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House Resolution 1383

By: Representatives Dreyer of the 59th, Carter of the 92nd, and Cannon of the 58th

## A RESOLUTION

- 1 Recognizing and commending the Joseph B. Whitehead Boys and Girls Club; and for other
- 2 purposes.
- 3 WHEREAS, the Joseph B. Whitehead Boys and Girls Club works with hundreds of kids and
- 4 teens each year to help them reach their full potential by providing an environment where
- 5 they can feel safe and secure to dream, discover, and develop in programs that focus on
- 6 helping kids succeed in school, live healthy, and become leaders; and
- 7 WHEREAS, the Joseph B. Whitehead Boys and Girls Club installed a community garden in
- 8 the Lakewood neighborhood in the fall of 2018; and
- 9 WHEREAS, with the help and partnership of HealthMPowers, a nonprofit organization
- 10 founded in 1999 to promote healthy eating and physical activity among school age children,
- approximately 25 boys and girls are now utilizing the garden by learning how to grow and
- 12 prepare food and are actively planning to host a weekly farmers market in the spring; and
- 13 WHEREAS, the initiative's goal in establishing the garden and partnering with
- 14 HealthMPowers was to teach children to prepare, plant, tend and harvest crop yields; to
- 15 encourage good eating habits among children with a goal of eating three fruits and two
- 16 vegetables a day; by teaching them how to prepare and cook what they grow; and to help
- 17 young people reach physical and mental fitness goals by providing 30 minutes a day of
- 18 physical activity while reducing "screen time"; and
- 19 WHEREAS, the Lakewood community surrounding the Joseph B. Whitehead Boys and Girls
- 20 Club community is considered to be a "food desert," which is defined by the United States
- 21 Department of Agriculture as low-income communities located more than one mile from a
- reliable source of fresh produce and other healthy foods, and the commitment by the Joseph
- 23 B. Whitehead Boys and Girls Club to establish the garden now provides a much needed
- 24 avenue of access to healthy, fresh fruits and vegetables for the entire community; and

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25 WHEREAS, it is abundantly fitting and proper that the outstanding achievements of this

- 26 extraordinary community organization be appropriately recognized.
- 27 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that
- 28 the members of this body recognize and commend the Joseph B. Whitehead Boys and Girls
- 29 Club for its outstanding dedication to nurturing the spirit, bodies, and minds of the children
- 30 and all citizens of the Lakewood community.
- 31 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized
- 32 and directed to make an appropriate copy of this resolution available for distribution to the
- 33 Joseph B. Whitehead Boys and Girls Club.