

1           A RESOLUTION declaring the week of February 21 to 27, 2022, as Eating  
2 Disorders Awareness Week in Kentucky.

3           WHEREAS, the 2022 theme of National Eating Disorders Awareness Week is "See  
4 the Change, Be the Change", and focuses on recognizing change within the evolving  
5 eating disorders field, and promoting advocacy, awareness, and community building; and

6           WHEREAS, eating disorders are serious conditions that can be life-threatening and  
7 have a great impact on a person's physical and emotional health; and

8           WHEREAS, signs and symptoms are often overlooked, and many individuals,  
9 families, and communities are unaware of the devastating mental and physical  
10 consequences of eating disorders, as well as the pressures, attitudes, and behaviors that  
11 shape them; and

12           WHEREAS, 28.8 million Americans will have an eating disorder in their lifetime  
13 and over 900,000 individuals in Kentucky are currently diagnosed with an eating  
14 disorder, including anorexia nervosa, bulimia nervosa, and binge eating disorder; and

15           WHEREAS, the National Eating Disorders Association strives to address the many  
16 misconceptions regarding eating disorders and to highlight the availability of resources  
17 for treatment and support; and

18           WHEREAS, National Eating Disorders Awareness Week is a collaborative effort  
19 consisting of volunteers, eating disorder professionals, health care providers, students,  
20 educators, social workers, and individuals committed to raising awareness of the dangers  
21 surrounding eating disorders and the need for early intervention and treatment access; and

22           WHEREAS, eating disorders are associated with substantial psychological  
23 problems, including depression, substance abuse, and suicide, and have the second  
24 highest mortality rate of all mental health disorders; and

25           WHEREAS, many cases of eating disorders go undetected and less than one-third  
26 of youth with eating disorders will receive treatment; and

27           WHEREAS, eating disorder experts have found that prompt intensive treatment

1 significantly improves the chances of recovery; therefore, it is important for educators,  
2 medical providers, parents, and community members to be aware of the warning signs  
3 and the symptoms of eating disorders; and

4 WHEREAS, National Eating Disorders Awareness Week will encourage people to  
5 share their stories and experiences with eating disorders, highlight the importance of  
6 screenings for early detection and intervention of eating disorders, dispel myths about  
7 eating disorders, and present eating disorders as a public health issue that affects all  
8 people; and

9 WHEREAS, the Commonwealth of Kentucky recognizes the vital work of National  
10 Eating Disorders Awareness Week in promoting public and media attention to the  
11 seriousness of eating disorders and for working to improve education about their  
12 biological and environmental causes, as well as how to help those who are struggling with  
13 these debilitating diseases;

14 NOW, THEREFORE,

15 ***Be it resolved by the House of Representatives of the General Assembly of the***  
16 ***Commonwealth of Kentucky:***

17 ➔Section 1. The House of Representatives recognizes February 21-27, 2022, as  
18 Eating Disorders Awareness Week in the Commonwealth of Kentucky.

19 ➔Section 2. The Clerk of the House of Representatives is directed to transmit a  
20 copy of this Resolution to Representative Ken Fleming.