonwealth of |
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| 27 | Massachusetts for pregnant individuals, surrogates, foster parents and adoptive parents. |
| 28 | |
| 29 | (2) In partnership with the doula care commission, MassHealth and the department of |
| 30 | public health shall establish and maintain a registry of doulas who are eligible for |
| 31 | reimbursement; establish processes for billing and reimbursement of doula services; and |
| 32 | determine competencies a doula must demonstrate in order for their services to be reimbursed by |
| 33 | MassHealth; and establish processes for doulas to demonstrate proof of competencies. |
| 34 | (i) Competencies shall include, but are not limited to: |
| 35 | (A) understanding of basic anatomy and physiology as related to pregnancy, the |
| 36 | childbearing process, the postpartum period, breast-milk feeding, breastfeeding and |
| 37 | chestfeeding; |
| 38 | (B) capacity to employ different strategies for providing emotional support, education |
| 39 | and resources during the perinatal period; |
| 40 | (C) knowledge of and ability to assist families with a wide variety of non-clinical labor |
| 41 | coping strategies; |
| 42 | (D) strategies to foster effective communication between clients, their families, support |
| 43 | services and health care providers; |

44 (E) awareness of and ability to provide information on integrative health care systems and various specialties of care to address client needs beyond the scope of practice of the doula; 45 46 knowledge of community-based, state- and federally-funded, and clinical resources 47 available to address client needs beyond the scope of practice of the doula; and 48 (G) knowledge of HIPAA compliance and client confidentiality. 49 (ii) In addition to the above competencies, doulas serving members of MassHealth shall 50 also show competency or demonstrate actively seeking training or engagement in the areas of: 51 health equity; (A) implicit bias; 52 (B) racism, including structural, interpersonal, and institutionalized racism; 53 (C) 54 reproductive and birth justice; (D) 55 (E) cultural sensitivity and humility; 56 (F) trauma-informed care, including for survivors of sexual assault or birth 57 trauma; 58 (G) parental mental health needs; 59 needs of persons with disabilities or disabled persons; (H) 60 (I) sexual and gender identities; and 61 **(J)** social determinants of health.

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| 63 | |
| 64 | (c) Creation of Doula Care Commission |
| 65 | There is hereby created a doula care commission. The commission shall provide |
| 66 | recommendations on the implementation and evaluation of doula care reimbursement. |
| 67 | (1) The commission shall consist of no more than 15 members, including the |
| 68 | commissioner of public health, or designee; the commissioner of insurance, or designee; the |
| 69 | commissioner of the department of children and families, or designee; the director of Medicaid, |
| 70 | or designee; at least 5 doulas to be appointed by the commissioner of public health, or designee; |
| 71 | and no more than 6 other members to be appointed by the commissioner of public health, or |
| 72 | designee. |
| 73 | (2) At least 5 of the members of the commission shall be doulas; provided, that a majority |
| 74 | of the doula members shall be from racial or ethnic populations most affected by inequities in |
| 75 | birth outcomes in the Commonwealth, as evidenced by the most current |
| 76 | perinatal data supplied by the MA Department of Public Health. Other members of the |
| 77 | commission shall include at least: |
| 78 | (i) 2 persons who have experienced pregnancy as a MassHealth member or are currently |
| 79 | recipients of MassHealth; |
| 80 | (ii) 1 person who identifies as belonging to the LBTQIA+ community; |

