



MURIEL BOWSER
MAYOR

May 7, 2024

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue, NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 216 of the District of Columbia Health Occupations Revision Act of 1985, effective March 21, 1995 (D.C. Law 10-231; D.C. Official Code § 3-1202.16), I am pleased to nominate the following individual:

Dr. Stephanie Johnson
9th Street, NE
Washington, DC 20002
(Ward 6)

for reappointment as a doctor of chiropractic licensed to practice in the District member of the Board of Chiropractic, for a term to end October 23, 2026.

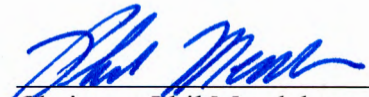
Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink that reads "Muriel Bowser".

Muriel Bowser
Mayor


Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To confirm the reappointment of Dr. Stephanie Johnson to the Board of Chiropractic.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, that this resolution may be cited as the “Board of Chiropractic Dr. Stephanie Johnson Confirmation Resolution of 2024”.

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

Dr. Stephanie Johnson
9th Street, NE
Washington, DC 20002
(Ward 6)

as a doctor of chiropractic licensed to practice in the District member of the Board of Chiropractic, established by section 216 of the District of Columbia Health Occupations Revision Act of 1985, effective March 21, 1995 (D.C. Law 10-231; D.C. Official Code § 3-1202.16), for a term to end October 23, 2026.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

Curriculum Vitae

Name: Stephanie R. Johnson, D.C.

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

[REDACTED] [REDACTED]

National Provider Identification Number: [REDACTED]
Virginia chiropractic license: [REDACTED] Issue date: 02/06/2013
Washington DC chiropractic license: [REDACTED]; Issue date: 11/17/2017

Education:

Certified Myofascial Trigger Point Therapist – Dry Needling December 2021
CMTPT/DN
MyoPain Seminars
8120 Woodmont Ave #200, Bethesda, MD 20814

Doctor of Chiropractic, Magna Cum Laude, Salutatorian December 2012
Palmer College of Chiropractic West (PCCW)
90 E. Tasman Drive, San Jose, CA 95134

Chiropractic Internship – 785 hours November 2012
Walter Reed National Military Medical Center
8901 Wisconsin Ave, Bethesda, MD 20889

Registered Yoga Teacher – 200 hour certification June 2010
Santa Barbara Yoga Center - Credentialed with Yoga Alliance
32 E. Micheltorena St, Santa Barbara, CA 93101

Bachelor of Science – Nutrition with Toxicology emphasis
Bachelor of Arts – Dance and Performance Studies
University of California Berkeley
2198 University Ave, Berkeley, CA 94704

December 2005

Leadership Service:

Washington DC Department of Health, Board of Chiropractic

- Chiropractic board member, September 2019 to present

American Chiropractic Association (ACA)

- House of Delegates, State Delegate, September 2017 to 2023
- State Delegate, Virginia Delegate, September 2017 to 2023
- Grievance Committee, Committee Member, July 2018 to 2023

Employment History:

Name and Address of Employer

	From	To
(1) Chiropractor at Veterans Affairs Washington, DC	Oct 2022	Present

Work Performed: All aspects of chiropractic care for veterans.

	From	To
(2) Independent Contractor at Positively Chiropractic Annandale, Virginia	Oct 2014	Present

Work Performed: All aspects of chiropractic care with a focus on prenatal, and sports.

	From	To
(3) Examiner for Part 4 Chiropractic Board exams Various locations	May 2021	Present

Work performed: Observe, analyze, assess and pass/fail chiropractic students during their practical exams through established NBCE guidelines.

	From	To
(4) Business Owner & Chiropractor at SJ Chiropractic LLC Washington, DC	Jan 2018	Dec 2023

Work Performed: All aspects of chiropractic care, and all duties required and expected of a small business owner.

	From	To
(5) Fee-For Service Chiropractor at Veterans Affairs Washington, DC	April 2021	July 2021

Work Performed: All aspects of chiropractic care for veterans. Maternity leave coverage.

(6) Yoga Instructor at Balance Gym
Washington, DC

From To
April 2019 Jan 2022

Work Performed: Instruct Vinyasa Flow yoga courses for all levels. Virtual since April 2020.

