

Senate Resolution 843

By: Senators Halpern of the 39th, Orrock of the 36th, James of the 35th, Butler of the 55th and Tate of the 38th

### A RESOLUTION

1 Recognizing and commending the Cascade Nature Gurlz; and for other purposes.

2 WHEREAS, the Cascade Nature Gurlz was founded on April 15, 2020, when two friends and  
3 long-time neighbors decided to visit the Cascade Springs Nature Preserve for the first time  
4 during the early days of the COVID-19 lockdown; and

5 WHEREAS, the beautiful scenery and the flowing water of the springs led the friends to  
6 invite other neighbors and friends to experience the beauty and tranquility of the Nature  
7 Preserve, and the very next day and in the days that followed, more and more women joined  
8 the excursion; and

9 WHEREAS, the group has now grown to more than 50 women between the ages of 60 and  
10 85 years of age, and they have affectionately named their group Cascade Nature Gurlz; and

11 WHEREAS, many of the women have suffered from anxiety, depression, and other related  
12 issues due to isolation and the pandemic, and they have since discovered that walking  
13 outdoors in nature helped them physically, mentally, and spiritually; and

14 WHEREAS, the Cascade Nature Gurlz have hosted candidates for public office for forums  
15 and interviews, and the group has voted together; they have also been instrumental in getting  
16 improvements to the Nature Preserve, including the installation of security cameras, repair  
17 of bridges, and the restoration of an existing gathering area, as well as an additional new  
18 seating and gathering area; and

19 WHEREAS, it is abundantly fitting and proper that the extraordinary accomplishments of  
20 this group are recognized.

21 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE that, in commemoration of  
22 Women's History Month, the members of this body recognize and commend Cascade Nature  
23 Gurlz for their innovative spirits and for their dedication to the improvement and  
24 beautification of their community.

25 BE IT FURTHER RESOLVED that the Secretary of the Senate is authorized and directed  
26 to make an appropriate copy of this resolution available for distribution to the Cascade  
27 Nature Gurlz.