(iii) 1 person who is a survivor who has experienced sexual assault and/or birth trauma;

| 82 | (iv) 1 person who is a survivor who has experienced a severe maternal morbidity, a |
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| 83 | perinatal |
| 84 | mental health or mood disorder, or a near-death experience while pregnant or in |
| 85 | maternity care; |
| 86 | (v) 1 person who is a family member affected by infant loss, miscarriage, or infertility; |
| 87 | (vi) 1 person who identifies as a person with disabilities or disabled person; |
| 88 | (vii)1 person who has an advanced degree in health economics or public health; |
| 89 | (viii) 1 person who is qualified in actuarial sciences; |
| 90 | (ix) 1 person who is a representative from the Massachusetts Association of Health Plan |
| 91 | (x) 1 person who is an obstetrician, family physician or midwife; and |
| 92 | (xi) 1 person who has experience in workforce development, supervision, training and |
| 93 | mentoring of community doulas. |
| 94 | Representatives on the Doula Care Commission shall strive to include representation |
| 95 | Trom |
| 96 | areas within the Commonwealth where maternal and infant outcomes are worse than th |
| 97 | state |
| 98 | average, as evidenced by the most current perinatal data supplied by the MA Department |
| 99 | of |
| 100 | Public Health. |

101 (4) The purposes of the commission shall include, but not be limited to: 102 (a) developing recommendations for required doula competencies; 103 (b) developing recommendations for standards of proof or demonstration of competency 104 or equivalency for required doula competencies; 105 (c) developing recommendations for a diverse doula and doula trainer workforce 106 development strategy, including, but not limited to, a focus on accessible continuing 107 education/training activities, mentorship and career growth opportunities; 108 (d) developing recommendations for standards and processes around billing for and 109 reimbursement of services; 110 (e) ensuring the racial, ethnic, cultural, geographic, and professional diversity of 111 standing membership of the commission; 112 (f) representing the interests of doulas in communication with state entities and the 113 health care system; 114 (g) receiving any grievances from doulas, doula clients, healthcare providers, and health 115 systems and making recommendations to resolve those grievances; 116 (h) overseeing communications to the public and various stakeholders about access to 117 doula care and reimbursement; 118 advising on the evaluation of outcomes, access to, and satisfaction with doula care (i)

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services;

- (j) approving a reimbursement amount for doula services and related activities listed in subsection (a) that constitutes a living and fair wage for doulas who reside in all areas of the commonwealth, as well as establishing a recurring timeframe to review the established wage in light of recent data on living and fair wages in the commonwealth;
- (k) establishing a plan for the scaling of provision doula services and growing the workforce of doulas, in order to increase access to MassHealth members; and
- (l) ensuring all aims of the commission, the establishment of reimbursement for doula services, the growth of a diverse workforce of doulas, and all other aims are directed towards the goal of reducing inequities in maternal and birth outcomes among racial, ethnic, and cultural populations who reside in all areas within the commonwealth, as evidenced by the most current perinatal data supplied by the department of public health.
- (5) The commission may conduct public hearings, forums or meetings to gather information and to raise awareness of access to doula care, including the sponsorship of or participation in statewide or regional conferences.
- (6) The commission shall file a report within 12 months of initiation to the Governor, the commissioner of public health, and the director of Medicaid detailing the activities of the commission; a strategic or implementation plan for each of the purposes listed in paragraph (4); a process evaluation plan for implementation objectives; and an outcome evaluation plan for maternal and infant outcomes, once reimbursement of doula care is implemented, with a goal of initiating reimbursement of doula services within 18 months of filing
- the report.

(d) Payment for Doula Services:

- (1) MassHealth shall make an initial recommendation of the reimbursement amount for doula services no later than 3 months from the initiation of the doula care commission. The recommendation shall reflect evidenced consideration of a livable and fair wage for doulas who reside within all areas of the commonwealth, and shall include an amount for support during labor and childbirth; an amount for visits during and after pregnancy, childbirth, miscarriage, stillbirth, or loss that relate to activities listed in subsection (a); a schedule by which doula services can be reimbursed up to 1 year after birth, miscarriage, stillbirth, or loss; and travel-related expenses related to the delivery of those services.
- (2) The recommended reimbursement amount shall be approved by the doula care commission prior to being enacted.
- (3) MassHealth shall aim to initiate reimbursement of doula services within 18 months of the report of the doula care commission.