(7) Chiropractor at Walter Reed National Military Med. Cen.
Bethesda, Maryland

From To
Sept 2016 April 2017

Work Performed: All aspects of chiropractic care for active duty military.

(8) Sportrock Climbing Centers - Yoga
Alexandria, Virginia

From To
Jan 2014 May 2016

Work Performed: Instruct Vinyasa Flow yoga courses for all levels.

(9) Back to Health Center, pllc.
Alexandria, Virginia

From To
Mar 2013 Oct 2014

Work Performed: All aspects of chiropractic care in a holistic multidisciplinary setting.

(10) Palmer College of Chiropractic West-*The Bartlett*
San Jose, California

From To
July 2010 Sept 2012

Work Performed: Wrote articles for the Palmer West Quarterly Newsletter *The Bartlett* and co-edited publication as Co-editor from July 2010 through September 2011. Continued writing and editing, and began to manage *The Bartlett* as Senior Editor from October 2011 through September 2012. Interviewed Palmer staff, alumni, and outstanding students, photographed events, and sought out organizations to purchase ads to support the publication.

Honors:

Walter Reed National Military Medical Center Poster Competition 2nd Place for *Reduction of Elective Amputations: Restoration of Function Through Manual Extremity Manipulation* – May 2013.

Acceptance into Pi Tau Delta International Chiropractic Honors Society- November 2012.

Recognition for Humanitarian Service to the People of Vietnam, Palmer College of Chiropractic Clinic Abroad Program- June 2012.

Publications

Refereed:

Schnall BL, Johnson SR, Bell JC, Morgan WE. Improving Gait Outcomes Through Manual Extremity Manipulation. *Gait and Clinical Movement Analysis Society*. May 17-20, 2016.

Non-referred:

Millennial Think Tank. Authored a column in *ACA News* on a new committee in the American Chiropractic Association. This journal is distributed to 65,000 chiropractors every month.

Johnson SR. The Birth of the Millennial Think Tank, *ACA News*. January/February 2016.

Students and Education. Authored a monthly column in *ACA News* on students and education in chiropractic (2010-2012).

Johnson SR. A New Year for SACA, *ACA News*. December, 2010.

Johnson SR. Chiropractic and Public Health, *ACA News*. January, 2011.

Johnson SR. SACA Prepares for NCLC, *ACA News*. February, 2011.

Johnson SR. SACA's Eighth Annual Leadership Conference, *ACA News*. July, 2011.

Johnson SR. Maximizing Your Potential, *ACA News*. August, 2011.

Johnson SR. Looking Back on SACA, *ACA News*. November, 2011.

Johnson SR. 2011 SACA Business Meeting Highlights, *ACA News*. December, 2011.

Johnson SR. The SACA Invitation, *ACA News*. August, 2012.

Lecturing:

Podcast panelist for *How to go from Student to Success* for Podcast channel Chiropractical by National Chiropractic Malpractice Insurance Company (NCMIC)
June 2023

Guest lecturer for *Impact within Inter-professionalism* for Student American Chiropractic Association's annual Leadership Conference
Zoom, September 2020

Panel speaker for *COVID Pandemic Panel* for Student American Chiropractic Association's annual Leadership Conference
Zoom, September 2020

Webinar panelist for *Low Back Pain in the Military: How to Manage* for Foundation for Chiropractic Progress, www.f4cp.com
November 2019

Plenary Session Panel Speaker for *Chiropractic Care in the Military and Veterans Healthcare Systems: Standard Procedures, Risks, and Rewards* for Florida Chiropractic Association's annual conference
Orlando, FL, August 2019

Podcast panelist for *Active Recovery with Chiropractic Care* for Podcast channel Think Fit. Be Fit. by Jenn from Impact your Fitness.
June 2019

Guest lecturer for *Building Bridges Through Leadership* for Student American Chiropractic Association's annual Leadership Conference
Chesterfield, MO, September 2017.

Panel speaker for *The Coming Revolution is Here Now: Chiropractic Services are Being Integrated into Mainstream Health Delivery Settings* for Palmer College of Chiropractic West Homecoming
San Jose, CA, May 2017.

