

IN THE HOUSE OF REPRESENTATIVES

HOUSE CONCURRENT RESOLUTION NO. 3

BY HEALTH AND WELFARE COMMITTEE

A CONCURRENT RESOLUTION

1
2 STATING FINDINGS OF THE LEGISLATURE AND RECOGNIZING THE LAST WEEK OF FEBRU-
3 ARY EACH YEAR AS EATING DISORDERS AWARENESS WEEK IN THE STATE OF IDAHO,
4 IN CONJUNCTION WITH THE OBSERVANCE OF NATIONAL EATING DISORDERS AWARE-
5 NESS WEEK.

6 Be It Resolved by the Legislature of the State of Idaho:

7 WHEREAS, eating disorders are shrouded in stigma, secrecy, and stereo-
8 types, and the goal of the National Eating Disorders Awareness Week campaign
9 is to shine a light on these deadly illnesses, dispel misinformation, and
10 connect people with the support they need to recover; and

11 WHEREAS, eating disorders are serious conditions that are potentially
12 life-threatening and have a great impact on both a person's physical and emo-
13 tional health. Too often, signs and symptoms are overlooked, and many indi-
14 viduals, families, and communities are unaware of the devastating mental and
15 physical consequences of eating disorders, as well as the pressures, atti-
16 tudes, and behaviors that shape them; and

17 WHEREAS, in the United States, 20 million women and 10 million men
18 suffer from clinically significant eating disorders at some time in their
19 lives. These disorders affect people from all backgrounds and include
20 anorexia nervosa, bulimia nervosa, and binge eating disorders; and

21 WHEREAS, the National Eating Disorders Association strives to address
22 the many misconceptions regarding eating disorders and to highlight the
23 availability of resources for treatment and support; and

24 WHEREAS, National Eating Disorders Awareness Week is a collaborative
25 effort consisting primarily of volunteers, including eating disorder pro-
26 fessionals, health care providers, students, educators, social workers, and
27 individuals committed to raising awareness of the dangers surrounding eat-
28 ing disorders and the need for early intervention and treatment access; and

29 WHEREAS, eating disorders usually appear in adolescence and are as-
30 sociated with substantial psychological problems, including depression,
31 substance abuse, and suicide. They are serious illnesses, not lifestyle
32 choices. In fact, anorexia has the highest mortality rate of any mental
33 illness; and

34 WHEREAS, many cases of eating disorders go undetected. Less than one-
35 third of youth with eating disorders will receive treatment; and

36 WHEREAS, eating disorders experts have found that prompt and intensive
37 treatment significantly improves the chances of recovery. It is therefore
38 important for educators, medical providers, parents, and community members
39 to be aware of the early warning signs and the symptoms of eating disorders;
40 and

41 WHEREAS, National Eating Disorders Awareness Week encourages people
42 to share their stories and experiences of disordered eating and body-image
43 struggles; highlights the importance of screenings for the early detection

1 of and intervention in eating disorders; and destroys myths and presents
2 eating disorders as a public health issue that affects all kinds of people,
3 regardless of age, gender, ethnicity, size, or background; and

4 WHEREAS, the recognition of National Eating Disorders Awareness Week
5 performs the vital function of promoting public and media attention to the
6 seriousness of eating disorders, improving education about the biological
7 and environmental causes of eating disorders, and helping those who are
8 struggling with these debilitating diseases.

9 NOW, THEREFORE, BE IT RESOLVED by the members of the First Regular Ses-
10 sion of the Sixty-fifth Idaho Legislature, the House of Representatives and
11 the Senate concurring therein, that the Legislature hereby recognizes the
12 last week of February each year as Eating Disorders Awareness Week in the
13 State of Idaho.