Guest lecturer for *Chiropractic and Injury Recovery* for United States Coast Guard
Washington, DC, March 2015.

Guest lecturer for *Chiropractic and Running* for Pacers Running
Alexandria, VA, June 2014.

Guest lecturer for *Transitioning from Student to Doctor* for National Chiropractic Legislative Conference's annual Women's Forum
Washington, DC, February 2014.

Guest lecturer for *Personal Experience in Leadership Positions* for Student American Chiropractic Association's annual Leadership Conference
Palmyra, WI, September 2013.

Guest lecturer for *Benefits of Chiropractic During Pregnancy* for Pure Prana Yoga Studio's Teacher Training for Prenatal Care
Alexandria, Virginia, April 2013.

Guest lecturer for *Vitamin D Deficiency* for the medical department of Camp David
Thurmont, MD, September 2012.

Society Memberships/ Professional Affiliations:

American Chiropractic Association
Unified Virginia Chiropractic Association
International Chiropractic Pediatric Association
Foundation for Chiropractic Progress
Yoga Alliance

Past Student Leadership Service:

Student American Chiropractic Association (SACA)
•Immediate Past National Chair, October 2011 thru October 2012
•National Chair, September 2010 thru October 2011

Civic Activities:

Chiropractor for Mid-Atlantic CrossFit Challenge, May 28-30 2021
Chiropractor for EX2Adventures BackYard Burn trail race series, Fall 2014, Spring 2015, Fall 2015, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020
Chiropractic Intern for Naval Academy Football Team, Annapolis MD, August 2012-Nov. 2012.



Executive Office of the Mayor – Mayor’s Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Stephanie Johnson



Dr. Johnson’s passion for wellness and movement stem from 20+ years of studying dance in both classical ballet and modern, as well as 20+ years of practicing yoga. Transitioning from dance in 2008, she picked up distance running and ran several marathons. In 2015 she picked up Crossfit and Olympic weightlifting, which currently reign as her movement staples. Currently, every fall and spring, Dr. Johnson volunteers her time to treat athletes for the popular northern Virginia trail running race series, EX2Adventures.

While a student, Dr. Johnson was highly active with the American Chiropractic Association (ACA), serving as National Chair from 2010-2011. She has since spoken at several conferences for the American Chiropractic Association, including the National Chiropractic Legislative Conference’s Woman’s Forum and Leadership conferences. Dr. Johnson has also spoken for pre-natal yoga teacher training, and for the US Coast Guard. While completing her internship at Walter Reed, Dr. Johnson lectured about Vitamin D to the medical staff at Camp David and treated the US Naval Academy football team during their winning 2012 season. She also participated in Walter Reed’s annual poster competition and was awarded 2nd place for Reduction of Elective Amputations: Restoration of Function Through Manual Extremity Manipulation (2013).

Dr. Johnson is an active member of the ACA, and currently serves as the Virginia ACA Delegate. Dr. Johnson is Webster certified, specializing in chiropractic care for expecting mothers. Her technique repertoire consists of Diversified, Active Release Technique, Rock Tape, and IASTM (Instrument Assisted Soft Tissue Mobilization). Treating the full spine and extremities, Dr. Johnson serves to improve function and quality of life for folks of all ages and professions, especially pre and postnatal mothers, children, growing families, and wounded warriors.

A Ward 6 resident, Dr. Johnson earned her Bachelor of Science in Nutritional Science and Bachelor of Arts in Dance and Performance Studies from the University of California Berkeley at Berkeley and her Doctor of Chiropractic from the Palmer College of Chiropractic West.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Tomas Talamante, Steve Walker
From: Betsy Cavendish
Date: April 10, 2024
Subject: Legal sufficiency review of Resolution nominating Dr. Stephanie Johnson as a member of the Board of Chiropractic

This is to Certify that this office has reviewed the above-referenced resolution and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Erika Satterlee, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in black ink that reads 'Elizabeth A. Cavendish'. The signature is written in a cursive style with a large, flowing 'E' and 'C'.

Elizabeth A. (Betsy) Cavendish